

HEARTLAND HEALTHY NEIGHBORHOOD

May 11, 2009

Present: Nancy Johnson, Barbary McCandless, Bob Hedberg, Bobbe Mansfield, Glea Ashley, Karen Peterson, Larry Hinton, Linda Voss, Max Wilson, Michelle Schulte, Ralph Krumins, Roberta Wirth, Scarlett Fisher-Herrman, Shelly Buhler, Tim McManus, Kathy Smith, Matthew Bevins, Karl Fundenberger, Rip Horsey, Marianna Nothern, Janet Pionkowski, Viccie Ducksworth, Zuleika Reynoso, Debbie Holroyd

Our monthly meeting started with a light lunch of pizza.

Kathy Smith with ARTS Connect passed out City Art's guide. A suggestion was made that we approach City Transit with ideas to do something with the bus shelters. Possibilities were to have a contest within the neighborhoods for design ideas. Kathy indicated she would be happy to help apply for beautification grants. Questions were raised if we would be interested in sponsoring and some indicated their concerns about painting on the glass. Kathy was going to forward the link on what other places have done. Karl Fundenberger, Community Advocate, is willing to work with Kathy on project.

Complete Streets workshop will be held June 22, 23 and 24. Sample agenda for workshop was passed out. Explanation of Complete Streets was given and thoughts were shared with group where we are at this point and what is needed and hoped to accomplish. Vitally important is to change policy so that future streets would meet everyone's transport needs.

Big Goal: Change health of our community. If you can change your level of physical activity by **7 minutes a day** you can improve your health.

June 22, 2009 – Meeting with government entities

June 23, 2009 – All day workshop

June 24, 2009 – Pep rally, advocates and 30 minute primetime special on WIBW

Conference call will be this Thursday with Complete Streets facilitator to look at existing streets that need improvement. Suggestions were 37th and Nottingham and 21st street all the way across town. National people will be coming in to lead the workshop. There is current legislation in Congress that in order to get federal funding one must use the Complete Streets concept. The meeting on June 23 is for planners and city officials limited to 35 participants. Meeting on June 22 and 23 will be at city Holiday Building. We need people on the planning committee. Please let Nancy know if you would like to be part of this group. Jim Ogle will do a presentation of Complete Streets at the Safe Streets meeting on June 3. The time of the meeting on June 24 is still in question, but it will be in the evening.

Clean Air Initiative – They have posters and a list of restaurants that are smoke free.

Scorecard – They have posters. First 4-week session will begin May 25. Hopes are to get kids active for the summer. It will entail 60 minutes a day for 5 days a week to get credit. Kids can still enroll by downloading form at www.shawnee.ksu.edu.

Healthy Kids – Strong Kids – All three YMCA's will take part in this program. They will work on physical activity, nutritional education and behavior modification-stress component for obese kids and their families. There is a \$20.00 registration fee. (Strong kids, Strong families and Strong community.) It is not specific to be of low-income. It is a 10 week program for kids ages 6 – 14 and it will start September 14.

Farmer's Market – CRC, library and Heartland Visioning will have a booth at the Wednesday Farmer's Market.

Consuming Kids – Jennifer Church is talking to kids about consuming and making smart decisions "Media level consumerism". Nancy will send out an e-mail on an event held at the library.

Facebook – Go to facebook.com and sign up. HHN is now on facebook. Share your ideas with your friends and let them know what is going on in the community.

Alzheimer's Association – Memory Walk is coming up on May 22.

Early Head Start – They have handouts and are in the process of taking applications.

Everyone in attendance is registered to win a pedometer. Nancy will draw name back at office.

When is Mark Fenton coming?

What are we doing to get rest of grant money? HHN leadership group is currently working on the plan.