

**Heartland Healthy Neighborhood (HHN)
Topeka, Kansas**

Minutes of the April 12, 2010 Meeting

MEMBERS PRESENT

Alan Apel, Allison Smith, Alice Weingartner, Bob Trepinski, Bob Hedberg, Brian Austin, Dana Book, DeAnn Escalante, Don Snethen, Gary Caruthers, Jack Gray, Janlyn Nesbett-Tucker, Jess Romo, Jim Ogle, Joe Hodgson, Dr. Candace Ayers, Karl Fundenberger, Kathy Fox, Ken Kerle, Lenora Kinzie, Lisa Martin, Madhvi Jayarao, Mark Penn, Max Wilson, Michael Bradley, Mike McGee, Nancy Johnson, Nancy Daniels, Philicia McKee, Ralph Krumins, Randy Speaker, Rip Horsey, Roberta Wirth, Ruby Collins, Shelly Buhler, Tammy Austin, Tim McManus, and Webb Garlinghouse

Meeting called to order by Nancy Johnson at 11:50 am, introductions were done.

STRUCTURE

The Leadership Committee met and developed an outline for the structure of the Coalition. All members present were provided with a copy of the suggested structure which includes three subgroups – Prevention of Chronic Disease, Quality of Life, and Health and Safety. It was suggested that education be included in each subgroup. There was extensive discussion on policies and how HHN can help identify barriers. Nancy Johnson recommended working closely with KDHE. The plays were distributed and explained. It was suggested that the meetings begin with 2 or 3 members talking about who they are and what they do. Follow with discussion of one play, progress and needs. Then break out into play groups.

COMMUNICATION

Ken Kerle explained in detail ideas on how to address the mental health issues in the Community. He suggested educating churches.

Jim Ogle notified members that Topeka will be listed by Kiplinger (June issue) as one of the ten best places in America to live. We are one of the few communities that not only increased employment but also average wage. Our goal is to be the healthiest state capital in the US with population between 100,000 – 200,000.

Complete Streets is at the checklist stage according to Randy Speaker.

Google will be visiting communities and is expected to make a decision by the end of the year.

Shawnee County Largest Workout and its details will be announced to the public today at a 1:00 p.m. press release. Alice provided flyers to members that outlined the details.

Alan Apel explained statute modifications for bicyclist in Kansas that have been proposed.

The tulips are in full bloom all around the Community and all members encouraged to drive around and enjoy the beautiful scenery.

ANNOUNCEMENTS

Nancy reported the next Heartland Visioning...the Conversation Continues will be held Thursday, April 15th, at the Break Room 5-7 pm. This is a non-formal open forum to discuss visioning ideas for the Topeka community.

Dana Book informed all members that on Saturday, April 24th, Topeka Fatherhood Action will be presenting the first-ever "Fathers & Family Expo" at Ag Hall. This is a family event that will include activities, entertainment, food and more!

ADJOURNMENT

Meeting adjourned 1:00 pm.

Next meeting May 10, 2010 at 11:45 at YMCA-Downtown Branch, 421 S. Van Buren

Minutes prepared by:

Leah Durst

Project Coordinator