



September 2017

Upcoming: Arty Awards & TEDxTopeka

Topeka ARTSConnect will host the 2017 [Arty Awards](#) on November 4th at the Topeka Capital-Journal's warehouse. Guests can enjoy beer, cocktails, desserts, dancing and more in the space formerly reserved for paper storage. [Tickets](#) are \$55 until October 7th, after which they become \$65.



[TEDxTopeka](#) will take place on November 9th at the Topeka Civic Theatre and Academy from 5 - 9 p.m., and will include a light dinner. [Tickets](#) go on sale October 4th. The educational event features speakers from across the region speaking on a variety of timely and interesting topics, as well as performing art pieces.

National Bullying Prevention Month

Today, October 2nd, kicks off Kansas Anti-Bullying Awareness Week, with October being National Bullying Prevention Month. The monthly campaign was established in 2006 by the Parent Advocacy Coalition for Educational Rights (PACER) National Bullying Prevention Center. The [program](#) wanted to specifically raise awareness about the harmful effects of bullying which can have serious and long-term consequences such as school avoidance, depression, or suicide. According to the website, 1 in every 5 students reports being bullied and anti-bullying programs in schools can reduce bullying as much as 25%. Cyberbullying rates have increased at an alarming rate and is much less likely to be reported than in-person bullying, meaning individuals are single-handedly carrying that burden with little chance of intervention.

The nation's leading anti-bullying and cyberbullying organization, [STOMP Out Bullying](#), is also hosting a number of activities across the U.S. to raise awareness. For example, Blue Shirt Day, a Sheryl Crow benefit show, and #NoOneEatsAlone. On October 27th, the Empire State Building will light up in blue to honor the organization's 12th anniversary.

In addition to these campaigns, Kansas is observing this week with the "Take a Stand, Lend a Hand" campaign and schools across the state will be participating in activities designed for students to learn about bullying prevention and resources that are available for victims. It's also important to remember that children and teens aren't the only ones susceptible to these issues; adults also face workplace bullying and harassment.

If you see someone being harassed, you can take action and support them by directly intervening, getting help, documenting the interaction, or staying close by to check that they're okay after the conflict.



FREE Flu Shots

Flu season is here! CRC is pleased to be partnering with Walgreens to provide the 4th annual FREE flu shot clinic at the CRC CARE Center at Avondale East on Friday, October 27th at 5:30 p.m.

[Stormont Vail](#) will be offering several walk-in clinics throughout October and even a "drive-thru" clinic in the Stormont Vail Surgery parking lot on the 17th and 24th from 9 a.m. - 3 p.m. [Veterans](#) will be offered free flu shots at the Topeka and Leavenworth VA Medical Centers as well as any Walgreens across the country!

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