

November 2019

2019 Christmas Bureau

The Topeka Christmas Bureau has started taking applications for 2019 holiday season. They will only be accepting applications until November 1st. For dates and times, or for more information and forms, click [here](#).

LULAC Flu Shot Clinic

LULAC Senior Center Flu Shot Clinic will be on November 7th from 9:30am - 11:30am. This annual event is in partnership with Brandon, Pharmacist, and Walgreens. Most insurance will also cover the cost of the flu shot. Regular doses or a lighter dose will be available.

Community Baby Shower

Saturday, November 2nd from 10am - 12pm will be the annual [Heartland Community Baby Shower](#) at Central Park Community Center. The shower is open to any expecting families in Shawnee County. Pregnant women who attend and complete the safe sleep training will get a free portable crib, diapers, and a wearable blanket while supplies last. Shawnee County Health Department will also be available for free Tdap, Tetanus, Diphtheria, and Flu vaccinations for pregnant mothers and caregivers.

Share the Warmth Event

November marks the 33rd annual coat giveaway between Scotch Cleaners and the Topeka Salvation Army, [Share the Warmth](#). Starting on Monday, October 21 through Friday, November 22 they are accepting coat donations at the Scotch Cleaners locations in Topeka and the Topeka Salvation Army building. They are asking for gently worn coats in all sizes for both children and adults, particularly children/youth coats. Scotch Cleaners will collect and clean all donated coats. The distribution day will be on Saturday, December 7th from 9am to 2pm at the Topeka Salvation Army. Those in need of a warm winter coat will sign-up and list the number of coats needed for those living in their household. There is no documentation required, but please only shop for your own family. Community volunteers are needed for personal shoppers to assist the [Topeka Salvation Army](#) on the distribution day. To sign-up or for more information contact Capt. Brook Lopez at 785-233-9648.



2020-2022 Community Health Improvement Plan

[Heartland Healthy Neighborhoods](#) (HHN), is excited to announce the official release and publication of the [2020-2022 Shawnee County Community Health Improvement Plan](#) (CHIP). It was developed based on the results of the 2018 Shawnee County Community Health Needs Assessment and public stakeholder meetings. CHIP is a collective, community-driven effort that has been updated this year to embody the concept of "Upstream Health." The goal with having an upstream approach to health challenges the community to think about the social determinants of health, and utilizes policies, systems, and environmental changes to create a community where everyone has the ability to live a healthy life. There are four areas in CHIP that HHN will focus on to improve the health of our community: 1.) Behavioral Health, 2.) Access to Food, 3.) Substance Use, and 4.) Health Equity. Each area will have specific goals to measure the progress over the next three years. The full CHIP is available for viewing at Stormont Vail Health and Shawnee County Health Department.



Members

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