



Topeka, Kansas 66605-2862

Voice: 785-233-1365 ♦ Fax: 785-233-1905

Website: www.crcnet.org ♦ E-mail: asudduth@crcnet.org

The **Community Resources Directory** is a publication of
Community Resources Council Inc. (CRC)
**CRC extends its appreciation to the agencies that
respond to our requests for updated information. ***

The Resource Directory is available to print at www.crcnet.org.



**Community Resources Council would like to thank
Shawnee County, and our Members for their support!**

This program is funded in part through the use of funds provided by
Shawnee County.

* CRC makes every effort to provide accurate listings. However, we are unable to guarantee the accuracy of all listings. Some community information changes frequently and is not listed in the directory. If you have a question about the services, the phone numbers provided will get you to the right agency. If you find errors or have suggestions contact our office, 785-233-1365 or e-mail: asudduth@crcnet.org

Shawnee County

Resource Directory



CAPITAL OF KANSAS

STATE-HOOD: August 25, 1855

Shawnee County Seat: Topeka

Capitol City of Kansas: Topeka

Fifth Largest City in Kansas: Topeka

Congressional District: 2nd

Other Cities in Shawnee County

Auburn

Rossville

Silverlake

Topeka

Willard

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Below is a handy guide for many acronyms:

Grants

CDBG - Community Development Block Grant
ESG - Emergency Shelter Grant

Other

DD - Development Disability
EA - Emergency Assistance
GED - General Education Diploma
MFI - Median Family Income
MR - Mental Retardation
SSI - Social Security Income
SSDI - Social Security Disability Income
TDD - Telecommunication Device for the Deaf
TTY - Teletypewriter
VOCA - Victims of Crime Act

ORGANIZATIONS

CDDO - Community Developmental Disability Org.
CRC - Community Resources Council
DCF - KS Dept. for Children & Families
EPA - Environmental Protection Agency

HUD - Department of Housing and Urban Development
JAAA - Jayhawk Area Agency on Aging
KDADS - Kansas Department for Aging and Disability
PLAG - Parents, Families and Friends of Lesbians, Gays
And Bisexuals and Transgendered
SCHD - Shawnee County Health Department
SCHICK - Senior Health Insurance Counseling for Kansans

PROGRAMS

CSFP - Commodity Supplemental Food Program
EAP - Employee Assistance Program
EFNEP - Expanded Food & Nutrition Education Program
FHAP - Fair Housing Assistance Program
KTAP - Kansas Telecommunications Access Program
LIEAP - Low Income Energy Assistance Program

Services

EES - Economic and Employment Service
ESL - English as a Second Language
HCBS - Home and Community Based Services
KRS - Kansas Rehabilitation Services
PARS - Prevention and Recovery Services
SAPTR - Substance Abuse Prevention, Treatment & Recovery
TAF - Temporary Assistance to Families
TEFAP - Temporary Emergency Food Assistance

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Topeka, Mon - Friday, 8:00 a.m. - 4:45 p.m.,
Phone number296-3963

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General & Adult Services

AARP Kansas

6220 SW 29th Street
Suite 300
Topeka, KS 66603
Toll Free 1-866-448-3619
Fax: 785-232-8259
Website: www.aarp.org/ks
Email: kaarp@aarp.org

Maren Turner, State Director

Mission Statement: AARP is dedicated to enhancing the quality of life for all as we age, leading positive social change and delivering value to members through information, advocacy and service.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

AARP Kansas focuses on the following principal areas of concern to our members: Health & Supportive services; Economic Security and Work; Livable Communities; Advocacy, information and community service.

Services:

- AARP Tax-Aide: Trained volunteers provide tax counseling assistance from January through April
- AARP Driver Safety Program: Volunteer instructors offer driver education classes aimed at improving the skills of mature drivers.
- Community Service: Volunteers work on issues that are important to Kansans as they age through a statewide volunteer network and through local AARP chapters.
- Grassroots Advocacy: Staff and volunteers educate AARP members and the public about important economic, health and livable community issues and inform lawmakers and electoral candidates about AARP's positions on key policy issues.
- School Retirees Association: The Kansas Association of Retired School Personnel (KARSP) is affiliated with the National Retired Teachers Association, a division of AARP. Both promote the economic, social and professional status of retired school personnel and participating programs and services of AARP.

Eligibility: AARP takes an intergenerational approach to activities and programs.

How to Apply: For information on any of these programs or to become an AARP volunteer, please call the Kansas State Office at 1-866-448-3619.

Fees: Membership is \$16.00 annually and includes subscriptions to AARP, *The Magazine* and AARP *Bulletin*.

Funding: AARP is a non-profit organization supported by a variety of revenue streams.

Adult Protective Services Topeka Service Center

500 SW Van Buren Street
Topeka, KS 66603-3335
785-296-3133
Fax: 785-296-8655
24-Hour Toll Free Hotline 1- 800-922-5330

Becky Bridges, Supervisor, East Region
Pam Keller, Assist. Adult Protective Service Program
Administrator

Mission Statement: To provide intervention activities directed towards safeguarding the well-being and general welfare of adults in need of protection.

Hours: 8:00 a.m. - 5:00 p.m. Monday – Friday.

Services:

- Initiate a personal visit with the adult within 24 hours to five working days depending on the risk of imminent danger to the individual.
- When appropriate, contact collateral sources (relatives, neighbors, service providers, etc.).
- With consent of the adult, interview the alleged perpetrator if one has been named.
- Discuss with the adult, guardian, conservator and/or caretaker what actions are needed and develop service plans or corrective action plans with recommendations to prevent further harm.
- Assist in locating services which are necessary to maintain physical or mental health such as legal services, medical care, appropriate living arrangements, assistance in personal hygiene, food, clothing, adequately heated and ventilated shelter, protection from maltreatment and transportation.
- Provide advocacy to assure protection of personal rights.
- After due process, enter the names of confirmed perpetrators of abuse, neglect and exploitation on a central registry that is available to community service providers, mental health centers, independent living agencies and home health agencies doing background checks for employment purposes.

Eligibility: Adults at risk are persons 18 years of age or older who are unable to protect their own interests and who are harmed or threatened with harm through action or inaction by themselves or others. Typically, this includes the elderly, physically disabled, mentally ill and developmentally disabled individuals.

How to make a report: Call Toll Free 1-800-922-5330.

Fees: None.

Funding: State General Fund.



Alzheimer's Association Heart of America Chapter

3625 SW 29th Street, Suite 102
Topeka, KS 66614
785-271-1844

24-hour Information and Support Line: 1-800-272-3900

Fax: 785-271-1804

Website: www.alz.org/kansascity

Email: cmiller@alz.org

Cindy Miller, Dementia Care Specialist

Mission Statement: Eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday, please call to schedule an appointment.

Services:

- Awareness and public policy.
- Education and training.
- Individual and family support.

Support Groups:

- Alzheimer's Early Stage support group
- Alzheimer's caregiver support groups; Brewster Place, Fink Dining Room; leader is Val Jahnke whose contact number is 785-271-1844.

Eligibility: We serve individuals with Alzheimer's disease or a related dementia, their caregivers, family members, and the community at large.

How to Apply: Call 785-271-1844 for information.

Fees: Family services are free. Professional training fee.

Funding: Fund raising, memorial and charitable donations, grants.

American Cancer Society, Inc.

24-hour information:
Toll Free 1-800-227-2345
Website: www.cancer.org

Mission Statement: The American Cancer Society is the nationwide voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives from cancer, and diminishing suffering from cancer through research, education, advocacy and service.

Hours: 24-Hour Information Line

Services:

- Information for resources in the community to which families of cancer patients can turn for help.
- Road to Recovery: Transportation for cancer patients to and from treatment. Call 1-877-227-2345 to schedule in advance.
- Patient navigators to help patients deal with issues they may encounter such as insurance questions, transportation, and financial assistance.

Eligibility: All cancer patients.

How to Apply: Call Toll Free 1-800-ACS-2345. (1-800-227-2345).

Fees: None.

American Heart Association, Inc.

5375 SW 7th Street, Suite 300
Topeka, KS 66606
785-272-7056
Fax: 785-272-2425
Website: www.heart.org

Kathy Palmer
Phone: 785-228-3405

Mission Statement: Building healthier lives free of cardiovascular disease and stroke. That single purpose drives all we do. The need for our work is beyond question.

Hours: 8:30 a.m. - 5:00 p.m., Monday – Friday.

Services:

- AHA funds cardiovascular research.
- Offers educational programs for the workplace, schools, healthcare sites, the community and other Cause Initiatives Programs such as Go Red for Women, Start! and Alliance for a Healthier Generation. The AHA also sets standards and guidelines and coordinates certified training centers to teach CPR, including advanced cardiac life support.
- Aims to strengthen the chance of survival with early access to 911, early CPR, early defibrillation and early advanced care to save lives of cardiac arrest victims.
- American Stroke Association is a division of the AHA, www.strokeassociation.org.
- Professional and public education materials range from scientific statements for health professionals to brochures on diet and exercise.
- Educational programs include: Search Your Heart, a prevention program for African Americans and Hispanic/Latinos.
- Power to End Stroke is an education and awareness campaign that embraces and celebrates the culture, energy, creativity and lifestyles of African Americans. It unites African Americans to help make an impact on the high incidence of stroke within the community. Yolanda King was the first National Ambassador for the Power to End Stroke campaign and passed away from cardiovascular disease shortly after being honored by the AHA.

Eligibility: Available to everyone.

How to Apply: Call 785-272-7056.

Fees: None.

Funding: Donations, memorials, bequests, special gifts and special events.

American Lung Association

In Kansas & Greater Kansas City
8400 W. 110th St., Suite 130
Overland Park, KS 66210
913-353-9165
Website: www.lung.org
Email: sara.prem@lung.org

Harold Wimmer, CEO
Linda Crider, Executive Director – Kansas & Greater Kansas City
Leah Martin – Director of Advocacy – Kansas, Missouri, Nebraska
Sara Prem, Advocacy Specialist – Kansas & Greater Kansas City

Hours: 8:30a.m. – 4:30p.m., Monday - Friday

Mission Statement: The American Lung Association is the leading organizations working to save lives by improving lung health and preventing lung disease through research, education and advocacy. Our mission is to save lives by improving lung health and preventing lung disease.

Strategic Imperatives:

- Defeat lung cancer.
- Improve the air we breathe so it will not cause or worsen lung disease.
- Reduce the burden of lung disease on individuals and their families.
- Eliminate tobacco use and tobacco-related diseases.

Services:

- Smoking Cessation
- Asthma Education
- Lung disease information and support

Eligibility: Available to all.

To Learn More: Visit lung.org or call 1-800-LUNGUSA

Fees: Fees vary according to program.

Funding: Grants and Gifts (85% of gifts go directly to programs)

American Red Cross Kansas Capital Area Chapter

1321 SW Topeka Blvd
Topeka, KS 66604
785-354-9238

Toll Free: 1-866-990-9910

Website: www.redcross.org/kansascapital

Email: jane.blocher@redcross.org

Jane Blocher, Executive Director

Mission Statement: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Hours: 8:00 a.m. - 4:30 p.m., Monday – Friday and emergency disaster assistance available 24 hours a day.

Services:

- Disaster Services: During the first 48 hours after a disaster, we can assist families with shelter, food, clothing, shoes, and coats, toiletry items, flood clean-up kits, medical replacements, and mental health support.
- Emergency Communication Services for those in the Military. The Red Cross relays urgent messages to service members stationed anywhere in the world, including on ships at sea and at embassies and remote locations. Call 877-272-7337, available 24/7.
- The Red Cross also feeds emergency workers, handles inquiries from concerned family members outside the disaster area, provides blood and blood products to disaster victims, and helps access available resources.
- Health and Safety Education: Training in first aid, CPR, water safety, babysitting, sports safety, and the use of automated external defibrillators. Red Cross will provide custom training to meet special needs or safety requirements. Training is fee-based.
- The American Red Cross is the nation's largest blood collection organization, supplying more than 40 percent of the blood/products used in our country.

Eligibility: Serves Chase, Coffey, Clay, Geary, Jackson, Jefferson, Lyon, Marshall, Morris, Nemaha, Osage, Pottawatomie, Riley, Shawnee, Wabaunsee, Washington Counties and Fort Riley.

How to Apply: Call or come in.

Arthritis Foundation

1900 W. 75th St., Suite 200
Prairie Village, KS 66208
www.arthritis.org/kansas

Patty Dick, Events Director

Mission Statement: The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

Hours: 9:00 a.m. – 4:00 p.m., Monday – Friday.

Services:

- Resource center for people with arthritis.
- Provide medical equipment for those who qualify financially.
- Provide disease brochures to individuals and physicians' offices.
- Offer evidence-based exercise programs for people with arthritis.
- Support families whose child (children) have juvenile arthritis.

Eligibility: People with arthritis or family members of people with arthritis.

How to Apply: Call 785-262-2233.

Fees: None, except fees for self-help classes.

Funding: Donations, grants.

Birthright of Topeka, Inc.

512 SW 7th Street
P.O. Box 414
Topeka, KS 66601-0414
785-234-0701

Toll Free: 1-800-550-4900, 24-hour Birthright Hotline

Lorraine Eggen, Director

Mission Statement: To uphold, at all times, that every pregnant girl or woman has the right to whatever help she may need to carry her child to term.

Hours: 9:30 a.m. - 1:00 p.m., Monday, Wednesday, and Saturday. 6:00 p.m. - 8:00 p.m., Tuesday, Wednesday and Thursday.

Services:

- Pregnancy testing.
- Friendships assist woman to mobilize her own resources, clothing for mother and baby.
- Help in making the appropriate use of the community resources available such as health, welfare, housing, education, counseling, prenatal classes and contact with adoption agencies when needed.

Eligibility: Available to everyone.

How to Apply: Call 785-234-0701, in person, or write to the above address.

Fees: All Birthright services are free and confidential.

Funding: Donations.

Brewster at Home

1205 SW 29th Street
Topeka, KS 66611
785-274-3303
Fax: 785-267-9355

Website: www.brewsterplace.org
E-mail: eileenm@brewsterplace.org

Eileen McGivern, Director

Mission Statement: Providing services people need, when they need them, in the place they call home.

Hours: Office 8:00 a.m. - 5:00 p.m. Monday – Friday
Many Brewster at Home services available 24/7.

Services:

- One-call access to a network of care and support services by vetted providers including meal preparation and delivery, handyman services, companionship, lawn care and snow removal, Home Health services, and more.
- Wellness programs designed to meet member needs including exercise classes, access to fitness equipment, social and cultural events, and educational seminars.
- Access to most Brewster Place Retirement Community activities, dining facilities, and therapy treatment modalities.
- Discrete technology-based health monitoring services including a medication delivery system and a wireless safety monitoring system and automatic emergency response system.
- Transportation to Doctors appointments, grocery shopping, and to Brewster Place for activities, use of facilities, and outpatient therapy.

Eligibility: Brewster at Home programs are designed for persons 55 years and older but there are no age restrictions on membership or use of services.

How to Apply: Call 785-274-3303 or complete an online inquiry at www.brewsterplace.org.

Fees: Membership fee required for access to all programs and services. Members receive substantial discounts on most services.

Funding: Private pay. Transportation services are partially funded by a grant from the Kansas Department of Transportation.

Brewster Rehab Center

1001 SW 29th Street
Topeka, KS 66611
785-274-3336
Fax: 785-266-5782

Website: www.brewsterplace.org
Email: scotts@brewsterplace.org

Scott Sewell, Director of Admissions

Mission Statement: To provide the best rehabilitation and nursing care services to help patients make smooth and successful transitions from the hospital back to their homes.

Hours: Admissions and inquiries, 8:00 a.m. to 5:00 p.m., Monday – Sunday, 24/7 inpatient services. Outpatient Therapy: Monday - Saturday by appointment.

Services:

- Rehabilitation therapy and skilled nursing services allowing patients to gain strength and recover following a hospitalization.
- Physical, Occupational and Aqua Therapy, and Speech/Language Pathology, available on an inpatient or outpatient basis.

Eligibility: Admission by physician orders based upon appropriate medical need.

How to Apply: Contact Scott Sewell, Director of Admissions, 785-274-3336 or 785-215-3411.

Fees: Fees are based upon services provided and insurance coverage. For specific information, please contact Scott Sewell.

Funding: Medicare and private insurance for rehabilitation services. Brewster Rehab Center is a part of Brewster Place, a faith-based, not-for-profit organization.

Capital City Equality Center, Inc (CCEC)

Topeka, KS
785-249-3651

Website: www.capcitycenter.org
Facebook: <https://www.facebook.com/capcitycenter/>

Dan Brennan, Executive Director

Mission Statement: Capital City Equality Center is a safe and inclusive place that supports, educates, and empowers the LGBTQ community, our allies, and our neighbors.

Hours: Contact available 7 am - 9 pm. Services available as needed.

Services:

- Capital City Equality Center is a dream that we might have a safe space where all orientations and identities are welcome...a place that is physically accessible to everyone. And emotionally accessible to everyone, as well...a space where we have a little emergency food bank, and some clothes for free, a place where people are connected to the resources they need in the community.
- Looking at the resources in the community and identifying the gaps. Then creating, or facilitating the creation of, resources that fill the gaps...
- A space to hold educational meetings for the community.
- The development of teams that can go out into the community to provide education, and to provide classes designed to help people be able to find employment, live successfully in the community, and learn how to care for themselves.
- Classes designed to teach leadership skills, including classes on activism and advocacy...
- A place where people can go when they need a safe place to be.
- Provide a library with information related to the needs of diverse sexual orientations and gender identities...a place where we can capture and display the amazing history of LGBTQ+ people in Topeka & Shawnee County.

Eligibility: Anyone who asks for services is eligible.

How to Apply: Contact Dan Brenna at info@capcitycenter.org or call 785-249-3651. CCEC, PO Box 8155, Topeka, KS 66608

Fees: None

Capper Foundation

3500 SW Tenth Ave
Topeka, KS 66604
Office: 785-272-4060
Fax: 785-272-7912

1500 E Eighth Ave., Suite 201
Winfield, KS 67156
O. 620-221-9431
Fax: 620-221-9336

Website: <https://www.capper.org/>
Email: abilities@capper.org

James L. Leiker, President & CEO

Mission Statement: To build abilities and empower people of all ages living with disabilities.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

Pediatric Services: 8:00am – 5:00pm Monday – Friday.

Adult Services:

Adult Day Services: 8:00am – 4:00pm

Adult Residential Services: 24 hours per day/365 days per year.

Open Swim: Wednesday evenings 4:00pm – 6:00pm.

Specialty Services Hours: Monday – Friday

Auto Detailing: 9:00am – 2:00pm

Business Support Center: 9:00am – 4:00pm

Capper Creations Gift Shop: 9:00am – 4:00pm (later hours for First Friday Art Walk)

Small Engine Repair: 9:00am – 4:00pm

Services: Capper Foundation provides services to children, teenagers and adults with developmental and intellectual disabilities.

- Pediatric therapies
 - Physical Therapy
 - Occupational Therapy
 - Speech Language Therapy
 - Feeding Therapy
 - Behavior Support Services
 - School Contracts
- Adaptive Recreation
 - iCan Bike Program
 - iCan Swim Program
- Professional & Family Training
- Parent Support Group.
- Parent Training
- Equipment Loan
- Food Pantry
- Targeted Case Management
- Job Coaching

- Residential & Day Services
- Supported Employment
- Wellness Monitoring
- In-Home Support

Eligibility: Physician referral for pediatrics therapies.

How to apply: General Information, Pediatric Services, or Adult Services: 785-272-4060

Fees: Insurance, Private Pay, Medicaid, Medicaid Waiver Funds.

Funding: Voluntary contributions, fees for services, grants and Medicaid Waiver Funds for home and community-based services.



Catholic Charities of NE Kansas, Inc

234 S. Kansas Ave
Topeka, KS 66603
785-233-6300
Fax: 785-233-7234

Website: www.catholiccharitiesKS.org

Cathy Lyon, Regional Director of Program Operations

Mission Statement: As a faith-based organization, we are inspired by God's love and compassion to provide unconditional love and necessary help to people of all faiths by stabilizing and strengthening individuals and families in need across the 21 counties of Northeast Kansas.

Hours: 8:30 a.m. - 4:30 p.m. Monday - Friday.

Services:

- Emergency Assistance: food, rent, utilities, transitional housing, and counseling.
- La Luz Center for Immigration Legal Assistance: for more information contact Greg Bole, gbole@catholiccharities.org 913.621.1504.
- Refugee and Migrant Services. For more information contact refugees@catholiccharitiesks.org, 913-621-5255.
- Residential Services for children: Foster care for children and adolescents with MR/DD.
- Adoption Services: Parent support, adoption services, counseling and referrals to community resources.
- DADS: Curriculum-based guidance groups for targeted groups of fathers, anger management, Practical Parenting Program.
- Friendly Visitors: Support for elderly through visitations and phone calls. Transportation available 7 days a week, depending on availability of volunteers, for Dr's. appointment, pharmacy and grocery. Call 5 days in advance (if possible) to schedule transportation, 233-6300x1313.
- Marriage for Keeps classes (In Spanish only at this time).

Eligibility: Call for information about various programs.

How to Apply: Call 785-233-6300.

Fees: Free to fee, depending on program.

Funding: United Way of Greater Topeka, Archdiocese of Kansas City, fees, donations, Jayhawk Area Agency on Aging, Shawnee County, grants, DCF, and Medicaid.

Center for Community Support & Research

Wichita State University
1845 Fairmount, Box 201
Wichita, KS 67260-0201
316-978-3566
Toll Free 800-445-0016
Fax: 316-978-3593

Website: www.wichita.edu/ccsr
Email: supportgroups@wichita.edu

Dr. Scott Wituk, Director

Mission Statement: WSU Center for Community Support & Research partners with communities and organizations to strengthen Kansas through leadership development, facilitation, and research.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Referrals to Self-Help and Support Groups.
- Self-Help and Support Group resources and development.
- Searchable database of support groups available online at www.supportgroupsinkansas.org

Eligibility: Available to everyone.

How to Apply: Please call 316-978-3843 or Toll Free 800-445-0116.

Fees: Referrals to support groups free

Funding: Not applicable.

Cerebral Palsy Research Foundation of Kansas, Inc.

5111 E 21st Street
Wichita, KS 67208
316-652-1517
In Topeka: 785-266-2266
Email: kshuler@cprf.org

Patrick T. Jonas, Present & CEO

Mission Statement: CPRF provides people with disabilities of all ages the customized services, support, and technology they need to facilitate their chosen personal and economic independence, with an emphasis on employment and training options.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Financial aid toward purchase of assistive technology.
- Information and referral.
- Accessible housing.
- Customized wheelchair seating services

Eligibility: Must be residents of Kansas and have a disability (not limited to cerebral palsy). In some cases, must possess doctor's prescription.

How to Apply for Funding: Call or visit www.cprf.org/programs/equipmentfund.

Fees: None.

Funding: United Ways, Kansas Rehabilitation Services, private donations and grants.

City of Topeka Department of Neighborhood Relations

620 SE Madison, 1st Floor-Unit 8
Topeka, KS 66607-1118
(785) 368-3711
Fax: (785) 368-2546

Website: www.topeka.org/neighborhoodrelations/

Sasha Haeh, Director of Neighborhood Relations

Mission Statement: To provide exceptional, cost effective services in partnership with the community that adds value and enhances the quality of life for all.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday.

Services:

- Shelter Plus Care rental assistance for persons who are homeless and have a chronic disability.
- Emergency repair for low-income homeowners.
- Accessibility program for disabled and senior homeowners.
- Home Buyer Assistance Program, TOTO program, helps low-income families purchase their first home within the City of Topeka. HCCI also helps low-income purchase their first home. 234-0217.
- Home Program Funds to assist in rehabilitation of existing homes, rental property rehabilitation and new construction of affordable housing.
- Infill housing, new construction purchases available in approved target areas.
- Rehabilitation (remodel) assistance and Infrastructure improvements (parks, streets, sewers, alley, sidewalks, curb & gutter, asphalt street overlay etc.). within approved target areas.
- Support for Neighborhood Improvement Associations (Communications, operations, dumpster for neighborhood clean-up).
- Youth & Social Service Grants.
- Emergency Shelter Grants.
- Voluntary Demolition.
- Affordable Housing Development Assistance for Non-Profits Community Housing Development Organization.

Eligibility: Property must be located within City of Topeka. Property owners and renters must be income eligible. Area benefit activities must be located in LMI block group areas. Target areas receive funding for Neighborhood improvement projects. Social Service agencies apply to the city for Youth & Social Service and Emergency Shelter Grants. Funding announcements are listed on the City of Topeka's Department of Neighborhood Relations' website.

How to Apply: Call 368-3711 or visit us at 620 SE

Madison, 1st floor.

Fees: Generally, none – depends upon program.

Funding: U. S. Department of Housing & Urban Development, State of Kansas, City of Topeka and the City of Topeka Capital Improvement Program.

City of Topeka Planning Department

620 SE Madison Street, 3rd Floor

Topeka, KS 66607

785-368-3728

Fax: 785-368-2535

Website: www.topeka.org/Planning

Email: bfiander@topeka.org

Bill Fiander, AICP, Planning Director

Mission Statement: To help create a vibrant city of lasting value by engaging the community through neighborhood revitalization, sustainable land use and infrastructure choices, regional transportation planning, historic preservation, and zoning administration.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Provides assistance and information concerning zoning, subdivision, housing, population, census data, transportation, land use, neighborhood revitalization, neighborhood plans, economic data, environmental factors and community involvement.

Eligibility: Services are provided to elected officials, community groups and interested individuals.

How to Apply: Call 785-368-3728 for information.

Fees: No charge for information or assistance. Fees for some publications and zoning and subdivision filing are required.

Funding: City of Topeka General Fund and State and Federal Grants.

Community Action, Inc.

Mailing Address: PO Box 5256, Topeka, KS 66605

Physical Address(s):

(Main) 455 SE Golf Park Blvd., Topeka, KS 66605

(Satellite) 1000 SE Hancock, Topeka, KS 66607

(Early Childhood) 2400 SE Highland Ave., Topeka 66605

Phone: 785-836-4500 (All locations)

Fax: 785-836-4550

Tawny Stottlemire, CCAP, Executive Director

Note: Community Action provides a wide variety of poverty-fighting supports focused on Topeka and Shawnee County, and, more limited services in a total of 20 counties in NE and North Central Kansas.

Mission Statement: Helping people move from poverty toward prosperity through economic, social, and policy opportunities.

Hours: Generally, 8:00 a.m. - 5:00 p.m., Monday – Friday, although hours may vary based on customer and agency needs.

Supports:

- **Partner Services:** A customer's first encounter with Community Action will be with a member of our Partner Services Team. The Community Action Partner introduces customers to the agency's mission and helps the customer assess their needs and goals. A variety of opportunities are then presented to the customer for consideration. The CA Partner helps the customer get signed up for and navigate internal opportunities that may include:
- **Affordable Housing:** Community Action has quality rental apartments and houses for prices affordable to lower-income households. Housing is available in Clay Center, Meriden, and, Shawnee County.
- **Supportive Housing:** Community Action operates a 14-unit triplex in Topeka that serves as permanent, supportive housing to individuals who have been chronically homeless and diagnosed with a severe and persistent mental illness. On-site supportive services are provided through a partnership with Valeo Behavioral Health Care.
- **Homelessness Prevention:** When resources are available, Community Action provides individuals and families facing eviction opportunities to remain housed. In crisis situations, the agency helps with rent, deposits, and utility payments.
- **Weatherization:** Rental units and privately-owned homes occupied by lower-income people receive energy-saving and safety improvements that are proven to reduce energy bill burdens, increase comfort and livability of homes, and, save lives. Weatherization may be available in Shawnee, Atchison, Brown, Doniphan, Jackson, Jefferson, Leavenworth, and Nemaha counties. The program typically has a waiting list.
- **Early Childhood Education:** Community Action's Early

Head Start and Head Start program provides over 100 children and their parents with the benefits of high-quality early-childhood care, health services, and family coaching opportunities. The agency services families with children 0 – 5 years old.

- **Diaper Depot:** Parents of 200 (ages 0 – 3) children, from lower-income households are provided with 50 diapers per month, free of charge. The program typically has a waiting list.
- **Food Assistance:** Community Action coordinates free, monthly food pantries in Auburn and Rossville, and, delivers commodities to homebound seniors in Shawnee County. Distributions are provided in partnership with the Harvester's Food Network.
- **LatinX Achievers:** Community Action offers Intermediate-level English Language classes as well as a variety of interpretation supports to primarily Spanish-speaking lower-income individuals. Most of the agency's Community Action Partner Services members are bilingual, as are staff in the Early Childhood programs.
- **Free Income Tax Preparation:** Offered in concert with AARP Tax Aide® and Community Resource Council, Community Action assists customers in completing and filing annual income tax returns at no charge to the customer.
- **Family-Specific Supports:** Lower-income families engaged with Community Action through our Partner Services Team may have opportunities to access other, family-specific supports that will help the family overcome specific barriers and achieve established goals. Family-specific supports are not always available and are limited to customers working on specific goals and achievements with the agency.
- **Reduced-Fare Bus Pass Identification Cards:** Community Action can provide qualifying lower-income individuals with the photo identification card necessary to purchase reduced fare bus tickets and passes from the Topeka Metro.

Eligibility: Availability and eligibility for each of the supports listed vary. Interested individuals are encouraged to call 785-836-4500 to speak with a Community Action Partner for specifics. In general, factors such as household income, age, where you live, and your history of accessing community supports, will apply.

How to Apply: Contact a Community Action Partner at 785-836-4500.

Fees: Most services are free to customers, with the notable exception of rent payments in Affordable and Supportive Housing programs. Donations from the public are graciously accepted and help Community Action increase positive results for lower-income families.

Funding: Community Action receives grants from government entities as well as private foundations, businesses, and donations from individuals.



Community Resources Council, Inc.

CRC CARE Center at Avondale East
455 SE Golf Park Blvd
PO Box 5183
Topeka, Kansas 66605-2862
785-233-1365
Fax: 785-233-1905
Website: www.crcnet.org
Email: crcexec@crcnet.org

Mary Thomas, CEO/ED

Mission Statement: To connect the resources in our community through collaboration, advocacy, research and education

Vision: Community Resources Council is a catalyst to collaborate with and empower people to create and sustain healthy communities in which affordable housing, nutritious food and sustainable energy sources are accessible to all.

Hours: 8:00 a.m. - 4:30 p.m., Monday – Thursday, 8:00 a.m. – 4:00 p.m. Friday

Services: C.A.R.E.

- **Collaboration:** Staff support to the Shawnee County Advocacy Council on Aging, Emergency Aid Council, Urban Corridor Coordinated Transit Council, Inc., and North Topeka Arts District, and several "start-up" charitable organizations developing services for our community.

- **Advocacy:** Advocate for Heartland Healthy Neighborhoods, Complete Streets Bicycle lanes, Sodium Reduction and more.

- **Research:** CRC's strength is the Jackson County, Jefferson County and Shawnee County Resource Directory and is available to all at no cost on-line at crcnet.org. CRC has expanded the Progress Report to include Jackson, Jefferson and Shawnee County statistics. A great help to those writing grants.

- **Education:** We bring together CEO's, CFO's, and ED's to round-table discussions and guest speakers.

Eligibility: Anyone may use CRC information and referral services.

Fees: Membership based.

Funding: Membership fees, Shawnee County and CRC SAFE Homes Program.

Cornerstone of Topeka, Inc.

1195 SW Buchanan, Suite 103
Topeka, KS 66604-4198
785-232-1650
Fax: 785-232-3255
Website: www.cornerstoneoftopeka.org
mail: dora@corner1.org

Chris Palmer, Executive Director

Mission Statement: All efforts are directed toward interrupting the cycle of homelessness, providing decent, safe, accessible and affordable housing of choice to moderate and low-income households, and revitalizing Topeka neighborhoods.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday
Appointments are encouraged.

Services:

- **Transitional Housing** – application to the program is by referral from a social service agency that is working with the household and can verify homelessness. The Transitional Housing Program offers a six-month lease, with all utilities paid. It is the intention for the household to secure permanent housing by the end of the 6 months.

- **Affordable Housing** – provides long-term rental housing for low income individuals and families, as well as disabled and special needs individuals and families. All our properties offer rental rates that are below fair-market rates. All utilities are paid by the tenant. Rental subsidies through Section 8, Shelter + Care and the VA VASH Program are accepted.

Eligibility: Household income at 80% or below Area Median Income.

How to Apply: Submit application. Referral from a social service agency that is currently working with the household and can verify homelessness is required in order to apply for transitional housing.

Fees: The application fee for Affordable Housing is \$25; there is no application fee for Transitional Housing. Security deposit and 1st month's rent is due upon lease signing.

Funding: Collection of rents, grants for new construction and rehab of properties, annual fundraiser, and donations.

Critter Care of Topeka

P.O. Box 67341
Topeka, KS 66667-0341
785-478-9985

Website: www.crittercareoftopeka.com
Email: cc@crittercaretopeka.com

Jean Barton, Service Coordinator

Mission Statement: A volunteer non-profit organization dedicated to stopping pet overpopulation. We promote the spaying and neutering of pets to reduce animal suffering caused by overpopulation.

Hours: All services are arranged by telephone.

Services:

- Financial Assistance for spaying/neutering pets.

Eligibility: Anyone in Shawnee County who needs our services. We do not ask for written documentation to prove need.

How to Apply: Call our voicemail and leave a message including both daytime and evening phone numbers. A volunteer will return the call.

Fees: Critter Care may pay all or some. The client may sometime also pay some.

Funding: Donations and fundraisers.

Disability Rights Center of Kansas, Inc.

214 SW 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661

Toll Free: 877-776-1541
Fax: 785-273-9414
Website: www.drckansas.org
Email: info@drckansas.org

Rocky Nichols, Executive Director

Mission Statement: Zealously advocating for the disability rights of Kansans to protect their full participation as citizens.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Disability rights advocacy for Kansans with disabilities including advocacy, legal representation, self-advocacy and information and referral.

Eligibility: Applicant must fit the criteria established by the federal government and the priorities established each year.

How to Apply: By phone, in person, or online through our website.

Fees: Only in limited circumstances.

Funding: Federal Grants.

**District Attorney
Third Judicial District
Michael F. Kagay**

Shawnee County Courthouse
200 SE 7th Street, Suite 214
Topeka, KS 66603
785-251-4330
Fax: 785-291-4909

Please refer to the website for the Shawnee County
District Attorney's Office at

<http://www.snco.us/da/>

All information can be found there.

Doorstep, Inc.

1119 SW 10th Avenue
Topeka, KS 66604
785-357-5341
Fax: 785-232-4865

Website: www.doorsteptopeka.org
E-mail: lisa@doorstepinc.com

Lisa Cain, Executive Director

Mission Statement: With the assistance of faith-based organizations, community members and groups, Doorstep, Inc. will provide short-term emergency aid to families and individuals in need; and provide information on services to promote long-term self-sufficiency for our clients.

Office Hours: 8:00 a.m. - 3:00 p.m., Monday – Friday.

Client Service Hours: 9:00 a.m. – 1:45 p.m., Monday – Friday.

Services:

- **Food Bank:** 9:00 a.m. to 1:45 p.m., Monday – Friday.
- **Clothing Bank:** 9:00 a.m. to 1:45 p.m., Tuesday – Friday.
- **Emergency Assistance:** utility, prescription, dental, transportation, and rent assistance.
- Department for Children and Families Access Point.

Eligibility: Available to everyone.

How to Apply: Call for information or apply in person. Social Security card is required for all members of the household.

Fees: No fees for programs.

Funding: Member congregations, community donations, special events, trusts, grants, City of Topeka, Shawnee County and the United Way of Greater Topeka.

El Centro of Topeka

134 NE Lake Street
Topeka, KS 66616
785-232-8207
Fax: 785-232-8834

Lalo Munoz, Executive Director

Mission Statement: Turning newcomers into neighbors.

Hours: 9:00 a.m. - 4:30 p.m., Monday – Fridays

Services:

- Community Resource Program – provides free interpretations, translations and community referrals to struggling families.
- Free Mobile Health Clinic – is a partnership with Washburn University School of Nursing that provides free basic preventative health screenings.
- Immigrant Assistance Clinic – our office is accredited and recognized by the Department of Justice to provide free and low-cost legal immigration services.

Eligibility: Available to everyone.

How to Apply: Call 785-232-8207 or walk-in.

Fees: Interpretations and translations include sliding fee scale

Funding: Kansas City Diocese, fees and donations.

Environmental Health Services Shawnee County Health Agency

1515 NW Saline St
North Annex, Suite 101
Topeka, KS 66618
785-251-5608
Fax: 785-251-2499

www.shawneehealth.org

Vision Statement: "Leading the way to a Healthier Shawnee County."

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday; Closed 12:00- 1:00p.m.

Services:

- Solid waste program includes complaint investigation and refuse hauler licensing and inspections (Fees for refuse truck licensing vary according to number of customers a potential license has).
- Air quality monitoring program inspects permitted facilities, investigates complaints and consults on indoor air issues.
- Water quality program/local environmental protection program does well water testing.
- On-site sewage program issues permit for septic systems, performs soil percolation testing service and inspects home up for resale for sanitation. (Construction permits: \$150; resale inspection: \$100; soil percolation testing: \$100).
- Child care licensing program investigates complaints, licenses and inspects child care facilities and provides training (Facility licensing fees vary based on the number served. No provider training fees).
- Food safety education Program, Servsafe Classes and employee-level training (fee vary, call for more information)

Eligibility: Available to everyone.

How to apply: Call (785) 251-5608

Fees: See above for details.

Funding: State grants and contracts, licensing fees, local taxes, and class fees.

ERC Resource & Referral ChildCare Aware of Eastern Kansas

1100 SW Wanamaker, Suite 201
Topeka, KS 66604
785-357-5171

Toll Free: 877-678-2548

Fax: 785-357-1813

Website: <https://east.ks.childcareaware.org/>

Email: info@east.ks.childcareaware.org

East Lawrence Office

2518 Ridge Court, Lawrence KS 66044
785-865-0669

Reva Wywadis, Executive Director
Laurie Pigg, Director of Referral Services

Mission Statement: ERC Resource & Referral, Inc., dba Child Care Aware of Eastern Kansas supports the development and early education of children by improving access to resources for families, including high-quality childcare options.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Helping childcare programs offer high-quality care by providing professional development, technical assistance and coaching by telephone or on site, and access to resources.
- Helping parents understand how to choose high quality childcare that meets the unique needs of their family and providing referrals that match their criteria.
- Helping new parents in Shawnee County connect with community resources including home visitation programs.

Eligibility: There are no income eligibility requirements. Childcare programs must be in the agency 33-county service delivery area in Eastern Kansas.

How to Apply: Call or visit the center.

Fees: No fees for childcare referrals. Childcare programs may have a nominal fee to attend classes.

Funding: Individual donor support, Designers' Showhouse, contributions, the Kansas Department for Children and Families through Child Care Aware of Kansas, the United Way of Greater Topeka, Kansas Children's Cabinet, Topeka Community Foundation, ERC Endowment, Douglas County United Way, other grants and contracts.

Futures for Tomorrow, LLC

200 Arco Place, Suite 428
Independence, KS 67301
620-332-1226

Fax: 620-331-1860

Website: www.futuresfortomorrow.net

Email: jwright@futuresfortomorrow.net

Jennifer Wright – Office/Account Manager

Mission Statement: Building relationships for a brighter future.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Through the assistance of our Job Placement Specialist we help consumers who are currently in vocational rehabilitation programs and Economic and Employment Support (EES) Programs (government funded cash assistance) find employment.
- Offering job coaching, work assessments and other options that may assist our clients with their needs.
- Retention Services are available to all clients who seek and find employment. This is to ensure that the consumer is both productive and content in their current position.

Eligibility: Persons who are currently in the Vocational Rehabilitation (VF) Program or an Economic and Employment Support client.

How to Apply: Contact your Counselor or Case Manager for a referral/authorization for our services. Referrals should be faxed to 620-331-1860.

Fees: All costs are covered by State funding.

Funding: Kansas Department for Children and Families.

Gatekeepers Assessment Team

Shawnee County Health Department

1615 SW 8th Avenue

Topeka, KS 66606

785-251-2751

Fax: 785-368-2098

Website: www.shawneehealth.org
haadmin@snco.us

Allison Alejos, Director

Mission Statement: Gatekeepers is a program that is meant to help any adult living in Shawnee County have the opportunity to be connected to health care, mental health services, appropriate housing, emergency aid, and support services. A social worker visits a person in their home. If you choose to use Gatekeepers services, you will be an active and involved member of a team that can help you achieve your goals for a healthier and more secure life.

Hours: 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m., Monday – Friday.

Services:

- Referral for mental health services.
- Follow-Up support services
- Prescription drug assistance
- Referral for dental care
- Referrals for medical care
- Short-Term case management
- Social assessment

Eligibility: Residents of Topeka or Shawnee County who are 18 years or older.

How to apply: Call 785-251-2751

Fees: All services delivered by the Gatekeepers Assessment Team are provided without cost to the consumer. Certain community-provided services, however, may require a fee payable to the service provider.

Funding: Shawnee County Service Programs for adults and the elderly.

GO Topeka/Entrepreneurial and Minority Business Development

120 SE Sixth Avenue, Suite 110

Topeka, KS 66603

785-231-6000

Fax: 785-234-8656

Website: www.GoTopeka.com

Glenda Washington, Senior Vice-President

Mission Statement: To provide Small Business Technical Assistance, Education classes and seminars to empower small, low to moderate income, minority and women owned Shawnee County business enterprises with the knowledge and resources to build wealth and contribute to the economic betterment of Topeka and Shawnee County.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Thursday;
8:00 a.m. - 4:30 p.m., Friday.

Services:

- First Step FastTrack New Venture Program – a flexible, 6-week course proven to help support aspiring entrepreneurs from idea to concept stage. Learn how to align business concepts with real market opportunities, set realistic financial goals and create a one-page business plan. Define your companies' brand and determine the steps to profitability.
- Small Business Seminars are held throughout the year on various subjects related to Small Businesses. A calendar is available online at GoTopeka.com/events.
- One on One Technical Assistance – free counseling which takes a hands-on approach to provide comprehensive services to business owners and entrepreneurs looking to start grow or expand their Shawnee County business.
- Small Business Incentive Program – available assistance for the Small Business owner (on-franchisee) with 50 employees or less in Shawnee County. Incentives are available for employee training, equipment purchase reimbursement, small business construction and renovation and marketing.
- Topeka/Shawnee County First Opportunity Fund, LLC – a microloan program available to Shawnee County Small Business Owners in need of working a capital for expenses such as inventory, purchasing of fixed assets and to carry out building construction and capital improvements.

How to Apply: call 785-231-6000 or go to www.GoTopeka.com

Fees: Varies, based upon program.

Funding: Greater Topeka Chamber of Commerce, and private contributions.



Greater Topeka Partnership

(GTP organizations include: Greater Topeka Chamber of Commerce, Go Topeka, Downtown Topeka, Inc., Visit Topeka and 712 Innovators)

120 SE Sixth Avenue, Suite 110
(Chamber Office and Go Topeka)

Topeka, KS 66603
785-234-2644

Fax: 785-234-8656

Website: www.TopekaChamber.org

Email: topekainfo@topekachamber.org

Matt Pivarnik, President/CEO

The Greater Topeka Partnership Mission is to drive economic and community development in the Greater Topeka and Shawnee County area. Together with five affiliate economic development organizations, more than 1,000 Regional Business Members, and 100 plus Investors, the Partnership grows opportunities, helps create jobs, and promotes Topeka as the best place to live, play, work, or build a business.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Thursday;
8:00 a.m. - 3:00 p.m., Friday.

Services:

- Committees comprised of GTP members and GTP staff, execute a variety of programs designed to provide assistance to industry and business in Topeka and to those wanting information about Topeka.
- Assist local businesses with start-up and expansions; recruit new business and industry; monitor city, state and national legislation affecting business; provide information for newcomers; leadership development training; aid in the development of a dynamic core; increase tourism's economic impact on Topeka through destination development and brand management; help new and startup companies to develop by providing an EoWork and Maker Space Facility.

Eligibility: Any firm or individual who is in agreement with the purpose of the organization is eligible for membership.

How to Apply: Online at www.TopekaChamber.org or at the Chamber office.

Funding: Membership investment. Minimum \$410.00 annually. Inquire at the Chamber for equitable investment rates for businesses with more than five employees.

Habitat for Humanity, Inc.

121 NE Gordon Street
Topeka, KS 66608
785-234-4322

Website: www.topekahabitat.org

Email: exec@topekahabitat.org

Janice Watkins, Executive Director

Mission Statement: Topeka Habitat for Humanity builds homes, hope and community, by increasing strength, stability and self-reliance through shelter.

Hours: Monday – Friday, 9am – 6pm and Saturday, 9am – 5pm.

Services:

- Newly constructed homes are built in partnership with volunteers and qualifying families. Approved families must volunteer 300-650 hours of "sweat equity" and then the homes are deeded to the families with a zero-interest, principal only mortgage that is repaid to Topeka Habitat for Humanity.
- Critical rehabilitation programs are offered to owner-occupied dwellings in "intensive care" target neighborhoods.
- Repair programs are offered to low-income senior homeowners in Shawnee County, offering basic to moderate home repairs to those homeowners that are fiscally or physically incapable of making such repairs.
- Accessibility modifications are offered to Veteran homeowners and physically disabled homeowners to improve quality of life.
- The "Brush with Kindness" program offers exterior painting assistance to low-income homeowners facing Code Compliance violations.

Eligibility: Income and personal guidelines must be met for each program.

How to Apply: Call 785-234-4322 for information or visit our website at www.topekahabitat.org.

Fees: None.

Funding: Grants, individual contributions, corporate and faith-based donations, ReStore revenue and fundraising.

Harvesters The Community Food Network

215 SE Quincy Street
Topeka, KS 66603
Toll-free: 877-353-6639
Fax: 785-861-7781
Website: www.harvesters.org

Jerry Parrish, Director, KS Distribution Center

Mission Statement: Harvesters - The Community Food Network feeds hungry people today and works to end hunger tomorrow.

Hours: 8:30 a.m. - 4:30 p.m., Monday – Friday.

Services:

- Harvesters is the regional food bank providing nutritious food and related household products to food pantries, soup kitchens, shelters, day care centers, residential facilities and other nonprofit agencies.
- Mobile Food Pantries distribute large quantities of nutritious produce and other perishable food.
- Senior Mobile Food Pantries deliver fresh produce and other foods to social service programs and housing sites serving low-income seniors.
- Harvesters offers the following tailored nutrition services to its agency partners. Resources, webinars, short-term and long-term project coaching and pantry partnership, and nutrition education classes.
- Harvesters' BackSnack program provides weekly backpacks of nutritious food to students at risk of hunger on weekends. BackSnack is a partnership between Harvesters, the school district and a local corporate, civic or religious organization.
- Kids Cafe provides nutritious after-school and summer meals to housing sites and other programs serving low-income children.
- Volunteer Opportunities - Harvesters' offers volunteer opportunities for individuals, families and civic, religious or workplace groups. Volunteers must be 8 years of age.

Eligibility: Harvesters' network agencies establish individual eligibility requirements for their clients. Federal programs such as the Commodity Supplement Food Programs have age and/or income eligibility requirement.

How to Apply: Families needing emergency food assistance can locate a local food pantry by visiting www.harvesters.org and clicking on Get Help. Nonprofit agencies interested in joining Harvesters' Network should contact Heidi Tanner at (toll-free) 877-353-6639. For current volunteer opportunities at Harvesters' Topeka facility, visit www.harvesters.org and click on Give Time.

Heartland Visioning

120 SE 6th Avenue, Suite 110
Topeka, KS 66603
785-231-6005
Fax: 785-234-8656
Website: www.heartlandvisioning.com
Email: Liz.Cornish@topekapartnership.com

Glenda DuBoise, Community Engagement Manager

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday.

Mission Statement: Heartland Visioning is a community-wide convener that facilitates visioning, engagement, and implementation of quality of life and quality of place initiatives.

Vision: "A Growing, Prosperous, Inclusive, Dynamic, and Trusting Community."

How: Convene visionary volunteers to continue vision while we implement the strategy of Momentum 2022.

What: Listen to community concerns in order to improve quality of life, quality of place and stimulate economic prosperity for Topeka and Shawnee County.

Purpose of Heartland Visioning's Work and Monthly Meetings 2018 and Beyond:

- Excite: increase pride, positivity, increase word of mouth.
- Empower: voices heard, people feel they can be a part of change, gather input and do something with it.
- Educate: build knowledge, transparency, advocacy.
- Engage: decreases duplication of efforts and resources, create effective partnerships.

Get Involved: attend meetings, the second Friday of each month, at the Topeka & Shawnee County Public Library. Contact Liz Cornish for meeting times.

Helping Hands Humane Society, Inc.

5720 SW 21st Street

Topeka, KS 66604

785-233-7325

Fax: 785-233-8151

Website: www.hhhstopeka.org

Email: helpinghands@hhhstopeka.org

Kathy Maxwell, Executive Director

Mission Statement: As advocates for animal welfare, Helping Hands Humane Society, Inc., provides sanctuary for animals in need of compassionate care and protection.

Hours:

Adoption hours are Monday – Saturday 11:30 a.m. – 6:00 p.m. and Sunday 1:00 p.m. – 5:00 p.m.

* adoptions end 30 minutes before closing time

Admissions/Lost & Found Hours are Monday – Saturday 9:30 a.m. – 6 p.m. and Sunday 9:30 a.m. – 5 p.m.

Services:

- Animal sheltering.
- Lost and found services.
- Pet adoptions.
- Obedience, agility, and other dog training classes.
- Pet population control.
- Volunteer opportunities.
- Pet food pantry.
- Community outreach and education.
- Tours and presentations (please schedule).
- Birthday parties.
- Tag Day annually (low cost rabies vaccinations, city tags, microchips, and nail trims).

Eligibility: Pre-approval for adoptions.

How to Apply: Adoption, job, foster, and volunteer applications can be found on our website.

Fees: Vary, call for more information.

Funding: Donations and service contracts.

Housing and Credit Counseling, Inc. (HCCI)

1195 SW Buchanan Street, Suite 101

Topeka, KS 66604

785-234-0217

Toll Free 1-800-383-0217

Website: www.HousingAndCredit.org

Email: HCCI@HousingAndCredit.org

Mission Statement: To counsel and educate all people to achieve their personal housing and financial goals.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday; evenings and weekends by appointment.

Services: HCCI's counseling addresses four areas:

1)Housing and Consumer Credit Counseling: for budgeting, debt payment including student loan payment options, medical debt, credit and credit building, mortgage and rent delinquency, bankruptcy and reverse mortgages for seniors. Annual incomes qualifying to receive free counseling otherwise a one-time charge of \$50 fee. No one is ever turned away if they cannot pay. All counseling is for six months or longer, as needed.

2)Home Buyer Counseling: debt management and credit building plus all aspects of the home buying process including choosing a relator, a lender and insurance; being pre-approved for a loan; the mortgage, cost of the loan and taxes and the closing process; and maintaining the home after purchase. Affordable housing options are discussed including HCCI's Down Payment Assistance awards for qualifying individuals and families earning low and moderately-low-annual incomes. All home buyers' counsels are free.

3)Rental Housing Counseling: the rights and responsibilities of both renters and landlords under Fair Housing Law, the Kansas Residential Landlord and Tenant Act and local housing codes regarding; leases, maintenance issues, rent delinquency and the eviction process, unlawful landlord entry, security and pet deposits, and roommate problems. Counseling by phone and is free.

4)HCCI's Representative Payee Program: a bill paying service approved by the Social Security Administration for individuals needing assistance with managing monthly finances. A modest monthly fee is an allowable charge by the SSA.

HCCI offers free financial literacy education programs for the general public at workplaces, in libraries, for schools and universities, and for agencies offering basic needs

and community resources and for other interested groups. Provided by a grant from the Office of the State Bank Commissioner and others. Classes may also be scheduled by groups at a fee of \$200 - \$250 per class to cover travel, preparation, and handouts.

HCCI's HOPE Program, funded by a grant from the Greater Topeka United Way, is free to working families and individuals in the greater Topeka community and offers face-to-face HCCI Consumer Credit Counseling coupled with on-going mentoring by HCCI's trained volunteers for Topeka area individuals and families who wish to participate. HOPE stands for Helping Ourselves to Prosper Economically.

Credentials: approved by HUD and is licensed and regulated by the Office of the State Bank Commissioner. HCCI is accredited by the Council on Accreditation. HCCI's Housing and Consumer Credit Counselors must pass a series of nine rigorous examinations. HCCI is a member of the National Foundation for Credit Counseling. HCCI has an A+ rating from the Better Business Bureau.

Eligibility: Available to everyone

Fees: No charge for most consumer credit counseling services for households with qualifying incomes. Maximum \$50 fee for consumer credit counseling for up to six months for those who can afford to pay. Minimal fees for publications and some educational programs.

Funding: HCCI is funded by grants from five United Way agencies, by corporations, foundations, city and federal government grants, by HUD and by donations from individuals.

I Care, Inc.

2914 SE Michigan Avenue
Topeka, KS 66605-2648
785-267-5910

Lavina Wall, Manager

Mission Statements: To provide emergency food, other support services, and assistance as designated by the Board of Directors to persons in need residing within I Care's service area.

Hours: 8:30 a.m. - 11:30 a.m., Monday – Friday and 5:30 – 7:30 on Tuesday evenings.

Services:

- Emergency food.
- TEFAP Program.
- Baby Care.

Eligibility: Have an emergency food assistance need and live in Shawnee County east of Kansas Avenue and south of 6th Street.

How to Apply: Come to 2914 SE Michigan during hours of operation or call 785-267-5910.

Fees: None.

Funding: Voluntary contributions.

IBSA, Inc.

107 SW 6th Ave, 2nd Floor
Topeka, KS 66603
785-422-0761

913-735-4272 (Voice)

Website: www.ibsa-inc.org

www.streetsuniversity.org

www.everyoneon.org/ibsa

Email: admin@ibsa-inc.org

Lazone Gray, Jr., President

Mission Statement: To provide humanitarian services to those in need. Which include employment counseling, small business development and constructive leadership and community-based activities for youth and young adults.

Hours: Monday through Friday by appointment and referral. Open some Saturdays for specific programs.

Services:

- Job Search Assistance.
- Youth Guidance and Leadership Activities.
- Small Business Counseling & Support Services.
- Document Preparation.
- Professional men's attire for employment interviews.
- Local phone number with voicemail for the homeless so that they can be reached for social services, job training, employment purposes, and to correspond with the medical community (A consistent and reliable point of contact can be crucial to someone trying to get back on their feet.).

Eligibility: Low-moderate income, cash assistance, homeless or youth offender, high school dropout.

How to Apply: Call 785-422-0761 for an appointment or for more information.

Fees: None to eligible participants referred by DCF or services available under the Kansas Department of Commerce, Workforce Innovation & Opportunity Act (WIOA).

Funding: Government contracts, grants, direct contributions, special events and service fees.

Junior League of Topeka, Inc.

719 SW Van Buren Street, Suite 201
Topeka, KS 66603
785-273-0830
Fax: 785-291-0834
Website: www.jltopeka.org
Email: email@jltopeka.org

Jennifer Sourk, President

Mission Statement: Non-Profit organization focused on training women on volunteerism and community service. Advocacy and development addressing community needs through its project and issue-based service.

Hours: 9:00 a.m. - 2:00 p.m., Tuesday and Thursday.

Services:

- Enhancing self-esteem and promoting the personal and social responsibility of every child.
- Community Action Team - fills volunteer opportunities in collaboration with community groups that are also involved in promoting children's self-esteem.
- Special Programs and Emergency Aid Funds.

Eligibility: Women interested in being a member of Junior League need to be at least 21 years old.

How to Apply: Interested women can call the Junior League office or get information from the website.

Fees: Please call the Junior League office.

Funding: Variety of community events, dues, promotions, and sponsorships.

Kansas Department for Children and Families (DCF)

Topeka Service Center

500 SW Van Buren Street
Topeka, KS 66603
785-296-2500
Customer service: 785-296-8768
Website: www.dcf.ks.gov

David Kurt, East Regional Director

Mission Statement: To protect children, promote healthy families and encourage personal responsibility.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Economic and Employment Service provides training, employment opportunities and support services to recipients of public assistance and Food Stamps. It also administers the childcare assistance program, which serves families meeting childcare subsidy requirements and administers, cash assistance, food assistance and energy assistance programs.
- Rehabilitation Services provide vocational counseling, independent living skills training, job training, tools and equipment to individuals with disabilities to help them achieve employment outcomes.

Eligibility: Call 785-296-2500.

How to Apply: Apply at reception desk or request an application to be mailed to you, or you may access the online application through the DCF website at www.dcf.ks.gov.

Fees: None.

Funding: State.

Kansas Department of Revenue

Sam Williams, Secretary

Taxpayer Assistance Center

Scott State Office Building
120 SE 10th St.
Topeka, KS 66612-1103

Vehicles

Zibell Building
300 SW 29th St.
Topeka, KS 66611

Mission statement: The Kansas Department of Revenue collects taxes and fees, administers Kansas tax laws, issues a variety of licenses, and aids Kansas citizens and units of government.

Hours: 8:00 a.m. and 5:00 p.m., Monday – Friday.

Services:

- Administers the retailers' sales tax, and royalties and motor fuel tax, to name a few. Individuals file state income tax returns at the Department of Revenue, and businesses report their corporate taxes. Issues drivers' licenses and liquor licenses.
- Driver's License Exam: There are 37 Kansas driver's license examination stations. In addition, 77 county treasurers' offices are equipped to renew and process a duplicate license. For the nearest exam station, check your telephone directory or call Topeka Driver's License Examining Bureau, 785-296-3963.
- Taxpayer assistance: If you have a tax question or need assistance filing your state income tax return, write to the Taxpayer Assistance Center, Kansas Department of Revenue, 120 SE 10th Street, Topeka, KS 66612 or call 785-368-8222, 8:00 a.m. and 5:00 p.m., Monday - Friday. Some tax forms and most information can be downloaded from <http://www.ksrevenue.org>.
- Kansas Homestead and Food Sales Tax Refund information is also available from the Taxpayer Assistance Center. The Kansas Homestead Refund Act is designed to provide a refund of property taxes to low-income, disabled, and elderly persons who own or rent their homestead. The Kansas Food Sales Tax Refund Act provides a refund of sales tax paid for food purchases to qualified individuals.
- Other: For individuals 60 years of age and older, Tax Counseling for the Elderly (TCE) is available and Volunteer Income Tax Assistance (VITA) is available to low-income taxpayers regardless of age. These IRS services are available between February 1 and April 15. For the nearest federal tax assistance site please call Toll Free: 1-800-829-1040.

Eligibility: Contact Department of Revenue.

How to Apply: Contact Department of Revenue.

Fees: Contact Department of Revenue.

Funding: N/A

Kansas Human Rights Commission

900 SW Jackson, 568 South
Topeka, KS 66612
785-296-3206
Fax: 785-296-0589
Toll Free: 1-888-793-6874
Website: www.khrc.net

Ruth Glover, Executive Director

Mission Statement: To assure equal opportunities in employment, public accommodations and housing to all persons within Kansas regardless of race, religion, color, sex, age, disability, national origin, ancestry, genetic screening and testing in the area of employment is prohibited. (In housing, familial status is included. Age applies to employment only).

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Accept, investigate and resolve complaints of discrimination in the areas of employment, public accommodations and housing by reason of race, age, color, sex, national origin, disability, religion, ancestry or retaliation.
- Provision of speakers, publication of pamphlets, development of educational programs, compilation of racial statistics in various areas of social endeavors and maintenance of library material for loan.
- Substituted for Senate Bill 77, also referred to as Chapter 159 of the 2005 Session Laws, which was signed into law in April 2005, allows any person who believes they have been subject to racial or other profiling by law enforcement officer or agency may file a complaint with the Kansas Human Rights Commission. The Commission shall review and, if necessary, investigate the complaint. Any complaint filed within six months after the alleged act of profiling, unless the act complained of constitutes a continuing pattern or practice of profiling, in which event it will be from the last act of profiling.

Eligibility: Anyone in the state of Kansas who feels they have been discriminated against because of their age, race, religion, color, sex, national origin, ancestry or disability.

How to Apply: Call 785-296-3206.

Fees: None.

Funding: Annual legislative fiscal appropriation, Some federal funding from the Equal Employment Opportunity Commission.

Kansas Legal Services, Inc.

712 S Kansas Avenue, Suite 201
Topeka, KS 66603

Marilyn Harp, Executive Director
785-354-8531

Fax: 785-233-2096

Website: www.kansaslegalservices.org

Kerrie Lonard, Managing Attorney

Mission Statement: To provide individual legal assistance to low-income residents of Shawnee, Douglas, Jefferson, Osage, and Wabaunsee counties who would be otherwise unable to afford adequate legal counsel.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- KLS represents clients in civil cases only, such as consumer and collection, administrative, family law, public benefit, housing or senior citizen matters.
- KLS does not represent persons charged with criminal or traffic cases, nor do they represent individuals in fee generating cases.
- Kansas Legal Services for Senior Citizens and Jayhawk Legal Services for Seniors in Shawnee, Douglas and Jefferson counties. See separate listing.
- Children's Advocacy Resource Center: See separate listing.
- Mortgage foreclosure

Eligibility: Anyone meeting financial and other eligibility guidelines.

How to Apply: Call 800-723-6953 or apply online at www.kansaslegalservices.org.

Fees: No attorney fees are charged to qualified clients. In certain circumstances a reduced fee service may be offered. Court costs, filing fees and other expenses are client's responsibility.

Funding: Legal Services Corporation, United Way of Greater Topeka, Jayhawk Area Agency on Aging, Shawnee County Social Services, the Kansas Governor's Grant Program and others.

Kansas Neurological Institute

3107 SW. 21st Street
Topeka, KS 66604-3298

785-296-5389

Fax: 785-296-7923

Kathy Stiffler, Superintendent

Mission Statement: Our mission is to support each person who lives at KNI to have a meaningful life.

Hours: Residential services are provided 24 hours a day.

Services:

Services are for individuals already living at the institution.

- Residential support.
- Personal Care.
- Training.
- Therapy.
- Supported employment.
- Health care services.

Eligibility: Kansas adult residents with developmental disabilities.

How to Apply: Services to individuals with developmental disabilities are requested through area community developmental disabilities organizations.

Fees: None.

Funding: Residential services are funded by the State of Kansas, private health insurance, CHAMPUS, client fees and assets, and Medicaid.

Kansas Statewide Transgender Education Project (K-STEP)

PO Box 13
Topeka, KS 66601
785-215-7436

Website: www.k-step.org
www.facebook.com/groups/kstep/about/

Mission Statement: To foster a society free of discrimination against transgender, gender queer, gender non-conforming, and gender questioning individuals; and other families.

Hours: Contact available 24/7. Services available as needed.

Services:

- Provide transgender education to universities, community colleges, drug/alcohol treatment centers, YWCAs, Kansas Equality Coalition chapters, PFLAG chapters, human relations commissions, SRS offices, faith organizations, governmental entities, employers, independent living centers, and other interested organizations throughout Kansas.
- Train interested persons as transgender educators, advocates, and leaders.
- Work to form alliances with organizations and support services for transgender, gender queer, gender non-conforming, and gender questioning people; and their families.
- Offer resources and support for transgender, gender queer, gender non-conforming, and gender questioning people; and their families.

Eligibility: Anyone who asks for services is eligible.

How to Apply: info@k-step.org

Fees: None.

Funding: K-STEP is an all-volunteer organization. Donations are accepted.

Kansas Telecommunications Access Program (KTAP)

4848 SW 21st Street, Suite 201
Topeka, KS 66604
785-234-0200

Website: <https://atk.ku.edu/ks-tap>

Second website:

www.cpfamilynetwork.org/resources/telecommunication-access-program-tab-kansas/
Email: tap@kstelecom.com

Tim Anderson, TAP Coordinator

Mission: To provide free accessible telecommunications equipment to persons with a disability.

Hours: 8:30 a.m. - 5:00 p.m., Monday - Friday.

- TAP provides specialized telecommunications equipment that accommodates for an individual's disability. All equipment provided through Kansas TAP is issued at no cost to the applicant.

Eligibility: Applicants must be a Kansas resident, have existing home telephone service, have income less than \$55,00 per year, and a disability.

How to Apply: Call 785-234-0200.

Fees: None

Funding: Kansas universal service fund through the Kansas Corporation Commission.

Kansas Traffic Safety Resource Office

2930 Wanamaker Drive, Suite 100
Topeka, KS 66614
785-233-5885
Toll Free: 800-416-2522
Fax: 785-233-1342



Website: www.ksro.org
Email: ksro@dcca.org

Norraine Wingfield, Project Director

Mission Statement: The Kansas Traffic Safety Resource Office is a program of the Kansas Department of Transportation's Bureau of Traffic Safety and DCCA, Inc. DCCA provides a variety of human services including, but not limited to, the coordination, prevention, and treatment of alcoholism and drug dependency to improve the safety, health and well-being of adults, children and youths. The mission of KTSRO is to provide public information and education to protect Kansans from avoidable injury or death on Kansas roadways.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Thursday 8:00 a.m. - 4:30 p.m., Friday.

Services:

- The Kansas Traffic Safety Resource Office is a program of the Kansas Department of Transportation's Bureau of Traffic Safety Section and DCCA, Inc.
- KTSRO works with KDOT, Kansas Highway Patrol, law enforcement agencies, the Kansas Drivers Safety Education Association, Kansas Safe Kids Coalitions, the Kansas Family Partnership and other agencies and community sources, such as local schools and SADD groups. Together with its partners, KTSRO focuses on measures dealing with novice drivers, increasing seat belt use, preventing drunken driving and underage drinking and raising motorcycle safety awareness.

Eligibility: NA

How to Apply: Call the office to request services.

Fees: We do not charge for our services, material or resources.

Funding: Kansas Department of Transportation.

K-State Research & Extension - Shawnee County

1740 SW Western Avenue
Topeka, KS 66604-3052
785-232-0062
Fax: 785-232-0093

Website: www.shawnee.ksu.edu
Email: sn@listserv.ksu.edu

Cindy Evans, County Extension Director

Mission Statement: Dedicated to a safe, sustainable, competitive food and fiber system and to strong, healthy communities, families, and youth through integrated research, analysis and education.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- **Agriculture:** Printed information and expertise in the following areas: crops, livestock, forestry, insects, and conservation and relative urban problems.
- **Family & Consumer Sciences:** Educational programs, printed information and expertise on food safety, housing, nutrition, family life, parenting, adult development and aging, family financial management and consumer information.
- **Horticulture:** Educational programs on selection, planting and care of garden and landscape plants. Services include soil fertility testing, disease diagnosis, weed and insect identification. Extension Master Gardener volunteers staff a "Response Line" on weekday afternoons (April - October) at (785) 232-0662. Questions about any aspect of home environment horticulture are invited.
- **Expanded Food and Nutrition Education Program (EFNEP).** (see listing)
- **4-H Youth Development** (see listing)

Eligibility: Any Shawnee County resident desiring the service.

How to Apply: Call 785-232-0062 or visit the office.

Fees: User fees charged for some events, services and publications.

Funding: Federal, state and county governments, grants.

League of Women Voters of Topeka-Shawnee County

Judy Moler, 2017-2018 President
Theresa Stambaugh, Membership Chair
Website: www.lwvtsc.org
contactus@lwvtsc.org

Mission Statement: The League of Women Voters of Topeka Shawnee County is a non-partisan, multi-issue, political organization that encourages the informed and active participation of citizens in government and influences public policy through education and advocacy. The league does not support candidates or parties.

Hours: The league meets the first Tuesday of each month usually at the Topeka Shawnee County Public Library at 11:30 a.m. for lunch and a speaker at noon. See www.lwvtsc.org for details. Meeting is open to the public.

Services:

- We educate citizens about issues, legislation and candidates.
- We encourage individual participation in the political process.
- We inform through in-depth, objective study.
- We monitor local, state and national government bodies and activities.
- We register voters.
- We sponsor candidate debates and public issue forums.

Eligibility: Open to men and women 16 years and over.

How to Apply: Visit www.lwvtsc.org

Fees: \$62 individual, \$92 household, \$85 sustaining, \$37 student. Non-members can attend at any time.

Funding: Dues and community finance drives.

Let's Help, Inc.

200 South Kansas Ave.
Topeka, KS 66603
785-234-6208
Fax: 785-354-7145
Website: www.letshelpinc.org
Email: lindak@letshelpinc.org

Jennifer Loeffler, Executive Director

Mission Statement: Let's Help is committed to building a better community by inspiring hope, promoting self-sufficiency and breaking the cycle of poverty one person at a time. We can accomplish this by assisting clients with emergency needs and supporting their efforts to change their circumstances through education and employment programs.

Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday.

Services:

- Free Lunch: 11:30 a.m. – 1:00 p.m., Monday – Friday; 9:30–10:30 a.m., 2nd and 4th Saturday of the month.
- Food Bank: 8:30 a.m. –11:00 a.m. & 1:00 p.m. –3:00 p.m., Monday - Thursday, 8:30 a.m. - 11:00 a.m. Fridays.
- Clothing Bank: 9:00 a.m. - 11:00 a.m. & 1:00p.m. - 3:00 p.m., Monday - Thursday, 9:00 a.m. - 11:00 a.m. Friday's.
- Emergency Services: 9:00 a.m. - 11:00 a.m. & 1:00 p.m. - 3:00 p.m., Monday - Thursday, 9:00 a.m. -11:00 a.m. Fridays.
- Adult Basic Education and GED sessions year-round. Call the GED office at 270-5267 for details.
- Older Kansas Employment Program offers support to people over 55 who are looking for employment or changing jobs. Call 234-6208
- Career Closet – conducted by appointment.

Eligibility: Free lunch program is open to all in need. Our food bank, clothing bank and emergency services are subject to income qualifications, frequency of need, collaborating with other agencies and Client Track.

How to Apply: Adult Education and Employment Assistance – Call the GED office at 270-5267.
Older Kansans Employment Program – Please call 234-6208.

Fees: Clothing Bank – No fees. Adult Basic Education and GED – A \$30.00 tuition required to enter program or re-enter the program if you leave and come back.

Funding: Local, County, State and Federal Government Grants, User Fees, Corporate Donations, Estate Giving, Memorial Contributions, Private Donations and Event Proceeds.

Leukemia & Lymphoma Society – Wichita Office

3450 N. Rock Road, Suite 204
Wichita, KS 67226
316-266-4050
Fax: 316-266-4960

Mission Statement: The Leukemia & Lymphoma Society's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life for patients and their families.

Hours: 9:00a.m. - 5:00p.m., Monday - Friday.

Services:

- **Co-Pay Assistance Program:** Helps patients with many kinds of blood cancers meet their health insurance or Medicare Plan Part B or D premiums or co-payment obligations. Patients with prescription drug coverage, Medicare beneficiaries under Medicare Part B and/or Medicare Part D, Medicare Supplementary Health Insurance or Medicare Advantage should check with LLS to see if they meet eligibility requirements to receive financial support. Co-pay assistance is subject to fund availability by specific blood cancer diagnosis, up to \$5000-\$10,000 per year.
- **Referrals:** The LLS has an Information Resource Center (IRC) that is staffed by Masters-level oncology professionals (social workers), nurses, a medical librarian – all health educators, who assist patients, caregivers, providers, LLS staff and other callers through a multitude of needs. The IRC provides in-depth information and support for disease knowledge, treatment options, clinical trials, navigation, talking with your providers, psychosocial support, Clinical Trials, and much more. Call IRC at 800-955-4572.
- **Information Resource Materials:** More than 60 free public educational booklets published by LLS.
- **First Connection Program:** Helps patients with leukemia, lymphoma, multiple myeloma and Hodgkin's disease receive support from a well-trained, carefully selected volunteer who has experienced a similar situation.
- **The Trish Greene Back to School Program:** Designed to increase communications among healthcare professionals, parents, patients and school personnel to assure a smooth transition from active treatment back to school. Materials, videos and other printed materials are available.
- **Educational Speakers:** Professionals and laymen are available for public speaking to clubs and organizations.

Eligibility: The Patient Aid Program is open to anyone being treated for leukemia or a related cancer (lymphoma, multiple myeloma, Hodgkin's disease and specific myelodysplastic syndromes). All other services are open to anyone.

How to Apply: Call the Kansas Chapter office for a patient aid form or stop by the office.

Fees: None.

Funding: Supported entirely by public contributions through special events, foundations, corporate gifts, residential drives, tributes, memorials, clubs, organizations, legacies and bequests.



Magic Meals Home Delivery (FP)

6722 SW Urish Road (No Public Office)
Auburn, KS 66402
785-554-4524

Website: www.mealslikemagic.com
Email: chefs@mealslikemagic.com

Angela Davis, Owner

Mission Statement: To provide meal solutions to those in the community who have difficulty assuring healthy, tasty, and reliable meals.

Hours: 8:30 a.m. – 7:00 p.m., Monday – Saturday.

Services:

- All meals are precooked, packaged into individual meals, and frozen.
- Meals reheat in the microwave or oven to fresh cooked quality.
- Meals use the best available ingredients and feature lean meats, lots of vegetables, and whole grains.
- Magic Meals serves all people, including seniors striving to stay independent in their own home, those with disabilities, individuals trying to reach weight loss goals, and those on medically restricted diets.

Eligibility: Home Delivery is available to everyone in the Greater Topeka/Lawrence area, including rural areas.

How to Apply: No application necessary. Simply call Angela at 785-554-4524 to discuss your individual needs. First meal delivery can normally take place 7 to 10 days after your initial contact.

Fees: Magic Meals is a private business, and meals are sold in packages that last most individuals two weeks to a month. Average meals price \$6.55, though lower and higher cost options are available. Gift Certificates are also available.

Funding: Primarily user fees. Magic Meals works with some home health care agencies in the Greater Topeka/Lawrence area to assist those with disabilities and the elderly but does not accept any government funding directly. Most clients fund their meal service independently.

Medical Loan Closet

Aldersgate Village Campus
3124 SW Landsdown
Topeka, KS 66614
785-925-7663

Email: topekamlc@gmail.com

Kimberlee Hutchinson

Mission Statement: The Medical Loan Closet provides gently used medical equipment to the underinsured and the underserved in Topeka and surrounding areas.

How It Works:

- People have gently used medical equipment that they no longer need, so they donate it to us.
- We inspect, clean and repair (if needed) all equipment. Then we place it into our revolving inventory.
- People need medical equipment but lack the resources to purchase or rent, so they come to us.
- We provide like-new equipment for a small processing fee and ask that the equipment be returned when it is no longer needed.

Eligibility: Services are available to anyone who needs medical equipment that cannot afford it otherwise.

How to Apply: Stop in or call to make an appointment.

Fee: Ranges from \$5 to \$25.

Funding: Staffed by volunteers and receive no state or local funding.

Midland Care

200 SW Frazier Circle
Topeka, KS 66606
785-232-2044

Toll Free 1-866-394-3600

Fax: 785-232-5567

Website: www.midlandcareconnection.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday.

Services:

- Thrive at Home.
- Adult Day Health.
- Home Hospice and Hospice House.
- PACE (Programs of All-Inclusive Care for the Elderly).
- Palliative Care.
- Residential Center.
- Grief and Loss.
- Home Health.

Eligibility: Call (785) 232-2044.

How to Apply/Fees: Call 785-232-2044 for more information.

Funding: Private insurance, Medicare, Medicaid, private pay, fundraising, donations, and memorial contributions.

Midland Care Adult Day Health Services

200 SW Frazier Circle
Topeka, KS 66606
785-232-2044

Fax: 785-232-5567

Toll Free: 1-800-491-3691

www.midlandcare.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: 7:30am – 5:30pm. Monday – Friday.

Services:

Personal care such as bathing, oral care and toileting
Physical assessments and individual care plans
Glucose monitoring
Medication administration
Contact with primary care physician and pharmacy

Activities include:

- Outings in the community
- Art, music, gardening, and games
- Recreational activities
- Exercise

Eligibility: Adults who cannot be at home alone and are interested in participating in group activities. Through programs, medical services, and peer socialization, we maintain the independence, dignity, and self-esteem of adults, age 18 and older, in a safe, secure, and stimulating environment.

How to Apply: Call 785-232-2044 for information.

Fees: Call 785-232-2044 for information.

Funding: Long-term care insurance, Medicaid, VA insurance, Care for the Caregiver funds, private pay, fundraising, donations and memorial contributions.

Midland Care Center For Hope and Healing

1112 SW 6th,
Topeka, KS 66606
785-232-2044
Toll Free: 1-800 491-3691
Fax: 785-232-5567

www.midlandcareconnection.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- All grief counseling sessions are provided by licensed master-level social workers, art and music therapists and other professionals who have extensive experience working with grief and loss issues.
- Adult groups provide education about the grief process, an opportunity to share experiences, and the chance to discover ways to help oneself and loved one's journey through grief.
- Children's groups use stories, craft projects, activities and sharing to help children understand death, learn to recognize and express their feelings, and commemorate the person they've lost. Groups are offered several times a year.
- Individual counseling is available for adults, children and families who are struggling to cope with grief.
- "Healing Hearts Grief Camp for children ages 6-12 who are coping with the loss of a loved one. The camp is open to all children, regardless of the circumstance. A special weekend overnight camp for children is held every September.
- Surviving the Holidays is offered in early November providing opportunities for participants to create new traditions and cope with the holiday season.
- Book Discussion and expressive art groups are offered to interested individuals on a regular basis.

Eligibility: All grief programs are open to the public.

How to Apply: Call 785-232-2044. Support groups grief brochures are also available to the public free of charge. Speakers for your group are available upon request.

Fees: Grief Groups are free of charge. Other services are on sliding scale. Donations are accepted for free services.

Funding: Grief and loss services are supported in part by contributions for the Mike McDonnell Memorial Golf Tournament, and through other fundraisers and donations.

Midland Care Home Health Services

200 SW Frazier Circle
Topeka, KS 66606
785-232-2044
Fax: 785-232-5567
Toll Free: 1- 800-491-3691
www.midlandcare.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: Services available 24 hours a day, 7 days a week.

Services:

- Skilled nursing services provided in one's own home.
- Physical, occupational and speech therapy provided in one's own home.
- Social services available.
- Personal care provided in one's own home.
- Medication management teaching visits.
- Wound and ostomy care.

Eligibility: Call 785-232-2044 for information.

How to Apply: Call 785-232-2044 for information.

Fees: Call 785-232-2044 for information.

Funding: Private insurance, Medicare, Medicaid, fundraising, donations, and memorial contributions. Charity Care.

Midland Care Hospice Services

200 SW Frazier Circle
Topeka, KS 66606
785-232-2044
Fax: 785-232-5567
Toll Free: 1- 800-491-3691
www.midlandcare.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: 24 hours a day, 7 days a week.

Services:

- Pain management and symptom control
- Personal care such as bathing, dressing, oral care, and toileting
- Light housekeeping and laundry
- Medication management
- Spiritual and psychosocial support
- Caregiver respite.
- Coordination and communication with care providers.
- Private rooms in a park-like setting at Hospice House when appropriate.

Eligibility: Call 785-232-2044 for information.

How to Apply: Call 785-232-2044 for information

Fees: Call 785-232-2044 for information.

Funding: Private insurance, Medicare, Medicaid, Charity Care.

* No one is denied service because of an inability to pay.

Midland Care PACE Services (A Program of All-Inclusive Care for the Elderly)

130 SW Frazier Circle
Topeka, KS 66606
785-232-5770
Fax: 785-232-1513
www.midlandcare.org

Mission Statement: Midland Care PACE Services manages your "whole" person in a one-stop care program. You will enjoy freedom from navigating the maze of medical services, allowing you to focus on maintaining independence and quality of life.

Hours: PACE Center and Clinic are open Monday-Friday, 7:30 a.m. – 5:30 p.m.; care is provided in the home and PACE Center; on-call staff available 24 hours a day, 7 days a week.

Services:

- Prescription and over-the-counter medications with no co-payment.
- PACE Center.
- Transportation.
- Durable medical equipment: hospital beds, wheelchairs, walkers and more.
- Dental care: routine and special procedures, plus dentures as needed.
- Medical care, including specialists.
- Audiology services: exams and hearing aids.
- Physical therapy, occupational and speech therapy.
- In-home-services: errands, personal care, cleaning, and laundry, cooking as needed.
- Coordination of additional services including financial, legal and housing aid.

Eligibility: Age 55 and over; meet criteria for nursing facility care according to the State of Kansas; Assessment by PACE team as being appropriate for services; and reside in the Midland PACE area, which includes the following counties: Douglas, Jackson, Jefferson, Osage, Pottawatomie, Shawnee, Wabaunsee, Leavenworth, Lyon, Marshall, Nemaha and Wyandotte.

How to Apply: Call for tour and/or more information, complete paperwork.

Fees: Dependent upon income. Participant financial obligation may be required.

Funding: Medicare, Medicaid, Private Insurance and private pay.

Midland Care Palliative Care Services

200 SW Frazier Circle
Topeka, KS 66606
785-232-2044
Fax: 785-232-5567
Toll Free: 1-800-491-3691
www.midlandcare.org

Mission Statement: Meeting individual needs through innovative care solutions.

Clinic Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Specialized care for patients with serious or life limiting illnesses.
- Patient tailored nursing and social work visits.
- Management of pain and other symptoms, including side effects of chemotherapy.
- Coordination of care by providing guidance for treatment options, emotional support, financial issues, and individual and family counseling.
- Spiritual support.
- Assistance in accessing community resources, support groups, referral services, patient education, and disease specific information.

Eligibility: Individuals with an advanced or chronic illness in need of additional services.

How to Apply: Call 785-232-2044 for more information.

Fees: Call 785-232-2044 for more information.

Funding: Private insurance, Medicare, Medicaid, fundraising, donations, and memorial contributions. Charity Care.

Midland Care Residential Center

120 SW Frazier Circle
Topeka, KS 66606
785-232-2044
Toll Free: 1-800-491-3691
Fax: 785-232-5567
Website: www.midlandcareconnection.org

Mission Statement: Meeting individual needs through innovative healthcare solutions.

Hours: 24 hours, 7 days a week.

Services:

- Daily meals tailored to the resident's needs.
- Health care services based on an assessment by a licensed nurse.
- Housekeeping services.
- Medical, dental, and social transportation arrangements.
- Planned individual and group activities.
- Caregiver respite.

Eligibility: Adults, 18 and older. Services are designed to provide self-determined residential care in a safe, secure environment.

How to Apply: Call 785-232-2044 for more information.

Fees: Call 785-232-2044 for more information.

Funding: Long-term care insurance, private pay, fundraising, donations, and memorial contributions.

Midland Care Thrive at Home Services

200 SW Frazier Circle
Topeka, KS 66606
785-232785-232-5567
Toll Free: 1-800-491-3691
www.midlandcare.org

Mission Statement: Meeting individual needs through innovative care solutions.

Hours: 24 hours/7 days a week.

Services:

- Assistance with personal activities such as bathing, dressing, oral care, and toileting.
- Light meals: planning, preparation, feeding, and cleanup.
- Companionship.
- Caregiver respite.
- Assistance with wakeup and bedtime.
- Light housekeeping.
- Laundry.
- Medication reminders.

Eligibility: Call 785-232-2044 for more information.

How to Apply: Call 785-232-2044 for more information.

Fees: Call 785-232-2044 for more information.

Funding: Private pay, long-term care insurance.

Mirror Work for Success Dads Program

107 SE 6th Ave, Suite #2
Topeka, KS 66605
Deb Dolsky, Program Coordinator
785-246-5737
Website: www.mirrorinc.org
Email: ddolsky@mirrorinc.org

Mission Statement: Our mission is to make a difference for more people, families and communities through comprehensive, integrated health and wellness approaches. We're committed to empowering people to be the best version of themselves and promoting safe, healthy people in strong communities.

Clinic Hours: 9:00 a.m. - 4:00 p.m., Monday – Friday.

Services:

- The Mirror Work for Success Dads Program is a year-long program that provides services to low-income fathers, including work readiness, case management, fathering skills, financial education and family violence prevention.
- Phase I of the program begins with an intensive four-week personal and professional development training program that provides dads with the skills to build healthy relationships, strengthen families and obtain employment.
- Phase II of the program includes job search assistance. We also provide individualized case management by developing a life plan and helping dads remove barriers through referrals to community services and resources.
- Phase III of the program starts when the dads obtain employment. We offer supported employment services including transportation assistance and conflict resolution.

The Work for Success Dads Program can help father resolve state-owed arrears and focuses on re-engaging fathers in the lives of their children.

Eligibility: Must have the ability and the willingness to work, be the father of an adopted or biological child, be unemployed or underemployed and 18 years or older.

How to Apply: Call 785-246-5737 for more information

Fees: None.

Funding: State of Kansas

Mosaic, Inc.

Office: 913-788-8400

Fax: 913-788-2257

Website: www.mosaicinnortheastks.org

Email: info@mosaicinfo.org

Eligibility: Please call 913-788-8400 or email info@mosaicinfo.org to find out specific eligibility requirements.

How to Apply: Call 913-788-8400 or email info@mosaicinfo.org for more information.

Fees: Varies.

Mission Statement: Embracing God's call to serve in the world, Mosaic advocates for people with intellectual disabilities and provides opportunities for them to enjoy a full life.

Services:

- Group Living – Mosaic in Northeast Kansas provides 24-hour supports for several residential homes in Wyandotte County. The provided supports assist people on a level consistent with their need. Mosaic believes that each person is capable of growth, development, and learning when exposed to the appropriate opportunities.
- Supported Living – Many people that receive supported living services are in their own homes. Staffing is provided on a schedule to meet the needs of each person.
- Host Home Program – Host homes provide people the opportunity to live with and become part of a family in the community. Host home services are available in Douglas, Johnson, Shawnee, and Wyandotte counties.
- Day Activities Program – Mosaic offers people the opportunity to experience a meaningful day through social skill development, life skill training, and group activities in their on-site day program.
- Work Services – The work services program helps people meet their goals by providing opportunities to develop job skills. These skills help people obtain and successfully maintain employment on-site and throughout the community.
- Targeted Case Management – This case management service promotes the well-being of people served by assisting people with identifying, selecting, obtaining, coordinating, and utilizing both paid services and natural supports to enhance their independence, productivity and integration.
- Recreational Opportunities – Mosaic believes that people should be provided opportunities to attain wholeness of life, including the satisfaction of recreation. Community resources for recreation help meet the social and leisure needs of people. Trips to movies, sporting events, parks, and museums are vital to supporting growth in people's lives.
- Spiritual Opportunities – As a faith-based organization, Mosaic encourages spiritual nurturing and growth. With the assistance of staff and volunteers, people are encouraged to participate in the religious services of their choice. Mosaic strives to work with all religions to promote inclusion within various faith communities.

Mothers Against Drunk Driving

PO Box 144
Burlingame, Kansas 66413
Toll Free: 1-800-443-6233
Fax: 785-654-2374
Email: ks.state@madd.org

Mission Statement: The mission of Mothers Against Drunk Driving is to stop drunk driving and to support victims of this violent crime and prevent underage drinking.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Public awareness/educational programs.
- Victim services.
- Public policy and legislative activities.

Eligibility: Membership available to the public.

How to Apply: Contact by telephone, letter or fax.

Fees: Membership free.

Funding: Individual and corporate contributions, memorials and Victims of Crime Act grant (VOCA) funds.

Muscular Dystrophy Association

10550 Barkley St, Suite 200
Overland Park, KS 66212
913-451-3230
Fax: 913-451-3339
Website: www.mda.org/office/kansascity
Email: kansascitywest@mdausa.org

Mission Statement: To provide medical and clinical services for patients afflicted with muscular dystrophy and other related neuromuscular diseases and to fund research efforts to find the cause and cure for neuromuscular diseases.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Provide medical services.
- Durable medical equipment.
- Recreational programs for patients afflicted with muscular dystrophy and related neuromuscular diseases.

Eligibility: Anyone diagnosed by a licensed M.D. or D.O. as having muscular dystrophy or any of the 43 neuromuscular diseases covered by MDA.

How to Apply: See website to determine nearest MDA Care Center near you.

Fees: None

Funding: Donations from community, corporate sponsors and cooperating organizations.

National Multiple Sclerosis Society

Mid-America Chapter

7611 State Line Road., Suite 100

Kansas City, MO 64114

913-432-3926

Toll Free: 1- 800-344-4867

Fax: 816-361-2369

Website: www.msmidamerica.org

Email: ksg@nmss.org

Mission Statement: To end the devastating effects of MS. The National MS Society, founded in 1946, is a nonprofit, voluntary health organization with 140 chapters and branches throughout the United States. The National MS Society provides funding for research that will eventually lead to the cause, treatment and cure for MS. The Eastern Kansas Branch, Mid-America Chapter, serves individuals throughout 40 counties in eastern Kansas.

Hours: 8:30 a.m. - 4:30 p.m., Monday – Friday.

Services:

- Education: Lending library, Knowledge is Power (KIPS), professional and public education, national teleconferences, information and referral helpline and newsletters.
- Health: Newly diagnosed programs, self-help groups, Telefriend, wellness programs, Family Day, Family Enrichment Series.
- Independent Living: Accessibility, employment workshops, medical equipment, purchase/loan, home adaptations and financial assistance.
- Volunteer opportunities.

Eligibility: Any person with Multiple Sclerosis.

How to Apply: Contact by telephone, letter or visit.

Fees: No membership fee is required for local branch membership. No fee is required for persons with MS.

Funding: Special events such as Walk MS, Bike MS and individual contributions and bequests.

Parents, Families and Friends of Lesbians, Gays, Bisexuals and Transgendered

Lawrence - Topeka PFLAG

Topeka, KS 66611-1656

785-841-2345 Headquarters Counseling

Website: www.pflagnekansas.org

Email: sffeist@msn.com

Sonja Feist, Chapter President

Mission Statement: To promote the health and well-being of gay, lesbian, bisexual and transgendered people, their families, and friends. We offer support to cope with an adverse society, education to enlighten an ill-informed public, and advocacy to end discrimination and secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

Services:

- Respect the confidentiality of all individuals.
- Offer support on a one-to-one basis or in small group sessions which meet once a month.
- Distribute pamphlets to refer individuals, organizations, etc. to books addressing their immediate concerns.
- Extensive resource listings.

Eligibility: Services available to any interested group or individual. Support for parents, families or friends coming to terms with the homosexual orientation or gender identity of loved ones.

How to Apply: Call Headquarters Counseling, 785-841-2345, for referral to a PFLAG board member.

Funding: Donations and various sources.

Positive Connections, Inc.

2044 SW Fillmore
Topeka, KS 66604
785-232-3100

Website: www.pcneks.org
Email: pcadmin@pcneks.org

Kathleen Link, Executive Director

Mission Statement: Positive Connections Inc. is a community-based program that advocates for people living in NE Kansas and provides comprehensive services to individuals who are impacted by HIV/AIDS, sexually transmitted infections, and Hepatitis C.

Hours: Monday, Wednesday, Thursday 8:00am – 5:00pm, Tuesday 8:00am. – 7:00pm, and Friday 8:00am to 11:00am.

Services:

- **Medical Case Management:** Medical Case Managers assess the needs of each client and with the client's input create a plan for services. Medical Case Managers are client advocates, and they access community resources and services on behalf of the individual clients.
- **Volunteering:** Volunteers assist with office duties, client transportation, food pantry, outreach and fundraiser/special events. Call 785-232-3100 to volunteer.
- **Support Groups:** HIV + Support Group. For more information call 785-232-3100.
- **HIV/STE/HEP C Education:** Provide programs and workshops on HIV/AIDS related issues for public and private organizations. Provide activities and educational events for the community. Call 785-232-3100 if you would like to host an educational outreach event.
- **Free HIV Testing :** Monday, Wednesday and Thursday 8:30am – 4:00pm, Tuesday 8:30am – 6:00pm and Friday 8:30am – 12 noon.
-

Eligibility: Must be diagnosed with HIV or AIDS to access Medical Case Management Services or support Groups for people living with HIV/AIDS. HIV testing is available for anyone who has had a risk of infection. Education presentations, outreach and public information are available to anyone by request. Call 785-232-3100 for more information.

How to Apply: Physician referral or self-referral.

Fees: None.

Funding: City of Topeka, Shawnee County, United Way of Greater Topeka, The Kansas Department of Health and Environment, Broadway Cares, memorials, private grants, and fundraisers.

Resource Center for Independent Living, Inc.

Home Office

1137 Laing Street
Osage City, KS 66523
785-528-3105
Toll Free: 1-800-580-7245
Fax: 785-528-3665

Topeka Location

1507 SW 21st Street, Suite 203
Topeka, KS 66604
785-267-1717
Toll Free: 1-877-719-1717
Fax: 785-267-1711

Website: www.rcilinc.org
Email: info@rcilinc.org

Deone Wilson, Executive Director

Mission Statement: Committed to working with individuals, families and communities to promote independent living and individual choice to persons with disabilities.

Hours: 8:00 a.m. - 4:00 p.m., Monday – Friday. Closed for lunch from 12:00p.m. - 1:00p.m.

Services:

- Assistive Technology for Kansans
- Braille Translation Services
- Consumer Advisory Committees
- Community Education
- Financial Management Services
- IKan-RCIL (blind and low vision services)
- Information and Referral
- Kansas Equipment Exchange
- Payroll agent for Home and Community Based
- Senior Care Act
- Telecommunication Access Program (TAP)

Eligibility: Individuals with disabilities.

How to Apply: Contact RCIL by phone or in person.

Fees: No fees

Funding: Independent Living grant, state and federal grants, and donations.

Right to Life of Kansas, Inc.

P.O. Box 12044
Wichita, KS 67277-2044
785-233-8601 (Voice Mail)
Website: <http://rtlk.org/>

Mission Statement: To uphold that life begins at conception and ends at natural death, and that all unborn children are in fact persons deserving of all human rights and protection under the U.S. Constitution. We will continue to work toward the passage of a Human Life Amendment to the Constitution.

Services:

- Provide education materials to the public, to students, and anyone interested in learning more about the pro-life movement and the dangers of abortion. We refer women to the proper organization to help in crisis pregnancy situations. We can provide resource materials from our library, videos for research, speeches, school projects, etc., and a speaker to any group or organization wanting to learn more about the pro-life movement.

Eligibility: Any person in need of information and research material.

How to Apply: Contact our office.

Fees: Donations accepted.

Funding: Donations.

Safe Streets Prevention & Recovery Services, Inc.

2209 SW 29th Street
Topeka, KS 66611-1908
785-266-4606
Fax: 785-266-3833
Website: www.safeststreets.org
Email: kpankratz@safeststreets.org

Kristi Pankratz, Director

Mission Statement: To create a healthier community by addressing substance abuse and crime, through prevention education and citizen empowerment.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Thursday, Friday, 8:00 a.m. – 4:30 p.m. and evenings by appointment.

Services:

- Neighborhood Watch Program: Safe Streets assists neighborhoods through mobilization and training to combat crime and associated problems.
- Safe Property Management Training for landlords, property managers and maintenance workers: A program offered two times a year by the Topeka Police Department and Safe Streets on code violations, narcotics, tenant screening, leases and evictions, and crime prevention through environmental design. Cost for this training is \$25.
- Safe Solutions Mediation: Provides citizens with free and confidential mediation services that can help resolve neighborhood disputes peacefully. Types of mediation include; noise, landlord/tenant, land use, harassment, barking dogs and racial/multicultural conflict.
- Retailers Association: Meets the 2nd Wednesday of every month. Offers police, loss prevention personnel and business owners an opportunity to network and share information on current theft trends, fraud, scams and forgeries.
- Presentation on Crime Prevention through Environmental Design (CPTED), Personal Safety, Safety for Seniors, Underage Drinking, current drug trends and other topics are offered at no charge.
- Safe Streets Coalition Initiative - Safest Capital City in America: The coalition meets the first Wednesday of every month with over 160 people involved.

Eligibility: Any Shawnee County residence.

How to Apply: Call Safe Streets at 785-266-4606.

Fees: None.

Funding: City of Topeka, Shawnee County, Federal and State grants.



(The) Salvation Army

1320 E 6th Avenue
P.O. Box 599
Topeka, KS 66601
785- 233-9648
Fax: 785-233-9846

Captains Cristian and Brook Lopez

Mission Statement: The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Hours:

- Community Meal Program: 4:00pm to 4:45pm
Mondays & Fridays are sack lunches; Tues, Wed, Thurs are hot meals.
- TEFAP/Pantry: Tuesdays & Thursdays; 9:00am – 11am and 1:00pm – 3:00pm
- Community Outreach: Fridays; 9:00am – 4:00pm.
- By appointment only for rent/utility assistance.

Services:

- Sundays: Sunday school at 9:30am, worship at 10:45am, potluck at noon (1st Sunday of the month)
- Mondays: beginning music at 5:00pm
- Tuesdays: youth groups at 5:30 – 7:30pm during the school year for ages 4-17.
- Wednesdays: Bible Study at 6:00pm, 2nd Wednesday is mission outreach at 7:30pm.
- Thursdays: Free Zumba class at 7:00pm (Sergio Baez)
- Fridays: Community Outreach, serving homeless by providing meals, blankets, water, socks, and food
- Saturday: Zion Teen Fellowship from 5:00 to 7:00pm.
- Eye exams (3 a month).
- Clothing voucher (referrals only).
- Mobile pantry on the 4th Monday of the month.
- Community Service (through Major LeeAnn) with a background check and interview required.
- Pathway of Hope; designed for individuals/heads of households that have been on the system but are currently employed. We try and keep the individuals in viable employment by helping them in between paydays by giving food and gas cards.
- Summer Feeding Program; starts in June until July.

Eligibility: Child Care: by application, Social Services: criteria are based upon funding sources, Evening Meal: open to all.

How to Apply: Social Services: Personal interview determines eligibility. (i.e., eviction/disconnect notice, family disruption, medical emergency) Childcare: Obtain application.

Funding: Unit fees and other donations.

Shawnee County Health Department

2600 SW East Circle Dr.
Topeka, KS 66606
785-251-5600
Fax: 785-251-5696

www.shawneehealth.org

Linda K Ochs, Director

Shawnee County Community Developmental Disabilities Organization (CDDO) A division of TARC

2701 SW Randolph Avenue
Topeka, KS 66611
785-232-5083
Fax: 785-235-8041
Website: www.sncddo.org

Sabrina Winston, Director
Email: swinston@sncddo.org

Mission Statement: TARC enhances the lives of people affected by intellectual, developmental and related disabilities through commitment to excellence in service, support and advocacy.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Single point of Application, Determination and Referral for Intellectual and Developmental Disabilities (I/DD) services.
- Conduct annual Home and Community Based Services (HCBS) waiver eligibility screenings.
- Provide information and referral services.
- Transition individuals from Intermediate Care Facilities for Individual's with an Intellectual Disability (ICF-IID) into the community, when requested.
- Assist individuals with I/DD to access services.
- Quality oversight.
- Community collaboration and trainings.
- Fiscal management of State Aid and County Mill Levy funds.

Eligibility: Children and adults with I/DD.

How to Apply: Call Tiffanie Krentz, CDDO Liaison at 785-506-8677 or email tkrentz@sncddo.org

Fees: None

Funding: Federal, State and County funds.

Shawnee County Conservation District

3231 SW Van Buren Street
Topeka, KS 66611-2469
785-338-9946

Website: www.sccdistrict.com
Email: judy@sccdistrict.com

Judy Boltman, District Manager

Mission Statement: Promote a voluntary program of education, planning and application of conservation practices to conserve and protect our soil and water.

Hours: 8:00 a.m. - 4:30 p.m., Monday – Friday.

Services:

- Cost-share programs for agricultural and non-agricultural projects ranging from terraces and livestock ponds to plugging abandoned water wells and repairing failing septic system. Free site evaluations based on staff availability.
- School demonstrations, host teacher workshops and an Environmental Fair as well as display at farm shows, home shows, and the Kansas Garden Show. Host sediment and erosion control workshops for contractors and developers.
- Sell grass seed (price varies per mix-call for details) and marking flags, (\$10.50 per hundred). Rent 6' no-till grass drill for \$10.00 per acre, minimum \$100. Call for details.
-

Eligibility: Contact for further information.

How to Apply: Call for details or to receive the newsletter.

Fees: Planning and education services are free. See above for other fees.

Funding: State of Kansas, Shawnee County, Kansas Water Fund, various grants, seed sales and drill rental. (Mostly state and county).

Shawnee County Emergency Management

200 SE 7th Street, SB-10
Topeka, KS 66603
Phone: 785-251-4152
Mobile: 785-640-4672
Fax: 785-251-4904
Email: dustin.nichols@snco.us

Dusty Nichols, Director

Vision Statement: Adopting the whole community concept, Shawnee County Department of Emergency Management strives to create, develop and maintain a resilient community throughout all of Shawnee County. Continuous professional efforts of preparedness, protection, response, recovery and mitigation will create a standard. That standard allows us to increase the consciousness of our residents (customers) to create better situational awareness regarding local threats and hazards leading to an increase in self-responsibility, overall community awareness, preparedness and resiliency which limits dependency on governmental resources.

Mission Statement: Provide a 24-hour operation to reduce the loss of life and property and to protect the environment. The highest priority is to protect Shawnee County residents from all hazards by providing and coordinating resources, expertise, leadership, and advocacy through a comprehensive, risk-based, emergency preparedness program of mitigation, management, response, and recovery.

Department Description: Shawnee County Department of Emergency Management works to maintain total situational awareness in our jurisdiction to develop processes, plans public notifications and warnings regarding known and unknown hazards to prepare and alert the residents and leadership of Shawnee County. By collecting, analyzing and distributing information from various sources at all levels, we develop strategies and options for our jurisdictional leadership to make decisions within established guidelines, laws and other restrictions to gain maximum benefit before, during and after a response. We work to keep elected and appointed county leadership on the most efficient track to ensure Continuity of Government (COG) for the residents of Shawnee County in the event of disaster.

Services:

- Situational Awareness for the community (including weather, threats, activities, at risk areas, etc.)
- Training courses that are included on the training menu (see attached)
- One of a three department cooperative for the

Shawnee county Safety Office

- Lead department for the Shawnee County Security council
- Point of contract for the Local Emergency Planning Committee
- Public Notification and Outdoor Warning System (tornado sirens) maintenance of operation.
- Develop the County Emergency Operations Plan (CEOP), County Continuity of Government Plan (COG) and county HAZMAT Plan Monitor and assist with the mitigation plan, evacuation plan, communications plan and other plans
- Coordinate local government sponsor for the Community Emergency Response Team (CERT)
- We offer many different preparedness and security planning trainings that can be tailored to any organization

Eligibility: Program specific.

How to Apply:

<https://www.snco.us/em/document/certapplication.pdf>
or for more information contact SNCOCERT@yahoo.com

Fees: None.

Funding: Federal Grants and Shawnee County

Shawnee County Medical Society, Inc.

623 SW 10th Avenue
Topeka, KS 66612
785-235-2383
Fax: 785-235-5114

Denise Lantz, Administrator

Mission Statement: Physicians dedicated to better patient care.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Responds to questions concerning physicians.
- SCMS is currently managing Health ACCESS to address care for the indigent and medically uninsured in Shawnee County.

Eligibility: Physician membership organization.

How to Apply: Call 785-235-0996.

Fees: No charge to the public for service.

Funding: Membership dues.

Shawnee County Parks + Recreation

Administration Office:
3137 SE 29th Street Topeka, KS 66605
Administration Annex:
1800 SE Street Topeka, KS 66607
785-251-6800
Website: <http://parks.snco.us>

Tim Laurent, Director

Administrative Hours: 8:00am – 5:00pm Monday – Friday

Mission Statement: Shawnee County Parks + Recreation is an essential service established to improve quality of life for all residents for the county by proactively responding to changing demographics, emerging trends while maximizing all available resources in providing quality parks, recreation facilities and programs that enhance the residents' health, promotes economic vitality and long-term sustainability now and for future generations.

Shawnee county Parks + Recreation includes nearly 60 miles of trails, 2,625 acres of parks and 320 annual days of sporting activities. In addition, the department offers recreation programs, educational programs and golf. A combination of tax dollars, user fees and private donations enables Shawnee County Parks + Recreation to offer parks, sporting and aquatic facilities with state-of-the-art features, and beautiful, nationally recognized gardens.

For a complete listing of facilities and activities, check out our website. The Guide publication is available by mail or pick up.

Family Scholarships are designed to address those families than find it difficult financially to participate in valuable youth programs.

General Policy on Program Access and

Communications: Shawnee County Parks + Recreation provides positive recreational experiences that contribute to the physical, mental, social and emotional development of people of all ages and abilities. To facilitate opportunities for people with and without disabilities to engage in leisure pursuits together, Parks + Recreation provides inclusion services. If you have a disability and would like to request a special accommodation for a program, please contact a staff member. To ensure the requested accommodation, please notify the staff at the facility where the requested program is located at least two weeks in advance of the start of the program. For more information on inclusion opportunities, parks and recreation services and accommodations, please call 785-251-6800.

Sheltered Living, Inc.

3401 SW Harrison St
Topeka, KS 66611-2277
785-233-2566
Fax: 785-266-8709
Website: www.slitopeka.org
Email: slisli@slitopeka.org

Lisa Jackson, President/CEO

Mission Statement: SLI supports the efforts of individuals with diverse abilities to achieve independence and actively participate in the community.

Hours: 24 hours per day, 365 days per year.

Services:

- Residential programs are designed to meet individuals' needs, ranging from onsite staffing support to 24-hour awake staff. We offer a variety of residential options.
- Independent Living Programs: This program is designed for individuals who can live independently and require minimal support.
- Community Integration Program: A day program designed to meet individual needs and help them learn new skills to become integrated in the community. Heavy emphasis is placed on volunteering, learning skills and socialization. There are several satellite programs for older individuals and for more active participants.
- Targeted Case Management: A targeted case manager will assist individuals to develop and implement the Person-Centered Support Plan. In addition, he or she will identify and maintain eligible state and federal program funding.

Eligibility: Persons with intellectual disabilities.

How to Apply: Director of Admissions and Habilitation, 785-233-2566 or contact the Shawnee County Community Development Disabilities Organization (CDDO), 785-267-1041.

Fees: Sliding scale based on ability to pay.

Funding: Medicaid - Home and Community Based Services (HCBS), state aid, state and federal grants, fees, donations, county mill levy, and fund raisers.

Social Security Administration Field Office

600 SW Commerce Place
Topeka, KS 66615
888-327-1271
TTY: 785-233-5951
800-772-1213
Fax: 785-232-3146
Website: www.socialsecurity.gov

Kristine Warren, District Manager
Bill Holthaus, Assistant District Manager

Mission Statement: Administration of the following programs: Retirement, survivors, and disability insurance, Medicare for the aged and disabled, Black Lung benefits and Supplemental Security Income (SSI).

Hours: 9:00 a.m. – 4:00 p.m., Monday – Friday, closed at Noon on Wednesday's.

Services:

- Application assistance for a social security number, checking earnings record, applying for retirement, disability, survivor's, SSI benefits and enrolling for Medicare.
- Provide information about individual and family rights and obligations under the social security law.

Eligibility: For an eligibility determination the individual should contact the Social Security office or check the available online services at www.socialsecurity.gov.

How to Apply: Go to the Social Security Online www.socialsecurity.gov and click on "Apply for benefits" or call the local office to schedule an appointment.

Fees: None.

Funding: Social Security Trust Funds and general revenues of the federal government.

Stormont-Vail SANE/SART

(Sexual Assault Nurse Examiner)
(Sexual Assault Response Team)

1500 SW 10th Avenue

Topeka, KS 66604

785-354-6107

Fax: 785-354-5004

Website: www.stormontvail.org

Email: jthomas@stormontvail.org

Joy Thomas, R.N. SANE-P, SANE-A Supervisor

Mission Statement: Working together to improve the health of our community.

Hours: 24 hours 7 days a week.

Services:

- The SANE (Sexual Assault Nurse Examiner) and SART (Sexual Assault Response Team) Program provide an immediate, compassionate, multi-disciplinary team response to victims of sexual assault or abuse. SANE/SART provides 24-hour services for all male and female victims of sexual assault. Members of SART include law enforcement, DCF, the Sexual Assault Nurse Examiner, LifeHouse Child Advocacy Center, YWCA Center for Safety and Empowerment, and the District Attorney's Office.

Eligibility: Available to anyone. Anyone under 18, must be requested by Law Enforcement of DCF. If over 18, and not sure if they want Law Enforcement involved at time of assault, may be seen, have exam done, samples collected, and collected items will be stored, anonymously, by KBI for 5 years.

How to Apply: Contact office at 785-354-6107 for information or come to Emergency Department at Stormont-Vail Health.

Fees: The cost of the visit; If an exam is done for the purpose of collecting samples, then the billing will be sent to the County Attorney where the assault occurred.

Funding: Stormont-Vail Health, Stormont-Vail Auxiliary, Stormont Vail Health Foundation.

Strategic Leadership Academy

Mailing Address: PO Box 4322,

Topeka, KS 66604

Phone: 352-871-4555

Website: www.strategicleadershipacademy.org

Email: caindavis03@yahoo.com

Cain Davis, President, Board of Directors, SLA

Mission Statement: To help people of color become effective successful leaders in their communities through exposure, experience and execution.

Services:

- SLA is a premier leadership training program for emerging and established minority professionals and community leaders in Topeka. It is the only leadership program in Shawnee County specifically designed to prepare minority leaders with the vision and skillset to develop and sustain initiatives to increase opportunities for minorities in the community. Each training program, offered once a year, consists of 10 monthly sessions. Each session offers didactic trainings in leadership traits, classroom discussion, group exercises in addition to having corporate and governmental leaders share their unique perspectives on community issues and opportunities. Participants of this training program will learn vital leadership skills and develop understanding of key community issues such as business and finance, governmental accountability, politics, education, networking, non-profit operations, career choices, etc. Upon completion of this 10-month leadership training, the graduates will be prepared to serve effectively in positions of leadership, greater responsibility and influence as professionals and community leaders throughout the State of Kansas.

Eligibility: Open to minority people of color of Shawnee County and surrounding area through a competitive application process.

How to Apply: Complete and timely submit an application, which will be evaluated based on criteria established by the Board. After the evaluation process, participants will be notified of their selection. Limit to approximately 20 participants.

Fees: Each participant will be responsible to pay \$100 prior to class commencement.

Funding: Donations, contributions from individuals, businesses, and corporations. Fundraising.

TARC, Inc.

2701 SW Randolph Avenue
Topeka, KS 66611
785-232-0597
Fax: 785-232-3770
Website: www.tarcinc.org
Email: info@tarcinc.org

Eileen Doran, Executive Director

Mission: TARC enhances the lives of people affected by intellectual, developmental and related disabilities through commitment to excellence in service, support and advocacy.

Vision: Our vision is that all people, including those with intellectual, developmental and related disabilities experience life to their potential.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday.

Services:

Adult Day Services: provide services that enhances the quality of life experiences by building onto a foundation that encourages and promotes respect, individuality, integrity and independence.

Case Management provides individuals and their families with skilled professionals who assist in navigating the disability systems, actively advocate on the persons behalf, and assist with identifying and obtaining needed resources and supports.

TARC Industries & Employment Services is committed to providing skill development, job support and competitive employment in integrated settings with ongoing support tailored to each individual's skills and desires.

Enclaves:

An enclave is a contracted training work site, often employing multiple people, working together as a team. These sites are used for assessment and skill development. Wages are paid to the employees by TARC.

We are committed to success:

- We provide disability training and information to local businesses by request
- We offer a variety of contractual services and have skilled candidates available for direct hire
- We provide free assessment and customized price quote for enclaves (employment contracts)
- TARC Employment Associates provide on the job coaching & mentoring, reducing overall training time for your company
- TARC Employment Coordinators provide follow up supports to ensure the ongoing success of the

employment relationship

- Employer/employee mediation services available

Self-determination seeks to give persons with developmental disabilities, their guardians and/or families, the opportunity to choose or create supports that will meet the preferred lifestyle of the individual. Self-determination participants gain more control over how funds are expended, take on the responsibility of directing their services and become an active, contributing member in their community. Self-determination is the only of its kind in the State of Kansas. We serve Shawnee County and the surrounding areas to allow those served and supported to determine their preferred lifestyle.

Children's Services provides programs to support and enhance families affected by intellectual, developmental, and related disabilities. We have highly educated staff with many years of experience working with families. Our programs are unique for each family. Our staff will meet your family at your home, where you are most comfortable to help your family succeed. We partner with you to support your child's participation at home and in the community.

TARC's Assistive Technology department provides services that enhances participation and engagement of people with disabilities. Staff utilizes experience and expertise to develop unique opportunities for individuals these include: access to computer centers, adaptive equipment, a lending library and specialized programs. Our assistive technology specialists' team with various professionals and family members to identify supports and adaptations to help individuals with developmental disabilities or delays participate in daily activities. Supports can include: adapted toys, supported sitting equipment, developing or researching new computer software or apps and developing supports that assist individuals completing job tasks.

SNCO Community Developmental Disability Org.

Eligibility: Those with Developmental, Intellectual and related disabilities.

How to Apply: Call 785-232-0597 for more information

TAX ASSISTANCE K-State Research & Extension - Shawnee County

1740 SW Western Avenue
Topeka, KS 66604
785-232-0062
Fax: 785-232.0093
Website: www.shawnee.ksu.edu

Susan Fangman, County Extension Agent

Free Tax Assistance

Mission Statement: The Asset Building Coalition of Shawnee County provides free tax assistance, education, and outreach.

Hours: Contact the extension office (or download brochure from website) for a listing of the Free Tax Assistance sites in Shawnee County where low to moderate income taxpayers can have VITA and AARP volunteers file their federal and state tax returns electronically. In 2018, free tax sites are open at various locations and times between January 29th and April 17th.

Eligibility: VITA tax site serves taxpayers of all ages with household incomes of \$56,000 and under. AARP tax sites serve taxpayers age 60 and older of all incomes. See the brochure for limitations.

Fees: None.

Funding: Free Tax Assistance sites are funded through in-kind contribution of the partner sites and funding from the United Way of Greater Topeka.

Topeka Civic Theatre & Academy, Inc.

3028 SW 8th Avenue
Topeka, KS 66606
785-357-5213
Fax 785-357-0719

Website: www.TopekaCivicTheatre.com
Email: vickie@topekacivictheatre.com

Vickie Brokke, President/CEO

Mission Statement: Topeka Civic Theatre's mission is to bring our diverse community together to learn about, experience, and celebrate the joys of live theatre.

Hours: 9:00 a.m. – 6:00 p.m., Monday – Friday.

Services:

- TCTA provides live community dinner theatre (non-dinner seating also available).
- A studio series.
- Youth series and Theatre for Young Audiences.
- Comedy Improvisation.
- Comprehensive theatre education program for students ages 4-94.

Eligibility: No specific eligibility requirements, except age-specific classes. Scholarships available based on need.

Fees: Admission and meal prices. Class fees vary.

Funding: 60% through ticket sales and 40% through personal and corporate donations.

Topeka Common Ground, Inc.

1704 SW Western Ave
Topeka, KS 66604

Website: www.topekacommonground.org

Facebook: www.topekagardens.org

Brenda Jarboe, President

Mission Statement: The Topeka Common Ground Project promotes community, healthy living, and education through community gardening. We also work with identified at-risk students and adults and collaborate with existing agencies for the betterment of individuals and the Topeka community.

Hours: 8:30 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Through gardening we teach and promote self-sufficiency, nutrition, life skills, and positive social relationships and community connectedness.
- We work with adults, students, and anyone interested in gardening in a community garden.

Eligibility: Priority given to lower-income neighborhoods.

How to Apply: Contact Common Ground directly.

Fees: None.

Funding: Foundation grants, fundraisers and individual contributions.

Topeka Housing Authority

2010 SE California Avenue
Topeka, KS 66607
785-357-8842

Fax: 785-357-2648

Website: www.tha.gov

Sophie George, President/CEO

Mission Statement: To successfully provide accessible, affordable housing.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Leasing of Public Housing Units; two high-rises for the elderly and disabled, one elderly only high-rise, one low-rise for the elderly and disabled, three family complexes and Section 8 rent subsidy for low-to-moderate income families.
- Communities for the Elderly and Persons with Disabilities: Jackson Towers, 1122 SW Jackson; Polk Plaza, 1312 SW Polk; Tyler Towers, 600 SW 14th; Tennessee Town, 1183 Buchanan.
- Family Complexes: Pine Ridge Manor at 2701 SE 10th; Deer Creek Village at 25th and Burr; Western Plaza at 1322 SW Western; Marshall Square at 3811 SW 7th; Echo Ridge at 2000 SE Echo Ridge Circle.

Eligibility: For the elderly and families who cannot, because of income level, afford to pay the rental rate or purchase price required by private enterprise for decent, safe and sanitary housing.

How to Apply: Application for housing can be made in person at 2010 SE California.

Fees: The amount of rent is based on the household's adjusted income.

Funding: Rental income and federal subsidies and grants.

Topeka Independent Living Resource Center, Inc.

501 SW Jackson Street, Suite 100
Topeka, KS 66603-3300
785-233-4572
Toll Free: 800-443-2207
Fax: 785-233-1561
Website: www.tilrc.org

Mike Oxford, Executive Director for Policy
Ami Weidler-Hyten, Executive Director for Programs and Operations

Mission Statement: To advocate for justice, equality and essential services for a fully integrated and accessible society for all people with disabilities.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Personal Assistant Management Services: Provides assistance with Home and Community Based Services.
- Targeted Case Management: Assists with application preparation for Medicaid in-home service qualification. Upon qualification, provide all assistance to set up an appropriate plan of care and monitor services.
- Individual and Systems Advocacy: Provides support for individuals to act on his/her own behalf to deal with administrative procedures of various agencies, settle disputes, secure various entitlements and financial assistance, and safeguard legal civil and human rights.
- Housing Assistance: Provides assistance to consumers with obtaining accessible, affordable housing. Technical assistance offered regarding accessibility and accessibility modification to existing structures.
- Independent Living Skills Training: Provides assistance in developing daily living skills necessary to live independently in the community.
- Communications Services: Interpreter services and referrals, Braille and other alternate format materials.
- Provides assistance to individuals with disabilities by acting as advisors, mentors and role models.
- Community integration: Offers intensive supports for people moving from nursing homes, hospitals, or other institutions back into home communities.
- Information and Referral: Maintains a library of information on specific disability related topics.

Eligibility: Services available to those with disabilities and their families.

How to Apply: Apply in person or by phone.

Fees: Most services are free to individuals with disabilities. Fees apply for agencies.

Funding: Administration for Community Living, Health & Human Services and from contracts, and fees for service. Private donations are welcomed.

Topeka Literacy Council, Inc.

1119 SW 10th Ave, Suite 6
Topeka, KS 66604-1105
785-234-2806
Email: topekaliteracy@juno.com

Kevin Koen, Office Manager

Mission Statement: Founded in 1967, the Topeka Literacy Council is a nonprofit organization of volunteers who help adults learn to read better and improve their writing and computation skills to enhance their economic standing and raise their self-esteem. TLC also strives to educate the community about illiteracy and its effects on society. TLC is a proud member of ProLiteracy America (www.proliteracy.org).

Hours: Located on the Lower Level of the Doorstep building at 10th & Buchanan. Normal office hours are 10:30a.m. to 4:00p.m. on Mondays, Wednesdays and Thursdays. Call 234-2806 to ensure that a volunteer is there.

Services:

TLC provides tutors free of charge to nonreaders, non-native English speakers, and individuals with poor reading and computational skills. Students are tutored individually by appointment.

TLC trains adult tutors to work with students in a confidential one-on-one setting. Tutors are trained in the Laubach Method developed by Dr. Frank Laubach in the 1930's when he served as a missionary in the Philippines. His motto, Each One Teach One, continues to guide us today.

TLC normally holds workshop to train new tutors each year in the spring and fall. Please call our office or email us if you are interested in volunteering as a tutor. There is a fee of \$25 to cover cost of materials.

Eligibility: TLC volunteers will evaluate anyone interested in improving their reading or computational skills. The word list, reading comprehension, and computational tests we use serve as an indication as to the materials with which the student may start.

How to Apply: Call 785-234-2806.

Fees: There are no fees for evaluations or tutoring sessions. Books may be purchased or borrowed at the library.

Funding: Individual donations and grants from businesses and Charitable Trusts.



Topeka Metro Transit Authority

820 SE Quincy Street
Topeka, KS 66612
785-783-7000
Fax: 785-354-8476

Website: www.topekametro.org
Email: info@topekametro.org

Bob Nugent, General Manager
bnugnt@topekametro.org

Transfers
Children under 5 (limit 3)

Free
Free

Funding: City Mill Levy, State and Federal funding, and fare-box revenue.

Mission: To provide safe, reliable, courteous, and efficient public transportation service to all residents of the Topeka community.

Quincy Street Station:

- Info Window: Monday - Friday 6:00a.m. - 6:00 p.m., Saturday 8:00am – 1:00pm.
- Lobby: Monday – Friday 6:00am – 7:00pm, Saturday 8:00am – 6:00pm.

Service Hours: Monday – Friday 5:35am – 7:40pm, Saturday 8:15am – 6:40pm, closed on Sundays.

Services:

- Fixed route bus service throughout Topeka using 12 regular routes and one special route.
- Passengers pay using cash, 10-ride cards, 24-hour passes, or 31-day passes, or annual pass.
- All buses are wheelchair accessible. All fixed route buses are equipped with bike racks.
- Topeka Metro also offers door-to-door Lift service for individuals with a disability who are functionally unable to use the fixed route. (see listing for "Lift Service.")

Eligibility for Fixed-Route Reduced Fare: Available for those with a qualifying disability, income, a Medicare card, age 65 or older, and youth age 5-18. Applications are available on our website or at 820 SE Quincy.

Fees: Adult, Reduced & Student Fares

- | | | |
|-------------------------|---------------|--------------------------|
| • Full-fare | Cash | \$2.00 |
| | 24-hour pass | \$4.00 |
| | 10-ride Cards | \$18.00 (<i>blue</i>) |
| | 31-day Pass | \$50.00 |
| • Reduced | Cash | \$1.00 |
| | 24-hour pass | \$2.00 |
| | 10-ride Cards | \$9.00 (<i>yellow</i>) |
| | 31-day Pass | \$35.00 |
| • Youth (5-18) | Cash | \$1.50 |
| | 24-hour pass | \$3.00 |
| | 10-ride Cards | \$15.00 (<i>white</i>) |
| | 31-day Pass | \$40.00 |
| • Annual Bus/Bike Pass: | | \$300.00 |



Topeka North Outreach, Inc.

Second Presbyterian Church
210 NW Menninger Road
Topeka, KS 66617
785-286-1370

Website: www.topekanorthoutreach.org

Email: topekanorthoutreach@gmail.com

Matt Mannell, President

Mission Statement: Topeka North Outreach is a group of churches in Oakland and North Topeka dedicated to serving Christ by reaching out and meeting the needs of our communities.

Hours: Call 785-286-1370 for assistance. No walk-in assistance available.

Services:

- Emergency assistance to the needy, including limited financial help in paying rent, utility bills and prescriptions. Provide food baskets, hygiene packs and basic essentials such as laundry soap and paper goods. Christian materials and Bibles are given to feed the Spirit as well as the body.
- Youth Program provides scholarships for children to attend classes, activities or camps. Operation Backpack provides nutritional kid-friendly sacks of food for children to take home from school on the weekends.
- Senior Citizens VIP luncheon held every Friday at noon at North Topeka Baptist Church at 123 NW Gordon. The luncheon includes Christian devotions, entertainment and fellowship and is free of charge.
- Adopts families through the Christmas Bureau each year; providing them with food, toys, blankets, Bibles, clothing and gifts.

Eligibility: Must live in North Topeka or Oakland.

How to Apply: Call 785-286-1370 for assistance. Leave name, address, phone number and assistance needed, and your call will be returned.

Fees: None.

Funding: Contributions from member churches and individuals, fundraisers by member churches and area schools. Community Grants.

Topeka Police Department

320 S. Kansas Avenue, Suite 100
Topeka, KS 66603
785-368-9551

Website: www.topeka.org/tpd

William Cochran, Chief of Police

Mission Statement: To reduce crime and make neighborhoods safer by partnering with neighborhoods and community organizations.

Hours: 24 hours per day 365 days a year.

Services:

- Law enforcement available 24 hours a day to respond to citizens needs.
- Animal Control: 785-368-9203
- Code Enforcement: 785-368-3161
- Community Police Officers Supervisor

West/Central: SGT Dan Wilson
785-368-2583

North/East: SGT Mikey Burns
785-368-2401

How to Apply:

Topeka Police Officer Application
Sergeant Adam Arensdorf
Recruiting & Hiring Unit
785-368-9490
Email: aarendorf@topeka.org
Website: www.topeka.org/JoinTPD

Eligibility:

Applicants must be a United States citizen, 21 years of age at time of appointment, graduate of a U.S. High School, or a G.E.D. or equivalent from a U.S. institution recognized by the State of Kansas. College is recommended, but not required.

Topeka Rescue Mission

600 N Kansas Avenue
P.O. Box 8350
Topeka, KS 66608-0350
785-354-1744
Fax: 785-354-8661
Website: www.trmonline.org
Email: trm@trmonline.org

Reverend Barry Feaker, Executive Director

How to Apply: Call or visit the appropriate facility.

Funding: Private donations, individuals, churches, businesses, and other organizations.

Mission Statement: The Topeka Rescue Mission is a non-denominational Christian organization dedicated to helping the homeless by providing emergency shelter, meals, clothing and other items, programs, and services, to homeless men, women, and families, as well as providing food and other necessities to those in need.

Hours: 24 hours per day, 365 days per year.

Shelter Services:

600 N Kansas Ave, 785-354-1744

- Shelter for homeless men, women and families.

Distribution Services:

NW Norris, 785-357-4285

- Food: Tuesdays and Thursdays, 9:00 a.m. - 2:00 p.m.
- Furniture and Household Items: Tuesdays and Thursdays, 9:00 a.m. - 2:00 p.m.

Meal Services:

600 N Kansas Ave, 785-354-1744

- Monday - Friday:
Breakfast: 8:00 a.m. - 8:30 a.m.
Lunch: 12:00 p.m. - 12:30 p.m.
Dinner: 6:00 p.m. - 6:30 p.m.
- Saturday:
Brunch: 10:30 a.m. - 11:00 a.m.
Dinner - 5:00 p.m. - 5:30 p.m.
- Sunday:
Breakfast: 8:00a.m. - 8:30 a.m.
Dinner: 5:00 p.m. - 5:30 p.m.

Retail Services:

1312 N Kansas Ave, 785-235-9094

Clothing, furniture, household item for sale at low cost

- 10:00 a.m. - 5:00 p.m., Tue. - Sat.

Boutique on the Boulevard

3400 SW Topeka Blvd, 785-478-5744

Clothing, furniture, household items for sale at low cost.

- 10:00am – 5:00pm Monday – Saturday
- We make Thrifty look Excellent with Upscale Resale.
- We sale an array of NEW and gently used items, from clothing to furniture, presented in a charming boutique setting. Shop online through our TRM Boutique on the Boulevard Facebook and Instagram pages or come see it in person!

Eligibility for services/programs:

Individuals/families who are homeless and/or in need.



Topeka & Shawnee County Public Library

1515 SW 10th Avenue
Topeka, KS 66604-1374
785-580-4400
TTY: 785-580-4544
Fax: 785-580-4496
Website: www.tscpl.org
Email: tscpl@tscpl.org

Gina Millsap, Chief Executive Officer

How to Apply: Apply for a library card at the main library and bookmobiles or online at www.tscpl.org

Fees: None.

Funding: Local property tax, private philanthropy.

Mission Statement: Sparking curiosity and connecting our community through literacy and learning.

Hours: 9:00 a.m. - 9:00 p.m., Monday – Friday
9:00 a.m. - 6:00 p.m., Saturday
Noon - 9:00 p.m., Sunday

Services:

- Educational, art and entertainment events for adults, young adults and children
- Print, digital and audio fiction/nonfiction resources for all ages; music, magazines, newspapers, DVDs, CDs and public computers with internet access.
- Bookmobiles: Convenient neighborhood and county service, check schedule at tscpl.org/bookmobile.
- Computers and programs offered at Shawnee County Parks and Recreation Community Centers (Central Park, Crestview, Garfield, Hillcrest, Oakland, and Rice).
- Talking Books Services: Reading materials and equipment furnished to play recorded books or magazines. (785) 580-4545.
- Red Carpet Library Service 785-580-4545 TTY 785-580-4544.
- Art Gallery: Alice C. Sabatini Gallery open during library hours
- Millennium Café serves meals and snacks Monday-Friday 8:15a.m. – 5:30p.m. and Saturday 8:30a.m. – 4:30p.m.
- Community Information Service 785-580-5666: Provides information about community agencies and services to residents of Topeka and Shawnee County.
- Meeting Rooms: Seven meeting rooms are available for public use. Contact the Event Coordinator at 785-580-4495.
- Small Group Rooms: Team rooms provide a quiet space equipped with technology for groups of six people or fewer. Reserve online at tscpl.org/services/team-rooms or in person with your library card.
- Business Center with copy machines, free fax, scanner and Notary services.

Eligibility: Any Topeka and Shawnee County resident. Reciprocal library privileges to those living in the Northeast Kansas 14-county area.



Topeka Workforce Center

1430 SW Topeka Boulevard

Topeka, KS 66612-1853

785-235-5627

Fax: 785-233-5899

Website: www.workforcecenters.com/topeka

Cheryl White

Regional Operations Manager, Northeast Kansas

Mission Statement: The Topeka Workforce Center is a single point of entry to a network of employment, training and educational programs and providers in our community. The Topeka Workforce Center helps workers and job seekers access the tools needed to manage their careers through high quality information and services. Another key role of the Topeka Workforce Center is to help employers find and retain skilled workers.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Resource Center Services for Job Seekers: Internet Job Search; One-On-One Staff Assistance; Career Exploration; Labor Market Information; Employment Counseling Resume & Cover Letter Writing; Interview Preparation/Mock Interviews; Skill Assessment; Job Search Workshops; Resource Center Books, Videos and Reference Materials; Copier, Resume Paper and Fax Machine; State Civil Service Applications; Training-Retraining Opportunities; Typing, 10-Key and Data Entry Testing; Career Interest Testing; Financial Assistance for Individuals Training at Vocational Schools and Community Colleges.
- Employer Center Services for Employers: Labor Market Information; recruiting, assessing and applicant management; screening services; incumbent worker training, On-the-Job Training; Customized Training; Tax Credits; Interviewing Accommodation for Employers; Job Fairs; Conference Rooms; and Services for Pending Layoffs.

Eligibility: Many services are at no cost to the job seeker or employer. Some programs have special eligibility requirements such as recently laid off, being a military veteran or income.

How to Apply: Call or walk-in for information.

Fees: None.

Funding: Kansas Department of Commerce, and United States Department of Labor.

TRIO Educational Opportunity Centers

SHAWNEE COUNTY

(Also serving Douglas, Leavenworth, Franklin, and Wyandotte Counties)

305 Joseph R. Pearson Hall

1122 West Campus Road

Lawrence, KS 66045

Phone: 785-864-3325

Website: <http://eoc.ku.edu/>

Providing access to higher education for adults and youth pursuing career goals.

The TRIO-EOC serve low-income and/or first-generation individuals who are seeking assistance with accessing post-secondary educational opportunities. EOC assistance is free and available to U.S. citizens and permanent residents who reside in Shawnee, Douglas, Leavenworth, Franklin and Wyandotte County, and have low to moderate household income.

Services:

- Assistance in completing the Free Application for Federal Student Aid (FAFSA)
- Assistance in completing applications to vocational/technical schools, community colleges, colleges, and universities.
- Career and academic counseling.

Hours: Monday – Friday, 8:00am – 5:00pm. Call 785-864-3325 to schedule an appointment. Advisors are available to meet at various locations throughout Topeka.

TRIO – EOC is one of eight 100% federally funded TRIO programs of the U. S. Department of Education, administered at the University of Kansas, by the Center for Educational Opportunity Programs.

United Way of Greater Topeka

1315 SW Arrowhead Road
Topeka, KS 66604
785-273-4804

Services and Assistance: 2-1-1
Fax: 785-273-2467

Website: www.unitedwaytopeka.org

Facebook Page: www.facebook.com/liveunitedtopeka

Twitter: www.twitter.com/unitedwaytopeka

Jessica Lehnherr, President/CEO
Brett Martin, VP of Community Impact

Eligibility: United Way of Greater Topeka is not a direct service agency so there is no way for individuals to apply for services.

How to Apply: Call 2-1-1

Fees: None.

Funding: United Way invests in 29 community agencies in Shawnee, Jackson and Jefferson Counties combines. The number of partners United Way invests in can change on an annual basis.

Our Vision: Connecting individuals and families maximizing their full potential.

Our Mission: To achieve positive, sustainable change through education, financial stability and health for everyone in our community.

About Us: The United Way brings together people, companies, and nonprofits to create positive sustainable change in our community. We work to solve issues no single donor, charity, or government agency can handle alone. By focusing on education, financial stability and health, we help more children graduate and get stable jobs, help families become financially stable and improve the overall health of our community. Guided by community volunteers, United Way has developed five major goals all built on the foundation of education, financial stability and health. Learn more about our goals and the work underway to meet these initiatives. We also continue to support basic needs assistance to help those in crisis move toward long-term stability.

Volunteer Opportunities: To find volunteer opportunities in the Topeka community visit www.unitedwaytopeka.org/volunteer.

2-1-1: This is a service by the United Ways of Kansas that puts people in touch with much-needed services and volunteer opportunities in their local communities. Every hour of every day, hundreds of people need essential human services – they are looking for training, employment, food pantries, help for an aging parent, addiction prevention programs for their teenage children, affordable housing options, support groups and ways of becoming part of their community. 2-1-1 allows people to give help and to get help.

Simply dial 211 for resources and services, many of which are funded partners of United Way of Greater Topeka. This number is answered 24/7. You can also search the 2-1-1 website at www.unitedwayplains.org/2-1-1-landing-page or TEXT your zip code to 898211 to receive referrals for resources and services.



Washburn Institute of Technology

5724 SW Huntoon Street, Bldg D
Topeka, KS 66604

OR

2014 SE Washington St.

Topeka, KS 66607

785-670-2010 or 785-670-3380

Fax: 785-273-7080

Email: tech-info@washburn.edu

Website: www.washburntech.edu

Mandy Cox, Director of Advantage Center

Robyn Conners, GED Coordinator

Nicole Bartell, AO-K Case Manager/Advisor

Eligibility: anyone needing to obtain a GED and wants technical training. Anyone needing to improve English skills. Students 16 and 17 must have a compulsory disclaimer from the current high school.

How to Apply: Fill out intake paperwork at either the Huntoon or East campus and attend an orientation.

Fees: For GED: \$30 materials fee, \$6 for any Get Ready tests, and \$33 for each GED test. For AO-K: Healthcare – costs to obtain a physical, scrubs. Welding, Machine Tool, Carpentry – basic steel toe boots. All other costs are covered.

Funding: Kansas Board of Regents

Mission Statement: Washburn Tech delivers innovative educational training opportunities to enhance the lives of individuals and strengthen the communities we serve.

Hours: Monday - Friday, 8:00 a.m. 4:30 p.m.

Services:

- Washburn Tech provides GED preparation classes on both our Huntoon campus and our East campus and also at Let's Help. These classes prepare students to take the four tests to obtain the GED. The Four tests subjects are Reasoning Through Language Arts, Mathematical Reasoning, Science, and Social Studies. Instructors teach lessons as well as work with students one on one. The students take each GED test when they are ready to take it. Students will also earn an ACT WorkKeys National Career Readiness Certificate. Classes are offered Monday through Friday from 8:00am to 11:10am, 11:45am to 2:55pm, and 6:00pm to 9:00pm (Huntoon campus only).
- Accelerated Opportunities-Kansas (AO-K) program. Students who are in the GED classes can acquire technical training in one of the 5 programs offered through AO-K with the student's tuition covered by the Kansas Board of Regents. Current programs offered on our Huntoon campus are Welding and Machine Tool. Carpentry, Commercial Truck Driving, and Healthcare (Nurse Aide, Home Health Aide, and Medication Aide) are offered on our East campus. With AO-K a case manager/advisor works with students to help alleviate barriers that prevent students from being successful in school. The goal is for students to graduate with their GED and technical training for a career.
- Washburn Tech also provides English as a Second Language (ESL) classes on our East campus Monday through Friday 8:00am to 11:10am and 11:45am to 2:55pm. The classes welcome all students who want to improve their English language skills. ESL students can also earn their GED if needed and participate in the AO-K program.

Washburn University School of Law

17th & MacVicar
Topeka, KS 66621
785-670-1191
Fax: 785-670-1094
Email: dedi.schrock@washburn.edu

Debi Schrock, Managing Director, Law Clinic
Administration

Mission Statement: To contribute to the education and development of law students into thoughtful, skilled ethical attorneys by providing them with the opportunity to practice law and represent clients while under the personalized supervision of an experienced faculty attorney.

Hours: 8:00 am - 5:00 pm, Monday – Friday

Services:

- The Washburn Law Clinic represents low-income residents of Shawnee County for the following: divorce, adoptions, immigration, criminal defense, consumer issues, landlord/tenant, public benefits, wills, powers of attorney, and transactional law matters.
- The Clinic does not accept “fee-generating” cases and acceptance of certain types of cases may be closed at times depending on case load.

Eligibility: Anyone meeting the financial and other eligibility guidelines

How to Apply: (785) 670-1191

Fees: No fees are charged to qualified applicant

Funding: Not available

YMCA of Topeka

Downtown Branch

M-F 5:00am-10:00pm
Sat. 6:00am-6:00pm
Sun. 1:00-6:00pm
421 SW Van Buren • Topeka, KS 66603
785-354-8591 Fax: 785-354-1611

Kuehne Branch

M-F 5:30am-9:00pm
Sat. 8:00am-6:00pm
Sun. 1:00-6:00pm
1936 NW Tyler • Topeka, KS 66608
785-233-9815 Fax: 785-232-6224

Southwest Branch

M-F 5:00am-10:00pm
Sat. 6:00am-6:00pm
Sun. 1:00-6:00pm
3635 SW Chelsea Drive • Topeka, KS 66614
785-271-7979 Fax: 785-271-7982

Mission: Put Christian principles into practice through programs that build healthy mind, body and spirit.

Services:

- Downtown Branch: Facilities include three gymnasiums, swimming pool, whirlpool, indoor track, racquetball/handball courts, locker rooms, showers and child wellness center. Services include aquatics (swim lessons to competitive swimming), Summer Day Camp, youth sports, programs for active older adults, community development, and wellness/fitness.
- Kuehne Branch: Facilities include two gymnasiums, weight room, swimming pool, racquetball/handball courts, youth game room, saunas & whirlpools, locker rooms, five acres of outdoor playing fields.
- Southwest Branch: Facility includes gymnasium, swimming pool, soft-play area, nursery, teen center, multi-purpose room, wellness center.

Eligibility: Call for information.

How to Apply: Call or come to any YMCA Branch. Scholarships are available.

Fees: Based on type of membership or ability to pay. Sliding fee scale used for program and membership scholarships.

Funding: Membership fees, United Way of Greater Topeka, individual contributions, program fees and other.

YWCA of Northeast Kansas

225 SW 12th Street
Topeka, KS 66612
785-233-1750
Fax: 785-233-4867
Website: www.ywcaneks.org

Kathleen Marker, CEO
kathleenm@ywcaneks.org

Mission Statement: Dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Hours: Monday – Friday 8:00am – 6:00pm

Services:

- Leadership Academy: Offers courses designed for both emerging leaders and women leaders and/or managers to encourage development of women leaders across northeast Kansas.
- Early Learning Center for children between ages 12 months – 5 years (Hours: 6:30am – 6:00pm)
- Kids Quest Before and After School Program, Kids Quest summer programs with scholarships.
- Girls on the Run (GOTR) for girls in 3rd through 8th grade to inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.
- Center for Safety and Empowerment: Free and confidential services to victims of domestic and sexual violence, stalking, and human trafficking in Shawnee, Jackson, and Wabaunsee counties, including but not limited to emergency shelter, protection order filing assistance, individual counseling, support groups, court advocacy, (24-hour toll free hotline: 1-888-822-2983, Hours: MWRF 8:30am -5:30pm, T 10:30am – 5:30pm).

Other Services:

- Volunteer opportunities for people who would like to work in crisis services, help with fundraising, special events, committee work, childcare, clerical, transportation and maintenance.
- Internship opportunities for students.
- Meeting rooms available for reservations.

Eligibility: all programs are open to the public.

How to Apply: Call 785-233-1750.

Fees: Varies with services.

Funding: contribution, grants, and investment income.

YWCA Center for Safety & Empowerment

225 SW 12th ST. Topeka, KS 66612
Daytime Phone: 785-354-7927

125a W. 4th St. Holton, KS 66436
Daytime Phone: 785-362-2222

24-hour toll-free helpline: 1-800-822-2983
Website: www.ywcaneks.org

Michelle McCormick, Program Director
mmccormick@ywcaneks.org

Mission Statement: Providing free and confidential services to victim-survivors of domestic and sexual violence, human trafficking and stalking in Shawnee, Jackson, and Wabaunsee Counties in Kansas. We pledge to offer high-quality and comprehensive support, advocacy, public education, and awareness in our communities.

Services:

Safety: Each year, thousands of people call the YWCA's 24-hour helpline seeking safety and support. Anytime they call, an advocate is there to assist, whether the caller needs immediate help or just wants to talk. All our services for adult and child victim-survivors are free of charge and confidential. Services include:

- 24-hour toll-free helpline
- accessible emergency safe shelter
- assistance in filing protection orders
- safety planning.

Support: Intimate partner violence is a pattern of abusive power and control tactics that can affect victim-survivors emotionally, mentally, physically, and financially. Individual counseling and support groups help to empower victim-survivors to find their strength. Support services include:

- individual counseling
- crisis counseling
- support and educational groups
- case management
- court advocacy for civil and criminal cases

Prevention: The YWCA advocates for a world free from violence and abuse. Working with youth and community

members to stop violence before it occurs is the key to prevention. Programs also reveal the prevalence of intimate-partner violence in our community. Prevention programs include:

- Educational classes over healthy relationships for youth, adults, and community groups/organizations
- training for professionals
- awareness-raising public events

About the YWCA: Since 1977, the YWCA of Northeast Kansas has served -victim-survivors of domestic and sexual violence, human trafficking and stalking. The YWCA Center for Safety & Empowerment, formerly known as the Battered Women's Task Force, is here to help.

Eligibility: Any victim of abuse from a spouse or partner, any person who is a batterer, or any victim of sexual assault or abuse who is 16 years old or older. Shelter is available for female victims and their children.

How to Apply: Contact the Center.

Fees: All services are free.

Funding: United Way of Greater Topeka, County Social Services Funds, Victims of Crime Act, Stop Violence Against Women Act, Protection from Abuse/Federal Family Violence Prevention, Crime Victim Assistance Fund, State General Fund, Emergency Shelter Grant, City of Topeka – General Fund, private donations and the YWCA.

Youth & Family Services

4-H Youth Development K-State Research & Extension Shawnee County

1740 SW Western Avenue
Topeka, KS 66604
785-232-0062 ext. 111
Fax: 785-232-0093
Website: www.shawnee.ksu.edu
Email: sn@listserv.ksu.edu

Candis Meerpohl, 4-H Youth Development Agent

Mission Statement: Kansas 4-H Youth Development uses unique strategies and opportunities to engage youth in reaching their full potential through partnerships with caring adults.

4-H is a network of families that grows great kids. 4-H Clubs are located in Topeka and throughout Shawnee County.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- 4-H Club Membership
- 4-H School Enrichment Program
- Food and Nutrition Programs
- 4-H Project Education Programs
- Youth Leadership Development
- Adult Volunteer opportunities

Eligibility: Youth ages 5-18 years.

How to Apply: Contact the 4-H Youth Development agent at 785-232-0062 ext. 120 or visit www.shawnee.ksu.edu/4-h

Funding: Federal, state and county funds.

Boy Scouts of America Jayhawk Area Council

1020 SE Monroe Street
Topeka, KS 66612-1110
785-354-8541
Fax: 785-354-8722
Website: www.jayhawkcouncil.org
Email: jayhawkareacouncil@scouting.org

Wayne Pancoast, Scout Executive

Mission Statement: To prepare young people to make ethical choices over their lifetime by instilling in them the values of the Scout oath and law.

Hours: Office: 8:00 a.m. - 5:30 p.m., Monday – Friday.
Scout Shop: 10:00 a.m.–5:30 p.m., Monday – Friday.
9:00 a.m. – 1:00 p.m. Saturday

Services: Character building, citizenship, skills development, and leadership development programs based in the outdoor educational environment. These are carried out through multiple age-appropriate programs:

- Cub Scouts: boys and Girls kindergarten through 5th grade
- Scouts BSA: Boys ages 11-17, Girls 11-17 (beginning February 2019)
- Venturing: Boys and Girls ages 14-20, outdoor extreme adventure programs
- Exploring: Boys and Girls ages 14-20, career-oriented programs
- Learning for Life: In-school K-12 programs with career and life skill development

Eligibility: Youth kindergarten through age 20.

How to Apply: Contact the Council Office to find a program at your school or in your neighborhood.

Fees: \$33 per year for every youth member and adult volunteer in Cub Scouts, Boy Scouts, and Venturing. \$24 per year for Exploring. \$5 per year for in-school programming. Fees cover liability insurance on all programs and accident insurance for all except Learning for Life.

Funding: Annual giving, special events, foundations and grants, product sale, project sales, and United Way.

Other: All adult volunteers are required to completed online BSA youth protection training and are encouraged to become fully trained for the position they volunteer.

Boys & Girls Club of Topeka

550 SE 27th Street
Topeka, KS 66605
785-234-5601
Fax: 785-234-4512

Email: dawnmcwilliams@bgctopeka.org

Dawn McWilliams, Chief Executive Officer

Mission Statement: To enable all young people, especially those who need us most, to reach their full potential as productive, caring and responsible citizens.

Hours:

Before School – 7:00am to start of school
After School – school dismissal to 6:00pm (7:00pm at our Adams Club and Teen Center)
School Days Out – 7:00am to 6:00pm
Summer – 7:00am to 6:00pm

Locations: Serving USD 501, USD 345, USD 450, and USD 437

- Adams Club – 550 SE 27th St., Topeka, KS 66605
- Elmont Unit – 6432 NW Elmont Rd., Topeka, KS 66605
- Logan Unit – 1124 NW Lyman Rd., Topeka, KS 66608
- Montara Unit – 6715 SW Westview Rd., Topeka, KS 66619
- North Fairview Unit – 1941 NE 39th St., Topeka, KS 66617
- Northern Hills Unit – 5620 NW Topeka Blvd., Topeka 66617
- Tecumseh North Unit – 314 SE Stanton, Tecumseh, KS 66542
- Tecumseh South Unit – 3346 SE Tecumseh Rd., Tecumseh, KS 66542
- Teen Center – 1112 SE 10th Ave., Topeka, KS 66607
- West Indianola Unit – 4201 NW Brickyard Rd., Topeka, KS 66618

Services:

- The optimal Club Experience- a safe, positive environment; fun; supportive relationship; opportunities and expectations; and recognition.
- Academic Success.
- Good Character & Citizenship.
- Healthy Lifestyles.
- Transportation.

Eligibility: Youth attending Kindergarten through 12th grade.

How to Apply: Visit our website, www.bgctopeka.org and complete an application via the Parent Portal or visit our administration office at 550 SE 27th St., Topeka, KS

Fees:

Before School (7:00am – start of school)

- \$20 per week REGULAR
- \$10 per week REDUCED lunch fee eligible
- \$10 per week FREE lunch fee eligible

After School (see specific site's web page for after school hours)

- \$20 per week REGULAR
- \$6 per week REDUCED lunch fee eligible
- \$3 per week FREE lunch fee eligible

School Days Out (7:00am – 6:00pm)

- \$15 per week REGULAR
- \$10 per week REDUCED lunch fee eligible
- \$10 per week FREE lunch fee eligible

Summer (7:00am – 6:pm)

- \$65 per week REGULAR
- \$30 per week REDUCED lunch fee eligible
- \$25 per week FREE lunch fee eligible

*Scholarships are available

Funding: Local, State, Federal, Fundraising Initiatives & Individual contributions.

Capper Foundation

3500 SW Tenth Ave
Topeka, KS 66604
Office: 785-272-4060
Fax: 785-272-7912

1500 E Eighth Ave., Suite 201
Winfield, KS 67156
O. 620-221-9431
Fax: 620-221-9336
Website: www.capper.org
Email: abilities@capper.org

James L. Leiker, President & CEO

Mission Statement: To build abilities and empower people of all ages living with disabilities.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday

Pediatric Services: 8:00am – 5:00pm Monday – Friday.

Adult Services:

Adult Day Services: 8:00am – 4:00pm

Adult Residential Services: 24 hours per day/365 days per year.

Open Swim: Wednesday evenings 4:00pm – 6:00pm.

Specialty Services Hours: Monday – Friday

Auto Detailing: 9:00am – 2:00pm

Business Support Center: 9:00am – 4:00pm

Capper Creations Gift Shop: 9:00am – 4:00pm (later hours for First Friday Art Walk)

Small Engine Repair: 9:00am – 4:00pm

Services: Capper Foundation provides services to children, teenagers and adults with developmental and intellectual disabilities.

- Pediatric therapies
 - Physical Therapy
 - Occupational Therapy
 - Speech Language Therapy
 - Feeding Therapy
 - Behavior Support Services
 - School Contracts
- Adaptive Recreation
 - iCan Bike Program
 - iCan Swim Program
- Professional & Family Training
- Parent Support Group.
- Parent Training
- Equipment Loan
- Food Pantry
- Targeted Case Management
- Job Coaching

- Residential & Day Services
- Supported Employment
- Wellness Monitoring
- In-Home Support

Eligibility: Physician referral for pediatrics therapies.

How to apply: General Information, Pediatric Services, or Adult Services: 785-272-4060

Fees: Insurance, Private Pay, Medicaid, Medicaid Waiver Funds.

Funding: Voluntary contributions, fees for services, grants and Medicaid Waiver Funds for home and community-based services.

CASA of Shawnee County Court Appointed Special Advocates for Children

501 SE Jefferson Street, Suite 2002

Topeka, KS 66607

785-215-8282

Fax: 785-215-8284

Website: www.casaofshawneecounty.com

Email: info@shawneecocasa.org

Shelley Ramos, Executive Director

Mission Statement: The mission of CASA of Shawnee County, Inc. is to utilize volunteers to advocate for the best interest of children and youth involved in the court system. The purpose of this advocacy is to provide a voice for these children to have informed and expedient decisions made about their future.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday. Closed on Federal holidays.

Services:

- Certified volunteers who expedite permanency planning by providing the court with an independent, unbiased assessment of the child's needs and by monitoring the implementation of the decision of the court.

Eligibility: Must be involved in the court system.

How to Apply: Referrals from court.

Fees: None.

Funding: Grants, foundations, individual & corporate contributions and fundraising efforts.

Children's Advocacy Resource Center Kansas Legal Services, Inc.

712 S Kansas Avenue, Suite 201

Topeka, KS 66603

785-354-8531

Marilyn Harp, Executive Director

Toll Free: 1-800-723-6953

Fax: 785-233-2096

Website: www.kansaslegalservices.org

Kellie Hogan, Project Director

Kerrie Lonard, Managing Attorney

Linda Lichter, Paralegal

Mission Statement: To promote permanency for children involved in Child-In-Need-of-Care (CINC) cases, advocate for Kansas foster care youth, and provide legal education and support.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Guardian Ad Litem Support Center: Offers specialized services for Guardians Ad Litem, such as research, sample pleadings, litigation support, and GAL referred representation.
- Foster Care Helpline: Provides legal advice, representation and referral services to foster care children, their foster care families and those involved with the Child in Need of Care (CINC) system.

Eligibility: Open to children involved in foster care and other interested parties involved with children's cases.

How to Apply: Call toll free 877-298-2674 or 785-234-8345 in the Topeka area.

Fees: None.

Funding: Office of Judicial Administration.

Christians for Life, Inc. Facilitators of the Heart of America Memorial Wall for the Unborn

1216 SE Randolph Avenue
Topeka, KS 66607
785-267-5777

Website: www.infor@heartofamericawall.org

Email: info@heartofamericawall.org

Barbara Saldivar, Founder & Director

Mission Statement: The purpose of Christians for Life, Inc. is to promote a culture of life by: Facilitating the building of the Heart of America Memorial Wall for the Unborn in Topeka, KS. The wall will provide healing for post abortive families as well as families wounded by miscarriages and still births. Providing education of the development of the baby in the womb and providing education concerning adoption.

Hours: We have monthly meetings open to the public that consist of a time of prayer and devotion followed by a short business meeting. Our meetings are held the 3rd Monday of each month at 7:00 p.m. Located at the Community Church (Stone Chapel), 1819 SW 21st St. Topeka, Kansas.

Services:

- We offer a place for people to place the name of a pre-born child whom they wish to remember by having the name of said child engraved on the black granite wall placed in the center of the garden.
- People who would care to go through a group or individual bible study concerning post abortion syndrome can be assisted with trained facilitators.

Eligibility: Everyone who has lost a child through abortion, miscarriage, and/or stillbirth.

How to Apply: Call 785-267-5777 or see the website, www.heartofamericawall.org for an application.

Fees: We will never turn away a legitimate name. Our cost to engrave a name on the wall is about \$150. Any help toward that fee plus any extra to facilitate the memorial park is greatly appreciated. The bible studies are free.

Funding: Public and Private.

Circles of Greater Topeka

1880 SW Gage Ave
Topeka, KS 66604
785-272-4290

Website: www.circlesofgreatertopeka.org

Email: circlesgreatertopeka@gmail.com

Mission Statement: Through education and social support, Circles of Greater Topeka helps individuals and families (Circle Leaders) get out and stay out of poverty, access the community and personal resources that they need, and strengthen their leadership skills. We help our clients build the community they need to end poverty.

Hours: By appointment.

Services:

Potential Circle Leaders are asked to:

- Enroll in the Circles Leadership Training Class to build financial, emotional and social resources as well as an Economic Stability Plan;
- Partner with 2 or 3 trained middle- to high-income community volunteers, called Allies, who support a Circle Leader's efforts through networking, listening and guidance;
- Participate in weekly meetings with peers and Allies for programs, planning, support and networking opportunities.
- The time it takes for a Circle Leader to reach the goals in her/his economic stability plan is typically 18 months, but the relationships formed in Circles may well last a lifetime.
- Circles chapters also provide a meal for all participants at every weekly meeting as well as curriculum-based child care for the children of all participants.
-

Eligibility: The potential Circle Leader (client) must be struggling financially and ready and willing to do the hard work of creating a new path toward a stable and secure life.

How to Apply: Call 785-272-4290.

Fees: Free

Funding: Private donations and grants

Community Action Inc. Early Head Start & Head Start

2400 SE Highland Ave, Topeka, KS
Phone: 785-836-4500, Fax: 785-836-4550

www.wefightpoverty.org
Email: bkbrown@wefightpoverty.org

Brenda Brown, Director

Community Action, Inc. is a grantee for Head Start programs in Shawnee County and offers services for children from birth through the transition to kindergarten.

Mission Statement: To help break the cycle of poverty facing preschool children in low-income families since 1964. Today Head Start/Early Head Start is a comprehensive child development program available to income-eligible families at no cost.

Hours: 7:30 a.m. - 4:30 p.m., Monday - Friday.

Services:

- Preschool: Offered morning and afternoon, Monday - Thursday, during the school year.
- Infant Toddler classes: 7:30 a.m. to 4:00 p.m., Monday - Friday for 230 days per year. Mid-August through mid-July. Holiday, staff training, and conference periods scheduled annually as time off for enrolled children.
- Parent education, parent support groups, social activities, coordination of comprehensive family support services and referrals to social services.
- Bus transportation to and from Community Action, Inc. Head Start is provided for children enrolled in the preschool program who live in the defined area.

Eligibility:

- Pregnant women and families with children from birth to school-age that have a household income at or below 100% of the federal poverty guideline are eligible for Early Head Start & Head Start.
- Children enrolling in the preschool program must be 3 years old on their first day of attendance.
- Several factors may be considered in determining selection for the program, including family size, special needs of the family and/or developmental delays of the child.

How to Apply: Call 785-836-4500

Fees: Head Start services are offered at no charge.

Funding: U.S. Department of Health and Human Services, Kansas Department for Children and Families and the Kansas Early Childhood Block Grant

Expanded Food and Nutrition Education A Program of K-State Research & Extension, Shawnee County

1740 SW Western
Topeka, KS 66604
785-232-0062 ext. 119
Spanish: 785-232-2166
Fax: 785-232-0093

Website: www.shawnee.ksu.edu
Email: ljmartin@ksu.edu

Lisa Martin, MPH, RD, LD
Family & Consumer Sciences Agent

Mission Statement: EFNEP empowers homemakers to take charge of their families' nutritional needs.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.

Services:

- EFNEP provides nutrition education to families with limited resources with one-to-one visits in the home and/or with group lessons. Lessons focus on stretching food dollars, feeding young children, preparing nutritionally-balanced meals, etc.

Eligibility: Low-income families with young children.

How to Apply: Contact the Family and Consumer Sciences Agent.

Fees: None.

Funding: Federal funds.

Families Together, Inc.

5611 SW Barrington Court South, Suite 120
Topeka, KS 66614
Voice & TTD: 785-233-4777
Toll Free: 800-264-6343
Fax: 785-233-4787

Website: www.familiestogetherinc.org

Email: topeka@familiestogetherinc.org

Lesli Girard, Program Director

Mission Statement: Families Together, Inc. is dedicated to a society that includes and values all people, encourages, educates and empowers families that include a child/youth with disabilities and/or special health care needs.

Hours: 8:00 a.m. - 4:00 p.m., Monday - Friday (Closed on Fridays from late May to mid-August).

Services:

- Parent training and information and family-to-family health care center for Kansas, dedicated to assisting Kansas parents and their sons and daughters with disabilities and/or special health care needs.
- Services include parent assistance, information and referral, workshops, conferences, advocacy support, newsletter, presentations, and lending library.
- Additional Programs: Education Advocate, Child Advocate and Parent-to-Parent Programs.
- Spanish speaking staff available to assist families.

Eligibility: Families in Kansas with sons or daughters with disabilities and/or special health care needs.

How to Apply: Call 785-233-4777.

Fees: None

Funding: U.S. Department of Education: Special Education Programs, US Department Health and Human Services, Health Resources and Services Administration, Kansas State Department of Education, Kansas State Department of Health and Environment, and Kansas Department of Children and Families.

Family Health Services Shawnee County Health Department

2600 SW East Circle Dr.
Topeka, KS 66606
785-251-5647
Fax: 785-251-5695

Vision Statement: All children and their families will live in homes where family members are healthy and demonstrate appropriate skills so that children experience a healthy development.

Hours: 8:00a.m. to 5:00p.m. Monday through Friday

Services:

- Maternal and Child Public Health Nurses: Registered nurses provide home visits and health assessments to families who are expecting a child or families with newborns. Current newborn care, education and anticipatory guidance are provided. The program helps to facilitate access to community resources if needed.
- First Steps: Social workers provide ongoing home visits to expectant families and families with a newborn in the home. The workers provide education, guidance and support to help families nurture their children and foster relationships. Services are coordinated with registered nurses to provide health assessments for both the mother and newborn.
- Nurse-Family Partnership: Registered Nurses provide ongoing home visits to first-time mothers, beginning in pregnancy, and continuing through the child's second birthday. The nurses provide support, education and guidance to promote nurturing parents, healthy and well-developed children, and family self-sufficiency.

Eligibility: Varies by program.

How to apply: Call 251-5647 to enroll in any of the programs or to receive more information.

Fees: Most programs are at no cost to clients. Others have a sliding scale.

Funding: Various grants.

Family Service & Guidance Center

325 SW Frazier Avenue
Topeka, KS 66606
785-232-5005
Fax: 785-232-8611

Brenda S. Mills, MSM, FACHE,
Chief Executive Officer

Mission Statement: Family Service & Guidance Center provides behavioral health care to children and families.

Hours: 7:30 a.m. - 6:00 p.m., Monday – Thursday, 7:30 a.m. - 5:00 p.m., Friday, 24-hour crisis services.

Services:

- 24-hour crisis services.
- Psychiatric services provided by Board-certified Child and Adolescent Psychiatrists and ARNPs.
- The Youth Development program for school-ages children – school-based and after-school groups.
- The Early Childhood Intervention Program, including the Preschool Development Center therapeutic preschool, for preschool-aged children.
- Outpatient therapy, including individual, group and family.
- Psychological evaluations.
- Case management, individual community support and attendant care.
- Anxiety Treatment Program
- Families Supporting Recovery Program
- Transitions to Adulthood Program
- Happy Bear Abuse Prevention Program
- Mental Health First Aid classes

Eligibility: Services are available to Shawnee County residents 18 and younger and their families.

How to Apply: Call 785-232-5005 for more information or to schedule an appointment.

Fees: FSGC accepts all insurance, including KanCare (Medicaid) and self-pay. A sliding fee scale based on family income is also available to Shawnee County residents.

Funding: Client fees, federal, state and county aid; private gifts; and grants

Florence Crittenton Services of Topeka, Inc.

2649 SW Arrowhead Road
Topeka, KS 66614
Phone: 785-233-0516
Fax: 785-271-4433

Website: www.flocritkansas.org
Email: wecare@flocritkansas.org

Dana Schoffelman, Chief Executive Officer

Mission Statement: Empowering families through a continuum of behavioral health services to increase hope, relieve distress, and achieve promising futures.

Hours: 8:00am - 5:00pm, Monday – Friday with 24-hour residential services.

Services:

- Outpatient individual, family and group therapy offered by mental health professionals
- APRN medication services
- Psychiatric Residential Treatment Facility for females age 13-18
- Dialectical Behavior Therapy
- Emergency shelter for adolescent females age 13-18 waiting for Foster Care placement
- Heat Up Topeka program-free community exercise program

Eligibility: Must screen for Psychiatric Residential Treatment Facility (PRTF).

How to Apply: Request PRTF screen through your MCO provider.

Fees: Daily rates of reimbursement established by the State of Kansas.

Funding: Private donations, grants and Medicaid.

Girl Scouts of NE Kansas & NW Missouri

Headquarters

8383 Blue Parkway
Kansas City, MO 64133
1-800-728-8750
Fax: 816-358-5714

West Region Office

2919 SW Wanamaker, Suite L
Topeka, KS 66614
785-273-3100

Website: www.gsksmo.org

Joy Wheeler, CEO

Mission Statement: Girl Scouts build girls of courage, confidence and character who make the world a better place.

Services:

The Girl Scout Leadership Experience is a one-of-a-kind leadership development program for girls, with proven results. It is based on time-tested methods and research-backed programming that help girls take the lead – in their own lives and in the world. With the support of supportive adult volunteers, our program provides girls skill-building opportunities in four areas: STEAM (Science, Technology, Engineering, Arts & Math), Entrepreneurship, Outdoor Experiences and Civic Engagement. Girl Scouts unleashes the G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader) in every girl, preparing her for a lifetime of leadership. Girl Scouts is proven to help girls thrive in five key ways as they: develop a strong sense of self, seek challenges and learn from setbacks, display positive values, form and maintain healthy relationships, and identify and solve problems in the community.

Eligibility: All girls, ages Kindergarten through 12th grade, are invited to join Girl Scouting through the council's 47 county jurisdiction, including Shawnee County, Kansas.

How to Apply: Contact the Council office or neighborhood troop leaders for information on troop or group placement and registration procedures.

Fees: Individual registration fee of \$12 to \$ 25 annually to become a member. Troop dues and other expenses vary. Scholarships are available.

Funding: Girl Scouts of NE Kansas & NW Missouri are proud to be supported by generous individual, foundation and corporate giving. To learn how you can make a gift to support girl leaders, please visit www.gsksmo.org.

Heavenly Visions Foundation

2021 SW Atwood Ave
Topeka, KS 66604
785-608-3291

Email: yyotytr@hotmail.com

Yolanda Taylor, President/Photography Instructor

Mission Statement: To empower and inspire young people to explore their creative abilities, and to learn about the world they live in through photography.

Hours: 2nd and 4th Saturday of each month – 2:00pm – 3:30pm at the Topeka and Shawnee County Public Library

Services:

Photography training provided to youth – Students utilize training received in photography to capture images of people within the community, places including historic sites within the community and activities/events.

Eligibility: Structural program in photography offered to school age youth ages 8-18.

How to Apply: Program information available through Yolanda Taylor at 785-608-3291 or email yyotytr@hotmail.com.

Fees: None.

Funding: Donations, fundraisers and grants.

Junior Achievement of Northeast Kansas, Inc.

Topeka Office:
4008 SW Huntoon
Topeka, KS 66604
785-235-3700
Fax: 785-235-8507

Debbie Harman, District Director
Lawrence Office:
785-841-8245

Marci Werne, District Director
Wichita Office:
316-267-2248

Website: www.juniorachievement.org/web/ja-kansas/contact-us

Mission Statement: Junior Achievement will inspire and prepare young people to succeed in a global economy.

Hours: 8:30 a.m. - 5:30 p.m., Monday - Friday.

Services:

- Community volunteers go into the classrooms and provide children relevant, hands on experiences that give students from kindergarten through 8th grade knowledge and skills in financial literacy, work readiness, and entrepreneurship. Junior Achievement is Kansas' largest organization dedicated to giving young people the knowledge and skills they need to own their economic success, plan for their future and make smart academic and financial choices.

Eligibility: Schools/School districts.

How to Apply: Call 785-235-3700.

Fees: None.

Funding: Private funding.

KANSAS Big Brothers Big Sisters

Serving Shawnee County

2300 SW 29th St., Suite 200
Topeka, KS 66611
785-234-5524
Fax: 785-234-5527

Website: www.kansasbig.org

Area Manager, Eric Maydew

Mission Statement: Provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

Vision: is that all children achieve success in life.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday.

Our Youth: The youth we serve are 5-25 years old and face various forms of adversity. With an active adult role model, they will have support and assistance to overcome these barriers and break destructive cycles. By becoming a Big, you are becoming a mentor and role model, which makes a huge impact on the lives of these youth.

Services:

- Bigs in School is a school-based mentoring program. The program matches carefully screened adults with elementary school students who read and converse together one day each week during the lunch period at school. Eligible children are referred by their teacher and have the permission of a parent or guardian. Adult Volunteers are 18 and over. Currently offered in Jefferson County. High school students (Bigs) and elementary students (Littles) meet one time each week under the supervision of BBBS staff for recreation, conversation, bonding and other activities in the school.
- Community based program for children from in single-parent or non-traditional families.

Eligibility: School based program is for children in elementary school (limited to certain schools) with permission of the parent or guardian. Community Based program is for children in single-parent or non-traditional families.

How to Apply: Online at www.kansasbig.org or call 785-234-5524.

Fees: None.

Funding: Donor supported with help from United Way, City of Topeka Juvenile Justice Authority.



Kansas Children's Service League

3545 SW 5th Street
Topeka, KS 66606
785-274-3100
Toll Free: 1-877-530-5275
Fax: 785-274-3824
Website: www.kcsl.org

Dona Booe, President/CEO

Mission Statement: To protect and promote the well-being of children.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday,
Juvenile intake available to law enforcement 24/7.

Services:

- Healthy Families Kansas: intensive, in-home parenting support for expecting moms and parents of newborns overburdened by such risk factors as unemployment, lack of parenting skills and family history of abuse and neglect
- Parent Helpline 1-800-CHILDREN: Anonymous, statewide, free, information, referral and phone counseling service available 24/7 to parents, relatives, caregivers, and professionals. A free Parent Helpline app is also available to download for both Apple and Android devices
- Infant Adoption/From Heart to Home: Supports and services to birth parent(s) choosing adoption for their infant. Preparing adoptive homes for matching with birth parents. For birth parents, text 785-213-2571 (24/7) or call toll-free 877-581-5437. For prospective adoptive parents, call toll-free 877-530-5275.
- OASIS Runaway and Homeless Youth Program: Addresses runaway and homeless youth and safely reuniting them with their families. Crisis intervention to diffuse family conflicts, emergency out-of-home placement, and identify helpful strategies and resources. The program is offered in Jackson, Jefferson, Osage and Shawnee Counties.
- Juvenile Intake & Assessment: Social, emotional and safety assessments and placement for children and youth presented by law enforcement who have determined them at risk for abuse/neglect, juvenile offenses, or out-of-control behavior; resource and referral
- Foster Family Placement Services: Provides quality temporary (foster) homes for children in State custody who are not safe living at home with parents. Recruitment of quality homes is a critical component of this service
- Adoption Exchange/Adopt Kansas Kids: Creating awareness and providing information to adoptive families about children needing an adoptive home, www.adoptKSkids.org.

- Community Resource Library: Wide variety of child and family-related information offered to prevention of child abuse affiliates, professionals and parents at no charge.
- Training: Quality training opportunities for professional and parents by offering both traditional classroom settings as well as the most up to date online learning opportunities. Contact training@kcsl.org for more information. Some of KCSL's trainings include:
 - Child Abuse Prevention – face to face trainings for mandated reporter groups
 - Darkness to Light – child sexual abuse prevention program targeted at adults working with youth
 - E-Learning – online, instructor-led course on strengthening families. Pre-approved for KDHE in-service credit

Eligibility: Vary by program, please contact individual program for more information.

Fees: Vary by program, please contact individual program for more information.

Funding: City of Topeka, Shawnee County, state funds, private donations, fees, government contracts and foundation grants.

Kansas State Fire Marshall Y-FIRE Program

800 SE Jackson, Suite 104

Topeka, KS 66603

785-296-3401

Fax 785-296-8645

Website: www.kdheks.gov/y-fire

Email: mende.barnett@ksfm.ks.gov

Mende Barnett, Program Director

Mission Statement: To reduce the death, injury and property loss due to child fire play and juvenile arson fires in Kansas.

Hours: 7:30 a.m. – 4:00 p.m., Monday – Friday.

Services:

- Referral services for child fire setters and their families/caregivers.
- Resources – including Loaner Library.
- Professional Development – education/training for professionals/community partners on juvenile fire setting, fire safety and burn injury prevention.
- Local community coalition building.
- Curriculum packages/materials Preschool to High School.

Eligibility: Anyone needing information, resources, and education or referral services can contact the program for assistance. Local jurisdictions, often under the direction of the local fire department may have programs to offer dependent upon the area of the state.

How to Apply: Contact Elena Nuss 785-296-3403.

Fees: No cost.

Funding: State services are funded by the Kansas State Fire Marshal Office with support from the Kansas Department of Health and Environment Office of Health Promotion, Injury and Disability Section. Some local fire departments and other community partners support local efforts. Federal grants and supporting funds are often available to support state and local programs.

Kansas Youth Empowerment Academy (KYEa)

517 SW 37th Street, Suite B

Topeka, KS 66611

785-215-6655

Fax: 785-215-6699

Website: www.kyea.org

Email: julia@kyea.org

Julia Thomas, Executive Director

Mission Statement: The Kansas Youth Empowerment Academy (KYEa) educates, mentors, and supports youth with disabilities in Kansas to be contributing members of their community.

Hours: 8:00 am to 5:00 pm, Monday - Friday

Services:

- KYEA provides empowerment and leadership programs, information and referral, support, and one-on-one goal planning to youth with disabilities, as well as community presentations on disability related topics.
- Kansas Youth Leadership Forum - A week-long leadership training for high school juniors and seniors with disabilities. Participants learn about leadership, career options, advocacy, goal setting, and more.
- Empower Me! Series - Weekend workshops across the state that bring real life topics to youth with disabilities in an interactive way.
- Interns Creating Opportunities Now - A five month paid internship in the KYEA Topeka office open only to youth with disabilities. Interns gain employment skills and knowledge about their own abilities.
- Empowerment Planning - One-on-one meetings with youth with disabilities to assist them with setting and achieving goals for the future.
- Mentoring Matters - Provides short term mentoring relationships to youth with disabilities in the form of one or more job shadowing experiences.
- Community Presentations to groups of all ages on the following topics: disability awareness and etiquette, disability history, advocacy, goal setting, self-esteem, youth empowerment and leadership, and community service.

Eligibility: KYEA serves youth, ages 5-25, with any type of self-identified disability.

How to Apply: All programs have a separate application. Contact KYEA to inquire more about our programs and services.

Fees, if any: All programs and services are FREE.

Funding: KS Rehabilitation Services, grants, community contributions, and fundraisers.

Keys for Networking, Inc.

900 S. Kansas Ave., Suite 301
Topeka, KS 66612
785-233-8732

Toll Free: 1-800-499-8732

Fax: 785-235-6659

Website: www.keys.org

Email: jadams@keys.org

Jane Adams, Ph.D., Executive Director

Mission Statement: To support and mobilize families who have children with emotional/behavioral problems and the school and community agencies which serve them through training, education, advocacy and system change.

Hours: 9:00 a.m. – 5:00 p.m., Monday – Friday.

Services:

- Promote family input/involvement on decision making committees and forums which develop and monitor policy, planning and service delivery for children with serious emotional/behavioral problems at all levels of government and policy-making-local, regional, state, legislative, executive and judicial branches.
- Nurture and support family connections to each other and to quality services.
- Provide family assistance through information, support and training in local communities resulting in self-advocacy.

Eligibility: Families raising children with emotional/behavioral problems

How to Apply: Call, write or come in person.

Fees: None.

Funding: State, federal grants and contracts.

KVC Kansas

235 SW Kansas Avenue
Topeka, KS 66603
785-409-6801

Website: www.kvc.org

Mission Statement: It is the mission of KVC to enrich and enhance the lives of children and families by providing medical and behavioral health care, social services and education.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.

Services:

Foster Family Care
Adoption Services
State Contract Services: Child Welfare and Behavioral Health
Outpatient Services
School-based Family Services
Training and Education

Eligibility: Call 785-409-6801

How to Apply: Call 785-409-6801

Fees: Free

LifeHouse Child Advocacy Center

303 S. Kansas Avenue, Suite 2
Topeka, KS 66603
785-232-5433
Fax: 785-232-5434

Website: www.lifehousecac.com
Email: cac@lifehousecac.com

Kelly Durkin, Executive Director

Mission Statement: Bringing together the people and resources to protect the physical and emotional well-being of children.

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday.
On call advocacy for medical exams 24/7.

Services:

- Provides services to children who are victims of sexual and/or physical abuse or are witnesses to crime. LifeHouse uses various programs to provide help and protection without causing further trauma. These programs include Project Safe Talk, Advocacy, Kids in Court and prevention programs.
- Project Safe Talk allows child victims to be interviewed in a child friendly setting by a trained forensic interviewer. Law enforcement and investigators with the Department for Children and Families are present in another room and can observe the interview so that separate interviews are not necessary. This reduces the number of times a child must talk about their abuse and therefore reduces further trauma. The interview is digitally recorded.
- LifeHouse provides advocacy, information and counseling referrals to their accompanying non-offending caregivers while the child is being interviewed. Advocacy is also provided during medical examinations.
- The Kids in Court Program provides education and support to children and families going to court.
- LifeHouse CAC houses a small resource library for victims and families, funded by the Women of Steel.

- LifeHouse has two prevention presentations available:
 - Talking About Touching, A Personal Safety Curriculum. This curriculum is presented in Preschools and Daycares. It teaches children personal safety including body safety.
 - Protecting Your Children: Advice from Child Molester. This is a two-hour program for adults only. LifeHouse trains both professionals and caregivers in settings that include elementary school, libraries, churches, agencies and places of employment. The curriculum teaches grooming techniques and tricks used by offenders, safety education, how to talk to children and statistics on sexual abuse.
*Offenders do not participate in this program.

Eligibility: Victims from ages 2-17 with open criminal child abuse cases or open DCF cases are referred to LifeHouse. Also, developmentally delayed adults that would benefit from a forensic interview in the CAC environment.

How to Apply: No need to apply. Law Enforcement and DCF refer cases for victims and the non-offending family member(s).

Fees: None.

Funding: Grants, foundations, fundraisers, and donations.

Lifeline Children's Services, Inc.

2041 SW McAlister Avenue
Topeka, KS 66604
785-249-6130
Website: www.lifelinechild.org

Lisa Kelly, Director

Mission Statement: Lifeline exists to equip the Body of Christ to manifest the Gospel to vulnerable children.

Purpose: To provide a hope and a future through the Gospel for vulnerable children around the world by discipling, engaging, and equipping the Body of Christ towards Adoption, Family Restoration, Orphan Care and Support. Lifeline is a non-profit 501 © (3) licensed child placing agency.

Hours: 10:00 am – 3:30 pm Monday – Friday, or by appointment (785-249-6130).

Services:

- Free pregnancy testing.
- Assistance with diapers, formula, clothing (both child/maternity/career).
- Options counseling.
- Bible studies.
- Parenting classes.
- Life skills classes.
- Domestic and international adoption.
- Education.
- Family restoration, coaching, hosting.

Eligibility: Any women needing a pregnancy test or help during and after pregnancy.

How to Apply: Need photo identification, birth certificates, social security number and proof of address.

Fees: None.

Funding: Nonprofit, non-denominational, non-political outreach supported by concerned evangelical Christians throughout the Topeka area.

Parents as Teachers Topeka Public Schools

2331 SW Topeka Blvd
Topeka, KS 66611
785-274-6480
Fax: 785-438-5974

Website: <https://sites.google.com/a/tps501.org/topeka-parents-as-teachers/>

Facebook:

<https://facebook.com/topekaparentsasteachers/>

Nichole Fairley, Program Coordinator

Mission Statement: Parents are their child's first and most influential teachers. Parents as Teachers offer parenting education and support for families with children, prenatal through the age of three. Parents as Teachers is a free early learning program that provides practical, effective ways to encourage learning.

Hours: Flexible. Personal visits and play groups are offered during the day and evening.

Services:

- Personal Visits: Certified parent educators, trained in child development help parents understand what to expect as their child grows and develops and suggests activities to encourage learning.
- Play groups are offered daily Monday – Friday (except when USD 501 schools are not in session) at a variety of times and locations to give parents the opportunity to share an hour of hands-on learning activities with their child. Play groups take place at the playroom 2331 SW Topeka Blvd., 1100 Highland and 455 SE Golf Park Blvd. Play groups are offered year-round for families with children from birth to age 5 that live in the USD 501 school district.
- Developmental Screenings: Provides periodic developmental screenings for early detection of potential problems to prevent later difficulties in school.
- Resource Network: Certified educators' help families access other needed community services that are beyond the scope of the Parents as Teachers Program.
- Volunteer opportunities.

Eligibility: Live in the Topeka Public Schools district and are parenting a child prenatal to age 3. Play groups are for children birth to age 5.

How to Apply: On the PAT website; call the PAT office.

Fees: None.

Funding: KS Department of Education, The United Way of Greater Topeka and the Kansas Children's Cabinet and Trust Fund.

Pathway Family Services LLC

4101 SW Martin Drive, #C
Topeka, KS 66609
785-783-8438
Fax: 785-861-7147
Website: www.pathwaysfs.org

Mission Statement: Different Journey's. Endless Opportunities.

Hours: 8:00 a.m. -5:00 p.m., Monday – Friday.
Services offered 24 hours a day, seven days a week.

Services:

- We offer comprehensive mental health and substance abuse treatment for youth. These Trauma Informed Care programs are designed to provide short-term, intense, focused treatment that is offered **24 hours a day, 7 days a week.**
- Pathway Family Services works actively with families, child welfare agencies, hospitals, and community health centers, in collaborative partnership, to offer strengths-based, culturally competent, and medically appropriate treatment designed to meet the individual needs of the resident, including those residents identified with severe emotional and behavioral issues.
- Trained clinical therapists and staff implement evidence-based therapeutic strategies to treat children and adolescents effectively. Some of these strategies include: Cognitive Behavioral Therapy, Adventure-Based Therapy, Personal Safety Training, and Anxiety Management. An educational program approved by the Kansas State Board of Education is provided by USD 437. The educational program is free of charge and is appropriate to the needs of each student.

Eligibility: Forty-nine beds: 29 males and 20 females serving youth ages 6 through 18. Highly structured environment. Medicaid provider and provider agreements with SRS and JJA. We accept private referrals from families.

How to Apply: To send referral or receive further admission information phone 785-783-8438 or fax 785-861-7147. Accepting private referrals- for more information visit our website www.pathwaysfs.org.

Fees: Based on the Medicaid rate.

Funding: Medicaid/ Private Insurance.

Ronald McDonald House Charities of Northeast Kansas

825 SW Buchanan Street
Topeka, KS 66606-1427
785-235-6852
Fax: 785-235-3170
Website: www.rmhcTopeka.org

Mindee Reece, CEO/Executive Director
Deanna Karle, Business Manager

Mission Statement: Ronald McDonald House Charities of Northeast Kansas seeks to keep families close by providing a comfortable and conveniently located home for parents and loved ones who have children receiving medical care at area hospitals.

Hours: Open 24/7 for 365 days a year

Business Hours: 8:00am – 8:00pm

Services: Established in 1988, the Ronald McDonald House has eight bedrooms with private bathrooms, a large dining room, double kitchen, comfortable living area, family room, laundry room, play yard and off-street parking. Facility is handicap accessible.

Eligibility: Guests must be referred by physician, nurse or social worker to stay at the house. Eligible families must live outside the city limits of Topeka. Most of our families are parents of premature infants but we also host families of pediatric intensive care and adolescent mental health patients. In addition, we open our doors to cases of pre-term, high-risk pregnancies and neo-natal adoptions. Because the house is a communal living environment, guest must meet several basic health and legal thresholds to be eligible to stay.

Fees: We request a donation of \$25 per room per night. However, no eligible family is turned away due to inability to pay.

Funding: Individual and corporate donations, grants and other sources.

SENT

455 SE Golf Park Blvd
Topeka, Kansas 66605
785-783-2535

www.sentoepka.com

Email: info@sentoepka.com

Mission Statement: SENT is a community development non-profit that intentionally walks with neighbors through loving relationships and strategic development to accomplish holistic transformations of neighborhoods in Shawnee County.

Hours: 8:00 a.m. to 5:00 p.m. Monday – Friday.

Services:

- Launch Summer STREAM Program – An after school and summer program to support student's academic success. Grades Pre-K through 12th grade.
- Housing Programs – Purchasing and improving homes in the Hi-Crest neighborhood, providing residents jobs and helping families through renting or home ownership. Rental Rehab and new construction.
- Counseling – provided by Christ First Counseling Center (CFCC) for children, adults, and families including support for grief, loss, depression, anxiety, etc..

How to Apply: Contact us at 785-783-2535 or email at info@sentoepka.com

Fees: Vary.

Funding: supported 100% through generous donors.

Sheldon Child Development Center - Head Start

1155 SW Seabrook Avenue
Topeka, KS 66604-1852
785-438-4530
Fax: 785-271-3647

Jennifer Norton, Director/Principal

Mission Statement: To provide a quality, comprehensive, interdisciplinary, child development program for all eligible preschool children and their families encouraging each to develop to their fullest potential.

Hours: 9:15am – 4:00pm Monday through Friday

Services:

- A full day program serving 221 students.
- Early Childhood Educational Programming.
- Certified Early Childhood Teachers.
- Collaboration Services for Special Needs Children.
- Health, Nutrition, and Social Services.
- Transportation.
- Bi-Lingual Staff.
- Parent Involvement Activities.
- Parent Education Activities w/GED classes.

Eligibility: Children must qualify under federal Head Start guidelines.

How to Apply: Contact Sheldon CDC – Head Start at 785-438-4530.

Fees: None.

Funding: ACYF, Head Start Bureau: federal and In-Kind Services provided by community partners.

Successful Connections

1100 SW Wanamaker Road, Suite 201
Topeka, Kansas 66604
785-440-4509

Renee Wohletz, DEC Project Coordinator

Mission Statement: Successful Connections helps families link to information & community resources, including childcare.

Hours: 8:00 a.m. to 5:00 p.m. Monday – Friday.

Services:

- Offers families one-on-one visits to determine their specific needs
- Connects families with agencies offering support services
- Provides support for pregnant women & families of new babies with community resources

Eligibility: Any pregnant woman or family with young children that live in Shawnee County looking for child development or support services.

How to Apply: Call 785-272-0878 to set up an appointment.

Fees: None

Funding: Community Based Child Abuse and Prevention Grant, Early Childhood Block Grant, and other grant funds available.

TARC, Inc. Children's Services

2701 Randolph Avenue
Topeka, KS 66611
785-232-0597

Fax: 785-232-2097

Website: www.tarcinc.org/chserv.htm

Cathie Huckins, Director

Mission Statement: TARC enhances the lives of people affected by intellectual, developmental and related disabilities through commitment to excellence in service, support and advocacy.

Hours: 8:00 a.m. - 4:00 p.m., Monday - Friday

Services:

- Family Service Coordination.
- Early Childhood Special Education.
- Occupational Therapy.
- Physical Therapy.
- Social Work.
- Transportation.
- Computer and Adaptive Equipment Services.
- Speech & Language Therapy.

Eligibility: Call for more information.

How to Apply: Call Shawnee County Infant-Toddler Services 785-233-7374.

Fees: None.

Funding: Shawnee County mill levy, Medicaid funding, Kansas Department of Education, Kansas Department of Health & Environment and donations.

TDC Learning Centers, Inc.

3601 SW 29th St., Suite 209
Topeka, KS 66614
785-272-5051
Fax: 785-272-1906

Website: www.learnplaygrow.org
Email: tdc@learnplaygrow.org

David George, Executive Director

Mission Statement: To provide early care and education to facilitate the development of children and families to their fullest potential.

Hours: Varies by Center

Full Day Centers: 7:00 a.m. - 6:00 p.m., Monday - Friday, year-round.

Highland Park PCLS: 7:30 a.m. - 4:00 p.m., when 501 schools are in session.

Main Office: 9:00 a.m. - 4:00 p.m., Monday - Friday.

Services:

- Full-Day Childcare and early education programs for children ages 2 weeks to 6 years.
- Parent-Child Learning Center primarily serving parenting teens who wish to complete their high school education.
- Employer-Sponsored Full day program. Additional drop-in care service now available at 3 locations.
- The TDC curriculum is based on the belief that children are continually learning, both in school and out.
- Classroom activities will provide learning in all areas of children's development: physical, cognitive, language, social, emotional and creative.
- Regular developmental assessments and reports are built into the program.
- Parents have many opportunities to participate in their child's education through family fun nights, parent/teacher conferences, Parent Connect groups and more.
- Additional services: Children who are preschool aged also receive free on-site enrichment activities such as kid's Zumba, gymnastics and dance.

Eligibility: No special eligibility requirements.

How to Apply: Call main office at 785-272-5051.

Fees: Call for current rates. We are a DCF provider and have locations available to accept NACCRA Subsidy and VA Subsidy.

Funding: TDC operates as a non-profit and is supported by parent tuition, DCF, CACFP, Shawnee County, City of Topeka, United Way, grants, donations and fund-raising activities.

Topeka Public Schools Community Cupboard

2424 SE California Avenue
Topeka, KS 66605-1797
785-274-6026

Fax: 785-274-4896

Email: fmiller@topeka.k12.ks.us

Fred Miller, Director

Mission Statement: To provide free clothing to needy children and families in the 501-school district.

Hours: The TPS Community Cupboard is open whenever school is in session. Please contact your child's building social worker or counselor for an appointment.

Services:

- Our program provides clothing, food and hygiene resources to families in need in the Topeka Public Schools family.

Eligibility: To be eligible for this resource, you must have students who attend Topeka Public Schools living in your home.

How to Apply: Contact a counselor or social worker in your school building or call the Clothing Bank directly at 785-274-6026.

Fees: None.

Funding: We partner with Silverbacks, Harvester's and Topeka Community Foundation. This program has zero operating costs and is supported mainly through donated resources.

Topeka Youth Project, Inc.

PO Box 5077
Topeka, KS 66605
Office:
455 SE Golf Park Blvd
Topeka, KS 66605
785-273-4141

Website: www.topekayouthproject.com
Email: director@topekayouthproject.com

Mark Arganbright, Executive Director
Juli Tinoco, Board President

Mission Statement: Empowering youth in our community to become productive and responsible adults by providing constructive opportunities to prevent high-risk behaviors.

Hours: M-F 10am-5pm

Services: Job Preparedness/Youth Development, Drug/Alcohol Prevention Programs

- **Jobs for Young Adults:** Job Readiness/Life Skills training for 16-20-year-olds. 28-hour workshop covering communication, decision making, problem solving, how to get along with the boss and co-workers, the reality of the world of work. On-line application information, mock interviews, and 6-month follow-up with employers and youth. 96% employment rate with utilizing more than 200 employers.

- ***Youth Court:** First time traffic tickets are referred to the youth court by district attorney and the city attorney. Sanctions are imposed by youth and upon the defendant's completion of the sanctions (community service, sitting on 2-3 juries) the ticket is removed.

Eligibility:

Jobs for Young Adults: 16-25, eligible to work
Youth Court: Referred by City or District Attorney's Office

How to Apply: jobcoach@topekayouthproject.com

Fees: Jobs for Young Adults - \$25 intake/ \$25 program fee due by second paycheck
Youth Court - \$95 program fee and sanctions

Funding: Foundations, County, Individual Donors, Program Fees

The Villages, Inc.

7240 SW 10th Street
Topeka, KS 66615
785-267-5900
Fax: 785-267-1224

Email: scrawford@thevillagesinc.org

Sylvia Crawford, Executive Director

Mission Statement: To provide emotionally supportive families and homes for children in need and to teach children about conserving and preserving our natural environment.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Homes for juvenile offenders.
- Outdoor and adventure challenge programming.

Eligibility: Youth between the ages of 6-18.

How to Apply: Telephone or write to The Villages, Inc.

Fees: Vary depending on service.

Funding: Majority of funding through contracts. Partial funding through private donations.

West Side Baptist Church Baby Closet

1008 SW 4th Street
Topeka, KS 66606
785-233-4241

Website: www.wsbctopeka.org
Email: office@wsbctopeka.com

Pat Carreno, Outreach Deacon

Mission Statement: To provide support and meet the needs of families in the community with children ages newborn to 5 years of age.

Hours: Monday 9:00 a.m. – 11:00 p.m.
Thursday 1:00 p.m. -3:00 p.m.

Services:

- Provide clothing, diapers, formulas, and other miscellaneous items.
- Mom's support group that provides information on parenting development, nutrition, and resources available in the community.

Eligibility: Families with children newborn to age 5 years old.

How to Apply: Referrals from community programs, or by phoning West Side Baptist Church office at 785-233-4241.

Fees: None.

Funding: Donations, and West Side Baptist Church.

YWCA Youth Programs

225 SW 12th Street
Topeka, KS 66612
785-233-1750
Fax: 785-233-4867

Mission Statement: The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Hours: 7:00 a.m. – 5:30 p.m., Monday – Friday.

Kids Quest Services:

- Kids Quest: 7:00 a.m. -8:00 a.m. and 3:30 p.m. - 5:30 p.m., Monday – Friday;
- School Days Out: 7:00 a.m. to 5:30 p.m.
- Familiar and safe location in your child's school.
- Assistance with homework and special assignments.
- Organized games and projects with the emphasis on teamwork and cooperation.
- Focus on healthy eating and lifestyles.
- The sites include Bishop, McCarter, McClure, McEachron, Meadows, Whitson, Avondale West and Williams Elementary Schools.

Girls on the Run/Girls on Track:

- After-school program that works with elementary and middle school age girls on curriculum focused on increasing self-confidence, self-esteem and self-worth.
- 10-week program which culminates with 5K walk/run.

Eligibility: Kids Quest is available in eight USD 501 schools. School Days Out is available to all school districts. DCF assisted families are welcome.

How to Apply: Call 785-233-1750 or visit the website at www.ywcatopeka.org

Fees: Fees vary based on age.

Funding: Self pay, contributions and grants.

Senior Citizen Services

Aging & Disability Resource Center (ADRC)

503 S Kansas Avenue
Topeka, KS 66606
1-855-200-2372

Website: <https://www.kdads.ks.gov/>

Shawn Sullivan, Secretary

Mission Statement: The ADRC is a trusted source of information where people of all ages, abilities and income levels - and their caregivers - can go to obtain assistance in planning for their future long-term services and support needs.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.
Messages can be left after hours.

Services:

- **Options Counseling:** An options counselor can help by providing unbiased information that is relevant to the individual's needs, preferences and goals. This person-centered service supports the individual in making informed choices about their long-term care service options. Local options counselor for Shawnee and Jefferson County is Jayhawk Area Agency on Aging, 785-235-1367 or 1-800-798-1366.
- **Information, Referral and Assessment:** The ADRC has a statewide call center that is operated by knowledgeable staff trained in community resource information. The call center is a wealth of resource information for community services (in-home services, transportation, home delivered meals, etc.)
- **Assessments:** For individuals who are interested in a Home and Community Based Services (HCBS) (for the Frail Elderly, Physically Disabled or Traumatic Brain Injury), or Money Follows the Person (MFP) the ADRC can conduct the functional assessment needed to determine eligibility for the appropriate HCBS program. The ADRC can inform individuals about their choices in long term care settings and also complete a CARE assessment for those interested in entering a nursing facility.

Eligibility: People of all ages, abilities and income levels and their caregivers needing assistance in planning for their future long-term service and support needs.

How to Apply: Call 1-855-200-2372, toll free.

Fees: None.

Funding: Federal and state funded program.

Aldersgate Village Life Plan Community

7220 SW Asbury Dr
Topeka, KS 66614
785-478-9440

Email: info@aldersgatevillage.org

Faithfully enhancing the lives of Seniors.

Mission: Aldersgate Village is a faith-based, senior living neighborhood open to people of all denominations and faith backgrounds. Our purpose is not driven by a profit motive but to ensure that seniors of this region receive compassionate, person-centered health care in a warm and welcoming community.

Our Christian and socially responsible mission is to serve and advocate for those advanced in age. Through actively engaging mind, body, and spirit, we make certain they receive love, care, respect, and dignity in their most vulnerable years.

Health Services:

- . Skilled Nursing
- . Recovery Center
- . Home Health Care
- . Inpatient Hospice

Residences:

- . Assisted Living
- . Home Plus
- . Independent Living

For More Information: Call 785-478-9440

Brewster at Home

1205 SW 29th Street
Topeka, KS 66611
785-274-3303
Fax: 785-267-9355

Website: www.brewsterathome.org
Email: eileenm@brewsterplace.org

Eileen McGivern, Director

Mission Statement: Providing services people need, when they need them, in the place they call home

Hours: 8:00 am - 5:00 pm, Monday – Friday. Many Brewster at Home services are available 24 hours a day.

Services:

- One-call access to a network of care and support services by vetted providers including meal preparation and delivery, handyman services, companionship, lawn care and snow removal, Home Health services, and more.
- Wellness programs designed to meet member needs including exercise classes, access to fitness equipment, social and cultural events, and educational seminars.
- Access to most Brewster Place Retirement Community activities, dining facilities, and therapy treatment modalities.
- Discrete technology-based health monitoring services including a medication delivery system and a wireless safety monitoring system and automatic emergency response system.
- Transportation to Doctors appointments, grocery shopping, and to Brewster Place for activities, use of facilities, and outpatient therapy.

Eligibility: Brewster at Home programs are designed for persons 55 years and older but there are no age restrictions on membership or use of services.

How to Apply: Contact Brewster at Home at (785) 274-3303 or complete an inquiry at www.brewsterplace.org

Fees: Membership fee required for access to all programs and services. Members receive substantial discounts on most services.

Funding: Private pay. Transportation services are partially funded by a grant from the Kansas Department of Transportation.

Brewster Place

1205 SW 29th Street
Topeka, KS 66611
785-274-3350
Fax: 785-267-9355

Website: www.brewsterliving.org
Email: brewster@brewsterplace.org

Cory Horinek, Director of Marketing

Mission Statement: Brewster Place is a retirement community providing all its resident's opportunities for an optimal quality of life

Resident Service Hours: 24 hours per day, 365 days per year

Administrative Office Hours: 8:00 am - 5:00 pm;
Monday – Friday

Services:

- Independent living
- Catered living
- Assisted living
- Three levels of dementia care
- Post-acute Rehab Center
- Skilled, Medicare-certified nursing care
- Outpatient Therapy services - Physical, Occupational, Speech
- Home Health services
- Adult Day services
- Respite Care and short-stay apartments

All residents enjoy maintenance free living with fully paid utilities including Cox cable and phone service; housekeeping services; emergency call system that instantly summons skilled nursing and security assistance anywhere on campus; highly trained security force working around the clock to maintain a safe community; holistic wellness programs; fitness centers, group exercise programs and personal training; on and off campus activities and programs; arts, crafts, woodworking; three convenient dining rooms; covered parking; on and off campus transportation.

Eligibility: Minimum age requirement of 62 years for permanent admission. No age restrictions on therapy services and post-acute rehab.

How to apply: Director of Marketing at (785) 274-3350 or Retirement Consultant at (785) 274-3351 or complete an online inquiry at www.brewsterplace.org

Fees: Entry Fee (or convenient financial plan) and monthly fee required for permanent admissions, based on size and location of apartment/home and level of care. Brewster Place offers affordable accommodations and a range of financial plans to fit different individual financial situations.

Funding: Faith-based mission driven not-for-profit organization supported by entry fees and investments. Medicare, Medicaid, and Long-Term Care Insurance accepted in licensed areas.

Brewster Rehab Center

1001 SW 29th Street
Topeka, KS 66611
785-274-3336
Fax: 785-266-5782

Website: www.brewsterrehab.org
Email: scotts@brewsterplace.org

Scott Sewell, Director of Admissions

Mission Statement: To provide the best rehabilitation and nursing care services to help patients make smooth and successful transitions from the hospital back to home.

Hours: 24/7 inpatient services
Outpatient Therapy: Monday - Saturday by appointment
Admissions and inquiries, Monday - Sunday 8:00 am to 5:00 pm

Services:

- Rehabilitation therapy and skilled nursing services allowing patients to gain strength and recover following a hospitalization
- Physical Therapy, Occupational Therapy, Speech/Language Pathology, and Aqua Therapy are all available on an inpatient or outpatient basis

Eligibility: Admission by physician orders based upon appropriate medical need

How to Apply: Contact Scott Sewell, Director of Admissions, (785) 274-3336 or (785) 215-3411

Fees: Fees are based upon services provided and insurance coverage. For specific information, please contact Scott Sewell

Funding: Medicare and private insurance for rehabilitation services. The Brewster Rehab Center is a part of Brewster Place, a faith-based, not-for-profit organization

Comfort Keepers (FP)

2611 SW 17th St, # 101
Topeka, KS 66611
785-200-8197
Fax: 785-267-8199

Website: www.comfortkeepers.com

Mission Statement: To provide our clients with the highest level of quality of life that is achievable. We shall treat each of our clients with the respect and dignity they deserve, as though we were caring for a member of our own family.

Hours: 8:30 a.m. – 4:30 p.m., Monday – Friday.

Services:

- Services available 24/7.
- Meal preparation.
- Light housekeeping.
- Grocery shopping.
- Errand services.
- Transportation.
- 24-hour care.
- Assist with bathing, dressing and grooming.
- Sitting services.

Eligibility: Available to everyone.

How to Apply: Call 785200-8197.

Fees: \$16-19/hr.

Funding: Private pay and long-term care insurance.

East Topeka Senior Center

432 SE Norwood Street
Topeka, KS 66607
785-232-7765
Fax: 785-232-7785

Email: execdir@easttopekaseniors.org

Deborah Dawkins, Executive Director

Mission Statement: To provide direct services to senior citizens and adults with disabilities so they may achieve and maintain an optimum level of physical, nutritional, social and mental functioning in order to maintain their health, dignity and independence.

Hours: 9:00 a.m. to 2:00 p.m., Monday-Friday.

Services:

- Transportation to the Senior Center and to medical appointments, shopping, recreation and social services.
- Harvesters Host Site.
- Congregate meals: Monday - Friday (Meals on Wheels).
- Health and Social Services: informational meetings on a variety of topics important to senior citizens.
- Nutritional BINGO - win food and personal hygiene prizes.
- Washburn University School of Nursing Health Checks and Medication Reviews and chair exercise workouts.
- Arthritis exercise classes.

Eligibility: Services are available to all citizens age 60 and over, spouses of persons 60 and over, and disabled adults.

How to Apply: Call 785-232-7765 or visit the center.

Fees: None, donations accepted.

Funding: Jayhawk Area Agency on Aging, City of Topeka Social Services, Shawnee County Service Program for the Elderly, and Corporation for National & Community Service and Kansas Department of Transportation.

Foster Grandparents Program

3107 SW 21st Street
Topeka, KS 66604
785-296-5474
Fax: 785-368-6419

Email: Fgp.fgpoffice@ks.gov

Jessica A. Farrill, Director
Libby Tibwell, Assistant Director
Maura Fitzgerald, Office Assistant

Mission Statement: To offer seniors age 55 and older opportunities to serve as mentors, tutors, and care givers for children and youth with special needs. Participants provide 15-40 hours of weekly service to community organizations such as schools, hospitals, and youth centers.

Hours: 8:00 a.m. to 5:00 p.m., Monday – Friday.

Services:

- Foster Grandparents work 15-40 hours a week with children with special needs. In return for their services Foster Grandparents (who qualify as low income) receive a \$2.65 per hour tax-free stipend, transportation allowance, and daily meal.

Eligibility: Must be 55 years of age or older and must meet income eligibility guidelines to receive the stipend.

How to Apply: Call 785-296-5474 to reach the program office at the Kansas Neurological Institute for an application. Application and information will be mailed upon request.

Fees: None.

Funding: Provided by federal and state funds, The Kansas Neurological Institute is the grantee agency for the Corporation for National and Community Services.

HealthWise

A Free Program of Stormont Vail Health

Clinic:

2252 SW 10th Avenue
Topeka, KS 66604
785-354-6787

HealthWise Programs:

1500 SW 10th Ave
Topeka, KS 66604
Phone: Health Connections – 785-354-5225

Vaccination Clinic: Every Tuesday and Thursday at the HealthWise clinic. Call 354-6787 for an appointment.

- Information on medical issues, care giving, living wills, community resources and more – call 354-5225.

Eligibility: Anyone 55 years of age or over.

How to Apply: Call 785-354-5225 for an application.

Fees: Membership is free.

Funding: Stormont Vail Health

Mission Statement: Working together to improve the health of our community.

Clinic Office Hours: 8:00 a.m. - 4:30 p.m., Monday – Thursday.

Services:

- Exercise programs at Pozez Education Center and other locations throughout the community. Call 354-5225 for more information.
- Senior Suppers & Presentations: 5:15 p.m. – 6:30 p.m. monthly at the Pozez Education Center. Meal cost: \$5. To RSVP call 354-5225.
- Lunch Bunch and Presentations: 11:30 a.m. at Presbyterian Manor and Brewster Place and at 11:45 a.m. at Thornton Place. Meal cost: \$5. (free at Thornton Place) RSVP: 354-5225.
- Morning Coffees: 9:30 a.m. -10:30 a.m. at Aldersgate Village and First Apartments. No cost to attend. RSVP: 354-5225
- Coffee and Dessert: 2:00 p.m.-3:00 p.m. at Drury Place, Lexington Park, Atria Hearthstone and McCrite Retirement Center. No cost to attend. RSVP: 354-5225.
- AARP's Smart Driver Course: Cost: \$15 for AARP Members, \$20 for non-members. RSVP: 354-5225.
- "HealthWise after 55" TV Program: 9:00 a.m. – 9:30 a.m. 1st & 3rd Fridays on WIBW.
- "for Family Caregivers" TV Program: 9:00 a.m. – 9:30 a.m. 2nd & 4th Fridays on WIBW.
- Blood Pressure Checks: HealthWise Clinic: Every Tuesday from 10:00 a.m. – 12:00 p.m.; West Ridge Mall: 1st Tuesday from 9:00 a.m. – 10:30 a.m.; Southwest YMCA: 2nd Thursday from 9:30 a.m. – 11:00 a.m.; Oakland Community Center: 3rd Thursday from 8:30 a.m. – 9:30 a.m.; Rose Hill Place 37th & Gage: 3rd Thursday from 9:00 a.m. – 10:00 a.m.; Kuehne Brand (North) YMCA: 4th Thursday from 9:00 a.m. – 10:30 a.m.
- Insurance Consultation: Medicare A & B and D, Supplemental Health Insurance, and Long-Term Care Insurance Consultations. Call 354-6787.
- Medication Clinic: Every Wednesday from 12:30 p.m. – 4:30 p.m. at the HealthWise clinic. Call 354-6787 for an appointment.

Interim HealthCare (FP)

1251 SW Arrowhead, Suite 103
Topeka, KS 66604
785-272-1616
Fax: 785-272-1818

www.interimhealthcare.com

Email: jharrison@interimhealthcare.com

Jill Harrison, Owner and Vice President

Mission: We improve people's lives.

Hours: 8:00 a.m. - 5:00 p.m., phones answered 24 hours a day.

Services:

- Home Health.
- Skilled Nursing.
- PT, OT, ST
- Social Worker.
- Private duty.
- Staffing.
- Hospice

Eligibility: Private pay, Medicare, Medicaid, Commercial insurance, VA.

How to Apply: Call 272-1616.

Fees: Varies per service.

Funding: Private pay, Medicare, Medicaid, Commercial insurance.

Jayhawk Area Agency on Aging, Inc. (JAAA)

2910 SW Topeka Blvd
Topeka, KS 66611
785-235-1367
Fax: 785-235-2443
Website: www.jhawkaaa.org

Susan Harris, Executive Director

Mission Statement: Jayhawk Area Agency on Aging, Inc. advocates on aging issues, builds community partnerships and implements programs within Shawnee, Jefferson and Douglas counties to help seniors live independent and dignified lives. Also serves as the Aging and Disability Resource Center for our service area.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Information and Outreach: Provides confidential help to persons of all ages and income levels with Physical Disabilities, Traumatic Brain Injury, persons age 60 and older, and caregivers for persons age 60 and older with information about available services and referrals to the agencies that can best assist in meeting needs.
- Case Management: To assist those persons with multiple problems that make staying at home seem difficult and resolve barriers by facilitating the coordination of services on their behalf.
- Senior Care Act: For qualifying persons with limitations that restrict their ability to carry out activities of daily living, such as bathing, cooking or cleaning.
- Older Americans Act: Provides funding to agencies for information and referral, transportation, congregate and home-delivered meals, attendant care, legal services, health screening, recreation, respite, material aid and shopping, adult day care, repairs / maintenance / renovations.
- Caregiver Support: Whether you are expecting to become a caregiver or have been thrust into the role of caregiver unexpectedly, JAAA caregiver support provides useful information and assistance.
- Senior Health Insurance Counseling for Kansas (SHICK): Provides unbiased, confidential counseling with questions about Medicare and/or other insurance options.
- Jayhawk AAA CHAMPSS (Choosing Health Appetizing Meal Plan Solutions for Seniors): An alternative to congregate meals. Allows customers age 60 and older and their spouses to select from a dietitian approved menu an entrée, fruit, vegetable of their choice along with bread and low-fat milk at several locations/eateries in our service area.
- TIA CHI Physical Fitness: Tia Chi classes to promote health and wellbeing held at our office and several other locations in Topeka.

- Aging and Disability Resource Center (ADRC): Provides information and referral services to individuals of any age, any income level, any ability level regarding community services and supports available. In depth Options Counseling is provided to discuss long term services and supports available and to help individuals make informed decisions regarding those supports. Functional eligibility assessments for the Medicaid Waivers or Frail Elderly, Physically Disabled, and Traumatic Brain Injury and completed by the ADRC as are Nursing Facility (CARE) Assessments and assessments for PACE (Program of All-Inclusive Care for the Elderly)

Eligibility: Any Age, Any Income, Any Ability Level. Specific Program eligibility guidelines apply to each program – our information specialist can review program specific eligibility guidelines.

How to Apply: Call 785-235-1367 for information.

Fees: Some programs may have fees – contact for more information regarding program specific fees.

Funding: Federal, State, Local government funding and private donations.

Kansas Advocates for Better Care, Inc. (KABC)

536 Fireside Ct., Suite B
Lawrence, KS 66049
In Lawrence: 785-842-3088
Toll Free 1-800-525-1782
Website: www.kabc.org
Email: info@kabc.org

Follow/Like us on Facebook

Mitzi E. McFatrach, Executive Director

Mission Statement: Advocating for Quality Long-Term Care since 1975.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday, closed weekends and all Federal holidays.

Services:

- Information about all long-term care facilities in Kansas, such as nursing homes, assisted living facilities, etc. We maintain an extensive database about these facilities and can generate individual facility reports to email or mail to callers.

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Eligibility: Available to everyone.

How to Apply: Contact KABC by phone, fax or email for more information.

Fees: To join KABC: a one-year membership for 60 yrs.+ is \$20, under 60 is \$35. Business/groups: \$50. Sustaining "Cerfer" membership is \$100 annually. There are no fees for reports, but we encourage contributions to cover costs.

Funding: Members, contributors, grants for specific purposes. KABC receives no state or federal funding for operations.

Kansas Department for Aging and Disability Resource Center (KDADS)

New England Building
503 S. Kansas Avenue
Topeka, Kansas 66603-3404
785-296-4986
TTY: 785-291-3167
Toll Free: 1-800-432-3535
Fax: 785-296-0256
Website: www.agingkansas.org
Email: wwwmail@kdads.ks.gov

Tim Keck, Secretary

Mission Statement: The Kansas Department for Aging and Disability Services mission is to foster an environment that promotes security, dignity and independence for all Kansas

Vision: The Kansas Department of Aging and Disability Services envision a community that empowers Kansas older adults and persons with disabilities to make choices about their lives.

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday.
Health Occupations Credentialing at 612 S. Kansas Ave, Topeka, KS
Walk-in Hours: 9:00 a.m. - 4:00 p.m., Monday – Friday.

Services:

- KDADS is responsible for overseeing and administering Older American's Act programs.
- Administration of Medical long-term care programs
- Survey and certification for adult care homes.
- Behavioral health programs.
- Administration of home and community-based services for older adults and persons with disabilities.
- The management and oversight of four state hospitals for the mentally ill and individuals with development disability.

Eligibility: Varies. Please visit www.kdads.ks.gov for more information. Some programs require financial and functional eligibility.

How to Apply: Information and referral is available by phone. Applications and assessments for in-home services are made through the Aging and Disability Resource Center (ADRC). You can reach the ADRC at 855-200-ADRC (2372).

Fees: Vary by program

Funding: State and Federal money and grants fund programs and services. Individuals may be asked to help pay for some services, based on need.

Lift Service Topeka Metropolitan Transit Authority

820 SE Quincy Street
Topeka, KS 66612
785-783-7000 (Voice or TDD)
Fax: 785-354-8476

Susan Duffy, General Manager

Mission: To provide safe, reliable, courteous and efficient public transportation service to all residents of the Topeka community.

The Lift is a public transportation program which provides door-to-door bus service for persons with disabilities who are unable to use the wheelchair-accessible fixed-route bus system. The Lift operates the same hours as the fixed route service. The Lift service operates within $\frac{3}{4}$ mile of any fixed-route bus stop.

Hours: Monday through Friday from 5:35am to 7:35pm
Saturday from 8:15am to 6:40pm
The Lift service does not operate on Sunday or major holidays.

To Arrange a Ride:

Once ADA Paratransit eligibility has been established, Lift rides may be arranged by calling 783-7000.

Reservations must be made by 5:00pm the day prior to the requested date of travel or up to one week in advance.

Calls are accepted daily from 8:00am to 5:00pm.

Drivers will wait 3 minutes from the assigned pick-up time before reporting the passenger is a no-show. When a passenger is a no-show, an additional bus will be sent only if time and space are available. Lift drivers will assist passengers while boarding and exiting the vehicle. The driver may not enter any establishment or home to give assistance and are not responsible for unlocking/locking doors. Drivers are not to carry groceries, packages, or mobility aids.

Fares and how to purchase a ticket:

A one-way Lift fare is \$4. A strip of 10 tickets is \$40.

Note: Fixed-route passes are not accepted on the Lift service. Effective January 24, 2014, Lift tickets will no longer be accepted on the fixed route buses.

Ride tickets for the Lift may be purchased at Quincy Street Station, on the Topeka Metro website by clicking on "Store", through the mail, or at our outlet locations, which include all Topeka Dillions stores and HyVee.

One personal care attendant may travel with a passenger at no charge. Escorts or additional attendants must pay the \$4 fare. Up to three (3) children under age five (5) can ride free with a paying registered adult.

Eligibility:

To use the Lift, a person must be certified as eligible according to guidelines set forth in the Americans with Disabilities Act (ADA) in conjunction with accessibility regulations for public transit services. ADA Paratransit eligibility is based on a person's lack of functional ability to use the wheelchair accessible fixed route bus service.

How to Apply:

An application for ADA Paratransit eligibility can be obtained by calling 783-7000 or you can download the Lift Service Application. The application must be completed in a standard written or typed manner and approved before Lift service will be provided.

Completed forms are to be returned to the Lift office; 820 SE Quincy, Topeka, Kansas 66612.

Specific additional information may be requested when rides are requested by a person who has been determined eligible on a conditional basis.

Topeka Metro will make reasonable modifications to its policies, practices, or procedures when necessary to provide equal access to all services for persons with disabilities.

Passengers who feel they have been denied a reasonable modification have the right to file a complaint. These complaints will be investigated and resolved in the same manner as all other complaints.

Funding: Federal Transit Administration, State of Kansas, City of Topeka and fares.

Long Term Care Ombudsman State of Kansas

Landon State Office Building
900 SW Jackson Street, Suite 1041
Topeka, KS 66612-1220
785-296-3017

Fax: 785-296-3916

Toll Free: 1-877-662-8362

Website: <https://ombudsman.ks.gov>

Email: ltco@da.ks.gov

Barbara J. Hickert, Executive Director

Mission Statement: To advocate for the well-being, safety, and rights of residents of Kansas long term care facilities by assisting them in attaining the highest possible quality of life.

Hours: 8:30 a.m. – 5:00 p.m., Monday – Friday.

Services:

- Act as advocates for individuals residing in nursing or elder group homes, assisted living programs or residential care facilities
- Investigate complaints made by, or on behalf of, residents and tenants
- Serve as a resource for answers regarding long-term care rules and rights
- Provide information, education, awareness, and training about long-term care options and residents' rights

Eligibility: Anyone living in a Kansas long-term care facility: nursing home, assisted living, home plus or residential health care facility.

How to Apply: Call us toll free at 877-662-8362 or 785-296-3017

Fees: None

Funding: Federal Older Americans Act (OAA) Title VII, Federal OAA Title III, Federal Title XIX, State General Fund.

LULAC Multipurpose Senior Center, Inc.

1502 Seward Avenue

Topeka, KS 66616

785-234-5809

Fax: 785-233-1828

Email: lulacsnrctr@lulac.kscoxmail.com

Kathy Votaw, Executive Director

Mission Statement: The Topeka LULAC Senior Center, Inc. provides affordable transportation and other services for senior citizens and disabled individuals to promote their independence and to live satisfying lives.

Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday.

Services:

- Transportation to and from the Senior Center and to off-site activities such as shopping, field trips, and dining out.
- Limited Medical transportation based on availability of drivers.
- Occupational Therapy Classes twice monthly
- Cooking Class once a month
- Senior Computer Classes quarterly free of charge for those over 60 years of age taught by Washburn.
- Gardening Classes and Nutrition Classes taught by K-State Shawnee County Extension
- Health Monitoring-Baker School of Nursing
- Dog Walking Program – Helping Hands Humane Society
- Full-size greenhouse for gardening activities
- Guest Speakers
- Musical Entertainment
- Fishing
- Meals on Wheels Congregate Dining Site
- CSFP Senior Commodities Distribution Site for Senior's (60 and older)
- Harvester's Senior Food Pantry – free produce for 60 and older, no income eligibility

Eligibility: Clients must be 60 years old or disabled.

How to Apply: Call 785-234-5809 or apply in person.

Fees: Donations encouraged.

Funding: City of Topeka, Shawnee County Elderly Services, Jayhawk Area Agency on Aging, KDOT, LULAC Council #11071, Private Foundation Grants, and local fundraising activities, as well as donations.

Meals on Wheels

2134 SW Westport Dr
Topeka, KS 66606
785-295-3980
Fax: 785-295-3999
Email: mow@mowks.org
Website: www.mowks.org

Heidi Pickerell, President & CEO

Mission Statement: We exist to nourish the elderly and/or homebound people in our community.

Hours: 8:00 a.m. - 4:30 p.m., Monday – Friday.

Services:

- Home delivered meals are available on a short-term or long-term basis in Shawnee and Jefferson counties, including rural areas. Some individuals may receive meals seven days a week.
- Good nutrition and safety checks can help ensure avoidance of hospitalizations, re-hospitalizations, and nursing facility placements. They also help manage chronic diseases and independence.

Eligibility: Persons 60+ years of age who are homebound or isolated, or a caretaker/spouse of a 60+ individuals, as long as it is in the person's best interest. Cost-shared meals are available regardless of age.

How to Apply: Call 785-295-3980.

Fees: Client donations toward the cost of meals are suggested but no eligible person will be turned down regardless of the inability to pay.

Funding: Federal, state, and local agencies as well as client contributions.

Medical Loan Closet

Aldersgate Village Campus
3124 SW Landsdown
Topeka, KS 66614
785-925-7663
Email: topekamlc@gmail.com

Mission Statement: The Medical Loan Closet provides gently used medical equipment to the underinsured and the underserved in Topeka and surrounding areas.

How it Works:

- People have gently used medical equipment that they no longer need, so they donate it to us.
- We inspect, clean and repair (if needed) all equipment. Then we place it in our revolving inventory.
- People need medical equipment but lack the resources to purchase or rent, so they come to us.
- We provide like-new equipment for a small processing fee and ask that the equipment be returned when it is no longer needed.

Eligibility: Services are available to anyone who needs medical equipment that cannot afford it otherwise.

How to Apply: Stop by or call for an appointment.

Fee: Range from \$5 - \$25.

Funding: Staffed by volunteers and receive no state or local funding.

Midland Care PACE Services

(A Program of All-Inclusive
Care for the Elderly)

130 SW Frazier Circle

Topeka, KS 66606

785-232-5770

Fax: 785-232-1513

www.midlandcare.org

Mission Statement: Midland Care PACE Services manages your "whole" person in a one-stop care program. You will enjoy freedom from navigating the maze of medical services, allowing you to focus on maintaining independence and quality of life.

Hours: PACE Center and Clinic are open Monday-Friday, 7:30am – 5:30pm; care is provided in the home and PACE Center: on-call staff available 24 hours a day, 7 days a week.

Services:

- Prescription and over-the-counter medications with no co-payment.
- PACE Center.
- Transportation
- Durable Medical Equipment: hospital beds, wheelchairs, walkers and more.
- Dental care: routine and special procedures, plus dentures as needed.
- Medical care, including specialist.
- Audiology services: exams and hearing aids.
- Physical therapy, occupational and speech therapy.
- In-home services: errands, personal care, cleaning and laundry, cooking as needed.
- Coordination of additional services including financial, legal and housing aid.

Eligibility: Age 55 and older; meet criteria for nursing facility care according to the state of Kansas:

Assessment by PACE team as being appropriate for services: and reside in the Midland PACE area, which includes the following counties: Douglas, Jackson, Jefferson, Osage, Pottawatomie, Shawnee, Wabaunsee, Leavenworth, Lyon, Marshall, Nemaha and Wyandotte.

How to Apply: Call for tour and /or more information, complete paperwork.

Fees: Dependent upon income. Participant financial obligation may be required.

Funding: Medicare, Medicaid, Private insurance and Private pay.

Older Kansan Employment Program

@ Let's Help

200 S. Kansas Avenue

Topeka, KS 66603

785-234-6208 Extension 248

Email: robin@letshelpinc.org

Robin St. James, Program Coordinator

Hours: Tuesday, Wednesday and Thursday 8:00am – 2:00pm

Mission Statement: Older Kansas Employment Program (OKEP) offers residents, aged 55 or older, in finding employment.

Services: OKEP provides skills assessment, resume writing assistance, job counseling, computer skills training, help in filling out applications and creating cover letters, job club, job referrals, mentoring services, and job-related workshops. In addition, OKEP provides assistance to potential employers in utilizing the contributions of older Kansans as part of their workforce.

Fees: None.

Funding: Let's Help and the Kansas Department of Commerce.

Papan's Landing Senior Center

619 NW Paramore Street
Topeka, KS 66608
785-232-1968
Fax: 785-232-1102

Website: www.papanslanding.com
Email: debbie@papanslanding.kscoxmail.com

Facebook

Executive Director: Debbie Lake

Mission Statement: To provide services that will assist the elderly to remain independent and in their homes for as long as possible.

Services:

- Transportation: provides seniors in the North Topeka and Oakland areas with transportation for medical appointments, business appointments, to and from the center for daily activities, and recreational trips. Hours Monday – Friday 8:00am – 1:00pm.
- Recreation: provides seniors activities at the center with exercises, games, crafts, entertainment, information, noon lunch (provided by Meals on Wheels program), support, as well as other activities, information, and educational classes of interest to seniors.
- Home Visiting and Telephone Reassurance: provides shut-ins with a visit and/or phone call to check on status and to add comfort when needed, also to provide information as needed.

Eligibility: Services are available to seniors 60 years of age or older.

How to Apply: Call 785-232-1968.

Fees: Donation basis.

Funding: Kansas Department on Aging – Jayhawk Area Agency on Aging, Shawnee County Services for the Elderly, and the City of Topeka Social Services.

*PLSC does not discriminate on the basis of race, color, sex, national origin, religion or disability.

Presbyterian Manor of Topeka

4712 SW 6th Avenue
Topeka, KS 66606
(785) 272-6510
Fax: (785) 272-0496

Website: www.topekapresbyterianmanor.org

Chelsea Watgen, Marketing Director

Our Mission: We provide quality senior services guided by Christian Values.

Our Vision: Together we are making positive differences in the lives of seniors.

Hours: 24 hours a day – 365 days a year

Services:

- Independent Living
- Assisted Living
- Health Care Center
- PATH- Post Acute to Home inpatient rehabilitation therapy

Eligibility: Senior Citizen

How to Apply: Call Chelsea Watgen at (785) 272-6510

Fees: Call (785) 272-6510 for fee information

Funding: Faith based non-profit organization funded by private pay, Medicare, Medicaid, Supplemental insurance, and donations to the Good Samaritan program.

Prestige Home Care of Kansas, Inc. (FP)

109 Delaware Street, Ste A

Leavenworth, KS 66048

913-680-0493

Fax: 913-651-4631

Toll free: 1- 888-680-0493

Website: www.ksprestigehomecare.com

Email: larry.martin@ksprestigehomecare.com

Geri Martin, CRNA, President

Mission Statement: Provide the finest quality home care service at a fair price.

Hours: 8:30 a.m. - 4:30 p.m., Monday – Friday. On call 24 hours a day, 7 days a week.

Services:

- Light Housekeeping.
- Laundry.
- Meal preparation/assistance with eating.
- Shopping and errand assistance.
- Transportation to Dr., grocery store, pharmacy.
- Medication reminders.
- Ambulation and exercise assistance.
- Assistance with dressing.
- Companionship.
- Bath aide services.

Eligibility: Programs include VA, Older Americans Act, Senior Care Act, Medicaid, and private pay.

How to Apply: Call our toll-free number.

Fees: Call our toll-free number to discuss fee schedule.

Funding: Not applicable.

Red Carpet Library Services Topeka & Shawnee County Public Library

1515 SW 10th Avenue, Topeka, KS 66604

785- 580-4400, TTY: 785-580-4544

Fax: 785-580-4430

Website: <https://tscpl.org/services/red-carpet>

LaVoyce Ewing, Red Carpet Librarian

Mission Statement: Sparking curiosity and connecting our community through literacy and learning.

Hours: 9:00 a.m. - 9:00 p.m., Monday - Friday.
9:00 a.m. - 6:00 p.m., Saturday.
Noon - 9:00 p.m., Sunday.

Services:

- Outreach: Staff and volunteers prepare and deliver library materials every two weeks to people living in retirement complexes and adult care facilities. Red Carpet also delivers to senior centers and meal sites.
- Homebound Program: Staff calls, selects and delivers library materials directly to homebound individuals and they pick up returns once every two weeks.
- Older Adult Programming: Staff and volunteers present programs ranging from informational programs about senior services and issues to recreational and entertainment programs.
- Materials: Large print books and magazines, reminiscence kits, TTY, information on aging issues, therapeutic games, and low vision aids.
- Low Vision/Assistive Hearing Device Center: Staff and volunteers are available to demonstrate low vision/assistive aids. Magnifiers and assistive hearing devices are available to check out for three weeks.
- TTY Service Desk: individuals with hearing loss can call 785-580-4544 and ask reference questions.
- Talking Book Service: Staff can provide applications and information about the Talking Books Program.

Eligibility: Topeka and Shawnee County residents. Reciprocal library privileges to those living in the Northeast Kansas 14-county area.

How to Apply: Apply for a library card at the main library and bookmobiles, or online at www.tscpl.org

Fees: None.

Funding: Local property tax, private philanthropy

Rossville Senior Center

429 Pearl Street
P.O. Box 403
Rossville, KS 66533
785-584-6364

George Sullivan, President

Mission Statement: To provide nutrition, recreation and mobility to senior citizens in the Rossville area.

Hours: 9:00 a.m. - 1:00 p.m., Monday – Friday.

Services:

- Transportation, if needed, to and from the meal site.
- Well-balanced, complete meals five days a week.
- Home-delivered meals to the ill or disabled.
- Every other week exercise program.

Eligibility: Age 60 or over.

How to Apply: Call or visit the center.

Fees: None. Contributions are encouraged.

Funding: Shawnee County Service Program for the Elderly and contributions.

Senior Health Insurance Counseling for Kansans SHICK

503 S. Kansas Avenue, Topeka, KS 66606
1-800-860-5260, Fax: 785-296-0256
Website:

<https://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick>

Kari Bruffett, Secretary

Mission Statement: SHICK educates the public and assists consumers on topics related to Medicare and health insurance so they can make informed decisions.

Hours: 8:00 am-5:00 pm, Mon. - Fri. except holidays.

Services: SHICK provides the following services through trained volunteers in your community.

- Consumer education services provides objective information about Medicare A, B, C, and D, Medicare Supplement insurance, long-term care insurance, prescription drug assistance, receiving Medicare through managed care plans and other insurance related topics. Consumers receive information through public forums, presentations to organizations and groups, displays, radio, television and a variety of printed materials.
- Confidential sessions with trained counselors focus on specific information or problems. Individual counseling sessions are an effective way to objectively provide information on health insurance coverage, claims assistance, and referrals to appropriate agencies. Individual decision-making and problem-solving are always supported.

Eligibility: Those individuals on Medicare or about to begin Medicare coverage, their families and caregivers.

How to Apply: Call to find the sponsoring organization.

Fees: None.

Funding: Federal grant program.

Sponsoring Organizations:

- Shawnee/Jefferson Counties
Jayhawk Area Agency on Aging Clients
Chris Merriweather, SHICK Coordinator
2910 SW Topeka Boulevard, Topeka, KS 66611
785-235-1367
1-800-798-1366
785-354-5346(fax)
cmmerriweather@jhawkaaa.org
- K-State Research & Extension, SNCO
1740 SW Western Avenue, Topeka, KS 66604
785-232-0062
Fax: 785-232.0093
Website: www.shawnee.ksu.edu
Cindy Evans, County Extension Agent

Silver Lake Senior Citizen Center

404 E. Lake Street
Silver Lake, KS 66539
785-582-5371

Jim Toomay, Site Director

Mission Statement: To provide recreation, nutrition and mobility to senior citizens in the Silver Lake area.

Hours: 9:00 a.m. - 12:30 p.m. Monday – Friday.

Services:

- This project offers social activities and serves as a congregate meal site.

Eligibility: Age 60 and over.

How to Apply: Come to the center. Meals should be ordered 24 hours in advance.

Fees: None. Donations are encouraged.

Funding: Shawnee County, contributions

Topeka Jayhawk Legal Services for Seniors Kansas Legal Services

712 S Kansas Avenue, Suite 201
Topeka, KS 66603

785-354-8531

Toll Free: 1-800-723-6953

Fax: 233-2096

Marilyn Harp, Executive Director
Kerrie Lonard, Managing Attorney

Mission Statement: Kansas Legal Services, a statewide non-profit organization, is dedicated to helping low income Kansans meet their basic needs through the provision of essential legal, mediation and employment services.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- For Senior Citizens: Provide legal assistance or advice to low-income, homebound, or institutionalized citizens aged 60 or older, residing in Shawnee, Douglas and Jefferson counties who would be otherwise unable to gain access to legal counsel.
- Representation and advice for Income Maintenance (Social Security, Railroad Retirement, Supplemental Security Income and other government benefits).
- Housing (public housing, subsidized housing, residential landlord/tenant disputes, nursing home problems).
- Health Care (Medicaid, Medicare and insurance issues).
- Consumer Problems including debt relief, student loans, and disputed consumer transactions.
- Advance Directives: Powers of attorney, living wills, wills and will alternatives.
- Elder Hotline: 888-353-5337.

Eligibility: Client must be at least 60 years of age.

How to Apply: Call 1-800-723-6953 or online at www.kansaslegalservices.org

Fees: There are no fees charged to seniors served with Older Americans Act funds or county funding. Donations are accepted. In certain circumstances reduced fee services may be offered.

Funding: Older Americans Act, Shawnee County; Service Programs for the Elderly, Douglas County.

VIP 501 Club

Topeka Public Schools USD 501

624 SW 24th Street
Topeka, KS 66611
785-295-3092

Misty Kruger, Director of Communication

Mission Statement: To show the schools' appreciation to patrons of the district for their past and continued support of public education in the community.

Hours: 7:30 a.m. - 4:30 p.m., Monday – Friday.

Services:

- Members will be issued free lifetime passes (with some limitations).

Eligibility: Any person 65 or older and a resident in the USD 501 area or has grandchildren in USD 501 schools.

How to Apply: At USD 501 Burnett Administrative Center, 624 SW 24th Street.

Fees: None.

Funding: Topeka Public Schools, USD 501.

Mental Health & Substance Abuse Services

Al-Anon/Alateen Family Groups

P.O. Box 67394

Topeka, KS 66667

Phone Information Line: 785-409-3072

Website: <https://supportgroupsinkansas.org/node/177>

Email: kansas20dr8@gamil.com

Shannon Diaz - Al-Anon Services Coordinator
785-220-4381

Mission Statement: When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and let it begin with me.

Hours: Information line available 24/7.

Services:

- Group-led 12 Step support groups, consisting of family and friends of alcoholics who come together to share their experiences, strength and hope in order to solve common problems.
- One-on-one support through sponsorship.
- Al-Anon does not offer any shelter support or referrals.
- Anonymity is protected in groups.
- Alateen available for young family members.

Eligibility: Tradition three states: The only requirement for membership is that there be a problem of alcoholism in a relative or friend. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

How to Apply: Call the local phone number or visit website to find schedule of meetings.

Fees: There are no dues for membership.

Funding: Al-Anon is self-supporting through its own voluntary contributions.

Alcoholics Anonymous (AA)

Greater Topeka Area AA

2100 SW Central Park Ave

Topeka, KS 66611

Help Line 785-235-2226

Website: www.aatopeka.org

Mission Statement: To stay sober and to help other alcoholics achieve sobriety.

Hours: 24 hours a day, 7 days a week message phone.

Services:

- AA meetings 7 days a week.
- Offers various meeting times every day.

Eligibility: A desire to stop drinking.

How to Apply: Call 785-235-2226 for time and place of meetings or access the webpage at aatopeka.org for a schedule.

Fees: None.

Funding: Self-supporting through contributions.

Breakthrough House, Inc.

Main Office: 1195 SW Buchanan St. Suite 202
Topeka, KS 66604
Phone: 785-232-6807
Fax: 785-232-0751
Email: ldavis@breakthroughhouse.org

Steven Robinson, Executive Director
Office Hours: 8:00 a.m. – 5:00p.m., Monday-Friday

Mission Statement: Empowering our mental health consumers to live independent, impactful lives.

Services (3 Separate Programs):

1. Clubhouse

1201 SW Van Buren St
Topeka, Kansas 66612
Ashley Dill, Clubhouse Manager
Phone: 785-232-6960
CH Hours: 8:30am – 4:00pm Mon, Tues, Thurs
& Fri: closed Wed, Sat & Sun

BTClubhouse provides a supportive environment for adults over 18, diagnosed with a mental illness. Support for members to increase self-esteem and skills to function more independently in their lives. Various non-clinical opportunities for socialization, various group activities, occasional outings, and a daily meal at noon. Transportation home is available for members attending Clubhouse activities. There is a small charge for rides for non-Breakthrough residents. Meals are free for members. Monday noon meals are free and open to the public. Call ahead for Holiday mealtimes and availability. Membership application can be picked up at the Clubhouse.

2. Housing BTH Residential Services option of group home or independent apartment living in Topeka.

3. Representative Payee Services: The BTH Payee Program offers its services under the authorization of the Social Security Administration, and/or the Veterans Administration. All Payee consumers must be receiving SSI and/or SSDI, Social Security Retirement or a VA pension.

Eligibility: Residents of Shawnee County who have a mental illness diagnosis and are 18 yrs. Of age or older.

How to Apply: For Clubhouse, call 785-232-6960, for Residential, call 785-232-6807 ext. 105. For Payee Program Services, call 785-232-6807 ext. 103.

Fees: BTH Clubhouse - \$0 membership, some small activity fees. Payee Services fee is \$42 a month. In 2018, dictated by SSA. Housing rates vary – please call.

Funding: Mental Health Block Grant, Topeka/Shawnee County Social Services Grants, Valeo Pass-Through, SH Co. Mill Levy funding, local business, private donations.

Depression and Bipolar Support Alliance

115 Courthouse Plaza
Manhattan, KS 66502
First Christian Church
785-341-8224

Website: <http://dbsa.manhattankans.org/>

Ann Foster

Mission Statement: We've been there, we can help.

Meeting: 6:30pm on 1st Thursday of each month

Services:

- Education and support for persons with depression or bipolar disorder, their families and support persons.
- Peer support group for mood disorders.

Eligibility: Over 18 years of age.

Fees: None.

Funding: Donations and grants.

Family Service & Guidance Center

325 SW Frazier Avenue
Topeka, KS 66606
785-232-5005
Fax: 785-232-8611

Brenda S. Mills, MSM, FACHE,
Chief Executive Officer

Mission Statement: Family Service & Guidance Center provides behavioral health care to children and families.

Hours: 7:30 a.m. - 6:00 p.m., Monday – Thursday, 7:30 a.m. - 5:00 p.m., Friday, 24-hour crisis services.

Services:

- 24-hour crisis services.
- Psychiatric services provided by Board-certified Child and Adolescent Psychiatrists and ARNPs.
- The Youth Development program for school-ages children – school-based and after-school groups.
- The Early Childhood Intervention Program, including the Preschool Development Center therapeutic preschool, for preschool-aged children.
- Outpatient therapy, including individual, group and family.
- Psychological evaluations.
- Case management, individual community support and attendant care.
- Anxiety Treatment Program
- Families Supporting Recovery Program
- Transitions to Adulthood Program
- Happy Bear Abuse Prevention Program
- Mental Health First Aid classes

Eligibility: Services are available to Shawnee County residents 18 and younger and their families.

How to Apply: Call 785-232-5005 for more information or to schedule an appointment.

Fees: FSGC accepts all insurance, including KanCare (Medicaid) and self-pay. A sliding fee scale based on family income is also available to Shawnee County residents.

Funding: Client fees, federal, state and county aid; private gifts; and grants

Friends of Recovery

6422 Santa Fe Drive.
Overland Park, KS 66202
(913) 722-0367 or (800) 722-0366
Fax: (913) 722-6325
730 N Waco
Wichita, KS 67203

Website: www.friendsofrecovery.com
Email: kittythomas04@hotmail.com

Kathleen Wright, Executive Director
Leigh Anne Larson, Program Coordinator, Overland Park

Mission Statement: To support and collaborate with Oxford Houses in Kansas, which are self-supporting, democratically operated homes for recovering individuals. Friends of Recovery and Oxford House will assist these individuals to attain and sustain recovery from substance addiction.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Case management.
- Conflict mediation.
- Community presentations, including civic and faith organizations.
- Community liaison services.
- Advocacy and support.

Topeka Locations - Oxford Houses

- Belle West – 5537 SW 27th Street – (785) 581-0643
- *Bella Vita – 1600 NW Taylor – (785) 783-2883
- Bellator – 1119 SW 16th St. – (785) 861-7406
- Crossroads – 1600 SW College Ave – (785) 783-3416
- Highland Crest – 1130 SE 3rd Terr – (785) 246-6460
- *Faith – 1411 SW Lincoln – (785) 783-3983
- Lane – 1730 SW Washburn – (785) 783-8574
- Libertas – 3010 SW 36th St. – (785) 730-2054
- **Lighthouse – 2024 SW Fairlawn – (785) 478-5614
- Ruben – 2316 SW Indian Trail – (785) 478-5282
- Shunga – 5125 SW 26th Terr – (785) 783-2524
- Washburn – 5401 SW 28th – (785) 228-3868
- Willow Park – 804 SW Lindenwood – (785) 783-8024
- Wren – 1005 SW 10th Ave – (785) 246-6041

Eligibility: Must be in recovery from alcohol or drug addiction.

How to Apply: Contact Kathleen Wright at the number listed above for a complete list of Oxford Houses in the Topeka area.

Funding: Addiction and Prevention Services (KDADS) grant, Johnson County Alcohol Tax Fund Grant, donations.

Heartland Clinical Consultants (FP)

1100 Wanamaker, Suite 3
Topeka, KS 66604
Website: www.heartlandclinical.com

Mission Statement: To hope people achieve a successful and healthy balance in their lives.

Hours: 8:00 a.m. Monday – Thursday.

Services:

- Outpatient Mental Health Services
- Cognitive Life Skills
- Employee Assistance Programs – network affiliate

How to Apply: Call 785-249-48474.

Fees: Free Brief telephone consultation to help determine if these services are right for you. Outpatient Mental Health fees: \$120.00 for initial session and \$90.00 for following sessions. Most major insurances accepted. Visa and Master Card are accepted. Some clients choose to self-pay. Employee Assistance Programs: EAP programs are funded totally by the Employer. There are no funds collected from the employee. Professional Life Coaching fees: This is a Self-Pay program. Visa and Master Card are accepted. There is a significant discount for prepay.

Kansas National Guard

Joint Substance Abuse Prevention Program

Armed Forces Reserve Center
Bldg. 688, Rm 213, Forbes Field
Topeka, KS 66619
785-861-3933
Fax: 785-861-3952
Website:

<http://kansastag.gov/NGUARD.asp?PageID=605>

Katie Kent, Prevention Coordinator

Mission Statement: To provide prevention training, outreach to military families, and treatment resources to military members to increase military discipline, individual performance, and combat readiness.

Hours: Office: 8:00 a.m. - 5:00 p.m., Monday - Friday.
24-hour Hotline: 785-640-1805.

Services:

- Providing prevention education to units and families.
- Assisting service members and their dependents with finding proper treatment facilities for both self-referrals and board directed referral.
- Working with service members and their dependents to reduce the abuse of substance or activities that are harmful to the welfare of the service member and their family members' well-being.

Eligibility: Member/dependent of the Kansas Army or Air National Guard.

How to Apply: Contact us at 785-861-3933 or 785-640-1805.

Fees: none

Funding: Tri-Care/sliding scale.

Mirror Inc. Residential Reentry Center

2201 SE 25th Street
Topeka, KS 66605
785-267-0561

Fax: 785-215-6087

Website: www.mirrorinc.org

Email: mgoodman@mirrorinc.org

Dr. Donald Denney, VP Community Integration
Melissa Goodman, Director of Federal Programs

Mission Statement: Mirror's mission is that through broad-based partnerships, we will provide substance abuse, correctional, and other community health and human services to people in need.

Hours: 8:00 a.m. - 5:00 p.m., Monday- Friday.
Reentry Center Hours: 24 hours.

Services:

- Mirror, Inc. offers a comprehensive array of programming to individuals, communities and government entities. Continuum of care is available for those participating in the Residential Reentry Center program. These services are provided to individuals involved in the criminal justice system through contracts we have entered with the U.S. Bureau of Prisons and U.S. Probation to assist individuals in successful re-entry into society after incarceration. Our correctional programs also provide services for individuals who are supervised by the U.S. Probation Office in Kansas.
- Mirror serves as a regional Residential Reentry Center for Federal Offenders releasing from Federal Bureau of Prisons and returning to Topeka, KS and surrounding areas. These individuals are placed at the Residential Reentry Center in order to complete the remainder of their term of incarceration and to begin their transition to the community by obtaining and maintaining gainful employment, suitable, approved housing, obtain needed support services in the community, and reintegrate into family dynamics. Also, individuals' transition from the Federal Bureau of Prisons to the jurisdiction of the U.S. Probation Office. The goal of this program is to assist offenders in developing skills necessary for a successful transition into the community and to assist them in becoming a productive member of the community.

Eligibility: Referral from United States Probation or Federal Bureau of Prisons.

Fees: Clients pay a portion of the cost through subsistence (a percentage of income from employment).

Funding Sources: United States Justice Department.

NAMI Kansas Inc.

501 SW Jackson St., Ste 400
Topeka, KS 66601 (m)
(785) 233-0755

Fax: (785) 233-4804

Email: info@namikansas.org

Sherrie Vaughn, Executive Director

Mission Statement: Dedicated to improving the lives of those affected by the mental illnesses by providing leadership and working in partnership with local affiliates to ensure peer support, advocacy and education.

Hours: Monday – Friday, 8:30am – 5:00pm

Services:

- Connection Recovery Support Group
- Family Support Group
- Family to Family Education Classes
- Basic Education Classes
- Veterans Support Groups
- Hoarding Support Groups
- As well as Social Setting Groups

Call for more information about Support Groups and Education Classes near you

New Beginnings Health Care, P.A. (FP)

5315 SW 7th Street
Topeka, KS 66606
785-233-7138
Fax: 785-233-7089

Website: <https://newbeginningshealthcare.com/>

Email: newbegginings@nbhc.kscoxmail.com

Sheri Daudet, Practice Manager

Mission Statement: At New Beginnings we help people restore balance in their lives. We offer a safe place where people can be heard and understood.

Hours: 8:00 a.m. - 6:00 p.m., Monday – Thursday.
8:00 a.m. - 4:00 p.m., Friday.

Services:

- Diagnostic and psychiatric consultation.
- Medication management.
- Substance abuse counseling.
- Psychotherapy including couples, families and individuals.
- Psychological testing.
- Eye Movement Desensitization and Reprocessing (EMDR).

Eligibility: Services for adults and adolescents.

How to Apply: Call 785-233-7138.

Fees: Call 785-233-7138 for information.

Funding: Insurance, private pay, and Medicare.

New Dawn Wellness & Recovery Center (FP)

4015 S.W. 21st Street
Topeka, KS 66604
785-266-0202
Fax: 785-267-3439

Website: <https://www.newdawnrecovery.org/>

Email: info@newdawnrecovery.org

Nancy Lollman, Director

Mission Statement: To provide the best service possible for those with substance abuse, addictions, or gambling problems.

Hours: 8:00 a.m. - 7:30 p.m., Monday - Friday, with weekend hours available.

Services:

- Assessments and referrals.
- Outpatient and intensive outpatient addiction treatment.
- Individual and group therapy.
- Services for mental and emotional issues.
- Employee Assistance Program (EAP).
- Individualized treatment plans for the client.
- Specialized treatment for women, men, and adolescents.
- Gambling Assessments and specialized counseling.

Eligibility: Individual must be 13 years old or older.

How to Apply: Call 785-266-0202.

Fees: Sliding scale available for qualified individual. Arrangements must be made in advance.

Funding: Insurance, Medicaid, and Self pay, state funding if eligibility is met.

Prevention & Recovery Services (PARS)

2209 SW 29th Street
Topeka, KS 66611
785-266-8666
Fax: 785-266-3833
Website: www.parstopeka.com
www.safeststreets.org

John Calbeck, Executive Director

Mission Statement: Shawnee Regional Prevention and Recovery Services (PARS) is a not-for-profit, voluntary health organization committed to helping make our community a place where people of all ages are safe, connected with others, and free from the effects of crime and substance abuse. It serves the Shawnee County community and was founded in 1965. PARS accomplish its mission through Safe Streets and the Prevention Services Department.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Thursday.
8:00 a.m. - 4:30 p.m., Friday. Evenings by appointment.

Prevention Services: works with communities to prevent substance abuse and related problem behaviors amongst youth. It incorporates Evaluation Services for youth and adults. Services includes:

- Alcohol, tobacco and other drug information and resources
- Interpretation of Communities That Care (TCT) Survey data
- Consultation on prevention and intervention activities
- Customized trainings and workshops on substance use
- Presentations to youth, families and in the workplace
- Substance abuse evaluation, referral for youth and adults
- Person Centered Case management
- Skills for Success classroom groups

Safe Streets: works to create a healthier community by addressing crime and substance abuse through a prevention education and citizen empowerment. Programs include:

- Neighborhood Watch
- National Night Out coordination
- Retailer's Association
- Safe Streets Coalition and its initiatives, including; Lock It, Remove It or Lose It, the Substance Abuse Task Force and others!
- Mediation
- Customized trainings and workshops on crime prevention
- Calles Seguras – above services for Spanish-speaking residents

Eligibility: Call Cheryl at (785) 266-8666

How to Apply: Call the above number

Fees: Vary based upon programs.

Funding: PARS is funded through the City of Topeka and Shawnee County, including Liquor by the Drink Tax dollars. Funding is also received from the Kansas Department on Aging and Disability Services and the Substance Abuse and Mental Health Services Administration.

Sims-Kemper Clinical Counseling (FP)

1701 SW Medford Avenue
Topeka, KS 66604
785-233-0666
Fax: 785-233-8065

Website: www.sims-kemper.com
Email: sims-kemper@bcglobal.net

Shirley Murray, Executive Director

Mission Statement: Sims-Kemper Clinical Counseling & Recovery Services is a regional resource providing evaluation, education and treatment for problems with alcohol, drugs and/or gambling. Our goal is to promote individual growth, healthy families, and positive lifestyles.

Hours: 9:00 a.m. - 5:00 p.m., Monday – Friday.
Group sessions: weekdays, evenings, Saturday mornings.

Services:

- Alcohol Education Classes.
- Evaluations, continuing care and relapse prevention.
- Outpatient drug, alcohol and compulsive gambling treatment.
- Intensive Outpatient Treatment.
- Group and/or individual treatment for men, women, adolescent.

Eligibility: Persons with substance and/or gambling problems and their families.

How to Apply: Call 785-233-0666 for appointment.

Fees: Call for information.

Funding: Third party insurance, Medicaid and self-pay (Sliding Scale Available). We also accept applicants from SB123, Shawnee County Drug Court, Fourth or More DUI Funding and Federal Block Grant.

Stormont-Vail Behavioral Health Services

3707 SW 6th Avenue
Topeka, KS 66606
785-270-4600
Fax: 785-270-4601

Julie Dejean, Administrative Director

Mission Statement: Working together to improve the health of our community.

Hours: 24 hours a day, 7 days a week. Contact 785-270-4600 for admissions information.

Services:

- Child and Adolescent Inpatient Program: With an average length of stay of 3 to 5 days, this program serves patients up to 17 years of age focusing on short-term crisis stabilization using therapeutic interventions, groups and activities
- Adult Inpatient Program: This program focuses on acute, short-term crisis stabilization using psycho-educational groups and activities with an average length of stay of 3 - 5 days. The program includes individualized treatment planning with a multidisciplinary approach, discharge planning and continuity of care with community providers. Access is limited to adult voluntary admissions over the age of 18
- Senior Diagnostic and Treatment Center - located at Stormont-Vail HealthCare, 1500 SW 10th, 6-West, (785) 354-6695: A 16-bed unit providing psychiatric assessment, treatment and discharge
- The substance abuse program offers two levels of treatment. If a patient needs a higher level of care, and is eligible, the intensive outpatient program is available and offers up to three hours of group meetings per day, four times per week. After completing intensive outpatient treatment, the patient continues the substance abuse program through outpatient treatment which meets 3 hours, 1 day per week

Eligibility: Available to anyone.

How to Apply: Call for information or appointment.

Fees: For counseling programs, insurance reimbursement, sliding scale.

Funding: Insurance and client fees.

Sunshine Connection

3434 SW 6th Ave
Topeka, KS 66606
785-232-0315

Website: www.sunshineconnection.org
Email: sunshineconnectiontopeka@gmail.com

Contact person: Cara Talley

Mission Statement: The Sunshine Connection is dedicated to serving consumers with Severe and persistent mental health challenges. Our goals are to empower, encourage, listen and support every consumer who is in their recovery journey.

Hours: 8:00am – 3:00pm Monday, Wednesday, and Friday (2nd Wednesday of each month is not open to consumers unless it is a holiday)

Last week of the month: Monday's 8:00am – 4:00pm, Tuesday 8:00am – 2:00pm, Wednesday 8:00am – 4:00pm, and Friday 8:00am – 4:00pm

Services:

- Peer support groups
- Transportations to and from CRO
- Transportation to appointments or pharmacies if attending member needs it that day
- Volunteer opportunities
- Leadership opportunities
- Special outings
- Holiday and birthday celebrations

Other info: We update the answering machine with activities so please check it for updates.

Eligibility: Consumer with severe, persistent mental health challenges between ages 18+.

How to apply: Come three times in a row and we will have you sign an information form.

Fees: \$5.00 for special trips outside the normal everyday schedule

Funding: non-profit

Valeo Behavioral Health Care

330 Oakley, Topeka, KS 66606
2401 SW 6th Street Topeka, KS 66606
400 SW Oakley Ave. Topeka, KS 66606
785-233-1730
785-234-3300 - 24-hour Crisis Hotline
Fax: 785-233-0085

Website: www.valeotopeka.org

Christine Wills, Director of Mental Health Programs
Karen Stafford, Crisis & Intake Program Manager
Lisa Hastings, Crisis Diversion Services & Community Residence Program Manager

Kristin Farley, Services for Employment Success
Patricia Vega, C.A.R.E. & Supported Education Program
Cara Weeks, Expressive Therapy Program Manager
Dennis Tenpenny, Case Management Program Manager
Donna Park, Adult Psychotherapy Program Manager
Cathy Walker, Director of Valeo Recovery Center, VRC Social Detoxification

Theresa Douthart, Housing Resource Specialist

Mission Statement: To promote behavioral health, wellness, and recovery through excellence as the provider of choice for comprehensive, compassionate, and fiscally responsible outcomes-driven care.

Hours: 8:00 a.m. - 5:00 p.m., Monday – Friday.

Services:

- Crisis Intake.
- Crisis Diversion
- Crisis Housing.
- Substance & Gambling Addictions Treatment.
- Adult Psychotherapy.
- Medical Services & Primary Care Clinic.
- Mental Health Screening.
- Case Management.
- Community Based Rehabilitation.
- Supported Education.
- Supported Employment.
- Expressive Therapies.
- Integrated Dual Diagnosis Treatment.
- Senior Outreach Services.
- In-Home Support.
- Peer Support.
- Transitional Housing for special populations.

Eligibility: Adults 18+ who live, work, or own property in Shawnee County. All Valeo Behavioral Health Care Services require an assessment and open chart. Special population's accommodations.

How to Apply: Call Crisis Intake & Assessment 785-233-1730 ext. 6360.

Fees: Sliding scale or billed to third party insurers.

Funding: Medicaid/Medicare, state aid, state and federal



grants, fees, donations.

Valeo Community Residence Program, Inc.

5401 SW 7th Street

Topeka, KS 66606

785-215-8864

Fax: 785-354-1068

Website: www.valeocrp.org

Email: info@valeocrp.org

Lisa Hastings – Program Manager

Mission Statement: Valeo Community Residence Program will be the provider of choice for individuals seeking mental wellness in a uniquely warm, supportive, family-like environment which fosters personal growth in a residential setting.

Hours: Initial assessment and appointment schedule is done 8:00 a.m. - 5:00 p.m., Monday – Friday. Services are provided 24-hours, 7 days a week.

Services:

- Long-Term Residential care.
- Transitional Residential Care.
- Adult Day Program.
- Comprehensive mental health services.
- Individualized treatment plans.
- Daily groups and leisure activities.
- Housekeeping and Meals.
- Employment support.
- Education support.
- Case management.
- Medication monitoring.

Eligibility: Adults with mental illness and/or dual diagnosis.

How to Apply: Contact Valerie Mize, Program Coordinator for an assessment, 785-215-8864.

Fees: Private Pay. Rates available for permanent resident single occupancy, permanent resident double occupancy, Annex rates by day.

Funding: Fees, donations.

Valeo Recovery Center

330 SW Oakley
Topeka, KS 66606
785-233-1730
Fax: 785-357-5170

Gary Lee, Program Manager

Mission Statement: To provide comprehensive and progressive services for the treatment of substance abuse and problem gambling addictions in the individual and family, regardless of financial circumstances.

Hours: 24-hour detoxification services and residential programs. Outpatient programs: 8:00 a.m. - 9:30 p.m.

Services:

- Social Detoxification is an 11-bed unit for persons who are in need of a safe, supportive environment.
- Alcohol/Drug Assessments for adults.
- Intermediate Care: 24-hour inpatient.
- Intensive Outpatient Treatment.
- Reintegration Care for men and women.
- Continuing Care & Relapse Prevention Groups.
- Individual counseling.
- Problem Gambling Addictions Treatment.
- Drug Testing.

Eligibility: Available to everyone. Admission is not denied to any individual due to inability to pay. Special priority given to pregnant women, women with children, IV drug use, KDCF referrals or HIV-positive persons. All programs available to persons with a concurrent mental health diagnosis.

How to Apply: Intake services call 785-233-1730. Detoxification services call 785-234-3448.

Fees: Based on income

Funding: SRS Substance Abuse/Mental Health Services, Topeka Shawnee County Special Alcohol/Drug Programs Fund, Valeo Behavioral Health Care, client fees and private donations

Medical, Dental & Public Health Services

Aging & Disability Resource Center (ADRC)

1-855-200-2372

Website: <https://www.kdads.ks.gov/>

Tim Keck, Secretary

Mission Statement: The ADRC is a trusted source of information where people of all ages, abilities and income levels - and their caregivers - can go to obtain assistance in planning for their future long-term services and support needs.

Hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.
Messages can be left after hours.

Services:

- Options Counseling: An options counselor can help by providing unbiased information that is relevant to the individual's needs, preferences and goals. This person-centered service supports the individual in making informed choices about their long-term care service options. Local options counselor for Shawnee and Jefferson County is Jayhawk Area Agency on Aging, 785-235-1367 or 1-800-798-1366.
- Information, Referral and Assessment: The ADRC has a statewide call center that is operated by knowledgeable staff trained in community resource information. The call center is a wealth of resource information for community services (in-home services, transportation, home delivered meals, etc.)
- Assessments: For individuals who are interested in a Home and Community Based Services (HCBS) (for the Frail Elderly, Physically Disabled or Traumatic Brain Injury), the ADRC can conduct the functional assessment needed to determine eligibility for the appropriate HCBS program. The ADRC can inform individuals about their choices in long term care settings and complete a CARE assessment for those interested in entering a nursing facility.

Eligibility: People of all ages, abilities and income levels and their caregivers needing assistance in planning for their future long-term service and support needs.

How to Apply: Call 1-855-200-2372, toll free.

Fees: Some programs function on a Sliding Scale Fee; some have Income Guidelines; others are provided at no cost to the consumer; Donation Only.

Funding: Federal and state funded program.

Angels Care Home Health

5375 SW 7th Street, Suite 600

Topeka, KS 66606

Phone: 785-273-3560

Fax: 785-273-3561

Website:

<https://angelscarehealth.com/locations/topeka-ks/>

Mission Statement: We provide skilled nursing care, restorative therapy and medical social services to patients in their homes or wherever they may reside, including assisted living facilities and retirement communities.

Office hours: 8:00 a.m. - 5:00 p.m., Monday - Friday.

Services:

- Disease management programs
- Chronic Heart Failure and Obstructive Pulmonary Disease
- Diabetes
- Parkinson's and Alzheimer's Disease
- Stroke/TBI, Hypertension, Light Step, Falls Prevention
- Skilled Nursing & Therapies
- Nursing Services & Therapists
- Home Health Aides
- Medical Social Workers, Pro Time, IV Infusion Therapy, Wound Care & Vac, Anodyne Therapy for Neuropathy & Pain

Eligibility: Services are available to anyone without regard to race, color, natural origin, sex, handicap or age.

Fees: Vary

Audio-Reader Network

1120 W 11th Street
Lawrence, KS 66044
785-785-4600
1-800-772-8898
Website: <http://reader.ku.edu>

Dan Skinner, Director
Lori Kesinger, Outreach Coordinator

Mission Statement: The Audio-Reader Network fosters independence by providing access to information and the arts for people who have difficulty reading standard print due to vision loss, physical or learning disability, mobility challenges, and age.

Ways to Listen: via closed circuit radio, over the telephone at 800-335-1221 (demo code 5887), through Amazon Echo (Alexa) "say Alexa activate Audio-Reader's Skill", on the internet at <http://reader.ku.edu/listen>, on a free app called SERO.

Office hours: 7:00 a.m. - 7:00 p.m., Monday - Friday.
7:00 a.m. - 2:00 p.m., Saturday and Sunday.

Services:

- 27-hour reading of newspapers, magazines and books. Schedule available at <http://reader.ku.edu/program-schedule>
- Special request recording of specialized items not already available in audio format (medical/doctor information, trade publications, training materials, etc.)
- Lions Telephone Reader – on demand access to newspapers, grocery ads, discount ads and magazines
- Audio Description of live theater (contact the theater for more information)

Eligibility: Services are available to anyone who has difficulty reading regular print, including individuals with physical limitations (MS, Parkinson's), mobility issues, brain injury and vision loss.

How to Apply: <http://reader.ku.edu/application-service> or call 800-772-8898.

Fees: none

Funding: Grants, individual donations, events, service organizations, foundations, and planned to give.

Communicable Diseases

Shawnee County Health

Department

2115 SW 10th Ave
Topeka, KS 66604
785-251-5604
Fax: 785-354-4319
Website: www.shawneehealth.org

Linda K. Ochs, LMSW - Director

Mission Statement: Shawnee County Health Department is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, respecting the diversity of our community, through adaptive and innovative processes.

Hours: 8 a.m.-5:00 p.m., Monday, Thursday, and Friday.
10:00 a.m.-7:00 p.m., on Tuesday.
8:00 a.m.-noon and 2:00-5:00 p.m., on Wednesday.

Services:

- Communicable Disease Control and Education is responsible for prevention of infectious disease through surveillance, treatment and follow-up. For information on infection control and rabies call 785-251-5604.

Eligibility: Open to the public.

How to Apply: Call 785-251-5604.

Fees: Medicaid, KanCare, Medicare, Century, Blue Cross Blue Shield and United are billed. Cash or check payments are also accepted.

Funding: Not available

GraceMed Health Clinic

GraceMed Capitol Family Clinic

1400 SW Huntoon

Topeka, KS 66604

785-861-8800

Fax: 785-478-5991

Web Site: www.gracemed.org

Hours: Mon, Tue, Wed, Fri - 8:00am to 5:00pm

Thursday – 10:00am to 7:00pm

Saturday & Sunday - Closed

GraceMed Highland Park Family Clinic

2025 SE California Ave

Topeka, KS 66604

785-861-8800

Fax: 785-478-5991

Web Site: www.gracemed.org

Hours: Mon through Fri – 8:00am to 5:00pm

Alice Weingartner, Director of Community Development

Mission Statement: To show and share the love of Jesus Christ by providing compassionate, accessible, high-quality health care for residents in the communities we serve.

Services:

- Medical Care
- Wellness
- Health insurance enrollment
- Cardiovascular care
- Mental health
- Health screenings
- Women's health
- Maternity care
- Men's health
- Vaccinations
- Specialist care
- Primary care
- Preventive care
- Dental care
- pediatrics

Eligibility: We accept Medicare, Medicaid, CHIP, and private insurance. If you do not have health insurance, you may qualify for a sliding fee discount based on your household income.

How to Apply: Call 785-861-8800 for an appointment.

Fees: Varies

Funding: Fees vary based on household income assessment if you do not have health insurance. If you do have health insurance, you will be responsible for

payments associated with that plan.

Health Connections

Stormont-Vail HealthCare

1500 SW 10th Avenue

Topeka, Kansas 66604

785-354-5225

Fax: 785-354-6195

Website: www.stormontvail.org

Charlotte Schirmer, R.N., M.S.N., Director

Mission Statement: Working together to improve the health of our community.

Hours: Nurse consultation available 4:30 p.m. - 8:00 a.m. Monday through Friday and 24 hours on weekends and holidays. All other services available 24 hours.

Services:

- Nurse consultation
- Physician referral
- Health information
- Community outreach
- Patient follow-up
- Nurse information line: When you are unsure of what to do about a child's fever or need guidance about a senior's non-emergent medical symptom that is causing concern, turn to Health Connection's Nurse Information Line. The trained nurses at Health Connections are available to assist with health information for you and your family after the doctor's office has closed. Call 785-354-5225

Eligibility: Services are available to individuals regardless of race, religion, nationality or ability to pay.

How to Apply: Contact 785-354-5225 for more information.

Fees: None.

Funding: A division of Stormont-Vail HealthCare.

HealthAccess,

Shawnee County
Medical Society

PO Box 615
Topeka, KS 66601-0615
785-235-0996

Fax: 785-235-2385

Email: khedquis@stormontvail.org

Karla Hedquist

Mission Statement: To establish ready access to appropriate, high quality health care for the low income, uninsured people of Shawnee County.

Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday.

Services:

- Physician services.
- Hospital services.
- Prescription services.

Eligibility: Income below 150% of the Federal Poverty Level.

How to Apply: Call 785-235-0996.

Fees: Co-payment required for prescription purchases.

Funding: Topeka Community Foundation, the United Way of Greater Topeka, the City of Topeka, Shawnee County, and from private donations.

Heartland Hospice

2231 SW Wanamaker Road, Ste 202
Topeka, KS 66614
785-271-6500

Fax: 1-888-410-9581

Website: www.heartlandhospice.com

Mission Statement: The mission of Heartland Hospice is to provide quality hospice care to patients with a limited life expectancy, as well as, support to their caregivers. The quality of life for those we serve is enhanced through palliative and specialized supportive care designed to meet the physical, psychosocial, social and spiritual needs of the patients and caregivers.

Hours: 8:00 a.m. – 5:00 p.m., Monday- Friday (office hours) Services available 24 hours a day, 7 days a week.

Services:

- Hospice provides services to patients with a limited life expectancy. The physical, psychosocial and spiritual needs of patients and caregivers are met by an interdisciplinary team comprised of the patient's attending physician, a medical director, a RN case manager, a hospice aide, a medical social worker, a spiritual counselor, a bereavement counselor, and volunteers. A dietician, physical therapy, occupational therapy and speech therapy are also services provided to our patients.

Eligibility: Call 785-271-6500.

How to Apply: Call the numbers listed above.

Fees: Hospice is a covered benefit under Medicare, Medicaid and many private insurance plans. Heartland Hospice strives to provide care to all who are eligible and need hospice care irrespective of ability to pay.

Funding: Medicare, Medicaid and private insurance.

Immunizations Shawnee County Health Agency

2445 SW 10th Ave
Topeka, KS 66606
785-251-5605

Website: www.shawneehealth.org

Mission Statement: Shawnee County Health Department is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, respecting the diversity of our community, through adaptive and innovative processes.

Hours:

8:00 a.m. – 5:00 p.m., Monday, Thursday and Friday.
10:00 a.m. - 7:00 p.m., Tuesday.
8:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m.,
Wednesday.

Services:

- Provide immunizations for infants, children, and adults to help ensure their health and the overall health of our community.
- TB Skin tests are provided during regular business hours. No TB Skin testing is available on Thursdays. Patients will need to return 2 days later to have their skin test read.
- Travel immunizations should be obtained when someone plans to travel outside the United States, to help protect against diseases that may be common in other countries. It is recommended that they are received at least 6 weeks prior to travel.

Eligibility: Open to the public.

How to apply: Service provided on a walk-in basis during regular business hours.

Fees: Medicaid, Medicare, KanCare, Century, Blue Cross Blue Shield, and United are billed. Cash, check or credit cards are accepted forms of payment.

Funding: State grants, local taxes and fees for service.

Kansas Association for the Medically Underserved The Primary Care Association of Kansas

700 SW Jackson Street, Suite 600
Topeka, KS 66603
785-233-8483
Fax: 785-233-8403

Website: www.kamuonline.org

Email: kspca@kspca.org

Denise Cyzman, Chief Executive Officer

Eligibility: Membership in the Kansas Association for the Medically Underserved (KAMU) consists of organizations that are part of or support Kansas safety net clinics.

Organizational Membership: Nonprofit or public organizations, which by legal mandate or explicit mission, deliver primary and preventive health care services including medical, dental, and/or behavioral health services on a full-time basis to patients regardless of their ability to pay, either by legal mandate or by explicitly adopted mission.

Associate Membership: Nonprofit or public organizations that provide direct primary and preventive health care services, including medical, dental and/or behavioral health services that either are not comprehensive in nature or are not on a full-time basis.

Affiliate Membership: Nonprofit or public organizations that do not provide primary care services, but support KAMU's mission to strengthen its member organizations through advocacy, education, and communication.

Individual Membership: Individuals who support KAMU's mission to support and strengthen its member organizations through advocacy, education, and communication.

How to Apply: Contact kspca@kspca.org

Fees: Vary based on membership type

Funding: Private foundations and legislative appropriations

Kansas Equipment Exchange

Increasing Access to Durable Medical Equipment

620-421-4514
1-866-666-1470
Website: www.atk.ku.edu

Sara Sack, Assistive Technology for Kansans Program

Mission Statement: Kansas Adult Medical Services and the Assistive Technology for Kansans Project of the University of Kansas at Parsons are working together to operate a statewide durable medical equipment reuse program. Kansas Equipment Exchange is designed to quickly move DME that is not being used and is still in good shape to Kansas who need it.

How It Works:

- Durable medical equipment is tracked upon their initial purchase. An inventory barcode is placed on the device by the vendor.
- The program is explained to the customer at the time the device is purchased/delivered.
- Program coordinator contacts each customer one-month post acquisition and again seven months after acquiring the device regarding satisfaction and evaluation of the device process, training, or maintenance/repair assistance.
- At any point if it is determined that the device is no longer being used, the coordinator contacts the Reuse Team from that area to arrange for pickup of the device.
- Customers can call 1-866-666-1470 to request pickup of device if it is no longer needed.

How to Apply: Go to www.atk.ku.edu or call 620-421-4514

Fees: None

Eligibility: 1) Medicaid beneficiaries, 2) Medicaid eligible, 3) those likely to become eligible for Medicaid, 4) those eligible for limited medical coverage by virtue of their limited income and assets, their disability (determined by SRS), and their pending application for disability through Social Security Act

Marian Clinic, Inc.

d/b/a Marian Dental Clinic

3164 SE 6th Avenue
Topeka, KS 66607
PH: 785-233-2800
Fax: 785-233-5116
Website: www.mariandental.org

Contact: Krista Hahn, RDH, MBA, ECP III
Executive Director
Email: krista.hahn@sclhealth.org

Mission Statement: We reveal and foster God's healing love by improving the health of the people and communities we serve, especially those who are poor and vulnerable.

Hours: Monday – Friday, 7:00am – 5:00pm

Services:

Our clinic provides high-quality, patient-centered, complete dental care for the uninsured, underinsured, and those with no dental home. We welcome all ages. Dental Exams, Digital Dental X-rays, Dental Cleanings, Fluoride Treatments, Dental Sealants, Fillings, Crowns, Bridges, Root Canals, Extractions, Dentures, Partials, Braces – Invisalign, Blood Sugar Monitoring, Chairside A1C testing, Brief medical assessment prior to dental appointments.

*Walk-in Emergency Dental Appointments

Eligibility: There are no eligibility requirements. Everyone is welcome.

How to Apply: Call to schedule an appointment. On the day of your appointment you complete the new patient packet and provide copies of your ID and dental insurance card if applicable. Arrangements can be made to complete the paperwork prior to your first visit. If you would like to be eligible for the sliding fee discount, please bring in a copy of your household income.

Fees: Our clinic fees are based on market value rates. We have a sliding fee discount available for eligible patients. These discounts are based on your household income. Patients are asked to bring a copy of their household income to their first appointment and annually after that. If you choose not to provide household income, this is okay. You will not be eligible for reduced sliding-fee scale rates and will be responsible for market value rates.

We accept private dental insurance and Medicaid. Please ask and we can bill your insurance for you.

Funding: The clinic is funded by private donations,



foundations grants, patient co-pays, dental insurance reimbursement. We are not federally funded.

Mary's Choices

551 NW Broad Street

Topeka, KS

PH: 785-246-6805

Or 1-800-712-HELP

Website: www.maryschoice.com

Emailinfo@maryschoices.com

Mission Statement: Mary's Choices is a professional medical office staffed by nurses and physicians dedicated to serving women and families facing an unplanned pregnancy.

Hours: Monday & Thursday, 12:00pm – 5:00pm

Services:

We will listen to concerns, answer questions, and provide the necessary information and education so women can make a confident, informed decision concerning their pregnancy without judgment.

- Pregnancy Testing
- Limited 3D Ultrasounds by Medical Professional
- Confidential Consultations by Nurses
- Referrals for Additional Services if Needed

Eligibility: There are no eligibility requirements. Everyone is welcome.

How to Apply: Call (785) 246-6805 for an appointment or schedule one at:

<http://maryschoices.com/appointments/>

Fees: All our services are free.

Saint Francis Campus The University of Kansas Health System

1700 SW 7th Street

Topeka, KS 66606

785-295-8000

www.kutopeka.com

Emergency: 785-295-8090

Poison Center: 785-295-8095

Hours: Services provided 24 hours per day.

Services:

- Breast Cancer
- Cancer Center
- Cardiology Services
- Diabetes & Endocrinology
- Diagnostic Services
- Emergency Services
- Family Medicine
- General Surgery
- Infant a& Child Health
- Inpatient Rehabilitation
- Joint Replacement
- Labor & Delivery
- Laboratory Services
- Neurology
- Occupational Medicine
- Pain Management Center
- Pulmonology
- Ready Care Walk in-Clinic
- Weight Loss Surgery
- Women's Services
- Wound Care

Eligibility: All patients are admitted regardless of race, gender, age or creed.

How to Apply: Admitted on order of attending physician.

Fees: Patients are billed according to established hospital charges.

Funding: Insurance, Medicare, Medicaid.

Saint Jude Hospice

1100 SW Wanamaker Rd-STE #7

Topeka, KS 66604

785-272-1111

785-272-1115 (Fax)

1-800-983-3881(24/7)

Website: www.saintjudehospice.org

Email: stueweh@saintjudehospice.org

Patient Care Manger-Holly Stuewe

Marketing: Kalissa McAtee

Mission Statement: Rooted in our Christian love and guided by the Holy Spirit, we serve all people in the midst of loss and vulnerability due to a terminal illness. Our radical loving care will bring healing to those when their hope has changed from a cure to comfort.

Office Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday
Services available 24 hours/ 7 days a week.

Services

- Medical Care
- Home Health / Homemaker Services
- Help with Daily Living
- Short-term Inpatient Care
- Continuous Home Care
- Emotional and Spiritual Support
- Respite Services
- Durable Medical Equipment and Supplies
- Medications
- Music Therapy
- Bereavement Care
- Volunteer Services
- Speakers and Education
- Counties Served: Chase, Douglas, Geary, Jackson, Jefferson, Lyon, Morris, Pottawatomie, Riley, Shawnee, Wabaunsee.

Eligibility: Call 785-272-1111. Medicare, Medicaid, Private Insurances. No one is turned away due to inability to pay.

How to Apply: Call 785-272-1111 for more information.

Fees: Call 785-272-1111 Saint Jude strives to provide care to all who are eligible and need hospice care.

*Saint Jude is a Catholic based Hospice-We follow the Ethical & Religious Directives for Catholic Health Care Services. We welcome patients of any faith. For more answers to questions please see visit our website listed above.

Stormont-Vail Health *Care*

1500 SW 10th Avenue
Topeka, KS 66604-1353
785-354-6000

Health Connections: 785-354-5225

Website: www.stormontvail.org

Randy Peterson, President/CEO

Mission Statement: Working together to improve the health of our community.

Hours: 24-hours in main hospital; as posted in clinics.

Services:

- Hospital: Medical Imaging, pharmacy, pathology and clinical laboratory, chaplaincy, orthopedics, Health Connections, Hospitalists, Rehabilitation Services, Breast Care, Education Services, School of Nursing.
- General/Acute Services: Inpatient, Outpatient, Surgical, Intensive Care, Obstetric/High Risk Obstetric, Neonatal/Pediatric Intensive Care, Pediatric, Psychiatric, Emergency Services, Level II Trauma Center, Heliport, Regional Poison Control Center, Joint Center, Spine Center, Senior Diagnostic Unit, Cardiology Services, Oncology Services and Diabetes Learning Center, Diabetes and Endocrinology Center, HealthWise 55 program, Young Adult Center, Accredited Chest Pain Center and volunteer program.
- Specialty Services: Family practice, internal medicine, pediatrics, cardiovascular medicine, neurology, endocrinology, endoscopy, dermatology, pediatrics, pediatric cardiology, allergy/asthma/immunology, dermatologic surgery, gastroenterology, general surgery, neurosurgery, hematology and medical oncology, infectious disease, nephrology and hypertension, pediatric specialist, obstetrics and gynecology, pulmonary medicine, rheumatology, connective tissue disorders, wound care, occupational medicine, and pharmacy.
- Clinic: 901 SW Garfield, 823 SW Mulvane, 354-9591.
- Cotton-O'Neil Clinics:
 - * Croco Road, Heart Center, Jane C. Stormont Women's Health Center, North, Pediatric Care, Urish Road, Cancer Center, Cardiothoracic Surgeons, Digestive Health Center, Work Care, Wound Care, Dermatology Clinic, Rehabilitation Services (PT/OT), Express Care Services
 - * Alma, Carbondale, Emporia, Lawrence, Lebo, Meriden, Osage City, Lyndon, Oskaloosa, Rossville, Manhattan and Wamego

Accreditations: Stormont-Vail is a Magnet Hospital and Joint Commission Accredited. Centers of Excellence in Joint (Hip and Knee) and Stroke and Level II Trauma Accreditation and Level III Neo-natal Intensive Care.

Eligibility: All, regardless of ability to pay.

How to Apply: Hospital – admitted on order of attending physician. Clinics – call Health Connections at 785-354-5225 for physician referral.

Fees: Dependent upon service.

Funding: Fees, insurance and government-sponsored health care programs.

Veterans Affairs Eastern Kansas Health Care System

Colmery-O'Neil VA Medical Center

2200 SW Gage Boulevard
Topeka, KS 66622
785-350-3111
1-800-574-8387x54555
Fax: 785-350-4336

Dwight D. Eisenhower VA Medical Center

4101 4th Street Trafficway
Leavenworth, KS 66048
913-682-2000
1-800-952-8387

Crisis Line: 1-800-273-8255

National Call Center for Homeless Veterans:
1-877-424-3838

Veteran's health, benefits, or national cemeteries
inquiry: 1-800-827-1000

Mission Statement: To provide the best care anywhere by providing accessible, courteous, comprehensive, and quality health care to Veterans in an environment of excellence, with the vision of:

Promote the health and wellness of the veteran population we serve.

Achieve distinction as a quality patient-driven health care system that provides the full range of medical, behavioral, rehabilitative, and preventive services to veterans and others.

Improve our clinical care through research, education, and creative administration to become a model for the future.

Our organization's motto is "Honoring Our Veterans... Healing Our Heroes" we own it and we take this very seriously.

Facilities and Service:

The VA Eastern Kansas Health Care System (VAEKHCS) is a two-division Joint Commission accredited, health care system serving Veterans throughout 20,000 square miles and 37 counties in eastern Kansas and northwestern Missouri. In addition to the two main campuses located in Topeka and Leavenworth, VAEKHCS operates seven (7) Rural Health Clinics in Kansas located in Chanute, Emporia, Fort Scott, Garnett, Junction City, Kansas City, and Lawrence. EKHCS also operates two (2) clinics in Missouri located in Platte City and St. Joseph. VAEKHCS has a \$330M annual operating budget and nearly 1900 full time employees providing care to approximately 41,500 veteran patients – Dwight D. Eisenhower VAMC and the Colmery-O'Neil VAMC were

integrated in 1998 forming the VA Eastern Kansas Health Care System.

VA Eastern Kansas Health Care System offers a variety of health services to meet the needs of our nation's Veterans. Many of our services are listed on the website's A-Z list of services links within our VA Eastern Kansas Websites: <https://www.topeka.va.gov/> & <https://www.leavenworth.va.gov/>. Click "Health Care Services" and then click the A to Z list of services link.

You may also view our phone directory or contact us for additional information. For Telecommunications Device for the Deaf (TDD) services, Dial 711.

How does the VA get the word to veterans about its services?

One great resource for our Veterans is the VA Welcome Kit link, which can be used to understand and navigate the VA health care system.

If you are a Veteran and interested in VA Healthcare Services and benefits, we encourage you to quickly reach out to our eligibility department at (785) 350-4511 or click the Become a Patient Link on our website to begin the process of enrolling in VA healthcare.

If any Veteran is in crisis, we encourage him or her or those concerned to call the Veterans Crisis line 24-hours a day, 365-days a year at 1-800-273-8255 and Press 1.

Women, Infants and Children (WIC) Shawnee County Health Agency

2600 SW East Circle Dr
Topeka, KS 66606
785-251-5607

Website: www.shawneehealth.org

Mission Statement: Shawnee County Health Department is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, respecting the diversity of our community, through adaptive and innovative processes.

Hours: By appointment only.

8:00 a.m. - 5:00 p.m., Monday, Thursday and Friday.

10:00 a.m. - 7:00 p.m., Tuesday.

8:00 a.m. - 12:00 p.m. and 2:00 p.m. - 5:00 p.m., Wednesday.

Services:

- Provides benefits to purchase nutritious foods, nutrition education, health referrals, breastfeeding support and community resource information to pregnant, postpartum and breastfeeding women; in addition to benefits for infants and children up to age 5.

Eligibility: Open to pregnant, breastfeeding and postpartum women, infants and children up to age 5, who meet income guidelines.

How to apply: Call (785) 251-5607

Fees: None

Funding: Grants funding.

MISCELLANEOUS RESOURCES

City of Topeka **215 SE 7th St**

Budget 368-3970

City Clerk

Rm 166 368-3940

City Council

Rm 255 368-3710

City Hall

City Manager

Rm 356 368-3725

City4-Government Channel

Rm 253 368-3967

Communications

Rm 352 368-0991

Financial Services

Rm 358 368-3970

City Treasurer 368-0919

Contracts & Procurement

Rm 60 368-3749

Vendor Payments 368-3970

Human Relations Commission 368-3607

Mayor, 215 SE 7th

Rm 352 368-3895

Information Technology

Rm. 52 368-4444

Channel 4

Rm 251 368-0991

Legal Department

City Attorney

Rm 353 368-3883

Probation Division

2nd Floor

Prosecution Office

Rm 260 368-3910

Job Line 368-2588

City of Topeka **620 SE Madison St**

City Engineer 368-3111

Fire Prevention 368-4140

Housing & Neighborhood Relations

Code Enforcement 368-3728

Director 368-3711

Parking

3rd Floor 368-3916

Planning Dept 368-3728

Zoning, Subdivision, Transportation & Neighborhood

Public Works 368-3801

Permit Section 368-3704

Other City Offices

Cypress Ridge

2533 SW Urish 272-0511

Fire Department Admin

324 SE Jefferson 368-4000

Municipal Court

214 SE 8th St 368-3776

Court Clerk 368-3776

Forestry

201 N Topeka 368-3111

Forestry Disposal

I-70 and MacVicar 368-3762

Police Department

320 S Kansas Ave # 100 368-3551

Street Maintenance

201 N. Topeka 368-3803

Traffic ops/streetlights

927 NW Harrison St 368-3111

Water

Customer Service 368-3111

Infrastructure

1900 SW Western 368-3687

Water Pollution Control

Superintendent

1115 NE Poplar 368-3111

Zoo 635 SW Gage 368-9180

Fire Districts

Mission Township

2101 SW Urish Rd 785-478-4053

Rossville

301 US-24 785-5846349

Shawnee Heights
2626 SE Shawnee Heights Rd
785-379-0566

Silver Lake
218 Railroad St
785-582-4667

Topeka
324 SE Jefferson St
785-368-4000

Hospitals

The University of Kansas Health System
Saint Francis Campus
1700 Sw 7th St 785-295-8000
Stormont Vail
1500 SW 10th Ave 354-6000

National Weather Forecast Office

1116 NE Strait Ave
Topeka, Kansas 66616
785-234-2592

Schools

College and Universities

Baker University School
2641 SW Wanamaker Rd
785-272-6442
Baker University School O Nursing
Stormont Vail Campus
1505 SW 8th Ave # 1LL
785-354-5850
Friends University
2820 SW Mission Woods Dr
785-272-9595
Rasmussen College
620 Governor View
785-228-7320
Washburn University
1700 SW College Ave
785-670-1010

School Districts

Auburn-Washburn #437
5928 SW 53rd 785-339-4000
Seaman #345
901 NW Lyman Rd 785-575-8600
Shawnee Heights # 450
4401 SE Shawnee Heights Rd 785-379-5800

Topeka Public #501
624 SW 24th St 785-295-3000

Other Schools

ABC Learning Center 785-286-2335
Bright Circle Montessori School - 785-235-1033
Cair-Paravel Latin School 785-232-3878

Capper Foundation 785-272-4060
Christ the King 785-272-2999
Community Action Head Start 785-836-4500
Discovery Montessori School 785-234-6746
Faith Baptist Christian School 785-272-8135
Faith Hope & Love 785-357-7732
Hayden Catholic High School 785-272-5210
Heritage Christian School 785-286-0427
Mater Dei 785-233-1727
New Directions Learning Academy 785-228-2336
Kennedy Academy 785-266-5150
Most Pure Heart of Mary 785-272-4313
Saint Matthew's 785-235-2188
Sheldon Head Start 785-438-4530
Topeka Adventist School 785-272-9474
Topeka Collegiate 785-228-0490
Topeka Lutheran 785-357-0382

Vocational/Technical Schools

WTI
3712 SW Burlingame Rd
785-354-4568
Washburn Tech
5724 SW Huntoon St
785-670-2010

Shawnee County

200 SE 7th St (Court House)

County Clerk

Rm 107 251-4155

County Commissioner 251-4040

District Attorney

Rm 214 251-4330

Emergency Management

251-4150

Human Resources

Rm B28 251-4435

Register of Deeds

Rm 108 233-8200 x 4020

Treasurer

Rm 101 251-4150

Other Shawnee County Offices

Appraiser

1515 NW Saline 251-2882

Election Office

3420 SW VanBuren 251-5900

Health Dept

1615 SW 8th 251-5600

KSU Extension

1740 SW Western Ave. 232-0062

Noxious Weed

2044 SW Western 251-6931

Parks + Recreation

3137 SE 29th St 785-251-2600 Adaptive Recreation

4330 SW Conservatory Dr 228-6025

Bettis Family Sports Complex

3025 SE Croco Rd 251-6812

Central Park

1534 SW Clay 368-3796

Crestview

4801 SW Shunga Dr 251-6960

Cypress Ridge Golf Course

2533 SW Urish Rd 251-6870

Forbes Golf Course

700 SW Capehart Rd 862-0114

Garfield

1600 N. Quincy 368-3789

Helen Hocker Theatre

700 SW Zoo Pkwy 251-5990

Hillcrest

1800 SE 21st 251-6956

Lake Shawnee Golf Course

4141 SE Edge Rd 251-6840

Lake Shawnee Recreation

3137 SE 29th St 251-2600

Oakland Community Center

801 NE Poplar 251-2953

Old Prairie Town @ Ward-Meade

124 NW Fillmore

Rice Community Center

432 SE Norwood 251-2976

Senior Games 235-2295

Shawnee North Community Center

300 NE 43rd St 286-0676

Velma K Paris Center

6715 SW Westview Rd 862-1630

Public Works

1515 NW Saline 251-6101

Recycling

1515 NW Saline 233-6147

Sheriff

329 S Kansas Ave 368-2200

ADA Advisory Council

To the City of Topeka's Governing Body

Mission: to advocate for and give a voice to Topeka citizens, regardless of any disability as defined by and protected under the Americans with Disabilities Act (ADA).

Voicing Your Concerns:

Regular meeting: at Sunflower Conference Room, 620 SE Madison, Topeka, KS 66607 from 1pm on the 2nd Wednesday each month.

By phone: 785-368-1642 or 368-3842

Write us: City of Topeka ADA Advisory Council

David Bevens, Assistant to ADA Coordinator

620 SE Madison

Topeka, KS 66607

Learn more at:

www.topeka.org/government/boards-commissions/ada-advisory-council

To apply to be on the ADA Council:

click on the Boards & Commissions on the left of the page or call Trey in the Mayor's Office at 785-368-3895. Only Topeka citizens can be considered.

SHAWNEE COUNTY INFO 233-8200

STATE OF KANSAS INFO 296-0111

Utilities

City of Topeka Water 785-368-3111

Kansas Gas Service 1-800-794-4780

Shawnee County Recycling 785-233-6147

Shawnee County Refuse 233-4774 or 368-3111

Evergy (Electric) 1-800-383-1183

Lifeline Phone Plans

QLink Wireless

[www.qlinkwireless.com](http://www qlinkwireless.com) or 1-855-754-6543

enTouch Wireless

www.wntouchwireless.com/lifeline or 1-866-488-8719

AT&T Lifeline

www.att.com/home-phone/lifeline.html or 855-301-0355

Assurance Wireless

www.assurancewireless.com or 1-888-321-5880

SUPPORT GROUPS

Support Group Services shares a database of support groups in Kansas. The online database contains over 2,500 local and national support group resources. Support groups meet in most Kansas counties and organize themselves around a variety of topics including medical conditions, relationship issues, parenting, grief, and addiction, among many others. The database may be found online at www.supportgroupsinkansas.org and a toll-free phone number 800-445-0116.

Adoptions Concerns Triangle for those interested in adoption issue:

New Hope Methodist Church
2815 SW 8th St, Topeka
3rd Tues of the Month @ 7:15pm
Contact: Marilyn Waugh @ 785-235-6122.

Adult Grief and Loss Support Group:

Midland Care Center for Hope and Healing
Offered weekly, visit
www.midlandcare.org/calendar or contact
Midland Care at 785-232-2044 for more
Information.

AI-Anon-Auburn, New Hope AFG

Auburn Methodist Church
240 E 8th St, Auburn
Tuesdays @ 7:30pm
Topeka Area Office: 785-357-8725
1-888-425-2666.

AI-Anon-Topeka AFG Spanish

201 NE Chandler St, Topeka
Sundays @ 6:00pm
(Nuestra Senora De Guadalupe- sotano de la iglesia)
1-888-425-2666.

Anon/Alateen Family Groups-Topeka

Call for location and time.
Topeka: 785-409-3072
Contact: Shannon @ 785-220-4381.

Alcoholics Anonymous-Topeka Area

Topeka AA Office (answering machine)
785-409-3072.

All About Diabetes

Saint Francis Campus
1700 SW 7th St, 2nd Floor, Topeka
1st Wednesday of the month @ 1:00pm
Saint Francis Sports Medicine
801 SW Fairlawn St, Topeka
3rd Thursday of the month @ 5:45pm
Contact: Theresa Ulmer @ 785-273.2731.

Alzheimer's (Early Stage) Support Group (Shawnee County)

First Congregational Church
1701 SW Collins Ave, Topeka
1st Wednesday of the month @ 4:30pm to 5:30pm
Contact: Cindy Miller to schedule an orientation Meeting @ 785-271-1844.

Alzheimer's (Caregiver) Support Group (Shawnee County)

Alzheimer's Association Office
3625 SW 29th St, Suite 102, Topeka
Last Wednesday of the month @ 2:00pm
Leader: Cindy Miller @ 785-271-1844.

Alzheimer's Support Group-Topeka

Brewster Place-Health Care Unit
1001 SW 29th St, Topeka
2nd Saturday of the month @ 10:00am
Social Group activity provided for the person with Alzheimer's while the caregiver attends the meeting.
Contact: Val Jahnke @ 785-271-1844.

American Chronic Pain Association

Highland Park Methodist Church
SE 29th St and Michigan St, Topeka
1st Thursday of the month @ 10:00am
Contact: Gail Steinback @ 785-235-2126.

Brain Injury Association Support Group-Topeka

Kansas Rehabilitation Hospital
1504 SW 8th Ave, Topeka
3rd Thursday of the month @ 6:00pm to 7:30pm
Meetings are held in the employee cafeteria on the 1st floor of the hospital.
Contact: Faye Miller @ 785-207-2606 or Randy Williams @ 785-232-8553.

Breakthrough House

1201 SW Van Buren St, Topeka
Monday, Tuesday, Thursday & Friday
8:00am – 4:00pm
Contact Club House Director: Ashely Dill @
785-232-6960.

Breast Feeding Education and Support Group

Stormont Vail Health
1500 SW 10th on the 4th floor
Walk in clinic 6 days a week.
Mondays through Fridays 10:00am – 12:00pm
Saturdays 9:30am – 10:30 am
Contact: Stormont Vail Health @ 785-354-5034.

Cancer Center Pet Therapy Program-Topeka

Stormont Vail Cancer Center, Library
1414 SW 8th Ave, Topeka
Wednesdays @ 10:00am
For more information contact the Stormont
Vail Cancer Center @ 1-800-354-0091.

Cancer Support Group-Topeka

Stormont Vail Health
Cotton-O'Neil Cancer Center, Library
1414 SW 8th Ave, Topeka
Mondays @ 11:00am
Contact the Cotton-O'Neil Cancer Center
785-354-5300.

Caregiver Support Group

For people who provide care for older adults.
Lawrence/Douglas County Senior, Shawnee
County
1st & 3rd Mondays @ 2:15pm
Contact: Lawrence/Douglas County Senior
Center @ 785-842-0543.

Celebrate Recovery-Topeka

Covenant Baptist Church
5440 SW 37th St, Topeka
Thursdays @ 6:45pm
Contact: Sean McCoy @ 785-221-2192 or
Covenant Baptist Church @ 785-273-2811.

Children's Alliance of Kansas

627 SW Topeka Blvd or call (785) 235-5437.

Compassionate Friends-Topeka

Support for families after the death of a child at
any age.
3601 SW 17th St, Topeka
4th Monday of the month @ 7:00pm
Contact: Susan @ 785-272-4895.

CRO Sunshine Connection, Inc.

3434 SW 6th Ave, Topeka
Topeka Hours of Operation:
Monday, Wednesday & Friday @ 8:00am to
3:00pm
Contacts: Building 785-232-0315
Judy Thompson 785-246-6073
Allen Davis 785-554-8882
Cara Talley 785-430-1054.

Diabetes Support Group

St Francis Campus (KUHS)
1700 SW 7th St, Topeka
2nd Wednesday of the month @ 1:00pm
Contact: Teresa @ 273-2731.

Divorce Care-Topeka

Topeka Bible Church
1135 SW College Ave, Topeka
Every Wednesday at 6:30pm
Call for more information
Contact: Doug @ 785-234-5545.

Fellowship for Freedom Area of Narcotics Anonymous

Call or check website for meetings
Helpline (785) 200-3446.

From Victims to Survivors

Unitarian Universalist Fellowship of Topeka
4775 SW 21st St, Topeka
Time is determined based on needs.
Contact: Bill Lucero @ 785-232-5958.

Grief & Loss Support Group

Midland Care Center for Hope and Healing
Offering weekly, visit
www.midlandcare.org/calendar or contact
Midland Care at 785-232-2044 for more
information.

Grief Support Group-Grace Hospice

Pioneer Ridge Assisted Living-Library
4851 Harvard Road, Lawrence
1st and 3rd Tuesdays of the month @ 10:30am
Contact: Grace Hospice @ 785-228-0400.

Grief Support Group-Grace Hospice-Topeka

Aldersgate Village in Manchester Lodge
Parlor Room
7220 SW Asbury Dr, Topeka
1st and 3rd Tuesdays of the month @ 1:00pm
Contact: Grace Hospice @ 785-228-0400.

Healing Hearts Grief Camp

For children ages 6 – 12 who are coping with the loss of a loved one. The camp is open to all children, regardless of the circumstance. A special weekend overnight camp for children is held every September.

Hoarding Support – NAMI-Topeka

Call for details.

Contact: Becky Poe @ 785-580-3021.

Kansas Infant Death and SIDS (KIDS)-Topeka

Pozex Education Center

1505 SW 8th St, Topeka

3rd Thursday of the month @ 7:00pm- 8:30pm

Please RSVP before attending meetings

Contact: KIDS Network @ 316-682-1301 or

Toll Free @ 1-866-399-7437.

Kansas Medical Society-Professional Health Program

Kansas Medical Society

623 SW 10th Ave, Topeka

Contact: Carolyn Westgate (KMS)

@ 1-800-332-0156.

La Leche League-Topeka

Help mothers to breastfeed through support from other mothers.

Topeka & Shawnee County Public Library
(Child friendly location)

Morning playgroup: 1st Wednesday of the month; Evening Discussion Group: 3rd

Wednesday of the month. To find out where the meeting will be held, send an email or visit the Facebook page (link below)

Contact: 785-256-0260

FACEBOOK: <https://www.facebook.com/la-leche-league-of-topeka-129904592201/>

Living with Diabetes Adult Support Group-Topeka

Cotton-O'Neil Diabetes & Endocrinology Center,
Lower Level

Tuesdays @ 10:00am-11:00am

Diabetes Learning Center @ 785-368-0416

Cotton-O'Neil Diabetes & Endocrinology Center
@ 785-354-9591.

Look Good, Feel Better

Program designed to help female cancer patients learn how to cope with the appearance-related side effects of chemo and radiation, learning techniques to help restore their appearance and self-esteem.

Call for details. Must be a woman in active cancer treatment.

Meetings held at Stormont Vail HealthCare

Contact: Ann Crockett, American Cancer Society

@ 1-3016-615-6513 or Louise Zeikie, Stormont

Vail HealthCare @ 785-862-1525.

Look Good, Feel Better-Topeka

Must be a woman in active cancer treatment

Saint Francis Campus (KUHS)

1700 SW 7th St, Topeka

Contact: Kelly Knoebber @ 785-295-8836 for dates and times.

Stormont Vail HealthCare

1505 SW 8th Ave, Topeka

Contact: 1-800-227-2345 for dates and times.

Man Talk Support Group

For men confronting cancer or those who have a loved one with cancer.

Cotton-O'Neil Cancer Center, Library

1414 SW 8th Ave, Topeka

Tuesdays @ 3:00pm to 4:00pm

Contact: 785-354-5300.

<https://goo.gl/maps/rKnzdze3g8k>

MOMS: Moms of Multiples Support Group

Stormont Vail HealthCare

Pozex Education Center

1505 SW 8th

Ave, Topeka

4th Thursday of the month @ 7:00pm

Contact: Sharon Larson@ 785-267-2955.

MS & Friends

Our Savior's Lutheran Church

2021 SW 29th St, Topeka

3rd Monday of the month @ 6:30pm

(Enter through the East door)

Contact: Tina Stitt@ 785-484-2822.

NAMI Support Group- Topeka

- Valeo Behavioral Health
330 SW Oakley St, lower level conference room
3rd Wednesday of the month @ 6:00pm
Monthly program meeting followed by Care & Share Support Group, co-sponsored with the Depression and Bipolar Support Alliance
- Topeka & Shawnee County Public Library
1515 SW 10th, 2nd floor meeting room
2nd & 4th Mondays of the month @ 2:00pm
Care & Share Support Group, co-sponsored with the Depression and Bipolar Support Alliance
- Valeo Behavioral Health
330 SW Oakley St, lower level conference room
1st Wednesday of the month @ 6:00pm
Care & Share Support Group, co-sponsored with The Depression and Bipolar Support Alliance
- Topeka & Shawnee County Public Library
1515 SW 10th, 2nd floor meeting room
2nd Monday of the month @ 6:00pm Family SG

**Narcotics Anonymous-21st Street Recover
(Never Alone Never Again)**

New Dawn Wellness Center
4015 SW 21st St, Topeka, Back Entrance
Thursdays @ 7:30pm

**Narcotics Anonymous-Back to Basics
(Fellowship to Freedom)**

Grace United Methodist Church
2627 SW Western Ave, Topeka
Downstairs-Room 3
Mondays @ 7:30pm
Contact: Chris J @ 785-431-8586
Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous-Gift of Life
(Fellowship for Freedom)**

Loman United Methodist Church
4000 SW Drury Ln (15th & Gage), Topeka
West basement door, Room 12
Fridays @ 8:00pm
Contact: Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous- Late Night with NA
(Never Alone Never Again)**

Potwin Presbyterian Church
400 SW Washburn Ave, Topeka
Basement entrance in Alley
Monday-Sunday @ 10:00pm
Contact: Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous-NA @ Topeka Rescue
Mission (Fellowship for Freedom)**

Topeka Rescue Mission
600 N Kansas Ave, Topeka
Sundays @ 5:30pm
Every 3rd Sunday – Speaker Meeting (House rules
apply)
Contact: Regional Line 1-855-732-Hope (4673)

**Narcotics Anonymous- Noon Group
(Fellowship for Freedom)**

Loman United Methodist Church
4000 SW Drury Ln, Topeka (15th & Gage)
West Basement Door, Room 12
This location is Handicap assessable

**Narcotics Anonymous-Oakland Group
(Fellowship for Freedom)**

Oakland United Methodist Church
801 NE Chester, Topeka
North Entrance, Basement
Saturdays @ 6:30pm
1st Saturday, Speaker Meeting
Contact: Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous-Recovery First
(Never Alone Never Again)**

Second Chance Clubhouse
135 SW Buchanan St, Topeka, Back Entrance
Sundays @ 8:00pm
1st and 3rd Tuesdays of the month
Contact: Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous-Spiritual Connections
(Fellowship for Freedom)**

1st Presbyterian Church
817 SW Harrison, Topeka
(South side entrance-ring bell after 8:00pm
to enter)
Wednesdays @ 8:00pm
Contact: Regional line 1-855-732-Hope (4673)

Narcotics Anonymous-Twilitters

Second Chance Clubhouse
135 SW Buchanan, Topeka (Back entrance)
Fridays @ 10:00pm
Contact: Regional line 1-855-732-Hope (4673)

**Narcotics Anonymous-United Survivors
(Fellowship for Freedom)**

Potwin Presbyterian Church
400 SW Washburn Ave, Topeka
Basement entrance in alley
Thursdays @ 8:00pm
Sundays @ 3:00pm

**Narcotics Anonymous-Work the Steps or Die MF
(Fellowship for Freedom)**

Oakland United Methodist Church
801 NE Chester, Topeka
North entrance-upstairs parlor
LGBT friendly
Tuesdays @ 7:00pm
Contact: Regional line 1-855-732-Hope (4673)

Parents Helping Parents-Shawnee

Improving parenting skills and connecting with
resources.

Kansas Children's Service League
3545 SW 5th St, Topeka
3rd Saturday of the month @ 10:00am
4th Saturday of the month @ 7:00pm
Contact: Tamika Sellars @ 785-501-8815
KCSL @ 316-641-9329

Parents Helping Parents (Shawnee County)

Specifically, parents raising kids with special needs
Kansas Children's Service League
3545 SW 5th St, Topeka
Every Friday of the month @ 2:00pm to 3:00pm
September – May
Contact: Gwen Elliott @ KCSL 785-575-6970

Parents Helping Parents-Kinship Care-Shawnee County. Those raising grandchildren or other kinship.

Kansas Children's Service League
3545 SW 5th St, Topeka
2nd Tuesday of the month @ 6:30pm
Contact: Sharon Dabzadeh @ KCSL 785-608-7770

Parents Helping Parents-Topeka/Shawnee

1155 SW Seabrook St, Topeka
4th Thursday of the month @ 6:00pm
Contact: Tamika Sellars @ 785-342-1413
KCSL @ 1-877-530-5275

Parkinson's Support Group-Topeka

Midland Hospice Church
200 SW Frazier Circle
1st Thursday of the month @ 5:30pm
Contact: Northeast Kansas Parkinson Assoc.
@ 785-478-9045

PKD Foundation-Kansas City Chapter

Chapter Support Meetings are usually held at
a Panera Bread location around the metro area
Call for locations
Contact: Chapter office @ 1-800-753-2873.

Positive Living Self-Help Group

This group is open to people with MS, care partners,
family and friends.

Our Savior's Lutheran Church
2021 SW 29th St, Topeka
2nd and 4th Wednesdays @ 10:00am
Contact: Merisa Ruff @ 785-273-2173
Our Saviors's Lutheran Church @
785-266-5313.

Post Pollo Society Support Group-Topeka

Call for location
3rd Saturday of April, June, August and October @
10:00am
Contact: Bill Kvicala @ 785-272-5138
Darlene McCarter @ 785-273-5061.

Pregnancy and Infant Loss Group

Stormont Vail Healthcare
Pozez Education Center
1505 SW 8th, Topeka
1st and 3rd Thursdays @ 6:00pm
Contact: Libby Rosen @ 785-354-5859
or 785-845-3731.

Prevention and Recovery Services

Contact PARS @ 785-266-8666 for more
Information about the Shawnee County group.

Prostate Cancer Support Group

St Francis Campus (KUHS)
1700 SW 7th, Topeka, 2nd Floor
1st Thursday of the month @ 7:00pm to
8:30pm
Contact: St Francis Campus @ 785-295-7800
The American Cancer Society @
785-273-4462 or 1-800-359-1025.

Reach to Recovery Program-Topeka

For women who have/had breast cancer.
Office Address: 1315 SW Arrowhead Rd
Topeka, Ks 66604
Contact: Lori Clark, American Cancer Society @
785-273-4462 or 1-877-227-1618.

Resource Center for Independent Living-Topeka

Call for information
785-528-3105
785-528-3106 (TDD)
1-800-580-7245 (Toll free)
This organization has a FACEBOOK page.

Resource Family Support Group

Kansas Children's Service League
3545 SW 5th St, Topeka
3rd Saturday of the month @ 10:00am
Contact: Curtis Odum @ 316-204-8373.

Stroke Support Group at KRRH-Shawnee Co

Kansas Rehab Hospital
1504 SW 8th Ave, Topeka
West Dining Hall, 1st Floor
Fridays @ 4:00pm
Contact: Mark Loretta @ 785-235-6600 ext 571
Call to RSVP.

Topeka Celiac Support Group

Stormont Vail Health
Pozez Education Center
1505 SW 8th, Topeka
1st Saturday of the month @10:30am
Contact: Sharon Larson @ 785-379-0479.

Topeka Multiple Sclerosis (MS) Connection Groups

Kansas Rehabilitation Hospital
1504 SW 8th Ave, Topeka
1st floor cafeteria
2nd Mondays of the month @ 6:30pm
Contact: Mary Reed Spencer@ 785-449-2519
Rich Lackey @ 785-554-7875

TOTO (Topeka Organ Transplant Organization) Support Group

Support group for transplant recipients, those awaiting transplants, and the families involved.

Call for information
Contact: Ginny Woods @ 785-354-6417

United Kansas City Area of Narcotics Anonymous

Call the helpline (800) 561-2250.

United Ostomy Associations of America (UOAA)

St Francis Campus (KUHS)
1700 SW 7th St, Topeka
1st Tuesdays of the month @ 6:00pm
Contact: Teresa Kellerman @ 785-295-5555.

YWCA Center for Safety and Empowerment

(Formerly Battered Women Task Force), for women seeking support for domestic violence and abuse.
Call 785-354-7929 or 1-888-822-2983.

OTHER SUPPORT GROUPS/ INFORMATION

Beacon Youth Group - a support group for LGBT youth 12-20 that meets every Monday at the Shawnee County and Topeka Library, 5:30pm to 7:30pm.

Topeka Pride

A local organization that plans events to support, celebrate and honor the diversity of the LGBT community and their families.

LGBT Crisis Hotlines:

The Trevor Project – 1-866-7386
The Trans Lifeline – 1-877-565-8860

Topeka Neighborhood Associations

Neighborhood	President	Meeting Time	Meeting Place	E-Mail
Central Highland Park NIA	Darrell Stewart 785-250-7602	2 nd Monday 6:30pm	Hillcrest Community Center 1800 SE 21 st ST	docstewart333@gmail.com
Central Park NIA	Eric Tysko 785-230-0306	3 rd Thursday 6:30 p.m.	Central Park Community Center 1534 SW Clay	etyszko@yahoo.com
Chesney Park NIA	Ann Marshall 785-817-3999	2 nd Thursday 6:30 p.m., on odd # months	Positive Connections 2044 SW Fillmore	a.marshall@icloud.com
College Hill NA	Christi Stewart	3 rd Monday 7:00 p.m. (Meeting odd months: Jan – Nov)	Westminster Presbyterian 1275 SW Boswell	president@collegehilltopeka.org
Downtown NIA	Dave Fredrick 785-633-9539	2 nd Wednesday in Mar, May, July and National Night Out in August and October 6:00p – 7:00p	Kansas Commercial 435 S Kansas Ave Suite 200	davefredrick@coldwellbanker.com
East End NIA	Darla Jones 785-354-9951	2 nd Thursday 6:30 p.m.	Rice Community Center 423 SE Norwood	darla_jones@yahoo.com
East Topeka South NIA Inactive	Vacant – Please contact 785-368- 3663 if interested in restarting this area	Boys and Girls Club – Teen Center 1112 SE 10 th St Meetings on Hold	4 th Monday Summer – 6:00pm School Year – 7:00pm	-----

Hi-Crest NIA	Jill Rice 785-422-8408	4 th Thursday 6:00 p.m.	CRC Care Center Avondale East 455 SE Golf Park Blvd	jrice@fellowshipicrest.com
Highland Acres NIA	Erma Forbes 785-260-9195	1 st Monday 6:30 p.m.	High Park HS Cafeteria 2424 SE California	gcarterinitative@gmail.com
Historic Holliday Park NIA	Wayne Roberts 785-251-2181	1 st Tuesday 6:00p	Living Truth Christian Church 1220 SW Fillmore St	wdroberts1608@gmail.com
Historic North Topeka East NIA	Debra McClelland 785-233-9767	2 nd Monday 6:00p	NOTO Arts Center 935 N Kansas Ave	pf3526@gmail.com
Historic Old Town NIA	SheMecha King Simms 785-806-0856	2 nd Wednesday 6:30 p.m.	Trinity Evangelical Lutheran Church 725 SW Buchanan	sl.simms@yahoo.com
Jefferson Square NIA	Alicia Barber 785-430-8138	2 nd Monday 6:00p	2816 SE Jefferson St	abnia@yahoo.com
Likins-Foster NIA	Chance Aldridge 785-224-1559	Quarterly beginning January 4 th Monday 6:30p	TBA	big4x4truckman2u@hotmail.com
Monroe NIA Inactive	Vacant – please call 785-368-3663 if interested in restarting this area	----	----	----
North Topeka West NIA	LaBonna Speakman	1st Monday 7:00 p.m.	Seaman Community Church 2036 NW Tyler St	labonna.speakman@gamil.com

NOTOMA NA	John Campos II 785-350-6570	2nd Monday 6:00p	Garfield Community Center 1600 N Quincy St (Has movie equip to rent for N/A events)	notoma.group@gmail.com
Oakland NIA	Kevin Cox – Interim 785-554-7757	3rd Monday 6: 30 p.m. No Mtg Dec or Jan	Oakland Community Center 801 NE Popar	kevin@oaklandtopcitynia.org
Quinton Heights - Steele NIA	Gerald Graves 917-238-3396	2nd Monday 6:00 p.m.	Grace UMC 2627 SW Western	ghgraves81@gmail.com
Randolph Square HOA Inactive	Vacant -contact 785-368-3663 if interested in restoring this area	----	----	----
Rolling Meadows NA	Vice-President Larry Rinker 785-267-1592	Time: Contact Larry?	Place: Contact Larry?	ed2rec@yahoo.com
Tennessee Town NIA Website: https://tenntownnia .weebly.com/	Michael Bell 785-979-7055	2nd Monday 6:30 p.m.	Buchanan Center 1195 SW Buchanan St 1 st Floor	theanticj@yahoo.com

Valley Park NIA	Jaci Patterson 785-491-8017	Last Thursday 6:00p (except for Nov meeting on 3rd Thurs No meetings in May & Dec	Community Church 1819 SW 21 st St	jacionly1@yahoo.com
Ward Meade NIA Inactive	Vacant – Contact 785-368-3663 if interested in restoring this area	----	----	----

Clothing and Food Banks

Food & Clothing	Address/Phone	Requirements	Hours
Catholic Charities of NE Ks (CLIENTTRACK)	234 S Kansas Ave 233-6300	Picture ID required	9:00am – 4:00pm Mon, Tues & Thurs 12 Noon – 4:00pm Wed.
Doorstep (CLIENTTRACK)	1119 SW 10th 357-5341	SS card for each person in the home	Tues, Wed & Thurs 9:00am – 1:00p CLOTHING (by appointment only) Mon – Fri 9:00 - 1:45pm FOOD (intake over the phone) Mon 10:00am – 1:00p Tues – Fri 9:00am – 1:00pm Pick up by 2:00pm
Fellowship & Faith Ministry (CLIENTTRACK)	708 SE Lime St. 354-7262	Picture ID for applicant & some form of ID for all other persons in the home	Tuesday – Friday 9:00am – 12pm and 1pm - 3:00pm
I-Care (CLIENTTRACK)	2914 SE Michigan 267-5910	SS Card for each person in the household. Current piece of mail with date showing current address. <u>Serving those living south 6th St & east of Kansas Ave</u>	Monday – Friday, 8:30am – 11:30am TEFAP Serving all of SN CO
Let's Help (CLIENTTRACK)	200 S Kansas 234-6208	Picture ID SS card for each person in the household	Food Boxes Mon, Tues, Wed & Thursday 9:00am -11:00am 1:00pm – 2:30pm Fri 9:00am – 11:00am
Salvation Army (CLIENTTRACK)	1320 SE 6 th 233-9648	Picture ID	Mon, Wed & Fri 9:00am – 11:00am 1:00pm – 3:00pm TEFAP – Tues & Thurs 9am -11am & 1pm – 3pm
Topeka Rescue Mission (CLIENTTRACK)	Distribution Center 401 NW Norris 357-4285	Picture ID SS card for each person in the household	Food boxes Tues & Thurs 9:00am – 2:00pm This is a drive thru at the NW end of the building

Food Pantries	Address/Phone	Requirements	Hours
Apostolic Church of Jesus Christ	2420 SE Bellview Ave 266-7102	Noe	2 nd & 4 th Thursdays 4:00pm – 6:00pm
Be Filled of South Topeka	200 Airport Rd Bldg 818 S1	An indoor/outdoor site where you select or receive groceries to take home.	Tuesday – weekly of each month 6:00pm – 8:00pm Saturday – weekly of each month 10:00am – 12:00N
Bods Feeding Bods	Kuehne Hall Rm 101 670-1950	Available to any member of the Washburn University community with an active i-card.	Fall & Spring Semester Mon – Sat 1:00pm – 5:00pm
Capper Cupboard	3500 SW 10 th St 272-4060	Not available to the public. Available to all Pediatric Families receiving services at Capper. Adults served in Residential Care & Direct Support Services Staff w/qualify income level.	Mon – Fri 9:00am – 4:00pm
East Topeka Senior Center	432 SE Norwood St 232-7765	Harvester Commodity Distribution. Must submit application and be approved	Monday – Friday 10:00am – 11:30am
Elwanda's Pantry New Hope UMC	2915 SW 8 th Ave 233-0166	none	3 rd Thursday Monthly 12 Noon – 2:00pm

Family of God Church Randel Ministries	1231 NW Eugene 234-1111	1 visit every 30 days	Tuesday and Thursday 10:30am – 2:00pm
HI-Crest Market	455 SE Golf Park Blvd (old East Avondale Elementary School) 783-2535	Not Available	2 nd Saturday of the month 9:00am – 11:00am
Highland Crest HOPE Food Pantry	3225 SE Adams (use rear door) 266-5537	Annual Application ID, SS card for each member of the household One visit per month	3 rd Sun, 12:00pm – 2:00pm 3 rd Wed, 6:00pm – 7:00pm 4 th Wed, 6:00pm – 7:00pm
Highland Park HS Food Pantry	Fred Willer 785-274-6026	Available to all HPHS Students & Families	Or by referral from school counselor or social worker of USD 501 schools
Hope House Ministries Oakland Church of the Nazarene	939 NE Oakland 232-0142 (Church leave message or 217-5190 (Jeanette)	None	Every Sunday free pancakes to anyone 8:10 – 10:30am
Inward Faith Outreach Ministries	625 SW Polk St 234-2332	None	4 th Friday of the month 12:00pm – 4:00pm
Let's Help	200 S Kansas Ave 234-6208		Mon – Wed 9:00am – 11am 1:00pm – 2:30pm

LULAC Senior Center	1502 N Seward Ave 234-5809	Must fill out application, need proof of income and applicant must sign for Distribution	Monthly (CSFP) Commodity Distribution 2 nd week of the month 10:00am – 12:00pm daily
New Hope Baptist Church Food Pantry	404 SW Polk St 785-220-1123	May go twice per month Photo ID required at each visit SS cards required for each person in the home	1 st and 3 rd Saturday 9:00am – 12:00pm 2 nd and 4 th Monday 9:00am – 12:00pm
New Hope Center	326 SE 9 th St Holton, Ks 66436	*Proof of Jackson Co address Separate from DL One visit every 30 days	Tuesday 10:00am – 2:00pm Thursday 3:00pm – 6:00pm
Open Arms Outreach Ministries The House That Will Built	2401 SE 11 th St	None	4 th Saturday of the month 11:00am – 3:00pm
St. Matthews Church	2800 SE Maryland	Food limited to supply on hand	Wednesday, 9:00am – 10:00am
Teen Center Boys & Girls Club of Topeka	112 SE 10 th Ave 785-234-5601	Must provide name and number in household	2 nd & 4 th Wednesdays of each month 4:00pm – 5:00pm

MEALS and HOT MEALS	Address Phone number	Requirements	Hours
Breakthrough House Club House	1201 SW Van Buren Please call 898-6960 for details	*Open only to members of the Clubhouse for breakfast and lunch Membership required	Monday through Friday
Congregate Meal Sites	*East Topeka Senior Center 432 SE Norwood St 232-7765 *First Apartments 3805 SW 18 th St 272-6700 *Highland Park UM 2914 Se Michigan Ave 266-6555 *Lulac Senior Center 1502 N Seward Ave 234-5809 *Madison Street Apts. 600 SE Madison St 234-3386 *Papan's Landing 619 NW Paramore St 232-1968 *Tyler Towers Apts. 600 SW 14 th St *Silver Lake Senior Ctr 404 E Lake 785-582-5371 *Rossville Senior Ctr 429 Pearl 785-584-6364 *Auburn Civic Ctr 1020 Washington St	Age 60 & over or disabled. Donations are encouraged but there is no set fee. Reservations made at the site or by calling 785- 295-3980. The spouse of an individual over 60 who accompanies them to the center or if under age 60, you must pay full price for the meal.	Noon meal with reservations the day before by 3:00pm
Corita's Corner Sandwich Ministry	234 S Kansas Ave	Walk up window located on the east side of building (back of building) *6ft social distance please!	Sack Lunch Monday – Friday 9:00am to 1:00pm
Grace Episcopal Cathedral	701 SW 8 th Ave	None	Sack Lunch Every Sat 8:30am – 11:30am
Hands of Hope Ministry	222 NW Jay St 1 block east of Topeka Blvd behind the Gas n' Shop	None	Mondays 5:30pm – 6:30pm Provides a hot evening meal for those in need.

Highland Crest 7th Day Adventist Church	3225 SE Adams 266-5537	None	Every 4 th Saturday Breakfast for children at 9:30am Lunch for children at 1:00pm
Let's Help	200 S Kansas 234-6208	None	Mon, Wed, Fri 11:30am – 12:30 pm Sack lunches given out at front door
Silverbackks Silver Supper	Central Park Community Center 1534 SW Clay, Hillcrest Community Center 1800SE 21 st St,	Serving Children up to age 18	Meal served at 5:30pm Meal served at 6:00pm
Silverbackks Silver Sunday	1020 NE Forest Ave	Free meal to any age. Served as grab & go style during Covid 19	Every Sunday Doors open at 11:30am Seconds begin at 12:15pm (if possible) Service ends at 12:30pm or prior, if food runs out
Salvation Army	1320 SE 6 th 233-9648	None	Hot Meal Mon – Thursday 12:00N – 1:00pm Friday – only sack lunches
Topeka & Sn Co Public Library	1515 SW 10 th Ave 580-4400	Birth to 18 years	Mon – Fri, Aug 22 – May 12, 2024 3:15pm – 4:15pm Excluding Holidays. Meals are eaten in Learning Ctr
Topeka North Outreach	Topeka Church of the Brethren 3201 NW Rochester Rd 233-1370	None	Operation Backpack Weekend Food Sacks TNO shares OFS Farmers to Families Food Boxes every other week at Seaman CC, Oakland UMC and Silver Lake UMC

Topeka Rescue Mission	600 N Kansas Ave 354-1744	None	A sack with food for breakfast & dinner is provided Mon – Fri 6:00pm – 6:30pm at the back door Sat & Sun 5:00pm – 5:30pm at the back door
MOBILE Food Pantries	Address	Requirements	Hours
Antioch Family Life Center	1921 SE Indiana Ave 232-1937	While supplies last	4th Saturday of the month 11:00am – 12:00pm
Auburn Community Action	Auburn Community Center 121 W 11 th Auburn, Kansas 785-836-4500	Weather permitting	4 th Friday of the month 12:30pm – 2:00pm
Bread of Life	234 SE Lime St 785-925-6412	None	3 rd Saturday of the month 12:30pm – 1:30pm
Capital City School	Hummer Park Football Field 500 SW Tuffy Kellogg Dr. East parking lot	While supplies last	4 th Friday of the month 9:00am - 10:00am
Central Topeka Turnaround Team	Stormont Vail Event Ctr South Parking Lot 234-2883 or 215-0205	None	2 nd Tuesday of the month 9:00am until food runs out (We do not close for the winter)

Community Resources Council	Avondale East Care Center 455 SE Golf Park Blvd 233-1365	Recipients give first name, zip code, number of children, adults & seniors living in household	3 rd Friday of the month 3:00pm – food runs out.
Eastside Church of God in Christ	2724 SE 10 th Just north of Pine Ridge Community Ctr 785-266-5688	None	3 rd Saturday of the month 11:00am until food runs out
First Christian Church	1880 SW Gage Blvd 785-272-4290	While supplies last	1 st Monday of the month 1:30pm – 2:30pm
Hope House Ministries Oakland Church of the Nazarene	939 NE Oakland Ave 232-0142 Church leave message, or 217-5190 Jeanette	None	2 nd Saturday of the month 1:30pm – 3:00pm
Indiana Avenue Church of Christ	3510 SE Indiana Ave 785-266-7788	None	4 th Saturday of the month Distributes every other month: February, April, June, August, October & December 9:00am – 11:00am
Jardine Middle School	2600 SW 33 rd St 785-274-6330	While supplies last	2 nd Saturday of the month 9:00am – 10:00am

Lulac Senior Center	1502 N Seward Ave 234-5809	No income requirements	3 rd Friday of every month 12:45pm Line up in front of center
Oakland Church of the Nazarene (Hope House Ministries)	933 NE Oakland Ave 217-5190	None	2 nd Saturday of the month 1:30pm – 2:30pm (EXCEPT, March, November & December)
Randel Ministries (RMI)	1231 NW Eugene 785-234-1111	None	4 th Tuesday of the month 9:00am until food runs out
Robinson Middle School	1125 SW 14 th St 2953770	None	1 st Friday of the month 4:00pm – 5:00pm
Rossville Community Action	@ Citizen Potawatomi Nation 806 Nishnabe Trail Rossville, KS 785-836-4500	Weather permitting	4 th Wednesday of the month 1:00pm – 2:00pm
St. John AME Church	701 SW Topeka Blvd 233-3656	None	3 rd Saturday of the month 9:00am – 10:00am
The Salvation Army	1320 SE 6 th ST 785- 233-9648	None	4 th Monday of the month 1:00pm – 2:00pm of until food runs out

Topeka First Free Methodist Church	3450 SE Indiana Ave 266-6610	None	4 th Saturday of the month 9:00am – 11:00am
Town & Country Christian Church	@ Kansas Neurological Institute 3107 SW 21 st St 785-272-9009	None	1 st Thursday of the month 9:30am until food runs out
Trinity Presbyterian Church	4746 SW 21 st St 633-5491	None	2 nd Monday of the month 12:00N – 1:00pm
Other Resources & Tools	*****	*****	*****
Boys & Girls Clubs of Topeka	Adams Club 550 SE 27 th St 66605 785-234-5601 Teen Center 1112 SE 10 th Ave 66605 785-234-5601	Provides after school programming for youth ages 5-18 to include a snack & dinner at our Adams Club & Teen Center. Must be enrolled at the site.	During school days out, we provide breakfast, lunch & a snack at our Adams Club & Teen Center. Must be enrolled at the site.

<p>CHAMPSS</p> <p>Through Jayhawk Area Agency on Aging</p>	<p>CHAMPSS meal serving sites: CHAMPSS card required:</p> <p>Dillon's grocery stores (Open 7 days a week, lunch and dinner)</p> <p>6829 SW 29th St Topeka 66614</p> <p>800 NW 25th St Topeka 66618</p> <p>2010 SE 29th St Topeka 66605</p> <p>5311 SW 22nd Place Topeka 66614 4015 SW 10th St Topeka 66604</p> <p>Hy-Vee grocery store (Open 7 days a week, breakfast, lunch & dinner) 2915 SW Wanamaker Rd Topeka 66614</p> <p>Millennium Café Open 11:00am – 5:30pm, Mon-Fri 11:00am – 4:30pm Sat 1515 SW 10th Ave Topeka 66604 (TSC Public Library)</p>	<p>Must attend orientation to receive card</p> <p>Please call 785-235-1367 to register</p>	<p>Program that allows seniors age 60 and older to choose from different entrees and eat spontaneously at their convenience seven days a week.</p>
<p>Community Action</p>	<p>785-368-4500</p>	<p>Offers the Commodity Supplemental Food Program (CSFP) to participants who live in Shawnee County and Maple Hill in Wabaunsee County who are 60 yr of age or older and have an income at or below 130% of the Federal Poverty Level. Instrested individuals must complete the CSfp application and provide required documentation to be added to the program. Distribution dates and locations vary depending on particiipant's address. Please call Community Action for additional information.</p>	<p>See Notes</p>

Downtown Farmer's Market	6 th and Harrison Ave 249-4704	Customers come to our info booth to get tokens to spend at our vendors	Every weekend Spring and Summer
Harvesters Customer Care	1-877-653-9519 www.harvesters.org	Click on "GET HELP" link & use the agency locator tool to find programs in your area	See Notes
Meals on Wheels of Eastern Kansas Home Delivered Meals	2134 SW Westport Dr 785-430-2186 www.mowks.org	Fee: Based on a sliding scale and donations are encouraged. Funding may be available for some individuals. Donations may be made using cash, check, credit card or Vision Card.	Eligibility: *Person 60 years of age or older who is Homebound *Person 60 years of age who is isolated *Person 60 years of age or older who is a Caretaker *Spouse of an Eligible Participant *Disabled or Dependent Individual who resides in a non-institutional setting with an eligible participant *Registered congregate meal participant who needs a home delivered meal(s) due to illness or health condition
SNAP (food stamps) Hotline	Toll Free 1-877-653-9522	Contact the SNAP Outreach Team Or snap@harvesters.org for more information or to start an application Harvesters can assist with eligibility and application questions	See Notes
United Way	Help line 2-1-1	1-888-413-4327	

West Side Baptist Church	1008 SW 4 th St 233-4241	Blankets, clothes, diapers, formula, wipes and other items available for FREE for newborn to 5 year old children.	May go once a month. Monday 9:00am Wednesday 3:30pm – 6:30pm Thursday 1:00pm – 3:00pm
WIC	SN CO Health Department	Supplemental food program for pregnant, recently deliver and brestfeeding women, infants and children up to age 5 years.	Call for an785-251-5607 appointment

Jackson County



Resource Directory

Founded: February 11, 1859

Seat: Holton

Largest City: Holton

Congressional District: 2nd

Cities in Jackson County

Circleville

Delia

Dennison

Holton

Hoyt

Mayetta

Netawaka

Soldier

Whiting

General Information

4-H Youth Development

MeadowLark District

114 W 5th St, Holton, KS 66436
785-364-4125

Beck Bookman Library

420 W 4th Street, Holton, KS 66436
785-364-3532
Web: www.beckbookmanlibrary.org
Hours: 9:30am -6:30pm, Mon-Fri
9:30am- 2:30pm, Sat.
Closed on Sunday

Holton Swimming Pool 785-364-4446

Hours: 12-5:00pm, 6-9:00pm

Heart of Jackson Humane Society

P.O. Box 126
Holton KS 66436

Jackson County Ministerial Alliance

785-364-3834

Mission: The JCMA exists to support and encourage benevolent works through the networking of shared resources to improve the quality of life for everyone in Jackson County. Meets the 2nd Thursday monthly. Location varies.

Jackson County Ambulance

Emergency Medical Services

300 West 4th Street
Holton, KS 66436
785-364-1911
Email: jjc715@gmail.com

Jackson County Sheriff

210 US 75 Hwy
Holton, KS 66436
785-364-2251

Parks + Rec office 785-364-9000

Transitions for Life - Case Management

826 Vermont Ave
Holton, KS 66436
785-364-7280
Email: tayleydick@yahoo.com
Tayley Dick, Owner/Case Manager
Hours: 9:00 a.m. - 5:00 p.m., Monday - Friday
Services: Assist with applying for Medicaid. Assist with acquiring and maintaining Home and Community Based Services (HCBS) and other community services. Assist with transitions from services and/or school. Assist individuals and families with choosing residential and day services as well as funding for these services.
Eligibility: Jackson County residence on Medicaid and with a disability.

How to Apply: Call 785-364-7280

Fees: None

Funding: Medicaid

Washburn Institute of Technology

5274 SW Huntoon St. Topeka, KS 66604 OR
204 SE Washington St. Topeka, KS 66607
785-670-2010
785-670-3380

Website: www.washburntech.edu

Services: GED preparation classes, Accelerated Opportunities-Kansas (AO-K), and English as a Second Language (ESL) classes

Eligibility: Anyone needing to obtain a GED and wants technical training or needs to improve English skills. Students 16 and 17 must have a compulsory disclaimer from the current high school.

YWCA Center for Safety and Empowerment

107 E. 5th, Holton, KS
785-362-2222
24-hour helpline: 1-888-822-2983
Website: www.ywcatopeka.org

The YWCA Center for Safety and Empowerment, formerly the YWCA Battered Women's Task Force, provides FREE and CONFIDENTIAL services to victims of domestic and sexual violence, stalking, and human trafficking in Shawnee, Jackson and Wabaunsee Counties in Kansas. We offer safety, support and prevention.

Adult Day Care/Assisted Living

Medicalodges Jackson County

1121 West Seventh Street
Holton, KS 66436
785-364-3164

Glen Moore Manor

14005 214th Rd
785-364-0106

The Pines

725 Iowa Avenue
Holton, KS 66436
785-364-3314

Vintage Park at Holton

410 Juniper Drive
Holton, KS 66436
785-364-5051

Chiropractic

Glacial Hills Chiropractic

1100 Columbine Dr, Ste. E
Holton, KS 66436
785-364-2252

Hours: 9:00 a.m. - 5:00 p.m., Monday - Friday.
After hours visit area available with advance notice.

Complete Chiropractic Care Center

412 Pennsylvania Ave
Holton, KS 66436 785-364-9003

Holton Chiropractic Center

928 W 6th St
Holton, KS 66436
785-364-4151

Dental

Pediatric Dentistry

713 W 7th St
785-364-2412
Holton KS 66436

Holton Dental

1100 Columbine Dr
Holton KS 66436
785-364-3038
www.holtondental.org

Educational Services

Faith Academy Learning Center

404 Juniper Drive
Holton, KS 66436
785-364-2225
Email: faithacademylc@gmail.com

Mission: The mission of the Faith Academy Learning Center is to teach the children to follow and to love the Lord your God, to walk in all His ways and to hold fast to Him. Children will experience independence, respect, caring behaviors, wonder, and God's Word through Bible stories. We will strive to instill virtues in the children that will reciprocate God's love so that they will become His disciples in their own special ways. It is our goal to use a teaching curriculum that will prepare preschoolers for kindergarten and their journey in life.

Hours: Morning class: 8:30 a.m. - 11:15 a.m.
Afternoon class: 12:30 p.m. - 3:15 p.m.

Services:

Offers two classes for 4-5 year- old children
M/W/F 8:15am – 11am
M/Tu/Th 12:15pm – 3pm
Offers one class for 3 year – old children
Tu/Th 8:15am – 11am

Eligibility: Ages 3-5 not currently enrolled in kindergarten must be potty trained.

How to Apply: Contact the school

Fees: Monthly tuition

Funding: Scholarships are available.

Fresh Start Learning Center

501 Dakota St
Holton, KS 66436
785-364-5664
Fax: 785-364-5672
Email: freshstart@holtonks.net

Hours: 9:00 a.m. to 5:00 p.m. Monday - Thursday,
9:00 a.m. - 3:30 p.m., Friday

Services: High School Diploma completion for 18 and older.

Eligibility: 18 and older - class graduated that student started with.

How to Apply: Call for an appointment

Funding: State of Kansas

**Highland Community College
Online**

626 Nebraska Ave
Holton KS 33436
785-422-6170
HCCOnline@highlandcc.edu

NEK-CAP. Inc. Jackson County Outreach and Head Start

130 S Iowa Avenue
Holton, KS 66436
785-364-4798

School Districts

#335 North Jackson

12692 266th Rd
Holton, KS 66436
785-364-2194
Fax: 785-364-4346

Jackson Heights Elementary School

12763 266th Rd
Holton, KS 66436
785-364-2244
Fax: 785-364-4712

Jackson Heights High School

12719 266th Rd
Holton KS 33436
785-364-2195
Fax: 785-364-2487

#336 Holton

Central Elementary

400 New Jersey
Holton, KS 66436
785-364-2051
Fax: 785-364-3529

Colorado Elementary School

500 Colorado Avenue
Holton, KS 66436
785-364-3251/ Fax: 785-364-4844

Holton Elementary School & Preschool

812 West 5th St
Holton, KS 66436
785-364-3251

Holton High School

900 New York
Holton, KS 66436
785-364-2181
Fax: 785-364-5360

Holton Middle School

900 Iowa Ave
Holton, KS 66436
785-364-2441
Fax: 785-364-5460

#337 Royal Valley

101 W Main, Box 219
Mayetta, KS 66509
785-966-2246

Royal Valley Elementary

1st & Highland, Box 68
Hoyt, KS 66440
785-986-6286
Fax: 785-986-6333

Royal Valley Middle School

204 S 4th, Box 189
Mayetta, KS 66509
785-966-2251
785-966-2833

Royal Valley High School

101 East 1st Street, Box 128
Hoyt, KS 66440
785-986-6251
Fax: 785-986-6479

Eye Care**Lifetime Eye Care**

785-364-4183
121 West 4th, Holton, KS 66436
Email: lifetimefrontdesk@gmail.com
Hours: Monday, Tuesday, Wednesday, 8-5:00 pm
Thursday, 8:00 am to 7:00 pm
Friday, 8:00am to 3:00 pm
Available for emergencies:
Dr. Gallagher: 785-806-0939

Food Pantries/Distribution

Hoyt United Methodist Church
Hoyt City Park 900 Park Drive

Hoyt, KS 66440
785-986-6735

JCMA New Hope Center 785-362-7021
9th & Vermont, Holton, KS

Hours: 10:00 a.m. - 1:00 p.m., Tuesday's
3:00 p.m. - 6:00 p.m. Thursday's

Requirements: Proof of Jackson county residency.

Veteran's Club of Jackson County Netawaka

418 Kansas
Netawaka KS 66516
785-986-6653
3rd Mon 10:30am – 12:15pm
*Call to confirm hours

Government Listing**Appraiser's Office**

400 New York Rm 202
785-364-2358
Hours: 8:00 a.m. - 4:30 p.m., Monday - Friday
Fax: 785-364-5257

Clerk of the District Court

400 New York
785-364-2191

County Bridge Yard

500 Illinois Ave
785-364-2875

County Clerk

400 New York
785-364-2891
Fax: 785-364-4204
Hours: 8:00 a.m. - 4:30 p.m.

County Shop Bldg

525 Lowell Ave
785-364-3721

County Treasurer

400 New York Ave Rm 206
785-364-3791

Emergency Management Agency

400 New York Ave
Courthouse – Rm 101
785-364-2811

Holton Fire District #4 785-364-2174

Holton/Jackson County Chamber of Commerce

104 W 5th St
785-364-3963

**Household Hazardous Waste/ Noxious Weed
Recycle**

700 E 4th St
785-364-3459



Jackson County Attorney's Office

400 New York Ave Rm 400
785-364-3103

Jackson County District Court

400 New York, Rm 311
785-364-2191
Fax: 785-364-3804
Hours: 8:00 a.m. - 4:30 p.m., Monday – Friday

K-State Research and Extension 785-364-4125**Meadowlark Extension District #7**

4th & New York, Courthouse Room 105
Fax: 785-364-4775
Hours: 8:00 a.m.- 4:30 p.m., Monday-Friday

Register of Deeds

400 New York Rm#203
785-364-3591
Fax: 785-364-3420
Hours: 8:00 a.m. - 4:30 p.m.

Road & Bridge Administrator

24569 Hwy 75
785-364-3519

Rural Water District #3

411 New York Ave
785-364-3437

Home Delivered Meals**Jackson County Senior Citizen's Services (JCHD)**

312 Pennsylvania, Holton, KS 66436
785-364-4922 or 785-364-3571

Home Health**Absolute Home Health Care**

100 W 5th St
Holton Ks 66436
785-3626101

Ann's Home Health Agency Inc412

424 Pennsylvania Ave
Holton KS 66436
785-364-2952

Medical Services**Family Practice Associates****• Holton Clinic**

1100 Columbine Dr
Holton, KS 66436
785-364-2126, Fax: 785-364-2801
Hours: 7:00 a.m. - 8:00 p.m., Monday - Friday,
8:00 a.m. - 12:00 p.m., Saturday.

• Hoyt Clinic

207 Highland
Hoyt, KS 66436
785-986-6630

Hours: 7:00 a.m. - 12:00 p.m., 1:00 p.m. - 4:00 p.m.
Monday, Tuesday, Thursday, Friday.

Eligibility: Open to all forms of insurances within the state of Kansas.

Holton Community Hospital

1110 Columbine Dr, Holton, KS 66436
785-364-2116, 785-364-9613
www.holtonhospital.com

Mission: To provide professionalism, compassion and excellence in healthcare for a healthier community.

Services:

- Advanced Wound Healing Clinic
- Cardiovascular Services
- Diabetes Education
- Emergency
- Health & Wellness Programs
- Home Health & Hospice
- Jackson County Friends of Hospice
- Laboratory
- Outpatient Clinic
- Outpatient Infusion Therapy
- Radiology
- Rehabilitation
- Senior Life Solutions
- Surgical
- Swingbed/Skilled Nursing
- Women's Services

Holton Family Health Clinic**A Community Health Care System**

1603 W. 4th St., Holton, KS 66436
785-364-3205

Hours: 7:00 a.m. - 9:00 p.m., Monday -Thursday.
7:00 a.m. to 6:00 p.m. Friday
8:00 a.m. to noon Saturday

JaCo Pregnancy Center

109 E 8th St
Holton KS 33436
785-364-5400
Wed: 10:00am – 3:00pm

Northeast Kansas Multi County Health Department**Jackson County Health Department (JCHD)**

312 Pennsylvania, Holton, KS 66436
785 364-2670, Fax: 785-364-3001

Hours: 8:00 a.m. - 12:00 p.m., 1:00 p.m. - 4:30 p.m.
Monday - Friday.

Services:

- Adult & Child Health Assessments
- Additional Programs:

Audiograms/Hearing Screenings
Denver Developmental Screenings
Diabetes Screenings
Hemoglobin Screening
KanBe Health Physicals
Lead Exposure Testing
Lipid Panel
Maternal & Infant Program
Pregnancy Test
PSA Screening
Speech Testing
Tobacco-Use Reduction Efforts
Urinalysis
Vision Testing

- Communicable Disease Control
- Community Education & Outreach
- Environmental & Sanitation Health
- Family Planning
- Healthy Start
- Home Health
- Hospice
- Immunizations
- WIC (Women, Infants, and Children)
- Hours: 8:00 am - 6:00 pm, Monday-Friday

Muddy Creek Family Clinic, LLC (FP)

200 White Way, Netawaka, KS 66516
785-933-2000, Fax: 785-933-2022
Michael Keehn, MD - Board Certified Family Physician

Mission: To provide optimal medical care with a home town touch.

Hours: 7:30 a.m. - 5:00 p.m., Monday - Thursday.
7:30 a.m. - 4:00 p.m., Friday.

Services: Complete Family Practice Care, Pediatrics, OB Services, Geriatric, Minor procedures

Eligibility: Available to everyone.

Funding: We accept all major insurances and most small insurances.

Saint Jude Hospice 785-272-1111

1100 SW Wanamaker Rd, Suite 7
Topeka, KS 66604
Counties Served: Chase, Douglas, Geary, Jackson, Jefferson, Lyon, Morris, Pottawatomie, Riley, Shawnee, Wabaunsee.

Mental Health

KANZA Mental Health

Crisis Hotline 24/7: 785-742-3666

Schedule a visit Hiawatha, Elwood, Highland, Horton, Kickapoo Health Center, Sabetha, and Seneca at 785-742-7113. Holton: 785-364-4536.

KANZA Mental Health Guidance Center

510 Kansas Ave
Holton KS 66436
785-362-6009

Eligibility: Reside, work or attend school in Brown,

Doniphan, Nemaha, and Jackson Counties.

How to Apply: Phone the office for an intake. All services are accessed through the intake evaluation.

Fees: Private insurance, Medicare, Medicaid, Tricare. Private pay on a sliding scale fee.

Funding: Insurance, Medicaid, Medicare, private pay, SED Medicaid waiver for children, county monies, limited state monies through Mental Health Reform.
Dr. Meerpohl: 785-364-5888 or 364-3356

Pharmacy

Medical Pharmacy

1100 Columbine Dr
785-364-2114
Holton, KS 66436

Senior Citizen Services

Community HomeHealth-Onaga

120 West 8th St, PO Box 460, Onaga, KS 66521
785-889-7200, Fax: 785-889-4808

Website: chcsks.org, Email: homehealth@chcsks.org
JoAnn Mott, RN Manager

Mission: To enrich the health and lives of the people we serve. Serving Jackson County and western Shawnee County.

Hours: 8:00 a.m. - 4:30 p.m., Monday - Friday

Services: Nursing, physical therapy, speech therapy, occupational therapy, social services, dietician, home health aide: bathing, housekeeping, errands. Medical Alert System

Eligibility: varies - call for information

How to Apply: Contact your physician or call Community Home Health

Funding: Insurance, private pay

Jackson County Senior Citizens

312 Pennsylvania Ave, # B
Holton, KS 64436
785-364-3150

NEK Area Agency on Aging, Inc

Single point of entry to Aging Services & Information. (SCHICK)

1803 Oregon St, Hiawatha, KS 66434
785-742-7152

Toll Free: 800-883-2549

Fax: 785-742-7154

Email: nekaaa@hotmail.com

Website: nekaa.org

Jon Stallbaumer, Case Management Supv.

Serving these counties: Atchison, Brown, Doniphan, Jackson, Marshall, Nemaha, Washington



NEK Multi-County Hospice

116 N 6th Street, Hiawatha, KS 66434

785-742-1966, Fax: 785-742-1970

On call 24 hrs a day, 7 days a week.

Serving Atchison, Brown and Jackson Counties, as well as parts of Nemaha and Doniphan Counties.

Mission: NEK Hospice, committed to providing compassionate care to the communities we serve. Our Mission is to provide outstanding multi-disciplinary COMFORT CARE focusing on the physical, spiritual, emotional and social needs of our patients and their families during the end of life process.

Home Health Services:

- Medicare/Medicaid certified. Skilled Nursing, Physical
- Occupational, and Speech Therapies; Medical Social Services, Home Health Aide. Program rules and regulations apply.
- Hospice: Medicare/Medicaid certified, end of life holistic care for the terminally ill.
- **Hospice Services:**
- Registered Hospice Nurse on call 24 hours a day 7 days a week.
- Certified Home Health Aides to provide personal care,
- bathing assistance, etc.
- Cover the cost of medications related to terminal illness.
- Physical, Occupation, or Speech Therapy as needed
- Evaluate the need of medical equipment and supplies.
- Assistance from volunteers.

Funding: Medicare-Medicaid Hospice Benefits, Private Health Insurance, NEK Hospice provides patient and family services regardless of race, gender, religious beliefs, disability, age or ability to pay.

Dispatch: Emergency: 911

Substance Abuse Services

Al-Anon, Hotline: 785-305-0549

Mission Statement: When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there, and let it begin with me.

Hours: 7:00 p.m. on Wednesday's, at the Evangel United Methodist Church at 4th & Pennsylvania, Room 104 (Library).

Services:

- Group-led 12 Step support groups, consisting of family and friends of alcoholics who come together to share their experiences, strength and hope in order to solve common problems.
- One-on-one support through sponsorship.
- Al-Anon does not offer shelter support or referrals.
- Anonymity is protected in groups.

Eligibility: Tradition three states: The only requirement for membership is that there be a problem of alcoholism in a relative or friend. We believe alcoholism is a family disease and that changed attitudes can aid recovery

How to Apply: Visit website to find a schedule of meetings in the Kansas area.

Fees: There are no dues for membership

Funding: Al-Anon is self-supporting through its own voluntary contributions.

Alcoholics Anonymous & Narcotics Anonymous

785-235-2226, Website: www.aatopeka.org

AA HOTLINE: 785-305-0549

NA Holton: 8:00 p.m. on Friday's. Evangel UMC, 227 Pennsylvania Avenue, in Rm 104, 364-3834

AA\ Holton: 7:00 p.m. on Wednesday's, Evangel UMC, 227 Pennsylvania Avenue, in Rm 104, 364-3834

AA Holton: 7:00 p.m. Thursday's, 1st Christian Church, 310 West 5th Street, in the basement.

Hope Help Health (FP)

11549 222ND Rd

Holton, KS 66436

785-305-0549

Website: www.hopehelphealth.com

Email: dronaldleecobb@prodigy.net

Dr. Ronald Lee Cobb LCAC, Clinical Director

Mission: In a world of substance abuse, related personal and family mental health issues, and the resulting chaos, there is hope, help, and health available for you. We offer world class therapy at reasonable rates. Dr. Cobb is also certified in trauma and Post Traumatic Stress Disorder counseling.

Hours: Monday through Friday, days and evenings, and emergency counseling as needed.

Services:

- Substance abuse assessments for alcohol, drugs, gambling, internet, porn, sexual addictions, and family, friend and individual counseling.
- HHH works with cognitive/emotive therapy based on a bio/psycho/social foundation with a non-sectarian, nonjudgemental, healthy spiritual approach to meaningful living and recovery.

Eligibility: HHH is open to all persons regardless of background. Outpatient therapy and intensive outpatient therapy is available.

How to Apply: Contact Dr. Cobb at dronaldleecobb@prodigy.net or at (785) 305-0549.

Fees: Fees are on a sliding scale depending on income.

Funding: HHH receives no state, federal or grant funding of any kind and emphasized strictly confidential, person - centered therapy.

Prairie Band Potawatomi Nation

16281 Q Rd

Mayetta, KS 66509

www.pbpindiantribe.com

Administration 785-966-3932

Toll Free: 1(877)715-6789



Building Maintenance 785-966-4023

16257 Q Rd

Finance 785-966-3932

Human Resources 785-966-3060

Email: hr@pbpnation.org

Information Technology 785-966-4084

Tribal Attorney 785-966-3922

Tribal Land 785-966-3928

PBPN Community Services

Boys & Girls Club

15424 K Rd., Mayetta, KS 66509

785 966-3031

Email: topash@pbpnation.org

Child Care/Head Start

15380 K Rd

785-9662527

Education

16281 Q Rd

785-966-3926

Elder Center

15372 K Road

785-966-0040

Food Distribution

15189 K Rd

785-966-2718

Housing

8273 156th Lane

785-966-2756

PBPN Health Services

Health Center

11400 158 Rd, PO Box 249

785-966-8200

Medical Appointment Line:

785-966-8211

Pharmacy Refill:

785-966-8260 Toll free: 866-727-6330

* Hours of operation change frequently. Please contact the organization to verify.

• Behavioral Health Program Hours

Monday through Friday

8:00am – 4:30pm

• Diabetes Prevention

785-966-8271

• Dental Clinic Office Hours:

Monday through Friday

8:00am – 12 noon, 1:00pm – 4:30pm

* Limited dental walk-ins are available and must be checked in by 7:30am

Dental clinic office 785-966-8290.

• Medical Clinic Walk Hours of Operation

Monday through Friday

8:00am – 11:00am

Monday & Wednesday

12:15am - 3:00pm

Tuesday Thursday & Friday

1:00pm – 3:00pm

• Medical Clinic Office Hours

Monday & Wednesday

8:00am - 12 noon, 12:30pm – 4:30pm

Tuesday Thursday & Friday

8:00am -12:00 noon, 1:00pm – 4:30pm

* Arrive 30 minutes before your appointment.

** Please schedule all appointments 30 minutes before the clinic closes.

• Pharmacy Hours:

Monday & Wednesday

8:00am – 12 noon, 12:30pm – 4:30pm

Tuesday Thursday & Friday

8:00am – 12 noon, 1:30pm – 4:30pm

• Pharmacy Drive- Up Window Hours

Monday through Friday

8:00am – 4:30pm

* Exceptions: Closed during staff meetings

Three Rivers Inc

A Center of Independent Living

11400 158th Rd, PO Box 174, Mayetta, KS 66509

785-966-8344, Fax: 785-966-8388

Jeanie Combs, Independent Living Specialist

Mission: To promote self-reliance of individuals with disabilities through education, advocacy, training and support.

Hours: Monday - Friday, 8:30 a.m. - 4:30 p.m.

Five Core Services: Information, assistance & referral, independent skills training, peer support, advocacy/self-advocacy/system change, access to community living. Other: Medical Equipment Loan Program, Assistive Technology, Home and Business Accessibility, Vocational Training, H.O.M.E. Program, Financial Management Services

Eligibility: Available to people with disabilities regardless of age, disability or income.

How to Apply: For more information call the office at

785-966-8344 or go to www.threeriversinc.org

Funding: Grants, Medicaid/Medicare, Private pay.

PBPN Member Services

16281 Q Rd

Mayetta KS 66509

785-966-3950

866-277-3722

Motor Vehicle

16344 Q Rd

785-966-3024



Per Capita

Monday through Friday
Office Hours: 8:00am – 4:60pm
(Excluding holidays & Administrative days)

785-966-3993
Toll Free: 1-877-715-6789
Fax: 785-966-3917
Email: percap@pbpnation.org

Vision Service Program

Call 1-800-877-7195 or visit
www.vsp.com

Education

16281 Q Rd
785-966-3926

PBPN Public Services**Fire Department**

15482 K Rd
Mayetta, KS 66509
785-966-2164

Land Management

15185 K Rd
785-966-2737

Law Enforcement**Tribal Police**

16344 Q Road, Mayetta, KS 66509
785-966-3024
Website: www.pbpindiantribe.com
Email mboswell@pbpnation.org **Hours:** 24/7
Services: Animal Control: Rick Burns, Community
Police, Officers Supervisor, Code Enforcement.

Road & Bridge

14880 K Rd
785-966-2375

General Public Transportation

15185 K Rd
785-966-2995

Planning & Environmental Protection

1534 K Rd
785-966-2946

PBPN Social Services

@ Health Center Location
11400 158th Rd
785-8330

- **Adult Protective Services**
- **Child & Family Services**
- **Child Support Service**

- **Methamphetamine & Suicide Prevention Initiative**
- **Tribal Temporary Assistance for Needy Families**
- **Tribal Victims Services**
- **Vocational Rehabilitation Services**
- **Three Rivers Independent Living Office**

Prairie Band Casino & Resort

12305 150th Rd
Mayetta, Ks 66509
785-966-7777
Toll Free: 1-888-PBP-4WIN
www.prairieband.com

Circleville – 66416**Mayor & City Hall**

201 Mill St
785-924-3745
www.circlevilleks.com

School Districts: # 335 & #336

Churches:

Circleville UMC
103 Lincoln St
785-924-3845
Circleville Christian Church
7701 254th Rd
785-924-3831

Delia – 66418**Mayor & City Hall**

412 Nora St
785-771-2731

School Districts: #337 & # 321

Churches:

Delia Presbyterian Church
514 Jackson Ave
785-771-3186
Bible Baptist Church
1115 Popular St
785-771-2382

Other:

Fire District # 5
785-771-3155

Denison – 66419**City Hall**

111 Central Ave
785-935-2272

School District: # 336

Church:

Denison Reformed Presbyterian Church
702 7th St
785-935-2348

Other:

Conservation Office

785-935-2552

US Post Office

201 Central Ave

785-935-2341/1-800-275-8777

Holton – 66436**City Hall**

430 Pennsylvania Ave

785-364-2721

School District: #336

Churches:

Evangel United Methodist

227 Pennsylvania Ave

785-364-3834

First Baptist Church

404 Juniper Dr

785-364-3423

First Christian Church

310 W 5th

785-364-2545

First United Methodist Church

419 Cherokee Dr

785-364-2076

Holton Frist United Methodist

1401 W 5th St

785-364-3275

Kingdom Hall-Jehovah's Witness

12350 214th Rd

785-364-4279

Lakeview Faith Chapel Church

20171 US Hwy 75

785-364-2416

Nazarene Church

219 New York Ave

785-364-3642

Saint Dominic-St Francis Xavier

115 E 5th St

785-364-3262

Trinity Lutheran Church

401 Cheyenne Dr

785-364-2206

Word of Encouragement Church

603 Pennsylvania Ave

785-364-4392

Other:

Fire Department

301 W 4th St

785-364-3123

Holton/Jackson County Chamber

Of Commerce

104 W 5th St

785364-3963

chamber@exploreholton.com

Police Department

785-364-2174

US Post Office

328 Pennsylvania Ave

1-800-275-8777

Hoyt – 66440**City Office**

304 E 5th St

785-986-6823

City Clerk

201 E 4th

785-986-6385

School District: # 337

Churches:

Hoyt Baptist Church

109 Highland Ave

785-986-6440

Hoyt UMC

405 Highland Ave

785-986-6446

Other:

Fire District # 3

785-986-6437

Rural Water District #1

120 E 5th St

785-986-6913

US Post Office

109 E 4th St

785-986-6386

Mayetta – 66509**City Hall**

119 E Main St

785-966-2435

City Office

16595 R Rd

785-966-2176

School District: #337

Churches:

St Francis Xavier Catholic Church

Third & James St

785-966-2690

Mayetta Christian Church

202 E Jones St

785-966-2611

Other:

Fire District # 1

785-966-2442

US Post Office

111 E Main St

785-966-2650/1-800-275-8777

Netawaka – 66516**Mayor**

418 Kansas St

785-933-2700

School District: #335

Churches:

Immanuel Lutheran Church
302 Kansas St
785-340-5635
Netawaka UMC
322 Kansas St 66516

Other:

Fire District # 6
333 White Way
785-933-2666
US Post Office
412 Commercial St
785-933-3000

Soldier – 66540**City Office**

212 1st St
785-834-2662

School District: # 335

Churches:

Soldier Christian Church
130 Jackson St
785-834-5750
Bucks Grove Church
836 K-16 Hwy

Other:

Soldier Fire Station & Jackson Co Rural Fire
District # 2
215 Jackson St
785-834-2666
US Post Office
205 1st St
785-834-2411
1-800-275-8777

Whiting – 66552**City Hall**

216 Whiting St
785-873-3473

School District: #335

Churches:

UMC
205 S Searle
785-873-3472
Whiting Baptist Church
341 S Searle St
785-873-3236

Other:

Fire District #7
232 Whiting St
873-3473
US Post Office
230 Whiting St
785-873-3241

Jefferson County Resource Directory



Founded: August 25, 1855

Seat: Oskaloosa

Largest City: Valley Falls

Population: 18,975 (2019)

Congressional District: 2nd

Cities in Jefferson County

Meridan

McLouth

Nortonville

Oskaloosa

Ozawkie

Perry

Valley Falls

Winchester

General Information

4-H Youth Development

100 E Washington
P.O. Box 326
Oskaloosa, Ks 66066
785-863-2212

Accenture Service

Case Management
9254 Woodcrest Ln
Ozawkie, KS 66070
785-840-8461

Aging & Disability Resource Center (ADRC)

Services: This service supports the individual in making informed choices about their long-term care service options. Local options counselor for Shawnee and **Jefferson County** is with Jayhawk Area Agency on Aging, 785-235-1367 or 1-800-798-1366.

Alpha Christian Children's Home

15009 27th St, PO Box 727
Perry, KS 66073
785-597-5235, Fax: 785-597-5235

F. W. Huston Medical Center Clinic

409 Broadway, Valley Falls, KS 66088
785-945-4004

F.W. Huston Medical Center

*408 Delaware Street, Winchester, KS 66097-4003
913-774-4340 www.jcmhospital.org
*409 Broadway Street, Valley Falls, KS 66088
785-945-4004

Emergency Services, Prompt Care, Physical, occupational and speech therapy, Laboratory, Radiology, Life Flight, Pharmacy, Lifeline services

- Advocacy and counseling for sexual assault survivors and families and loves ones.
- Prevention and education outreach.

The Guidance Center 785-863-2929

1102 Walnut Street, PO Box 127
Oskaloosa, KS 66066
Toll Free: 1-888-260-9634 after hours crisis line
Website: <http://www.theguidance-ctr.org/>

- Counseling, therapy, testing, community services.
- Treatment for mental and substance abuse needs.
- Recovery services – individual, marital, family counseling, outpatient alcohol/drug abuse treatment.
- Prevention programs focusing on youth peer support for safe and healthy choices and behaviors.

Highland Community College, 785-597-0127

203 W Bridge St, Perry, KS 66073

Jayhawk Area Agency on Aging-Lynn Luck

410 Liberty St, Oskaloosa, KS 66066
785-863-2637

Jayhawk Area Agency on Aging

785-235-1367, Toll Free: 800-798-1366

- Jayhawk Area Agency on Aging Inc. advocates on aging issues, builds community partnerships and implements programs within Shawnee, **Jefferson** and

Douglas Counties to help seniors live independent and dignified lives.

- Eldercare Locator, <http://www.eldercare.gov>, a public service of the U.S. Administration on Aging connecting to services for older adults and their families. You can also reach us at 1-800-677-1116.

Jefferson County Ambulance Service

1250 Walnut Street, Oskaloosa
785-863-2278
jtwweed@jfcountryks.com

Jefferson County Clerk

300 Jefferson St, PO Box 321
Oskaloosa, KS 66066
785-863-2272
jbuttrn@jfcountryks.com

Jefferson County District Court

300 Jefferson St, PO Box 327
Oskaloosa, KS 66066
785-863-2461
cmilner@embarqmail.com

Jefferson County Emergency Management

507 Delaware St, PO Box 218
Oskaloosa, KS 66066
785-863-2096
dschmitt@jfcountryks.com

Jefferson County Extension Office

Meadowlark, Dist. 7
300 Jefferson St, PO Box 326
Oskaloosa, KS 66066
785-863-2212

Jefferson County Health Department (JCHD)

1212 Walnut Street, US Hwy 59
Oskaloosa, KS 66066
785-863-2447, Fax: 785-863-2652

Website: www.jfcountryks.com

Email: jchd@jfcountryks.com

JCHD Walk-In Clinic Services Available:

Hours: 8:00 a.m. - 4:00 p.m., Tue. - Fri
Birth Control, Blood Pressure, Blood Sugar
Cholesterol (Fasting), Lab (with Dr. referral)
Quest Lab Collection Site, Immunization
Pregnancy Test, TB Skin Test
Vision Screening/Hearing Screening
Urinalysis

JCHD Services Provided by Appointment

Hours: 8:00 am - 4:30 p.m., Monday - Friday
Child Care Licensing, Family Planning, Health Start
Visitor Program, Newborn Assessments
Prenatal & Post Natal Care, WIC
Physicals: Child Care, Preschool, School Entry, Kan-Be-Healthy

Home Health 785-863-2447

Home Health Aids, Nursing, Occupational, Physical and Speech Therapy, Social Services, Friends of Hospice: Financial Assistance.

Hospice

Services for the terminally ill and their families.
Bi-monthly meetings to discuss client needs.

Environment & Sanitation

Getting a Wastewater Permit, Lagoons, Septic Systems, Sanitation Codes

Classes / Support Groups:

CPR / First Aid Classes

Diabetes Support Group

Bereavement Support Group

Jefferson County Service Organization SHICK

Lynn Luck, 410 Liberty, PO Box 212

Oskaloosa, KS 66066, 785-863-2637

mlluck23@yahoo.com

- Transportation, outreach and commodities.

Jefferson County Sheriff's Office

Jeff Herrig Sheriff

1360 Walnut St, Oskaloosa, KS 66066

785-863-2765

Crime Tip HOTline: 1-800-KSCRIME (572-7463)

jherrig@jfcountryks.com

Jefferson County Shop (Road Dept)

15047 94th St

Oskaloosa, KS 66066

785-863-2211

Jefferson County Treasurer

300 Jefferson St, PO Box 458

Oskaloosa, KS 66066

785-863-2081

munderwood@jfcountryks.com

Kansas Crisis Hotline 1-888-363-2287

A toll-free, 24-hour hotline developed to link victims of domestic violence and sexual assault to crisis programs across Kansas.

Kansas Department of Transportation

203 E Jefferson St, Oskaloosa, KS 66066

785-863-2282, Em: publicinfo@ksdot.org

Kansas Highway Patrol

1230 Walnut St, PO Box 248

Oskaloosa, KS 66066

785-863-3144x321

Kansas School Safety Hotline

Stop School Violence, 1-877-626-8203

Email: info@khp.ks.gov

Kansas Wildlife & Parks Headquarters

17398 Finney Rd, Valley Falls, KS 66088

785-945-6615

Keystone Learning Services 785-876-2214

500 E Sunflower Boulevard, Ozawie, KS 66070

Website: www.keystonelearning.org

- Count-Your-Kid-In screening (developmental screening) for children under five years of age
- Services for children with special health needs, development delays or disabilities ages 3 - 21
- Special education services for children ages 3 through 21
- Vocational testing-referral to Vocational Rehabilitation Services or CDDO

Keystone Tiny-K Infant Toddler Services

500 E Sunflower Boulevard, Ozawie, KS 66070

785-876-2214, ext. 42 www.tiny-k.org

- Services for children with developmental delays or disabilities birth to age 3
- Home-based services at no cost to families
- Team of professionals including occupational, physical and speech and language therapy, education, dietetics, psychologist, and social work

Meals on Wheels of Shawnee/Jefferson County

2701 SW East Circle Dr, South, #2, Topeka, KS 66606
785-295-3980

- Home-delivered meals must be in Shawnee or Jefferson County.
- Weekly delivery of frozen meals is also available to prospective clients who reside outside of the regular delivery area.
- Friendship Meals is a congregate dining program. Meals on Wheels of Shawnee and Jefferson Counties has 16 Friendship Meals Dining Centers within the two counties. The centers provide meals for individuals over 60 years of age and their spouses (regardless of age) who are still active and desire more social interaction. Donations are expected at each of the Dining Centers however there is no set fee. Nutritionally balanced and varied meals are provided to help maintain health and provide aid to those who find it hard to cook.

Medical Reserve Corps

Crystal VanHoutan, Oskaloosa, KS 66066

785-863-2447

cvanhoutan@jfcountryks.com

Northeast Kansas Community Action Program

204 W Warren, Oskaloosa, KS 66066

785-863-2372, (888)221-9334

- Federal income guidelines for eligibility.
- Services to meet social, emotional, health, nutritional and psychological needs.
- Early Head Start – Ages 0-3
- Head Start – Ages 3-5

Old Jefferson Town, JECO Historical Society

703 Walnut St, PO Box 146, Oskaloosa, KS 66066

785-863-2070

www.kansastravel.org/oldjeffersontown.htm

Parents Help Hotline 1-800-CHILDREN (244-53736)

Website: www.kcsl.org

- 24 hours assistance for parents experiencing conflict or seeking to prevent family problems.

Research and Extension - Jefferson County**Meadowlark District Office 785-863-2212**

600 Jefferson, Court House, PO Box 326

Oskaloosa, KS 66066

Website: www.meadowlark.ksu.edu/

- Parenting, nutrition and general home, farm and horticulture information.

Saint Jude Hospice 785-272-1111

1100 SW Wanamaker Rd, Suite 7

Topeka, KS 66604

Counties Served: Chase, Douglas, Geary, Jackson,

Jefferson, Lyon, Morris, Pottawatomie, Riley, Shawnee, Wabaunsee.

Senior Health Insurance Counseling for Kansans (SHICK) for Shawnee/Jefferson Counties

Jayhawk Area Agency on Aging Clients
Vanessa Merillat, SHICK Coordinator
2910 SW Topeka Boulevard, Topeka, KS 66611
785-235-1367, 1-800-798-1366
785-354-5346(fax)
vmerillat@jhawkaaa.org

Washburn Institute of Technology

5274 SW Huntoon St. Topeka, KS 66604 OR
204 SE Washington St. Topeka, KS 66607
785-670-2010
785-670-3380

Website: www.washburntech.edu

Services: GED preparation classes, Accelerated Opportunities-Kansas (AO-K), and English as a Second Language (ESL) classes

Eligibility: Anyone needing to obtain a GED and wants technical training or needs to improve English skills. Students 16 and 17 must have a compulsory disclaimer from the current high school.

Weems Case Management 785-876-9838
9254 Woodcrest Ln, Ozawkie, KS 66070

Willow Domestic Violence Center-JECO

PO Box 633, Lawrence, KS 66044
785-840-8084, 1-800-770-3030
24-hour crisis line: 785-843-3333 or
cwilcox@willowdvcenter.org

Website: www.willowdvcenter.org

Jefferson County Food & Clothing Banks

The Clothes Closet 785-945-3211
408 Frazier, Valley Falls, KS 66088

God's Store House 785-484-2711
107 W Main, Meriden, KS, , Saturday's

Harvesters 785-863-2637
1st Wednesday monthly, no requirements.

- Lecompton UMC, 402 Elmore, 785-864-7578
- Stull UMC, 1596 E 250 Rd, Lecompton

Heritage Baptist Church 785-887-2200
1781 E 800 Road, Lecompton, KS 66044
Call for an appointment. No requirements.

McLouth Food Pantry 913-796-9999 or 913-796-1709
201 E Lucy, McLouth, KS

Oskaloosa Christian Service Organization
785-863-3081, Sells clothing at a nominal fee and furnishes clothes for disaster relief.

Rural Mobile Food Pantry Distributions

Participant may only receive food at one location.

1st Wednesday monthly. 785-863-2637

10:00 - 11:15 a.m. at 410 Liberty, Oskaloosa, KS
12:00 - 1:00pm at 9887 Main St., Ozawkie

Stull United Methodist Church 785-887-6521

251 N 1600th Road, Lecompton, KS
7:00 p.m. - 9:00 p.m., 1st & 3rd Thursday
Available once every 6 months. Photo ID required.

Valley Falls UMC - Food Bank

14169 Geary Rd, Valley Falls, KS 66088
785-224-9811

McLouth - 66054

Holiday Dental

101 N Union Street, 913-796-2234

City Hall

110 N Union St, 913-796-6411
clerk@cityofmclouth.org

City Library

213 S Union St, PO Box 69,
913-796-2225
director@McLouth.lib.ks.us

Dental Office, 609 E Lake St, 913-204-4040
mclouthdental@aol.com
www.mclouthdental.com

McLouth Food Pantry

201 E Lucy, McLouth, KS
913-796-9999 or 913-796-1709

McLouth Police Dept - Marcus Koch, Chief
110 N Union St, 913-796-6783
McLouthPolice@embarqmail.com
www.cityofmclouth.org

New Place 1 Apts- Sandy Rickey, Mgr
205 W Memory Lane

USD 342 McLouth

- Administrative/Superintendent, 913-796-2201
217 Summit, PO Box 40, McLouth, KS 66054
Website: <http://www.mclouth.org>
- McLouth Middle School and High School
217 Summit, McLouth, KS 66054
913-796-6122, Toll Free: 877-854-0972
- McLouth Elementary School
217 Summit, McLouth, KS 66054
913-796-6152, Toll Free: 877-584-4772

Meriden - 66512

Cotton Oneil Clinic

407 E Wyandotte St
785-484-2803

Deer Park Senior Group Home North

6313 Highway K-4, 785-484-0100
www.deerparkmeriden.com
kcgreenacres@aol.com

Deer Park Senior Group Home South

3566 62nd St, 785-484-2165

God's Store House

107 W Main, PO Box 26

Heartland Home Care, Inc. 785-484-2699
7210 Highway K4, Meriden, KS 66512

- In-home care and therapy services.

Jefferson County Early Head Start – Meriden

Jefferson West Elementary School
 301 Main Street, PO Box 427, Meriden, KS 66512
 785-484-3317
 Email: sadams@nekcapp.org

Jefferson County Head Start – Meriden

Jefferson West Elementary School
 301 Main, PO Box 427, Meriden, KS 66512
 785-484-3317
 Email: smcmahon@nekcapp.org

Linnwood Park Home Plus North & South

6313 K-4 Hwy, 785-484-0100

Meriden Chiropractic- Dr. Ali Currie

7188 K4 Hwy, 785-484-3311

Meriden City Hall

103 E Main St, 785-484-3450

Meriden City Library

100 E Main St, 785-484-3393

Meriden Community Library- Scott Stanley

7272 K4 Hwy #D, 785-484-3393
meriden.mykansasllibrary.org

Meriden Home Healthcare 785-484-2699

7210 Highway K4, Meriden, KS 66512
 Optional community-based services

Meriden Pharmacy - 785-484-3784

7210 K-4 Hwy,

Police Department- Jason Boyer, Chief

103 E Main St, PO Box 262
 785-484-3450

Professional Counseling Services-Kelly Kuhn

7272 K4 Hwy #C

Head Start

315 Main St, 785-484-3317

USD 340 Jefferson West

- Administrative/Superintendent 785-484-3444
 601 E Wyandotte Street, PO Box 267
 Meriden, KS 66512

Website: <http://www.usd340.org>

- Jefferson West High School
 619 Condray Street, Meriden, KS 66512
 785-484-3331, Toll Free: 877-854-4410
- Jefferson West Middle School, Grades 5-8
 210 N Miller Street, Meriden, KS 66512
 785-484-2900, Toll Free: 877-854-4579
- Jefferson West Elementary School, Pre-K-4
 301 Main Street, Meriden, KS 66512
 785-484-2455, Toll Free: 877-854-4524

VFW Post 10815

612 E Palmer St, 785-484-3074

Nortonville - 66060**Nortonville City Hall-Barb Polson**

407 Main St, 913-886-2060

Nortonville Library-Barb Polson

407 Main St, PO Box 179
 913-886-2060
www.nortonvillelibrary.org

Nortonville Medical Clinic-James Rider

306 Lafayette St
 913-886-2110

Nortonville Police Dept-Michael Henning, Chief

407 Main St, PO Box 177
 913-886-2060

Nortonville Senior Center

107 Taggart St
 913-886-2698

Village Villa and Village E. Assisted Living (FP)

412 Walnut Street, PO Box 346
 913-886-6400
 Medicare skilled nursing facility.

Oskaloosa - 66066**Hanna Apartments (elderly)****4H Club - Camp Ground**

9002 Kiowa Rd

Boy Scout Camp Jayhawk

8602 Kingman Rd, 785-876-2465
Jason.Biggs@Scouting.org

Cotton O'Neil Clinic

209 Jefferson St, 785-863-3417

Drug Abuse Resistance Education (DARE)

1360 Walnut Street, Oskaloosa, KS 66066
 785-863-2765

- Drug education programs.

Earl D McCollm DDS

602 Liberty St, 785-863-2208

Fairview Township Clerk-Maxine Buttram

8924 Kingman Rd

FW Huston Pharmacy

509 Delaware St, 785-863-3401

Guidance Center, The

1102 Walnut Street, 785-863-2929

Hickory Pointe Care and Rehabilitation Center

700 Cherokee, Oskaloosa, KS 66066
 785-863-2108

Activities, Lab Services, Xray Services, Dietary,
 Pharmacy, Podiatry, Social Work, Occupational,
 Physical, and Speech/Language Therapy.

Holland Eye Clinic-Heath Holland

1106 Walnut Street, PO Box 638
 785-863-2000

Jefferson County Head Start – Oskaloosa

204 W Warren Street, 785-863-2372
 Email: swade@nekcapp.org

Kincaid Chiropractic

609 Delaware St, 785-863-2334

Library Station

409 Walnut St, 785-863-2700

Oskaloosa City Garage-Bill Heard

208 W Washington St, 785-863-2708

Oskaloosa City Hall-Patty Hamm

100 E Washington St #C, PO Box 446
 785-863-2651
cityclerk@embarqmail.com

Oskaloosa Library

315 Jefferson St, 785-863-2475



www.oskielibrary.org

Oskaloosa Medical Clinic

100 E Washington St #C, 785-863-4125

Oskaloosa Police Dept

101 E Washington St #C, 785-863-2651

Oskaloosa Senior Citizens Center

505 W Washington, 785-863-2411

Oskaloosa Headstart

204 Warren St, 785-863-2372

USD 341 Oskaloosa

- Administrative/Superintendent, 785-863-2539

400 Park Street, Oskaloosa, KS 66066

- Oskaloosa High School

404 Park Street, Oskaloosa, KS 66066

785-863-2281, Toll Free: 877-750-8059

- Oskaloosa Middle School

400 Park Street, Oskaloosa, KS 66066

785-863-3237, Toll Free: 877-800-1784

- Oskaloosa Elementary School, K-5

400 Park Street, Oskaloosa, KS 66066

785-863-2254, Toll Free: 877-800-1785

Ozawkie - 66070

First Call Medical Group

785-945-3284

Keystone John Dewey Learning Academy (JDLA)

500 E Sunflower Blvd, 785-876-2214, x56

Email: kporter@keystonelearning.org

www.keystonelearning.org

Keystone Parents as Teachers (PAT)

500 E Sunflower Blvd, 785-876-2214, x31

kporter@keystonelearning.org

Keystone Tiny-k Infant Toddler Services

500 E Sunflower Blvd, 785-876-2214 x42

www.tiny-k.org

Lake Ridge Estates Homeowner Association

6504 Cherokee Land, 785-484-2600

www.lakeridgeestates.com

Email: lakeridgehome@yahoo.com

Ozawkie City Hall

524 Kiowa Dr, PO Box 120

785-876-2550

Email: cityclerk@ozawkie.org

www.ozawkie.org

Weems Case Management Service

9254 Woodcrest Ln., 785-876-9838

Perry - 66073

Alpha Christian Children's Home

15009 27th St, PO Box 727, 66073

785-597-5235, Fax: 785-597-5235

office@alphachristianchildrenshome.com

Highland Community College

203 W Bridge St, 785-597-0127

Perry City Hall, Garage,

and Maintenance -Pete McHardie

785-597-5613 or 785-597-5324

www.perrykansas.us/

Perry Community Building

604 E Front St,

Perry Community Pride-Kathy Youngquist

785-218-7328

Email: perrypride-exec@perrykansas.us

Perry Police -Ramon Gonzalez, Chief

115 Elm St, PO Box 724, 785-597-5613

www.perrykansas.us/

USD 343 Perry – Lecompton

- Administrative/Superintendent, 785-597-5138

205 W Bridge Street, Perry, KS 66073

Website: <http://www.usd343.net/>

- Perry-Lecompton High School

404 Lecompton Road, PO Box 18

Perry, KS 66073

785-597-5124, Toll Free: 877-236-7138

- Perry-Lecompton Middle School, Grades 5-8

408 Lecompton Road, Perry, KS 66073

785-597-5159, Toll Free: 877-854-0972

- Perry Elementary School, Pre K-1

405 Cedar Street, PO Box 168, Perry, KS 66073

785-597-5156, Toll Free: 877-569-1640

- Lecompton Elementary School, Grades 2-4

626 Whitfield, PO Box 108

Lecompton, KS 66050

785-887-6343, Toll Free: 866-282-2232

Valley Falls - 66088

Advanced Chiropractic

409 Sycamore St

F. W. Huston Medical Center Clinic of Valley Falls

409 Broadway, 785-945-4004

Kansas Wildlife & Parks: Perry Wildlife Area

17398 Finney Rd, 785-945-6615

Linnwood Park of Valley Falls Assisted Living

1509 Linn St, 785-945-3634

Linnwood Park of Valley Falls Home Plus

1509 1/2 Linn St

Sunset Haven-Paul Heinen

940 Frazier St, 785-945-3272

Tillery, Dr. Bruce, DDS

800 Walnut St, 785-945-6248

USD 338 Valley Falls

- Admin/Superintendent, 785-945-3214

700 Oak Street, Valley Falls, KS 66088

Website: <http://www.usd338.com>

- Valley Falls High School

601 Elm Street, Valley Falls, KS 66088

785-945-3229, Toll Free: 1-877-854-4793

- Valley Falls Elementary School, K-8

700 Oak Street, Valley Falls, KS 66088

785-945-3221, Toll Free: 877-854-4775

Valley Falls City Hall-Daryl Courter

421 Mary St, 785-945-6612

Valley Falls Healthmart

320 Broadway St

Valley Falls - Food Bank

UMC 14169 Geary Rd, Valley Falls, KS 66088

785-224-9811

Valley Falls Housing Authority-Paul Heinen

940 Frazier St, 785-945-3720

Valley Falls Medical Clinic-James Rider

403 Sycamore St, 785-945-3263

Valley Falls Police Dept

421 Mary St, #B, 785-945-6612

Email: vfchief@gmail.com

Valley Falls Senior Center

509 Broadway, 785-945-3714

Valley Health Care Center 785-945-3832

400 12th Street, Valley Falls, KS 66088

www.midwest-health.com

bboldridge@midwest-health.com

Nursing and mental health care, VHCC is certified for Medicaid and Home and Community Based Services (HCBS) providing respite, short term, long term, residential care and independent living opportunities.

Winchester – 66097**Winchester City Office**

Temp Address: Winchester Public Library

203 4th St 66097

913-774-2922

School District**USD# 339 Jefferson County North**

www.usd339.net

Churches:

New Testament Christian Church

101 Winchester St

Reformed Presbyterian Church

306 Delaware St

United Methodist Church

401 4th St

Other:

Post Office

203 Third St

1-800-275-8777

Winchester Fire Department

104 Third St

913-774-2835

Winchester Police Dept

207 Winchester St

785-863-2351

Veteran

Resources

Benefits, Health and Education

Career / Training

Healing Body and Mind

Legal Assistance

Benefits, Health and Education

Crisis/Suicide

Military Crisis Line 1-800-273-8255
Veteran Crisis Line 1-800-2738255, ext 1

Dwight D. Eisenhower VA Medical Center

4101 4th Street Trafficway, Leavenworth, KS 66048
913-682-2000, 1-800-952-8387

Disposable Warriors

Sgt. Chuck Luther, Director
1-800-210-9602

GI Rights Hotline

1-877-447-4487
[E-mail: girights@girightshotline.org](mailto:girights@girightshotline.org)
The hotline provides advice to members of the military seeking information about discharges, grievance and complaint procedures and other civil rights.

Home Base Program

1-617-724-5202
<http://www.homebase.orf>
Homebase, a Red Sox Foundation and Massachusetts General Hospital Program, is dedicated to healing the invisible wounds for Veterans of all eras, Service Members, Military Families of the Fallen through world-class clinical care, wellness, education and research, to include post-traumatic stress, traumatic brain injury, anxiety, depression, co-occurring substance use disorder, family relationship challenges and other issues related with military service.

National Call Center for Homeless Veterans:

1-877-424-3838

National Resource Directory

www.nrd.gov

National Veterans Foundation 1-888-777-4443

Website: www.nvj.org National Veterans Foundation offers an impressive range of free services to vets. Call their number and speak to a NVF staff member about your situation. You can also use this link (www.nvf.org/livehelp) to chat with a staff member online. NVF will help you if you're in crisis, need legal help, assistance with a disability claim, help finding a job, treatment for PTSD or Traumatic Brain Injury, or simply want to connect with other vets. The organization also helps military families who are having a hard time obtaining groceries.

New Directions

1-310-914-404
E-mail: info@ndvets.org

New Directions is a resource center for veterans, located in Los Angeles. It provides an array of services, including substance abuse treatment, counseling, remedial education, job training and placement, as well as parenting and money management classes.

Operation Home and Healing

Council for Relationships
1-215-382-6680
<https://councilforrelationships.org/OHH>

Council for Relationships' Operation Home and Healing provides counseling and services for active service members, veterans, and their families. Specially trained therapists work with the veterans and their loved ones to help heal the invisible wounds on their individual, couple, and family relationships. Council's therapists aim to help veterans and their families heal and become better partners, parents and family members.

Soldiers' Angels

2895 NE Loop 410
Suite 107
San Antonio, Tx 78218
or PO Box 758513, Topeka, KS 66675-9913
Website: <https://soldiersangels.org>
Soldiers' Angels is hundreds of thousands of volunteers providing aid and comfort to the men and women of the United States Army, Marines, Navy, Air Force, Coast Guard, veterans and their families.

USA Cares

www.usacares.org
<http://www.usacares.org>
USA Cares helps bear the burden of service by providing post 9/11 military families and veterans with financial and advocacy support in their time of need. Assistance is provided to all branches of service, all components and all ranks while protecting the privacy and dignity of those military families and veterans who request help.

VA Caregiver Support Line

1.855.260.3274

Veterans Affairs Eastern Ks Health Care System Colmery-O'Neil VA Medical Center

2200 SW Gage Boulevard, Topeka, KS 66622
785-350-3111, 1-800-574-8387x54555
Fax: 785-350-4336

Veteran's health, benefits, or national cemeteries inquiry: 1-800-827-1000

Vietnam Veterans of America (VVA)

1-800-882-1316

Website: <https://vva.org>

VVA can connect you with a knowledgeable, supportive veteran who can guide you through the VA system.

Wounded Warrior Project 1-877-832-6997

Website: www.woundedwarriorproject.org

The Wounded Warrior Project offers a wide range of assistance, from help collecting disability benefits, to help in healing PTSD wounds, to continuing education for a post-military life. WWP can connect you with benefits counselors who can guide you through the VA maze. You call the organization's phone number and explain your situation. The advisor will tell you about the WWP programs that are right for you.

Career/Training

Farmer-Veteran Coalition

1-530-756-1395

Website: www.farmvetco.org

Mission: Mobilizing Veterans to Feed America.

We cultivate a new generation of farmers and food leaders and develop viable employment and meaningful careers through the collaboration of the farming and military communities. We believe that veterans possess the unique skills and character needed to strengthen rural communities and create sustainable food systems. We believe that agriculture offers purpose, opportunity, and physical and psychological benefits.

Jewish Vocational Service of Los Angeles (JVS) Veterans First

1-213-742-9560

E-mail: veterans@jvs-social.org

JVS of LA's Veterans First program provides career coaching to veterans, helping you assess your skills and build upon them. We assist all military veterans with a special focus on women veterans and post 9/11 veterans by providing professional career coaching, assessments to identify transferable skills, training in high growth career sectors, plus job search skills and job placement assistance. Participants connect with other veterans through the program's networking groups, workshops and events. The Veterans First team partners closely with the L.A. County veterans America's Job Center downtown at Bob Hope Patriotic Hall to maximize veteran's benefits, services and training opportunities.

NextGenVets 1-424-259-3803

Website: www.nextgenvets.org/contact.html

NextGenVets is a job placement organization. Go to their contact page, fill out their form, and answer questions about your education and military rank. You'll be placing your profile in the organization's database. A case worker at NextGenVets will then contact you and reach out to companies that are hiring so that they can match the right vet with the right company.

Wall Street WarFighters 1-888-439-3935

Website: www.wallstreetwarfighters.org

If you're interested in pursuing a career in finance, Wall Street WarFighters can help. The organization provides education and training to wounded vets, so they can make the transition from the battlefield to Wall Street. Even if you don't have a college degree, you can still call them. The organization is designed to assist wounded soldiers. Veterans interested in the program need at least a 10 percent disability rating from the VA.

Healing Body and Mind

Combat Paper Project

Drew Cameron, project co-director

Website: www.combatpaper.org

The Combat Paper Project conducts hands-on workshops across the country where veterans take their uniforms, cut them up, process them into pulp, and use that pulp to create art. While molding their old uniforms into something new, veterans get a chance to talk about their battlefield experiences with other vets who have been there and understand. For many soldiers, these workshops have been transformative experiences, helping them process the pain lingering from their war-time tours while reshaping their identity: from warrior to artist.

Warrior Writers Project

Website: www.warriorwriters.org

E-mail: info@warriorwriters.org

Mission & Aims: Our mission is to create a culture that articulates veteran's experiences, build a collaborative community for artistic expression, and bear witness to war and the full range of military experiences; support the creation and sustainability of creative communities; create visibility for veteran artists; support veterans and service members to use art for change and growth and strengthen honesty and respect for ourselves, our communities, our work and experiences.

Legal Assistance

Assistance with Benefits and Legal Matters

Bergmann & Moore, LLC

1-877-838-2889 (toll free)

E-mail:

info@vetlawyers.com (they promise to respond within one business day).

Website: <http://vetlawyers.com>

Offers representation at all levels of the VA administrative process, as well as in the Federal Court system, at the US Court of Appeals for Veteran Claims (CAVC), and the US Court of Appeals for the Federal Circuit. They focus solely on Veterans' law and remain current on veteran -related issues.

Georg-Andreas Pogany

1-202-286-8253

E-mail: gapogany@gmail.com

Andrew Pogany is an independent veterans' advocate, helping soldiers receive proper discharges and assisting wounded veterans with their disability claims. A former investigator for the National Veterans Legal Services Program, Pogany's work on behalf of soldiers has been highlighted by ABC News, NPR and the Washington Post.

Douglas J. Rosinski, Esq.

701 Gervis Street, Suite 150-405

Columbia, SC 29201-3066

1-803-256-9555

Works with veterans advocating on their behalf and assisting with the benefits claims process. In the early stages of forming a veteran's advocacy group called Veterans Justice Group, LLC

The Veterans Consortium Pro Bono Program

2101 L Street, NW, Suite 420

Washington, D.C. 20037

Toll Free: 1-888-838-7727

Email: mail@vetsprobono.org

Mission: We provide free representation to Veterans and their family members at the US Court of Appeals for Veterans Claims, as well as assist with discharge upgrades.

Lawyers Serving Warriors (LSW)

Website: www.nvlsp.org

Email: info@nvlsp.org

1-202-265-8305, ext. 104

LSW is a project of National Veterans Legal Services Program that provides free legal services to U.S. military personnel and veterans who need help with disability, discharge or veterans' benefits cases.

National Lawyers Guild (NLG)

Military Law Task Force

1-619-463-2369

Website: <https://nigmltf.org>

The NLG assists those working on military law issues as well as military law counselors working directly with GIs.

National Organization of Veterans' Advocates (NOVA)

1-202-587-5708

Website: www.vetadvocates.org

NOVA maintains a directory of lawyers who practice Veterans law. Simply visit the directory, click on your state and scroll through the names, numbers and email addresses of the lawyers in your area.

National Veterans Legal Services Program (NVLSP)

PO Box 65762, Washington, D.C. 20035

1-202-265-8305

Website: www.nvlsp.org

Email: info@nvlsp.org

NVLSP provides legal information and assistance for veterans, survivors of veterans, and veterans' advocates who are seeking service-related VA benefits.

Swords to Plowshares

1060 Howard Street

San Francisco, CA 94103

1-415-252-4788

Website: www.sp-sf.org

Email: supportvets@stp-sf.org

Swords to Plowshares provides legal assistance to low-income veterans who are in San Francisco. The group also helps vets who are filing disability claims with the VA. It provides counseling to wounded and traumatized soldiers as well as housing and employment training. Soldiers who live outside San Francisco are encouraged to call anyway. The knowledgeable staff can direct you to assistance in your area.

Urban Justice Center

CJM Culhane, Director Veteran Advocacy Project

40 Rector Street, 9th floor

New York City, NY 10006

1-646-602-5620

T: 1-646-602-5676

F: 1-212-533-4598

UJC offers free legal services to veterans in need of benefits, current soldiers seeking protection against harassment, potential recruits and others.

Veteran Advocacy Project

Coco Culhane, Director
40 Rector Street, 9th Fl.
New York, NY 10006
Intake: 1-646-602-5620
Email: veterans@urbanjustice.org
VeteranAdvocacyProject.org

Veteran Advocacy provides free civil legal services to low-income veterans. We focus on providing access to housing, health care, and income to those with PTSD and other mental health issues.

Veterans Legal Resource Hub (V-Hub)

Bar Association of San Francisco
1-415-782-8909
Website: www.sfbar.org/lawyerreferrals/vhub.aspx
Website: www.sfbar.org/LRIS

The San Francisco Bar Association assists veterans in many areas of law, including Consumer Debt/Bankruptcy, Divorce, Custody, Child Support, Employment, Landlord-Tenant/Eviction, Discharge Upgrades, VA Benefits, Probate, Wills, Tax and Traffic. When you call, let them know that you are a member of the Military. A trained representative will briefly interview you about your legal situation and refer you to an attorney for the initial consultation of the appropriate legal services agency.

Veterans Legal Services Clinic (VLSC)**Yale Law School**

1-203-432-4992
<https://law.yale.edu/clinics>

Yale Law School's VLSC assists Connecticut's veterans in a range of litigation, including VA benefits, employment and housing. The clinic's mission is to assist the most vulnerable vets.

Veterans Legal Support Center & Clinic

The John Marshall Law School
(312) 360-2656
315 S. Plymouth Court
Chicago, IL 60604
Website: www.jmls.edu/veterans
E-mail: vlsc@jmls.edu

The VLSC is one of the nation's first law school clinics dedicated solely to addressing the legal needs of veterans seeking their benefits from VA.

Attorneys Specializing in Veterans Law**Joseph Nathaniel Baron**

1-800-338-6074
jnbaron@aol.com
ucdinc@aol.com

R. Edward Bates

1-708-355-2090
1801 N Mill Street, Suite J
Naperville, Illinois 60563

Kenneth M. Carpenter

1-785-357-5251
1525 SW Topeka Blvd.
P.O. Box 2099
Topeka, Kansas 66601-2099

Hugh D. Cox

1-919-757-3977
321 Evans Street Mall, Suite 102
P.O. Box 154
Greenville, North Carolina 27835-0154
hughcox@hughcox.com

Theodore C. Jarvi

1-480-838-6566
4500 S. Lakeshore # 550
Tempe, Arizona 85282

Sean A. Kendall

Office: 1-303-449-4773
Toll-free Voicemail: 1-877-277-2119
P.O. Box N
Boulder, Colorado 80306-1876
Sean.kendall@comcast.net

Joseph R. Moore

1-877-838-2889
jmoore@veteranlaw.com
www.veteranlaw.com

Keith D. Snyder

1-301-774-1525
P.O. Box 5
Olney, Maryland 20830

Michael R. Viterna

1-248-380-0000
41820 West Six Mile Road, Suite 103
Northville, Michigan 48167
ftbenv@aol.com

Law Firms Offering Pro Bono Assistance

Foley & Lardner LLP

1-202-672-5300

Steve Lambert, Washington Harbour

3000 K Street, N.W., Suite 500

Washington, D.C. 20007-5109

slambert@foley.com

King & Spalding LLP

1-202-737-0500

Aaron Holstromberg

1700 Pennsylvania Avenue, N.W., Suite 200

Washington, D.C. 20006-4706

Legal Aid Society of Southwest Ohio

1-513-362-2814

1-800-582-2682, ext 145

Fax: 1-513-241-1187

Hugh F. "Trey" Daly III

215 E. Ninth Street, Suite 200

Cincinnati, Ohio 45202

tdaly@lascinti.org

Your Congressional Representatives

You will find your Congressional representatives by entering your address here:

www.contactingthecongress.org

Start by calling your senior senator. Call the senator's D.C. office; ask who handles veteran's issues there; then ask to speak to that person.

Having a high-ranking senator and his staff working on your side can open previously closed doors and fix once broken situations. **Note**, though, that these people are extremely short on time. Before calling, make sure you can summarize your entire situation in 30 seconds or less, ending with the question: "Can you help me?" If you can't do it in 30 seconds, practice in front of a mirror until you can. Let the senator's veterans' advocate ask the follow-up questions. If you ramble they will not assist you. **Note**, too, that one of the first questions will be: "Do you have all of your military and VA papers, including your medical, discharge and military performance papers?" Do not call until the answer to that question is yes. **Also**, once you obtain your papers, never send the originals to anyone.

List compiled by:

Bob Handy of Veterans United for Truth

bhandy@vuft.org

www.vuft.org

and

Joshua Kors-Reporter

joshua@joshkors.com

www.joshuakors.com

Community Resources Council
Would like to thank
Shawnee County!

