**Alcohol & Drug Abuse**

See also Mental Health

**Heartland RADAC**
(Regional Alcohol & Drug Assessment Center)
1-800-281-0028 ………………….. Kansas City, KS

**Prevention & Resiliency Services (PARS)**
266-8666 ……………………. 2209 SW 29th
Mon-Thurs, 8am - 5pm; Fri 8am – 4:30pm

**Valeo Recovery Center**
233-1730 ……………………. 330 SW Oakley
234-3300 ……………………. 24-hour Crisis Line

**Topeka Alcohols Anonymous**
235-2226 ……………………. 2100 SW Central Park Ave
A 24-hour hotline.

**SAMHSA National Helpline**
1-800-662-4357 ………………….. 24-hour Line

**Beacon Health Options of Kansas**
1-866-645-8216 ………………….. 120 SE 6th Ave.
1-888-582-3759

**Abuse and Domestic Violence**

**Kansas Protection Report Center**
1-800-922-5330 ………………….. 24-hour hotline
www.dcf.ks.gov

**YWCA Center for Safety & Empowerment**
233-1730 ……………………. 225 SW 12th St
(888) 822-2983 ………………….. 24-hour Crisis Line
847-411 ………………….. Text Line

**Kansas Coalition Against Sexual & Domestic Violence (KCSDV)**
232-9784 ……………………. 634 SW Harrison St.

**Drop-In Meals**

**Salvation Army**
233-9648 ……………………. 1320 E 6th Ave

**Let’s Help, Inc.**
234-6208 ……………………. 200 S Kansas Ave
Mon- Wed 9-11AM; 1-2:30PM Friday 9-11AM
Lunch Mon, Wed, Fri 11:30-12:30

**Topeka Rescue Mission**
354-1744 ……………………. 600 N Kansas Ave
Sack Lunch provided at the back door.
Mon-Fri from 6-6:30pm and Sat & Sun from 5-5:30pm

**Employment Resources**

**Topeka Workforce Center**
235-5627 ……………………. 1430 SW Topeka Blvd #2

**Let’s Help**
234-6208 ……………………. 200 S Kansas Ave

**Emergency Food & Clothing**

**Catholic Charities**
233-6300 ……………………. 234 S Kansas Ave
Food Pantry: Mon, Tue & Thu from 9am-4pm, Wed from 12:30-4pm

**Doorstep, Inc.**
357-5341 ……………………. 1119 SW 10th Ave
Monday-Friday 9:00AM-1:30PM

**Fellowship & Faith, Inc.**
354-7282 ……………………. 708 SE Lime St
Food Pantry - Tue-Fri: 9-12, 1-3pm

**I-CARE, INC.**
267-5910 ……………………. 2914 SE Michigan Ave
Food Pantry Mon-Fri 8:30am - 11:30am
Tuesday 5:30-7:30; Closed 5th Tues of each month

**Let’s Help**
234-6208 ……………………. 200 S Kansas Ave
Clothing Bank: Appointment Only

**Salvation Army**
233-9648 ……………………. 1320 E 6th Ave

**Topeka Rescue Mission**
354-1744 ……………………. 401 NW Norris St.
Food Bank: Thurs, 9am-2pm Need ID

**Emergency Shelter**

**Topeka Rescue Mission**
354-1744 ……………………. 600 N Kansas Ave.
24-hour emergency lodging.

**YWCA Safety & Empowerment**
233-1750 ……………………. 225 SW 12th St
1-888-822-2983 ………………….. 24 Hour Hotline
Emergency shelter, info & referral for victims of domestic violence and sexual assault.
Counselors on call 24 hours a day

**Rent & Utility Assistance**

**Catholic Charities**
233-6300 ……………………. 234 S Kansas Ave
Case Management for rental and utility assistance is available by appointment only.

**Community Action**
836-4500 ……………………. 1000 SE Hancock St
Call and talk to the Partner Services Team.

**Doorstep, Inc.**
357-5341 ……………………. 1119 SW 10th Ave
Monday-Friday 9:00AM-1:30PM

**Let’s Help**
234-6208 ……………………. 200 S Kansas Ave
Food boxes and emergency assistance all provided out of the front door.

**Salvation Army**
233-9648 ……………………. 1320 E 6th Ave
By appointment only.
SS card and picture ID required.

**Victims’ Assistance**

**Topeka Police Department**
Crime Victims’ Assistance
368-9064 ……………………. Topeka, KS
Monday – Friday 7:30am – 4:30pm

**General Info**

**Child Care Aware of NE Kansas**
357-5171 ……………………. 1100 SW Wannamaker Rd,
Suite 101 Mon-Fri from 8am – 5pm
For referrals for childcare. 1-877-678-2548 hotline

**Social Security Office**
800-772-1213 ………………….. 600 SW Commerce Pl.
By phone only.

**Kansas Dept. for Children & Families**
296-2500 ……………………. 500 SW Van Buren
Monday – Friday 8am – 5pm

**Safe Streets**
266-4606 ……………………. 2009 SW 29th St.
By appointment: Mon-Thu. 8a-5p, Fri. 8a- 4:30p

**KS CHILDREN’S SERVICE LEAGUE**
274-3100 ……………………. 3545 SW 5th

**Kancare**
866-826-8375 ………www.getcoveredkansas.org
Kansas Insurance for families with Children

**Shawnee Co. Health Dept**
251-5750 ………… 1515 NW Saline St ste. 221

**Topeka & Shawnee County Public Library**
580-4400 ……………………. 1515 SW 10th Ave.

**Work for Success- Mirror, Inc.**
246-5737 ………….. 107 SW 6th Ave, Suite 2
Developing Parents & Building Relationship

**Jayhawk Area Agency on Aging**
235-1367 ……………………. 2910 SW Topeka Blvd
**Housing**

**City of Topeka ~ Dept of Housing & Neighborhood Development**  
368-3711………………..620 SE Madison  
Shelter plus Care service offers rental assistance for those who are homeless & families who meet eligibility criteria.

**Community Action**  
836-4500……………..1000 SE Hancock St  
Affordable Housing & Rapid Re-housing

**Cornerstone of Topeka, Inc.**  
232-1650…………..1195 SW Buchanan, Suite 103  
Transitional Housing and Education Program Monday-Friday 8:00-5:00

**Housing & Credit Counseling, Inc.**  
234-0217……1195 SW Buchanan, Suite 101  
All aspects of home buying process, including qualification, affordable housing options, the home buying process and maintenance.

**Topeka Housing Authority**  
357-8842………………2010 SE California Ave  
Accessible, affordable housing. Rent is based on the household’s adjusted income.

**The Hospice House of Midland Care**  
Main Office: 232-2044……200 SW Frazier Cir  
Hospice House: 234-2044.120 SW Frazier Cir

**Landlord / Tenant Issues**

**Housing & Credit Counseling**  
234-0217……1195 SW Buchanan, Suite 101  
Tenants and landlords can receive counseling and education on rights and responsibilities.

**Kansas Legal Services**  
Toll-Free………………..1-800-723-6953  
233-2068……712 S Kansas Ave, Suite 201  
Legal assistance in civil cases only, regarding housing issues.

**Medical & Dental**

**Doorstep, Inc.**  
357-5341………………1119 SW 10th Ave  
Prescription assistance & Wellness Clinic

**GraceMed**  
861-8800 ……………1400 SW Huntoon St.  
Individual primary care, maternal health & community health

**HealthAccess**  
235-0996…………………….Topeka, KS  
Health care and prescription services for those with income at or below 150% of the federal poverty level. Mon-Fri 8:00am-4:30pm

**Let’s Help**  
234-6208………………200 S Kansas Ave  
Prescription assistance

**Marian Clinic (Dental)**  
233-2800………………3164 SE 6th St.  
Mon-Fri 7-5 Closed Saturday & Sunday  
Clinic hours by appointment only.

**Salvation Army**  
233-9648………………1320 SE 6th Ave  
Prescription assistance given upon availability of resources.

**St. Francis Health Center**  
295-8060………………1700 SW 7th St.

**Stormont-Vail HealthCare**  
354-6000………………1500 SW 10th Ave.

**Positive Connections**  
232-3100………………2044 SW Fillmore St.  
Mon, Wed, Thur, 8am-5pm. Tues 8am-7pm & Fri 8am-12pm. Call for appointments. No walk-ins.

**Veterans Affairs (VA)**  
350-3111 ext 53072……2200 SW Gage Blvd.  
800-696-2411………………24-hour Toll Free  
877-222-8367………………VA Health Benefits Hotline

**Mental Health**

**Breakthrough House**  
232-6807………………403 NW Lyman Rd, Ste A

**Lotus House**  
232-6960………………1201 SW Van Buren St.

**The Hope Connection**  
Valeo Behavioral Health Care  
24-hr crisis hotline: 234-3300

**Midland Center for Hope & Healing**  
232-2044………………1112 SW 6th Ave  
800-491-3691………………Toll Free #

**New Dawn Wellness & Recovery Center**  
266-0202………………….1221 SW 17th St.  
Mon-Thurs 8am – 8:30pm, Fri 8am – 7:30pm  
Closed on Saturday & Sunday

**Family Service & Guidance Center**  
232-5005………………..325 SW Frazier Ave  
Mon–Thurs from 7:30am – 6pm  
& Fri 7:30am – 5pm

**Transportation**

**Topeka Metro**  
783-7000……………….820 SE Quincy St.  
Mon-Fri 6am-6pm  
Closed on Saturdays & Sundays

**A&A Medical Transportation**  
233-8212………135 NW Harrison St.  
Medicaid and Kancare users

**Updated March 2024**

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**Topeka and Shawnee County Resources**

**Resources**

A Quick Directory of Resources For Those in Need

Prepared by Community Resources Council  
455 SE Golf Park Blvd  
Topeka, KS 66605-2862  
(785) 233-1365  
www.crcnet.org

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For more in depth information on Resources please refer to the Community Resources Council’s Website at www.crcnet.org and go to the Resource Directory.